

Ethias Swimming Trophy 2025
Charleroi, 10 - 11/5/2025

Epreuve 53
11/05/2025

Filles, 400m Libre

11 - 12 ans
Liste résultats

Points: AQUA Master 2025

Rang	AN										Temps	Pts
11 ans												
1.	PONCELET, Niene			14	LGN						5:27.80	479
	50m:	37.61	37.61	150m:	1:59.71	41.56	250m:	3:24.11	42.92	350m:	4:47.83	41.84
	100m:	1:18.15	40.54	200m:	2:41.19	41.48	300m:	4:05.99	41.88	400m:	5:27.80	39.97
2.	DE COSTER, Lise			14	WN						5:29.68	471
	50m:	37.86	37.86	150m:	2:01.61	41.64	250m:	3:26.07	42.55	350m:	4:50.98	42.14
	100m:	1:19.97	42.11	200m:	2:43.52	41.91	300m:	4:08.84	42.77	400m:	5:29.68	38.70
3.	SCAGLIONE, Louise			14	LGN						5:42.62	420
	50m:	38.09	38.09	150m:	2:05.78	43.34	250m:	3:33.75	43.56	350m:	5:01.46	43.51
	100m:	1:22.44	44.35	200m:	2:50.19	44.41	300m:	4:17.95	44.20	400m:	5:42.62	41.16
4.	DE WITTE, Elise			14	AQUABLA						5:45.83	408
	50m:	38.70	38.70	150m:	2:05.15	43.55	250m:	3:33.43	43.93	350m:	5:01.84	43.21
	100m:	1:21.60	42.90	200m:	2:49.50	44.35	300m:	4:18.63	45.20	400m:	5:45.83	43.99
5.	WEGRIA, Léa			14	LGN						5:45.97	408
	50m:	38.55	38.55	150m:	2:04.60	43.85	250m:	3:34.27	45.75	350m:	5:03.04	44.51
	100m:	1:20.75	42.20	200m:	2:48.52	43.92	300m:	4:18.53	44.26	400m:	5:45.97	42.93
6.	MORENO, Noéline			14	LGN						5:46.17	407
	50m:	38.73	38.73	150m:	2:09.10	46.98	250m:	3:37.88	44.70	350m:	5:07.25	44.19
	100m:	1:22.12	43.39	200m:	2:53.18	44.08	300m:	4:23.06	45.18	400m:	5:46.17	38.92
7.	BOUVEROUX, Nina			14	LGN						5:46.34	406
	50m:	39.36	39.36	150m:	2:07.46	44.62	250m:	3:36.39	45.70	350m:	5:04.90	45.08
	100m:	1:22.84	43.48	200m:	2:50.69	43.23	300m:	4:19.82	43.43	400m:	5:46.34	41.44
8.	LECOMTE CAMARA, Camille			14	MOSAN						5:50.25	393
	50m:	39.67	39.67	150m:	2:08.40	45.12	250m:	3:38.61	46.40	350m:	5:09.58	45.40
	100m:	1:23.28	43.61	200m:	2:52.21	43.81	300m:	4:24.18	45.57	400m:	5:50.25	40.67
9.	PATERNOSTRE, Leonie			14	CCM						5:53.06	383
	50m:	39.20	39.20	150m:	2:09.00	44.71	250m:	3:40.46	45.78	350m:	5:10.29	45.46
	100m:	1:24.29	45.09	200m:	2:54.68	45.68	300m:	4:24.83	44.37	400m:	5:53.06	42.77
10.	TAZMI, Inès			14	CNBA						5:54.76	378
	50m:	41.82	41.82	150m:	2:11.72	44.91	250m:	3:41.81	46.02	350m:	5:12.69	45.96
	100m:	1:26.81	44.99	200m:	2:55.79	44.07	300m:	4:26.73	44.92	400m:	5:54.76	42.07
11.	BOUCART, Nyssa			14	AQUABLA						5:55.29	376
	50m:	39.16	39.16	150m:	2:09.27	46.23	250m:	3:41.67	46.78	350m:	5:12.47	45.11
	100m:	1:23.04	43.88	200m:	2:54.89	45.62	300m:	4:27.36	45.69	400m:	5:55.29	42.82
12.	DEPAEPE, Louisa			14	ONS						5:58.47	366
	50m:	40.44	40.44	150m:	2:09.97	46.04	250m:	3:42.12	47.02	350m:	5:14.89	46.64
	100m:	1:23.93	43.49	200m:	2:55.10	45.13	300m:	4:28.25	46.13	400m:	5:58.47	43.58
13.	ORPHANIDES, Alexia			14	CNSW						6:02.60	354
	50m:	40.38	40.38	150m:	2:13.81	47.90	250m:	3:46.38	47.19	350m:	5:19.19	46.41
	100m:	1:25.91	45.53	200m:	2:59.19	45.38	300m:	4:32.78	46.40	400m:	6:02.60	43.41
14.	HOUBA, Jeanne			14	PERRON						6:06.80	342
	50m:	40.96	40.96	150m:	2:12.27	46.99	250m:	3:47.30	48.20	350m:	5:22.15	48.17
	100m:	1:25.28	44.32	200m:	2:59.10	46.83	300m:	4:33.98	46.68	400m:	6:06.80	44.65
15.	DJEMAL, Lilia			14	HELIOS						6:08.68	337
	50m:	39.14	39.14	150m:	2:13.89	48.45	250m:	3:50.49	48.83	350m:	5:26.53	47.65
	100m:	1:25.44	46.30	200m:	3:01.66	47.77	300m:	4:38.88	48.39	400m:	6:08.68	42.15
16.	MELLAERTS, Lily			14	FLIPPERS						6:13.97	323
	50m:	41.86	41.86	150m:	2:18.74	48.79	250m:	3:54.41	47.65	350m:	5:30.29	47.42
	100m:	1:29.95	48.09	200m:	3:06.76	48.02	300m:	4:42.87	48.46	400m:	6:13.97	43.68
17.	MECHROUBI, Yasmina			14	STZ						6:14.73	321
	50m:	39.17	39.17	150m:	2:11.39	47.12	250m:	3:49.18	48.87	350m:	5:26.80	47.83
	100m:	1:24.27	45.10	200m:	3:00.31	48.92	300m:	4:38.97	49.79	400m:	6:14.73	47.93

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Epreuve 53, Filles, 400m Libre, 11 ans

Rang			AN						Temps	Pts
18.	ROMBAUX, Camille		14	BCSG					6:20.63	306
	50m: 40.33	40.33	150m: 2:15.75	48.18	250m: 3:55.38	49.84	350m: 5:34.25	48.93		
	100m: 1:27.57	47.24	200m: 3:05.54	49.79	300m: 4:45.32	49.94	400m: 6:20.63	46.38		
19.	NOBELS, Camille		14	WN					6:24.48	297
	50m: 39.59	39.59	150m: 2:17.31	49.31	250m: 3:57.89	50.54	350m: 5:37.80	50.28		
	100m: 1:28.00	48.41	200m: 3:07.35	50.04	300m: 4:47.52	49.63	400m: 6:24.48	46.68		
20.	DUMONT, Lauryne		14	BCSG					6:29.39	286
	50m: 43.67	43.67	150m: 2:23.50	50.60	250m: 4:04.58	50.66	350m: 5:45.05	49.89		
	100m: 1:32.90	49.23	200m: 3:13.92	50.42	300m: 4:55.16	50.58	400m: 6:29.39	44.34		
21.	CARAMANNA, Lissya		14	BCSG					6:29.74	285
	50m: 40.87	40.87	150m: 2:20.94	51.14	250m: 4:03.58	51.06	350m: 5:44.30	49.66		
	100m: 1:29.80	48.93	200m: 3:12.52	51.58	300m: 4:54.64	51.06	400m: 6:29.74	45.44		
22.	DEGUELDRE, Roxane		14	FLIPPERS					6:39.83	264
	50m: 44.23	44.23	150m: 2:24.17	50.81	250m: 4:09.87	53.77	350m: 5:56.30	55.05		
	100m: 1:33.36	49.13	200m: 3:16.10	51.93	300m: 5:01.25	51.38	400m: 6:39.83	43.53		
23.	FAUCON, Amélie		14	AQUABLA					6:44.84	254
	50m: 45.26	45.26	150m: 2:27.88	52.35	250m: 4:11.88	53.14	350m: 5:55.98	52.03		
	100m: 1:35.53	50.27	200m: 3:18.74	50.86	300m: 5:03.95	52.07	400m: 6:44.84	48.86		
24.	PEETERS RUCHE, Alicia		14	STZ					6:56.52	233
	50m: 44.67	44.67	150m: 2:29.35	53.29	250m: 4:17.48	54.57	350m: 6:08.35	56.20		
	100m: 1:36.06	51.39	200m: 3:22.91	53.56	300m: 5:12.15	54.67	400m: 6:56.52	48.17		
25.	LETELLIER, Lyzie		14	HELIOS					7:16.48	203
	50m: 48.33	48.33	150m: 2:40.79	56.61	250m: 4:30.98	55.29	350m: 6:22.10	54.77		
	100m: 1:44.18	55.85	200m: 3:35.69	54.90	300m: 5:27.33	56.35	400m: 7:16.48	54.38		

12 ans

1.	STAS, Lorane		13	LGN					5:03.48	604
	50m: 34.63	34.63	150m: 1:50.26	38.75	250m: 3:08.35	39.41	350m: 4:26.15	39.37		
	100m: 1:11.51	36.88	200m: 2:28.94	38.68	300m: 3:46.78	38.43	400m: 5:03.48	37.33		
2.	VAN HOVE, Pauline		13	LGN					5:07.28	582
	50m: 35.12	35.12	150m: 1:52.29	39.40	250m: 3:11.45	40.14	350m: 4:29.93	39.85		
	100m: 1:12.89	37.77	200m: 2:31.31	39.02	300m: 3:50.08	38.63	400m: 5:07.28	37.35		
3.	AZZOUZI, Layla		13	VN					5:10.89	562
	50m: 36.13	36.13	150m: 1:54.93	40.10	250m: 3:15.10	40.51	350m: 4:34.33	40.07		
	100m: 1:14.83	38.70	200m: 2:34.59	39.66	300m: 3:54.26	39.16	400m: 5:10.89	36.56		
4.	RAFIOU, Morayo		13	TAN					5:12.42	554
	50m: 33.65	33.65	150m: 1:48.21	38.29	250m: 3:08.05	40.82	350m: 4:32.46	42.69		
	100m: 1:09.92	36.27	200m: 2:27.23	39.02	300m: 3:49.77	41.72	400m: 5:12.42	39.96		
5.	DELSAER, Cato		13	LGN					5:17.43	528
	50m: 35.05	35.05	150m: 1:52.90	39.41	250m: 3:14.13	40.92	350m: 4:36.27	41.10		
	100m: 1:13.49	38.44	200m: 2:33.21	40.31	300m: 3:55.17	41.04	400m: 5:17.43	41.16		
6.	POISSONNET, Eleana		13	PERRON					5:18.45	523
	50m: 35.00	35.00	150m: 1:54.99	40.84	250m: 3:16.62	41.35	350m: 4:39.55	42.03		
	100m: 1:14.15	39.15	200m: 2:35.27	40.28	300m: 3:57.52	40.90	400m: 5:18.45	38.90		
7.	BARDI SAM-GIAO, Gabrielle		13	MOSAN					5:26.48	485
	50m: 37.15	37.15	150m: 1:57.92	41.17	250m: 3:20.97	42.14	350m: 4:45.95	42.87		
	100m: 1:16.75	39.60	200m: 2:38.83	40.91	300m: 4:03.08	42.11	400m: 5:26.48	40.53		
8.	DUBREUCQ, Alexandra		13	BCSG					5:27.40	481
	50m: 34.18	34.18	150m: 1:55.17	40.90	250m: 3:19.68	42.31	350m: 4:45.35	41.70		
	100m: 1:14.27	40.09	200m: 2:37.37	42.20	300m: 4:03.65	43.97	400m: 5:27.40	42.05		
9.	RINKIN, Valentine		13	MOSAN					5:30.92	466
	50m: 37.03	37.03	150m: 1:59.32	42.10	250m: 3:24.57	43.69	350m: 4:50.74	43.54		
	100m: 1:17.22	40.19	200m: 2:40.88	41.56	300m: 4:07.20	42.63	400m: 5:30.92	40.18		

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Rang				AN							Temps	Pts
10.	OZER, Nehir			13	CNSW			5:37.03			441	
	50m:	38.54	38.54	150m:	2:03.39	42.82	250m:	3:28.81	43.21	350m:	4:56.32	44.00
	100m:	1:20.57	42.03	200m:	2:45.60	42.21	300m:	4:12.32	43.51	400m:	5:37.03	40.71
11.	KACEJKO, Victoria			13	WN			5:37.14			440	
	50m:	37.63	37.63	150m:	2:00.98	41.98	250m:	3:27.45	43.31	350m:	4:55.13	43.93
	100m:	1:19.00	41.37	200m:	2:44.14	43.16	300m:	4:11.20	43.75	400m:	5:37.14	42.01
12.	RUSTIN, Maude			13	MHN			5:40.34			428	
	50m:	35.53	35.53	150m:	1:59.71	43.23	250m:	3:28.74	44.62	350m:	4:58.45	44.10
	100m:	1:16.48	40.95	200m:	2:44.12	44.41	300m:	4:14.35	45.61	400m:	5:40.34	41.89
13.	PARDO, Olivia			13	PERRON			5:42.01			422	
	50m:	38.48	38.48	150m:	2:03.61	42.37	250m:	3:32.06	44.39	350m:	5:01.46	44.47
	100m:	1:21.24	42.76	200m:	2:47.67	44.06	300m:	4:16.99	44.93	400m:	5:42.01	40.55
14.	BRUNO, Juliette			13	HELIOS			5:47.18			403	
	50m:	37.73	37.73	150m:	2:04.03	43.88	250m:	3:32.03	44.47	350m:	5:03.29	44.73
	100m:	1:20.15	42.42	200m:	2:47.56	43.53	300m:	4:18.56	46.53	400m:	5:47.18	43.89
15.	EL MOUSSAOUI, Mayssane			13	CNSW			5:52.96			384	
	50m:	37.49	37.49	150m:	2:06.95	45.78	250m:	3:38.67	47.20	350m:	5:11.30	46.44
	100m:	1:21.17	43.68	200m:	2:51.47	44.52	300m:	4:24.86	46.19	400m:	5:52.96	41.66
16.	VAN DAMME, Eleonore			13	ONS			5:55.07			377	
	50m:	39.14	39.14	150m:	2:07.73	45.33	250m:	3:39.46	47.03	350m:	5:10.36	45.48
	100m:	1:22.40	43.26	200m:	2:52.43	44.70	300m:	4:24.88	45.42	400m:	5:55.07	44.71
17.	SCARMURE, Emilie			13	WN			5:56.94			371	
	50m:	38.51	38.51	150m:	2:08.33	44.41	250m:	3:40.32	46.41	350m:	5:12.34	45.85
	100m:	1:23.92	45.41	200m:	2:53.91	45.58	300m:	4:26.49	46.17	400m:	5:56.94	44.60
18.	LETELLIER, Leyna			13	HELIOS			6:03.37			352	
	50m:	38.14	38.14	150m:	2:12.73	47.55	250m:	3:46.32	47.10	350m:	5:19.87	44.78
	100m:	1:25.18	47.04	200m:	2:59.22	46.49	300m:	4:35.09	48.77	400m:	6:03.37	43.50
19.	T'SJOEN, Aeva			13	ONS			6:04.23			349	
	50m:	40.10	40.10	150m:	2:11.80	46.68	250m:	3:46.39	46.99	350m:	5:19.61	45.28
	100m:	1:25.12	45.02	200m:	2:59.40	47.60	300m:	4:34.33	47.94	400m:	6:04.23	44.62
20.	EL GUENDOUZ, Dikra			13	MOSAN			6:09.62			334	
	50m:	39.27	39.27	150m:	2:11.53	46.63	250m:	3:47.00	48.07	350m:	5:22.96	47.19
	100m:	1:24.90	45.63	200m:	2:58.93	47.40	300m:	4:35.77	48.77	400m:	6:09.62	46.66
21.	BUCHET, Alice			13	AQUABLA			6:19.46			309	
	50m:	42.06	42.06	150m:	2:18.65	47.65	250m:	3:55.69	48.20	350m:	5:34.57	49.21
	100m:	1:31.00	48.94	200m:	3:07.49	48.84	300m:	4:45.36	49.67	400m:	6:19.46	44.89
22.	DELVAUX, Eléa			13	SCR			7:04.23			221	
	50m:	42.22	42.22	150m:	2:28.76	54.92	250m:	4:20.07	55.10	350m:	6:11.15	54.92
	100m:	1:33.84	51.62	200m:	3:24.97	56.21	300m:	5:16.23	56.16	400m:	7:04.23	53.08
23.	DOYEN, Laure			13	STZ			7:22.37			195	
	50m:	46.21	46.21	150m:	2:35.11	55.34	250m:	4:30.65	59.08	350m:	6:27.04	58.45
	100m:	1:39.77	53.56	200m:	3:31.57	56.46	300m:	5:28.59	57.94	400m:	7:22.37	55.33
24.	BRISSACK, Romane			13	HELIOS			8:05.63			147	
	50m:	50.75	50.75	150m:	2:50.26	1:02.37	250m:	4:57.31	1:05.51	350m:	7:06.13	1:04.97
	100m:	1:47.89	57.14	200m:	3:51.80	1:01.54	300m:	6:01.16	1:03.85	400m:	8:05.63	59.50