

Sélection des Jeux du Québec Régions Rive-Sud et Sud-Ouest 2025
St-Jean, 3-5-2025

Epreuve 23
2025-05-03 - 11:28

Filles, 400m Libre

12 - 14 ans
Liste résultats

Points: AQUA 2024

Rang				Age					Temps		Pts	
1.	ST-AMOUR, Laurence			14	Elite					4:43.30	544	
	50m:	31.66	31.66	150m:	4:14.66	3:08.32	250m:	2:54.02	36.08	350m:	4:07.11	36.47
	100m:	1:06.34	34.68	200m:	2:17.94		300m:	3:30.64	36.62	400m:	4:43.30	36.19
2.	GODBOUT, Nicky			14	Velox Natation					4:50.74	503	
	50m:	32.74	32.74	150m:	1:44.62	36.19	250m:	2:58.83	37.37	350m:	4:14.58	37.93
	100m:	1:08.43	35.69	200m:	2:21.46	36.84	300m:	3:36.65	37.82	400m:	4:50.74	36.16
3.	TREMBLAY, Léa-Kim			14	Velox Natation					4:54.22	485	
	50m:	32.77	32.77	150m:	1:46.83	37.34	250m:	3:02.64	37.90	350m:	4:18.02	37.50
	100m:	1:09.49	36.72	200m:	2:24.74	37.91	300m:	3:40.52	37.88	400m:	4:54.22	36.20
4.	LONGCHAMPS, Kaïna Wu			13	Mustang Boucherville					4:54.42	484	
	50m:	33.40	33.40	150m:	1:47.80	37.59	250m:	3:02.30	37.31	350m:	4:17.55	37.46
	100m:	1:10.21	36.81	200m:	2:24.99	37.19	300m:	3:40.09	37.79	400m:	4:54.42	36.87
5.	MARCHAND, Gabrielle			13	Velox Natation					4:55.30	480	
	50m:	33.73	33.73	150m:	1:47.85	37.90	250m:	3:03.11	37.77	350m:	4:18.55	37.74
	100m:	1:09.95	36.22	200m:	2:25.34	37.49	300m:	3:40.81	37.70	400m:	4:55.30	36.75
6.	DINU, Maria Ioana			14	Club de Natation SAMAK					4:57.74	468	
	50m:	33.80	33.80	150m:	1:48.68	37.81	250m:	3:03.84	36.82	350m:	4:19.99	38.19
	100m:	1:10.87	37.07	200m:	2:27.02	38.34	300m:	3:41.80	37.96	400m:	4:57.74	37.75
7.	QUINTIN, Ariane			14	Velox Natation					5:00.03	458	
	50m:	33.68	33.68	150m:	1:47.90	37.91	250m:	3:03.43	37.53	350m:	4:21.18	39.38
	100m:	1:09.99	36.31	200m:	2:25.90	38.00	300m:	3:41.80	38.37	400m:	5:00.03	38.85
8.	CAREY, Julia			13	Citadins de Vaudreuil					5:04.84	436	
	50m:	34.95	34.95	150m:	1:52.48	38.90	250m:	3:10.39	38.53	350m:	4:27.73	38.25
	100m:	1:13.58	38.63	200m:	2:31.86	39.38	300m:	3:49.48	39.09	400m:	5:04.84	37.11
9.	THÉORÊT, Alycia			14	Mustang Boucherville					5:07.11	427	
	50m:	34.64	34.64	150m:	1:50.89	38.75	250m:	3:09.74	39.22	350m:	4:28.83	39.97
	100m:	1:12.14	37.50	200m:	2:30.52	39.63	300m:	3:48.86	39.12	400m:	5:07.11	38.28
10.	HÉROUX, Maelle			13	Citadins de Vaudreuil					5:12.03	407	
	50m:	35.06	35.06	150m:	1:53.49	39.59	250m:	3:13.12	39.35	350m:	4:32.87	39.94
	100m:	1:13.90	38.84	200m:	2:33.77	40.28	300m:	3:52.93	39.81	400m:	5:12.03	39.16
11.	COTE, Lili			12	Elite					5:12.93	403	
	50m:	37.74	37.74	150m:	1:53.81	39.79	250m:	3:14.37	40.16	350m:	4:33.99	40.03
	100m:	1:14.02	36.28	200m:	2:34.21	40.40	300m:	3:53.96	39.59	400m:	5:12.93	38.94
12.	MATHIEU, Coralie			12	Club Aquatique du Roussillon					5:45.36	300	
	50m:	39.02	39.02	150m:	2:06.40	44.50	250m:	3:35.36	44.46	350m:	5:03.30	43.69
	100m:	1:21.90	42.88	200m:	2:50.90	44.50	300m:	4:19.61	44.25	400m:	5:45.36	42.06