

Invitation régionale SLSJ-CC #3
Chibougamau, 3 et 4 mai 2025

Epreuve 1
2025-05-03 - 13:00

Dames, 400m Libre

Cat. générale
Liste résultats

Points: AQUA 2025

Rang	Age										Temps	Pts
10 ans et moins												
1.	TREMBLAY, Raphaëlle			10	Club de Natation Juvaqua Alma					7:28.06		
	50m:	45.52	45.52	150m:	2:38.10	58.15	250m:	4:34.42	59.17	350m:	6:30.67	56.15
	100m:	1:39.95	54.43	200m:	3:35.25	57.15	300m:	5:34.52	1:00.10	400m:	7:28.06	57.39
2.	GAUTHIER, Sophia			10	Club de Natation Juvaqua Alma					7:47.06		
	50m:	46.54	46.54	150m:	2:44.36	1:01.44	250m:	4:47.13	1:02.11	350m:	6:49.45	1:00.75
	100m:	1:42.92	56.38	200m:	3:45.02	1:00.66	300m:	5:48.70	1:01.57	400m:	7:47.06	57.61
forf.déc.	GAUTHIER, Abbi			10	C. N. de Chicoutimi							
11 - 12 ans												
1.	BELEC, Milie			12	Club de Natation Juvaqua Alma					5:38.70		
	50m:	37.15	37.15	150m:	2:01.03	42.50	250m:	3:27.28	43.06	350m:	4:55.28	44.20
	100m:	1:18.53	41.38	200m:	2:44.22	43.19	300m:	4:11.08	43.80	400m:	5:38.70	43.42
2.	GOULET, Romy			12	Cndm					6:15.73		
	50m:	42.20	42.20	150m:	2:17.10	47.81	250m:	3:52.80	48.32	350m:	5:29.16	48.21
	100m:	1:29.29	47.09	200m:	3:04.48	47.38	300m:	4:40.95	48.15	400m:	6:15.73	46.57
3.	LALANCETTE, Mégane			11	C. N. de Chicoutimi					6:43.41		
	50m:	44.78	44.78	150m:	2:26.43	51.22	250m:	4:10.68	51.62	350m:	5:55.11	51.90
	100m:	1:35.21	50.43	200m:	3:19.06	52.63	300m:	5:03.21	52.53	400m:	6:43.41	48.30
4.	BUSSIÈRE-LAFOND, Adèle			12	Club de Natation Juvaqua Alma					7:15.22		
	50m:	46.69	46.69	150m:	2:41.37	59.11	250m:	4:35.19	57.53	350m:	6:25.94	52.53
	100m:	1:42.26	55.57	200m:	3:37.66	56.29	300m:	5:33.41	58.22	400m:	7:15.22	49.28
disq.	DUHAIME, Marianne			12	C. N. de Chicoutimi							
13 - 14 ans												
1.	LAVOIE, Florence			14	C. N. de Chicoutimi					5:17.45		
	50m:	35.13	35.13	150m:	1:54.76	40.96	250m:	3:15.04	40.56	350m:	4:37.42	41.35
	100m:	1:13.80	38.67	200m:	2:34.48	39.72	300m:	3:56.07	41.03	400m:	5:17.45	40.03
2.	GIMAEI, Penelope			14	Club de Natation Juvaqua Alma					5:37.86		
	50m:	36.70	36.70	150m:	2:00.73	42.63	250m:	3:26.60	43.12	350m:	4:55.16	43.90
	100m:	1:18.10	41.40	200m:	2:43.48	42.75	300m:	4:11.26	44.66	400m:	5:37.86	42.70
3.	MALTAIS, Maëlie			13	Club de Natation Juvaqua Alma					5:45.66		
	50m:	38.66	38.66	150m:	2:04.62	43.86	250m:	3:32.98	44.29	350m:	5:02.41	44.54
	100m:	1:20.76	42.10	200m:	2:48.69	44.07	300m:	4:17.87	44.89	400m:	5:45.66	43.25
4.	LALLEMAND, Rafaëlle			13	Chibougamau					5:47.87		
	50m:	40.22	40.22	150m:	2:07.47	43.75	250m:	3:35.72	43.75	350m:		
	100m:	1:23.72	43.50	200m:	2:51.97	44.50	300m:	4:19.30	43.58	400m:	5:47.87	
5.	BROUSSEAU, Annabelle			13	C. N. de Chicoutimi					5:50.96		
	50m:	39.00	39.00	150m:	2:08.39	45.46	250m:	3:38.43	45.04	350m:	5:08.25	44.94
	100m:	1:22.93	43.93	200m:	2:53.39	45.00	300m:	4:23.31	44.88	400m:	5:50.96	42.71
6.	ASSELIN, Laurence			14	Cnsf					6:19.41		
	50m:	41.25	41.25	150m:	2:18.78	50.07	250m:	3:59.61	50.24	350m:	5:38.71	48.93
	100m:	1:28.71	47.46	200m:	3:09.37	50.59	300m:	4:49.78	50.17	400m:	6:19.41	40.70
7.	RIOUX, Rafaelle			13	Club de Natation Juvaqua Alma					6:21.08		
	50m:	41.59	41.59	150m:	2:16.94	49.00	250m:	3:56.55	50.50	350m:	5:33.05	48.61
	100m:	1:27.94	46.35	200m:	3:06.05	49.11	300m:	4:44.44	47.89	400m:	6:21.08	48.03

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15 - 16 ans

1.	GIBBONS-RENAUD, Gabrielle	15	Cnsf						4:47.31	
	50m: 32.85	32.85	150m: 1:43.52	35.96	250m: 2:56.63	36.53	350m: 4:10.95	37.35		
	100m: 1:07.56	34.71	200m: 2:20.10	36.58	300m: 3:33.60	36.97	400m: 4:47.31	36.36		
2.	HUDON, Sandrine	16	Gami						5:08.97	
	50m: 35.98	35.98	150m: 1:54.41	39.48	250m: 3:12.41	39.08	350m: 4:31.02	39.22		
	100m: 1:14.93	38.95	200m: 2:33.33	38.92	300m: 3:51.80	39.39	400m: 5:08.97	37.95		
3.	BOUCHARD, Lydia-Maude	16	Chibougamau						5:11.84	
	50m: 34.42	34.42	150m: 1:52.64	39.83	250m: 3:12.89	40.08	350m: 4:33.42	40.25		
	100m: 1:12.81	38.39	200m: 2:32.81	40.17	300m: 3:53.17	40.28	400m: 5:11.84	38.42		

17 ans et plus

1.	BEAULIEU, Daphnée	19	Chibougamau						5:05.69	
	50m: 33.73	33.73	150m: 1:49.06	38.37	250m: 3:07.59	39.43	350m: 4:27.87	40.24		
	100m: 1:10.69	36.96	200m: 2:28.16	39.10	300m: 3:47.63	40.04	400m: 5:05.69	37.82		
2.	VERREAULT, Alicia	17	Cnsf						5:36.31	
	50m: 38.63	38.63	150m: 2:02.80	42.21	250m: 3:27.31	42.43	350m: 4:53.98	43.25		
	100m: 1:20.59	41.96	200m: 2:44.88	42.08	300m: 4:10.73	43.42	400m: 5:36.31	42.33		
3.	LECLAIR, Florence	18	Cnsf						5:40.97	
	50m: 37.83	37.83	150m: 2:04.00	43.60	250m: 3:32.05	44.08	350m: 4:59.58	43.61		
	100m: 1:20.40	42.57	200m: 2:47.97	43.97	300m: 4:15.97	43.92	400m: 5:40.97	41.39		
4.	IMBEAULT, Charlotte	18	Chibougamau						6:22.23	
	50m: 42.79	42.79	150m: 2:19.05	48.75	250m: 3:57.44	49.39	350m: 5:35.05	48.71		
	100m: 1:30.30	47.51	200m: 3:08.05	49.00	300m: 4:46.34	48.90	400m: 6:22.23	47.18		

forf.déc. BOUCHARD, Laurie-Pier 21 Chibougamau