

Event 31
04/05/2025 - 14:45

Women, 400m Medley

2014 and older
Results

Meet Record	5:00.87	OLIVIER, Monique	LUX	Luxembourg	22/03/2015
National Record	4:56.99	OLIVIER, Monique	SL	Monaco (MON)	13/06/2015

Points: AQUA 2025

Rank	YB										Time	Pts
Open												
1.	LAMBIN, Elisa				09	Schwammclub Deifferdang					5:36.07	486
	50m:	34.46	34.46	150m:	2:01.17	45.54	250m:	3:31.60	46.11	350m:	4:58.11	39.25
	100m:	1:15.63	41.17	200m:	2:45.49	44.32	300m:	4:18.86	47.26	400m:	5:36.07	37.96
2.	MAKHMADIYAROVA, Kamila				11	Republican Specialized Complex Childre					5:51.12	Yo426Sports School
	50m:	37.58	37.58	150m:	2:08.05	45.95	250m:	3:42.14	49.81	350m:	5:13.07	40.38
	100m:	1:22.10	44.52	200m:	2:52.33	44.28	300m:	4:32.69	50.55	400m:	5:51.12	38.05
3.	POMMER, Carolina				12	SG Rhein-Mosel					6:09.49	366
	50m:	41.28	41.28	150m:	2:18.25	48.20	250m:	3:54.37	50.55	350m:	5:28.90	42.38
	100m:	1:30.05	48.77	200m:	3:03.82	45.57	300m:	4:46.52	52.15	400m:	6:09.49	40.59
DNS	HAUSMANN, Kim Lucy				11	SG Rhein-Mosel						

YOB 2009 - 2010

1.	LAMBIN, Elisa	09	Schwammclub Deifferdang				5:36.07	486
	50m: 34.46	34.46	150m: 2:01.17	45.54	250m: 3:31.60	46.11	350m: 4:58.11	39.25
	100m: 1:15.63	41.17	200m: 2:45.49	44.32	300m: 4:18.86	47.26	400m: 5:36.07	37.96

YOB 2011 - 2012

1.	MAKHMADIYAROVA, Kamila	11	Republican Specialized Complex Childre				5:51.12	Yo426Sports School
	50m: 37.58	37.58	150m: 2:08.05	45.95	250m: 3:42.14	49.81	350m: 5:13.07	40.38
	100m: 1:22.10	44.52	200m: 2:52.33	44.28	300m: 4:32.69	50.55	400m: 5:51.12	38.05
2.	POMMER, Carolina	12	SG Rhein-Mosel				6:09.49	366
	50m: 41.28	41.28	150m: 2:18.25	48.20	250m: 3:54.37	50.55	350m: 5:28.90	42.38
	100m: 1:30.05	48.77	200m: 3:03.82	45.57	300m: 4:46.52	52.15	400m: 6:09.49	40.59
DNS	HAUSMANN, Kim Lucy	11	SG Rhein-Mosel					