

Event 16
03/05/2025 - 15:36

Men, 400m Freestyle

2014 and older
Results

Meet Record	4:03.58	FRIPPIAT, Florian	LUX	Luxembourg	29/04/2023
National Record	3:56.17	BRANDENBURGER, Pit	SCD	Podgorica (MNE)	29/05/2019

Points: AQUA 2025

Rank	YB										Time	Pts
Open												
1.	HENRIONNET, Tom				04	Club Nautique Val de Fensch				3:53.77	834	MR
	50m:	26.94	26.94	150m:	1:25.45	29.44	250m:	2:24.56	29.48	350m:	3:24.48	29.90
	100m:	56.01	29.07	200m:	1:55.08	29.63	300m:	2:54.58	30.02	400m:	3:53.77	29.29
2.	WEYRICH, Mike				05	Swimming Luxembourg				4:15.67	637	
	50m:	28.67	28.67	150m:	1:31.38	31.96	250m:	2:36.21	32.56	350m:	3:43.03	33.49
	100m:	59.42	30.75	200m:	2:03.65	32.27	300m:	3:09.54	33.33	400m:	4:15.67	32.64
3.	SALEWSKY, Erik				08	SG Rhein-Mosel				4:22.45	589	
	50m:	28.30	28.30	150m:	1:33.15	33.26	250m:	2:42.36	34.78	350m:	3:51.14	34.32
	100m:	59.89	31.59	200m:	2:07.58	34.43	300m:	3:16.82	34.46	400m:	4:22.45	31.31
4.	MONROS COMA, Miquel				87	Luxembourg Sharks Swimming Club				4:25.03	572	
	50m:	29.34	29.34	150m:	1:35.04	33.77	250m:	2:43.07	34.35	350m:	3:51.75	34.37
	100m:	1:01.27	31.93	200m:	2:08.72	33.68	300m:	3:17.38	34.31	400m:	4:25.03	33.28
5.	DONDELINGER, Gregory				11	Swimming Luxembourg				4:25.27	570	
	50m:	29.78	29.78	150m:	1:35.29	33.38	250m:	2:43.77	34.27	350m:	3:52.55	34.02
	100m:	1:01.91	32.13	200m:	2:09.50	34.21	300m:	3:18.53	34.76	400m:	4:25.27	32.72
6.	DUSEMON, Paul				07	Swimming Luxembourg				4:26.79	561	
	50m:	29.10	29.10	150m:	1:35.82	34.02	250m:	2:44.75	34.57	350m:	3:53.98	34.42
	100m:	1:01.80	32.70	200m:	2:10.18	34.36	300m:	3:19.56	34.81	400m:	4:26.79	32.81
7.	KUNEN, Fynn				08	Swimming Luxembourg				4:27.22	558	
	50m:	29.18	29.18	150m:	1:36.67	34.25	250m:	2:45.58	34.47	350m:	3:55.33	34.80
	100m:	1:02.42	33.24	200m:	2:11.11	34.44	300m:	3:20.53	34.95	400m:	4:27.22	31.89
8.	URBAIN, Raphael				08	Swimming Club Saint Vith				4:31.24	534	
	50m:	28.82	28.82	150m:	1:35.96	34.56	250m:	2:46.59	35.80	350m:	3:56.75	34.50
	100m:	1:01.40	32.58	200m:	2:10.79	34.83	300m:	3:22.25	35.66	400m:	4:31.24	34.49
9.	WESTER, Ben				06	Cercle de Natation Dudelange				4:31.61	531	
	50m:	29.86	29.86	150m:	1:36.03	33.61	250m:	2:44.86	34.49	350m:	3:56.41	35.71
	100m:	1:02.42	32.56	200m:	2:10.37	34.34	300m:	3:20.70	35.84	400m:	4:31.61	35.20
10.	REINESCH, Inaki				09	Schwammclub Deifferdang				4:35.01	512	
	50m:	30.67	30.67	150m:	1:39.68	35.19	250m:	2:49.95	34.82	350m:	4:00.44	35.05
	100m:	1:04.49	33.82	200m:	2:15.13	35.45	300m:	3:25.39	35.44	400m:	4:35.01	34.57
11.	WESTER, Liam				11	Cercle de Natation Dudelange				4:43.58	467	
	50m:	32.72	32.72	150m:	1:44.26	35.67	250m:	2:56.58	36.61	350m:	4:10.05	35.60
	100m:	1:08.59	35.87	200m:	2:19.97	35.71	300m:	3:34.45	37.87	400m:	4:43.58	33.53
12.	LOEWENSTEIN, Niklas				10	SG Rhein-Mosel				4:43.59	467	
	50m:	31.07	31.07	150m:	1:41.07	35.63	250m:	2:55.34	37.61	350m:	4:09.20	36.79
	100m:	1:05.44	34.37	200m:	2:17.73	36.66	300m:	3:32.41	37.07	400m:	4:43.59	34.39
13.	SIMAO NOGUEIRA, Francisco				11	Schwammclub Deifferdang				4:44.00	465	
	50m:	32.43	32.43	150m:	1:44.02	35.63	250m:	2:56.70	36.30	350m:	4:10.03	35.69
	100m:	1:08.39	35.96	200m:	2:20.40	36.38	300m:	3:34.34	37.64	400m:	4:44.00	33.97
14.	MELOUANE AMAHZOUNE, Adam				08	Swimming Luxembourg				4:44.69	461	
	50m:	30.79	30.79	150m:	1:41.14	35.94	250m:	2:55.98	38.02	350m:	4:09.32	36.56
	100m:	1:05.20	34.41	200m:	2:17.96	36.82	300m:	3:32.76	36.78	400m:	4:44.69	35.37
15.	SPENCE, Joran				08	SG Rhein-Mosel				4:44.75	461	
	50m:	30.50	30.50	150m:	1:40.60	35.61	250m:	2:52.53	36.03	350m:	4:07.28	37.67
	100m:	1:04.99	34.49	200m:	2:16.50	35.90	300m:	3:29.61	37.08	400m:	4:44.75	37.47

Event 16, Men, 400m Freestyle, Open

Rank			YB						Time	Pts
16.	DEHALLEUX, Lukas		08	Schwammclub Deifferdang					4:47.97	446 *
	50m: 33.33	33.33	150m: 1:47.57	37.03	250m: 3:01.47	36.61	350m: 4:13.28	36.15		
	100m: 1:10.54	37.21	200m: 2:24.86	37.29	300m: 3:37.13	35.66	400m: 4:47.97	34.69		
17.	BLECKMANN, Antoine		10	Swimming Luxembourg					4:49.17	440
	50m: 32.79	32.79	150m: 1:46.14	37.16	250m: 3:00.28	37.53	350m: 4:13.29	36.95		
	100m: 1:08.98	36.19	200m: 2:22.75	36.61	300m: 3:36.34	36.06	400m: 4:49.17	35.88		
18.	KIEFFER GABBANA, Maximilien		11	Swimming Luxembourg					4:49.43	439
	50m: 31.88	31.88	150m: 1:44.64	36.88	250m: 2:59.51	37.50	350m: 4:14.31	37.45		
	100m: 1:07.76	35.88	200m: 2:22.01	37.37	300m: 3:36.86	37.35	400m: 4:49.43	35.12		
19.	VISSER, Felix		11	Swimming Club Le Dauphin Ettelbruck					4:50.82	433
	50m: 31.91	31.91	150m: 1:45.01	37.25	250m: 3:00.57	37.51	350m: 4:14.70	36.73		
	100m: 1:07.76	35.85	200m: 2:23.06	38.05	300m: 3:37.97	37.40	400m: 4:50.82	36.12		
20.	ERTZ, Philipp		06	White Sharks BKS e.V.					4:59.07	398 *
	50m: 32.72	32.72	150m: 1:48.60	38.37	250m: 3:05.33	38.96	350m: 4:22.17	38.39		
	100m: 1:10.23	37.51	200m: 2:26.37	37.77	300m: 3:43.78	38.45	400m: 4:59.07	36.90		
21.	WARD, James		10	Schwammclub Deifferdang					5:00.08	394
	50m: 33.05	33.05	150m: 1:48.94	38.45	250m: 3:06.00	38.56	350m: 4:23.17	38.19		
	100m: 1:10.49	37.44	200m: 2:27.44	38.50	300m: 3:44.98	38.98	400m: 5:00.08	36.91		
22.	VAN BURIK, Raphael		11	Swimming Luxembourg					5:02.92	383
	50m: 33.09	33.09	150m: 1:49.95	39.15	250m: 3:07.90	39.14	350m: 4:25.88	38.64		
	100m: 1:10.80	37.71	200m: 2:28.76	38.81	300m: 3:47.24	39.34	400m: 5:02.92	37.04		
23.	BOERSMA, Anton		12	Swimming Luxembourg					5:06.63	369
	50m: 34.18	34.18	150m: 1:51.65	39.46	250m: 3:10.19	39.53	350m: 4:28.89	38.91		
	100m: 1:12.19	38.01	200m: 2:30.66	39.01	300m: 3:49.98	39.79	400m: 5:06.63	37.74		
24.	BERVAS-SCHUMACHER, Olivier		12	Swimming Club Le Dauphin Ettelbruck					5:10.58	355
	50m: 35.14	35.14	150m: 1:54.07	40.00	250m: 3:13.00	38.90	350m: 4:33.25	39.66		
	100m: 1:14.07	38.93	200m: 2:34.10	40.03	300m: 3:53.59	40.59	400m: 5:10.58	37.33		
25.	THIEL, Alexander		11	White Sharks BKS e.V.					5:10.59	355
	50m: 35.09	35.09	150m: 1:55.34	39.48	250m: 3:15.98	40.73	350m: 4:35.95	39.06		
	100m: 1:15.86	40.77	200m: 2:35.25	39.91	300m: 3:56.89	40.91	400m: 5:10.59	34.64		
26.	SPENNACCHIO, Matteo		10	Swimming Luxembourg					5:12.30	349 *
	50m: 34.89	34.89	150m: 1:54.29	39.97	250m: 3:15.03	40.00	350m: 4:34.54	39.48		
	100m: 1:14.32	39.43	200m: 2:35.03	40.74	300m: 3:55.06	40.03	400m: 5:12.30	37.76		
27.	CHAOUI, Kyle		11	Luxembourg Sharks Swimming Club					5:12.89	347
	50m: 35.11	35.11	150m: 1:54.48	40.18	250m: 3:14.23	39.83	350m: 4:33.40	39.44		
	100m: 1:14.30	39.19	200m: 2:34.40	39.92	300m: 3:53.96	39.73	400m: 5:12.89	39.49		
28.	RIVELLINI, Elio		12	Swimming Luxembourg					5:16.72	335
	50m: 35.01	35.01	150m: 1:55.86	40.84	250m: 3:17.88	40.94	350m: 4:39.32	40.10		
	100m: 1:15.02	40.01	200m: 2:36.94	41.08	300m: 3:59.22	41.34	400m: 5:16.72	37.40		
29.	HAHNFELD, Lukas		11	Swimming Luxembourg					5:17.55	332
	50m: 34.22	34.22	150m: 1:52.62	39.72	250m: 3:14.89	41.23	350m: 4:37.82	41.14		
	100m: 1:12.90	38.68	200m: 2:33.66	41.04	300m: 3:56.68	41.79	400m: 5:17.55	39.73		
30.	AUDOT, Clement		13	Schwammclub Deifferdang					5:18.33	330
	50m: 35.10	35.10	150m: 1:55.25	40.96	250m: 3:19.07	42.13	350m: 4:40.35	39.94		
	100m: 1:14.29	39.19	200m: 2:36.94	41.69	300m: 4:00.41	41.34	400m: 5:18.33	37.98		
31.	FESQUET, Louis		12	Swimming Club Redange					5:21.48	320
	50m: 36.32	36.32	150m: 1:56.99	41.04	250m: 3:19.92	41.45	350m: 4:42.23	40.74		
	100m: 1:15.95	39.63	200m: 2:38.47	41.48	300m: 4:01.49	41.57	400m: 5:21.48	39.25		
32.	REMICHE, Paul		12	Swimming Club Le Dauphin Ettelbruck					5:23.50	314
	50m: 37.02	37.02	150m: 1:59.32	41.75	250m: 3:22.17	41.20	350m: 4:45.14	41.49		
	100m: 1:17.57	40.55	200m: 2:40.97	41.65	300m: 4:03.65	41.48	400m: 5:23.50	38.36		

Event 16, Men, 400m Freestyle, Open

Rank		YB						Time	Pts
33.	O'GRADY, Dylan	13	Cercle de Natation Dudelange					5:26.42	306
	50m: 37.73 37.73	150m: 2:01.29 42.68	250m: 3:25.16 41.40	350m: 4:48.07 41.45					
	100m: 1:18.61 40.88	200m: 2:43.76 42.47	300m: 4:06.62 41.46	400m: 5:26.42 38.35					
34.	HAWRANKE, Sebastian	12	White Sharks BKS e.V.					5:26.44	306
	50m: 36.95 36.95	150m: 2:00.68 42.10	250m: 3:24.68 42.02	350m: 4:48.51 41.50					
	100m: 1:18.58 41.63	200m: 2:42.66 41.98	300m: 4:07.01 42.33	400m: 5:26.44 37.93					
35.	FRAUENKRON, Noe	13	Swimming Club Saint Vith					5:26.88	305
	50m: 35.76 35.76	150m: 1:59.19 42.91	250m: 3:24.00 41.54	350m: 4:47.81 41.65					
	100m: 1:16.28 40.52	200m: 2:42.46 43.27	300m: 4:06.16 42.16	400m: 5:26.88 39.07					
36.	MULLER, Paul	13	Swimming Luxembourg					5:44.25	261
	50m: 36.89 36.89	150m: 2:02.87 43.39	250m: 3:31.97 45.71	350m: 5:02.21 44.41					
	100m: 1:19.48 42.59	200m: 2:46.26 43.39	300m: 4:17.80 45.83	400m: 5:44.25 42.04					
37.	KILLEN, Oscar	12	Swimming Luxembourg					5:46.13	257 *
	50m: 38.28 38.28	150m: 2:08.67 46.07	250m: 3:38.49 45.36	350m: 5:05.95 45.03					
	100m: 1:22.60 44.32	200m: 2:53.13 44.46	300m: 4:20.92 42.43	400m: 5:46.13 40.18					
38.	LANCINI, Lorenzo	13	Swimming Luxembourg					6:14.19	203 *
	50m: 40.02 40.02	150m: 2:15.89 48.98	250m: 3:52.52 48.82	350m: 5:31.19 49.79					
	100m: 1:26.91 46.89	200m: 3:03.70 47.81	300m: 4:41.40 48.88	400m: 6:14.19 43.00					
WDR	FEDOSEEV, Anton	07	Swimming Luxembourg						
WDR	SCHULZ, Nick	11	White Sharks BKS e.V.						

YOB 2009 - 2010

1.	REINESCH, Inaki	09	Schwammclub Deifferdang					4:35.01	512
	50m: 30.67 30.67	150m: 1:39.68 35.19	250m: 2:49.95 34.82	350m: 4:00.44 35.05					
	100m: 1:04.49 33.82	200m: 2:15.13 35.45	300m: 3:25.39 35.44	400m: 4:35.01 34.57					
2.	LOEWENSTEIN, Niklas	10	SG Rhein-Mosel					4:43.59	467
	50m: 31.07 31.07	150m: 1:41.07 35.63	250m: 2:55.34 37.61	350m: 4:09.20 36.79					
	100m: 1:05.44 34.37	200m: 2:17.73 36.66	300m: 3:32.41 37.07	400m: 4:43.59 34.39					
3.	BLECKMANN, Antoine	10	Swimming Luxembourg					4:49.17	440
	50m: 32.79 32.79	150m: 1:46.14 37.16	250m: 3:00.28 37.53	350m: 4:13.29 36.95					
	100m: 1:08.98 36.19	200m: 2:22.75 36.61	300m: 3:36.34 36.06	400m: 4:49.17 35.88					
4.	WARD, James	10	Schwammclub Deifferdang					5:00.08	394
	50m: 33.05 33.05	150m: 1:48.94 38.45	250m: 3:06.00 38.56	350m: 4:23.17 38.19					
	100m: 1:10.49 37.44	200m: 2:27.44 38.50	300m: 3:44.98 38.98	400m: 5:00.08 36.91					
5.	SPENNACCHIO, Matteo	10	Swimming Luxembourg					5:12.30	349 *
	50m: 34.89 34.89	150m: 1:54.29 39.97	250m: 3:15.03 40.00	350m: 4:34.54 39.48					
	100m: 1:14.32 39.43	200m: 2:35.03 40.74	300m: 3:55.06 40.03	400m: 5:12.30 37.76					

YOB 2011 - 2012

1.	DONDELINGER, Gregory	11	Swimming Luxembourg					4:25.27	570
	50m: 29.78 29.78	150m: 1:35.29 33.38	250m: 2:43.77 34.27	350m: 3:52.55 34.02					
	100m: 1:01.91 32.13	200m: 2:09.50 34.21	300m: 3:18.53 34.76	400m: 4:25.27 32.72					
2.	WESTER, Liam	11	Cercle de Natation Dudelange					4:43.58	467
	50m: 32.72 32.72	150m: 1:44.26 35.67	250m: 2:56.58 36.61	350m: 4:10.05 35.60					
	100m: 1:08.59 35.87	200m: 2:19.97 35.71	300m: 3:34.45 37.87	400m: 4:43.58 33.53					
3.	SIMAO NOGUEIRA, Francisco	11	Schwammclub Deifferdang					4:44.00	465
	50m: 32.43 32.43	150m: 1:44.02 35.63	250m: 2:56.70 36.30	350m: 4:10.03 35.69					
	100m: 1:08.39 35.96	200m: 2:20.40 36.38	300m: 3:34.34 37.64	400m: 4:44.00 33.97					

Event 16, Boys, 400m Freestyle, YOB 2011 - 2012

Rank		YB								Time	Pts
4.	KIEFFER GABBANA, Maximilien	11	Swimming Luxembourg							4:49.43	439
	50m: 31.88 31.88	150m: 1:44.64	36.88	250m: 2:59.51	37.50	350m: 4:14.31	37.45				
	100m: 1:07.76 35.88	200m: 2:22.01	37.37	300m: 3:36.86	37.35	400m: 4:49.43	35.12				
5.	VISSER, Felix	11	Swimming Club Le Dauphin Ettelbruck							4:50.82	433
	50m: 31.91 31.91	150m: 1:45.01	37.25	250m: 3:00.57	37.51	350m: 4:14.70	36.73				
	100m: 1:07.76 35.85	200m: 2:23.06	38.05	300m: 3:37.97	37.40	400m: 4:50.82	36.12				
6.	VAN BURIK, Raphael	11	Swimming Luxembourg							5:02.92	383
	50m: 33.09 33.09	150m: 1:49.95	39.15	250m: 3:07.90	39.14	350m: 4:25.88	38.64				
	100m: 1:10.80 37.71	200m: 2:28.76	38.81	300m: 3:47.24	39.34	400m: 5:02.92	37.04				
7.	BOERSMA, Anton	12	Swimming Luxembourg							5:06.63	369
	50m: 34.18 34.18	150m: 1:51.65	39.46	250m: 3:10.19	39.53	350m: 4:28.89	38.91				
	100m: 1:12.19 38.01	200m: 2:30.66	39.01	300m: 3:49.98	39.79	400m: 5:06.63	37.74				
8.	BERVAS-SCHUMACHER, Olivier	12	Swimming Club Le Dauphin Ettelbruck							5:10.58	355
	50m: 35.14 35.14	150m: 1:54.07	40.00	250m: 3:13.00	38.90	350m: 4:33.25	39.66				
	100m: 1:14.07 38.93	200m: 2:34.10	40.03	300m: 3:53.59	40.59	400m: 5:10.58	37.33				
9.	THIEL, Alexander	11	White Sharks BKS e.V.							5:10.59	355
	50m: 35.09 35.09	150m: 1:55.34	39.48	250m: 3:15.98	40.73	350m: 4:35.95	39.06				
	100m: 1:15.86 40.77	200m: 2:35.25	39.91	300m: 3:56.89	40.91	400m: 5:10.59	34.64				
10.	CHAOUI, Kyle	11	Luxembourg Sharks Swimming Club							5:12.89	347
	50m: 35.11 35.11	150m: 1:54.48	40.18	250m: 3:14.23	39.83	350m: 4:33.40	39.44				
	100m: 1:14.30 39.19	200m: 2:34.40	39.92	300m: 3:53.96	39.73	400m: 5:12.89	39.49				
11.	RIVELLINI, Elio	12	Swimming Luxembourg							5:16.72	335
	50m: 35.01 35.01	150m: 1:55.86	40.84	250m: 3:17.88	40.94	350m: 4:39.32	40.10				
	100m: 1:15.02 40.01	200m: 2:36.94	41.08	300m: 3:59.22	41.34	400m: 5:16.72	37.40				
12.	HAHNFELD, Lukas	11	Swimming Luxembourg							5:17.55	332
	50m: 34.22 34.22	150m: 1:52.62	39.72	250m: 3:14.89	41.23	350m: 4:37.82	41.14				
	100m: 1:12.90 38.68	200m: 2:33.66	41.04	300m: 3:56.68	41.79	400m: 5:17.55	39.73				
13.	FESQUET, Louis	12	Swimming Club Redange							5:21.48	320
	50m: 36.32 36.32	150m: 1:56.99	41.04	250m: 3:19.92	41.45	350m: 4:42.23	40.74				
	100m: 1:15.95 39.63	200m: 2:38.47	41.48	300m: 4:01.49	41.57	400m: 5:21.48	39.25				
14.	REMICHE, Paul	12	Swimming Club Le Dauphin Ettelbruck							5:23.50	314
	50m: 37.02 37.02	150m: 1:59.32	41.75	250m: 3:22.17	41.20	350m: 4:45.14	41.49				
	100m: 1:17.57 40.55	200m: 2:40.97	41.65	300m: 4:03.65	41.48	400m: 5:23.50	38.36				
15.	HAWRANKE, Sebastian	12	White Sharks BKS e.V.							5:26.44	306
	50m: 36.95 36.95	150m: 2:00.68	42.10	250m: 3:24.68	42.02	350m: 4:48.51	41.50				
	100m: 1:18.58 41.63	200m: 2:42.66	41.98	300m: 4:07.01	42.33	400m: 5:26.44	37.93				
16.	KILLEN, Oscar	12	Swimming Luxembourg							5:46.13	257 *
	50m: 38.28 38.28	150m: 2:08.67	46.07	250m: 3:38.49	45.36	350m: 5:05.95	45.03				
	100m: 1:22.60 44.32	200m: 2:53.13	44.46	300m: 4:20.92	42.43	400m: 5:46.13	40.18				
WDR	SCHULZ, Nick	11	White Sharks BKS e.V.								

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1.	AUDOT, Clement	13	Schwammclub Deifferdang							5:18.33	330
	50m: 35.10 35.10	150m: 1:55.25	40.96	250m: 3:19.07	42.13	350m: 4:40.35	39.94				
	100m: 1:14.29 39.19	200m: 2:36.94	41.69	300m: 4:00.41	41.34	400m: 5:18.33	37.98				
2.	O'GRADY, Dylan	13	Cercle de Natation Dudelange							5:26.42	306
	50m: 37.73 37.73	150m: 2:01.29	42.68	250m: 3:25.16	41.40	350m: 4:48.07	41.45				
	100m: 1:18.61 40.88	200m: 2:43.76	42.47	300m: 4:06.62	41.46	400m: 5:26.42	38.35				

Event 16, Boys, 400m Freestyle, YOB 2013 - 2014

Rank	YB										Time	Pts		
3.	FRAUENKRON, Noe										13	Swimming Club Saint Vith	5:26.88	305
	50m:	35.76	35.76	150m:	1:59.19	42.91	250m:	3:24.00	41.54	350m:	4:47.81	41.65		
	100m:	1:16.28	40.52	200m:	2:42.46	43.27	300m:	4:06.16	42.16	400m:	5:26.88	39.07		
4.	MULLER, Paul										13	Swimming Luxembourg	5:44.25	261
	50m:	36.89	36.89	150m:	2:02.87	43.39	250m:	3:31.97	45.71	350m:	5:02.21	44.41		
	100m:	1:19.48	42.59	200m:	2:46.26	43.39	300m:	4:17.80	45.83	400m:	5:44.25	42.04		
5.	LANCINI, Lorenzo										13	Swimming Luxembourg	6:14.19	203 *
	50m:	40.02	40.02	150m:	2:15.89	48.98	250m:	3:52.52	48.82	350m:	5:31.19	49.79		
	100m:	1:26.91	46.89	200m:	3:03.70	47.81	300m:	4:41.40	48.88	400m:	6:14.19	43.00		