

Event 19

Women, 400m Medley

12 years and older

10/05/2025 - 17:05

Startlist

Recorde Regional (25m) Open	5:11.34	Andreia Monteiro Barreira	CMNPR	Peso da Régua	05/11/2023
Recorde Regional (25m) 18 +	5:11.34	Andreia Monteiro Barreira	CMNPR	Peso da Régua	05/11/2023
Recorde Regional (25m) 17	5:15.65	Andreia Monteiro Barreira	CMNPR	Santa Marta de Penaguião	08/07/2023
Recorde Regional (25m) 16	5:26.28	Andreia Monteiro Barreira	CMNPR	Peso da Régua	06/03/2022
Recorde Regional (25m) Juv A	5:15.46	Ana Margarida Guedes	GCVR	Vila Real	21/11/2015
Recorde Regional (25m) Juv B	5:12.70	Ana Margarida Guedes	GCVR	Vila Real	22/11/2014
Recorde Regional (25m) Inf A	5:25.80	Ana Margarida Guedes	GCVR	Mirandela	30/11/2013
Recorde Regional (25m) Inf B	5:52.45	Ana Margarida Guedes	GCVR	Mirandela	01/12/2012

Pista	Nome	YB	NFed	Clube	Tp inscrição	
<u>Heat 1 of 3, 17:05</u>						
DNS	1 A. Pinto, Alice Guedes	13	217401	Peso da Regua	NT	___:___:___
	2 Naima Francisco Ferreira	13	218420	EN Braganca	NT	___:___:___
	3 Anita Santos Goncalves	10	210494	EN Braganca	NT	___:___:___
	4 Leonor Afonso Matela	12	220723	EN Braganca	NT	___:___:___
	5 Susana Pedro Carvalhinha	13	214488	Gcwr	NT	___:___:___
	6 Leonor Vaz Osorio, Leonor Vaz	13	216142	Peso da Regua	NT	___:___:___
	7 Laura Jorge Alves	13	216844	Gcwr	NT	___:___:___
	8 Ana Rita Teixeira, Ana Rita	13	216143	Peso da Regua	NT	___:___:___

<u>Heat 2 of 3, 17:10</u>						
	1 Benedita Martins Fernandes	13	214551	Gcwr	NT	___:___:___
	2 M. Rocha, Mara Daniela	13	222067	Peso da Regua	NT	___:___:___
	3 Vitoria Cortinhas Pinto	10	212716	Peso da Regua	NT	___:___:___
	4 M. Sales, Matilde Ribeiro	13	220142	Peso da Regua	7:42.00 25m	___:___:___
	5 Diana Ribeiro Nogueira	12	217385	Gcwr	7:47.43 25m	___:___:___
	6 Benedita Campelo Carvalho	09	210494	EN Braganca	NT	___:___:___
DNS	7 Magda Jorge Nascimento	13	220734	Emnv/Fcv	NT	___:___:___
	8 Leonor Ferreira Sousa	12	222428	Fnc	NT	___:___:___

<u>Heat 3 of 3, 17:20</u>						
	1 Renata Daniela Rangel	11	220398	Gcwr	7:15.28	___:___:___
	2 Ines Filipa Guerra	11	209832	Fnc	6:38.15	___:___:___
	3 Ines Rua Fernandes	11	213137	Gcwr	6:14.84 25m	___:___:___
	4 Maria Ines Mesquita	10	214677	Gcwr	6:02.59	___:___:___
	5 Xiana Castro Silva	10	209951	Fnc	6:10.20	___:___:___
	6 Iara Beatriz Matela	09	201729	EN Braganca	6:33.68 25m	___:___:___
	7 Matilde Pinto Teixeira	11	211225	EN Braganca	7:02.62 25m	___:___:___
	8 Ana Miguel Tuna	10	222998	EN Braganca	7:37.13 25m	___:___:___