

Prova 3
10/05/2025 - 9:35

Femin., 800m Livres

Infantis B
Resultados

Recorde Regional (25m) Open	9:47.02	Joana Patricia Pinto	GCVR	Vila Real	01/03/2009
Recorde Regional (25m) Inf B	10:54.57	Ana Margarida Guedes	GCVR	Mirandela	02/12/2012

Pontos: AQUA 2024

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Laura Jorge Alves	216844	13	Gcvr	11:28.01	334
	50m: 39.34 39.34	300m: 4:17.87 1:28.56		600m: 8:37.59 1:25.91		
	100m: 1:22.43 43.09	400m: 5:45.53 1:27.66		700m: 10:01.53 1:23.94		
	200m: 2:49.31 1:26.88	500m: 7:11.68 1:26.15		800m: 11:28.01 1:26.48		
2.	Susana Pedro Carvalhinha	214488	13	Gcvr	12:05.39	285
	50m: 42.45 42.45	300m: 4:27.58 1:32.50		600m: 9:06.61 1:34.16		
	100m: 1:25.04 42.59	400m: 6:00.36 1:32.78		700m: 10:38.54 1:31.93		
	200m: 2:55.08 1:30.04	500m: 7:32.45 1:32.09		800m: 12:05.39 1:26.85		
3.	Ana Rita Teixeira	216143	13	Peso da Regua	12:13.03	276
	50m: 41.80 41.80	300m: 4:33.53 1:33.33		600m: 9:12.88 1:33.32		
	100m: 1:27.90 46.10	400m: 6:06.34 1:32.81		700m: 10:44.88 1:32.00		
	200m: 3:00.20 1:32.30	500m: 7:39.56 1:33.22		800m: 12:13.03 1:28.15		
4.	Benedita Martins Fernandes	214551	13	Gcvr	12:33.70	254
	50m: 47.30 47.30	300m: 4:51.98 1:37.78		600m: 9:32.27 1:32.54		
	100m: 1:36.30 49.00	400m: 6:25.37 1:33.39		700m: 11:06.52 1:34.25		
	200m: 3:14.20 1:37.90	500m: 7:59.73 1:34.36		800m: 12:33.70 1:27.18		
5.	Naima Francisco Ferreira	218420	13	EN Bragança	12:40.65	247
	50m: 42.97 42.97	300m: 4:41.75 1:36.22		600m: 9:30.11 1:37.36		
	100m: 1:30.15 47.18	400m: 6:17.78 1:36.03		700m: 11:06.75 1:36.64		
	200m: 3:05.53 1:35.38	500m: 7:52.75 1:34.97		800m: 12:40.65 1:33.90		
6.	Carlota Teiga Cruz	217390	13	Gcvr	12:51.75	236
	50m: 44.46 44.46	300m: 4:49.03 1:37.63		600m: 9:39.31 1:37.10		
	100m: 1:36.80 52.34	400m: 6:26.40 1:37.37		700m: 11:15.96 1:36.65		
	200m: 3:11.40 1:34.60	500m: 8:02.21 1:35.81		800m: 12:51.75 1:35.79		
7.	Matilde Ribeiro Sales	220142	13	Peso da Regua	13:48.94	191
	50m: 50.72 50.72	300m: 5:15.58 1:46.86		600m: 10:30.05 1:43.50		
	100m: 1:43.08 52.36	400m: 7:01.22 1:45.64		700m: 12:11.65 1:41.60		
	200m: 3:28.72 1:45.64	500m: 8:46.55 1:45.33		800m: 13:48.94 1:37.29		
8.	Maria Joao Gomes	216332	13	Gcvr	14:16.94	172
	50m: 48.06 48.06	300m: 5:14.38 1:47.94		600m: 10:48.34 1:51.43		
	100m: 1:40.19 52.13	400m: 7:06.09 1:51.71		700m: 12:33.84 1:45.50		
	200m: 3:26.44 1:46.25	500m: 8:56.91 1:50.82		800m: 14:16.94 1:43.10		
9.	Mara Daniela Rocha	222067	13	Peso da Regua	14:53.41	152
	50m: 51.63 51.63	300m: 5:34.06 1:53.25		600m: 11:16.69 1:54.78		
	100m: 1:46.69 55.06	400m: 7:28.63 1:54.57		700m: 13:09.38 1:52.69		
	200m: 3:40.81 1:54.12	500m: 9:21.91 1:53.28		800m: 14:53.41 1:44.03		
10.	Vitoria Almeida Saraiva	220909	13	Gcvr	15:04.17	147
	50m: 49.25 49.25	300m: 5:30.31 1:54.36		600m: 11:20.27 1:58.32		
	100m: 1:45.03 55.78	400m: 7:26.56 1:56.25		700m: 13:17.92 1:57.65		
	200m: 3:35.95 1:50.92	500m: 9:21.95 1:55.39		800m: 15:04.17 1:46.25		
11.	Mariana Lopes Carvalho	214486	13	Gcvr	15:10.22	144
	50m: 52.59 52.59	300m: 5:37.44 1:55.68		600m: 11:27.72 1:58.31		
	100m: 1:47.46 54.87	400m: 7:32.79 1:55.35		700m: 13:23.12 1:55.40		
	200m: 3:41.76 1:54.30	500m: 9:29.41 1:56.62		800m: 15:10.22 1:47.10		
12.	Alice Guedes Pinto	217401	13	Peso da Regua	15:41.09	130
	50m: 52.56 52.56	300m: 5:43.15 1:57.53		600m: 11:46.00 2:00.69		
	100m: 1:49.40 56.84	400m: 7:46.75 2:03.60		700m: 13:45.40 1:59.40		
	200m: 3:45.62 1:56.22	500m: 9:45.31 1:58.56		800m: 15:41.09 1:55.69		
DNS	Magda Jorge Nascimento	220734	13	Emnv/Fcv		
DNS	Amalia Jose Quintelas	223398	13	Gcvr		
DNS	Leonor Vaz Osorio	216142	13	Peso da Regua		

Prova 3, Femin., 800m Livres

Prova 3 Femin., 800m Livres Infantil A
10/05/2025 - 9:35 Resultados

Recorde Regional (25m) Open	9:47.02	Joana Patricia Pinto	GCVR	Vila Real	01/03/2009
Recorde Regional (25m) Inf A	9:47.64	Ana Margarida Guedes	GCVR	Santa Marta	06/07/2014

Pontos: AQUA 2024

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Leonor Afonso Matela	220723	12	EN Bragança	11:33.33	326
	50m: 38.40	300m: 4:14.02	1:29.26	600m: 8:38.94	1:28.47	
	100m: 1:19.79	400m: 5:43.30	1:29.28	700m: 10:07.34	1:28.40	
	200m: 2:44.76	500m: 7:10.47	1:27.17	800m: 11:33.33	1:25.99	
2.	Diana Ribeiro Nogueira	217385	12	Gcvr	13:10.54	220
	50m: 46.13	300m: 4:52.76	1:39.19	600m: 9:54.92	1:40.25	
	100m: 1:34.54	400m: 6:33.54	1:40.78	700m: 11:34.16	1:39.24	
	200m: 3:13.57	500m: 8:14.67	1:41.13	800m: 13:10.54	1:36.38	
3.	Leonor Ferreira Sousa	222428	12	Fnc	13:24.86	208
	50m: 46.07	300m: 4:56.91	1:42.71	600m: 10:04.10	1:39.24	
	100m: 1:36.29	400m: 6:40.23	1:43.32	700m: 11:49.82	1:45.72	
	200m: 3:14.20	500m: 8:24.86	1:44.63	800m: 13:24.86	1:35.04	
4.	Lorena Sofia Ribeiro	223766	12	Gcvr	13:48.61	191
	50m: 49.70	300m: 5:10.77	1:46.54	600m: 10:28.33	1:43.00	
	100m: 1:41.83	400m: 7:00.08	1:49.31	700m: 12:10.36	1:42.03	
	200m: 3:24.23	500m: 8:45.33	1:45.25	800m: 13:48.61	1:38.25	
5.	Alice Silva Costa	224051	12	Gcvr	14:01.53	182
	50m: 47.96	300m: 5:07.96	1:43.82	600m: 10:32.49	1:48.57	
	100m: 1:40.17	400m: 6:55.03	1:47.07	700m: 12:18.71	1:46.22	
	200m: 3:24.14	500m: 8:43.92	1:48.89	800m: 14:01.53	1:42.82	
6.	Catarina Alexandra Tralhao	220506	12	Durius Ac Pesqueira	14:13.66	174
	50m: 47.34	300m: 5:14.31	1:50.15	600m: 10:42.19	1:48.10	
	100m: 1:37.41	400m: 7:07.16	1:52.85	700m: 12:29.73	1:47.54	
	200m: 3:24.16	500m: 8:54.09	1:46.93	800m: 14:13.66	1:43.93	
7.	Maria Martins Oliveira	220504	12	Durius Ac Pesqueira	14:24.26	168
	50m: 50.26	300m: 5:29.47	1:52.92	600m: 10:55.69	1:48.39	
	100m: 1:44.37	400m: 7:19.87	1:50.40	700m: 12:44.19	1:48.50	
	200m: 3:36.55	500m: 9:07.30	1:47.43	800m: 14:24.26	1:40.07	
8.	Carolina Pereira Vila	224224	12	Durius Ac Pesqueira	16:17.81	116
	50m: 57.66	300m: 6:08.91	2:06.15	600m: 12:23.13	2:04.37	
	100m: 1:58.02	400m: 8:14.98	2:06.07	700m: 14:25.19	2:02.06	
	200m: 4:02.76	500m: 10:18.76	2:03.78	800m: 16:17.81	1:52.62	

Prova 3 Femin., 800m Livres Juvenis B
10/05/2025 - 9:35 Resultados

Recorde Regional (25m) Open	9:47.02	Joana Patricia Pinto	GCVR	Vila Real	01/03/2009
Recorde Regional (25m) Juv B	9:47.70	Ana Margarida Guedes	GCVR	Bragança	04/07/2015

Pontos: AQUA 2024

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Ines Rua Fernandes	213137	11	Gcvr	11:17.60	349
	50m: 40.45	300m: 4:12.41	1:25.03	600m: 8:28.95	1:25.17	
	100m: 1:21.98	400m: 5:38.31	1:25.90	700m: 9:53.78	1:24.83	
	200m: 2:47.38	500m: 7:03.78	1:25.47	800m: 11:17.60	1:23.82	
2.	Matilde Pinto Teixeira	211225	11	EN Bragança	11:38.68	319
	50m: 39.43	300m: 4:15.37	1:27.09	600m: 8:42.78	1:29.50	
	100m: 1:22.12	400m: 5:44.40	1:29.03	700m: 10:11.15	1:28.37	
	200m: 2:48.28	500m: 7:13.28	1:28.88	800m: 11:38.68	1:27.53	
3.	Renata Daniela Rangel	220398	11	Gcvr	11:43.65	312
	50m: 39.97	300m: 4:19.22	1:28.92	600m: 8:47.12	1:29.40	
	100m: 1:22.47	400m: 5:48.72	1:29.50	700m: 10:16.22	1:29.10	
	200m: 2:50.30	500m: 7:17.72	1:29.00	800m: 11:43.65	1:27.43	
4.	Ines Filipa Guerra	209832	11	Fnc	12:55.75	233
	50m: 44.09	300m: 4:50.68	1:40.12	600m: 9:44.37	1:38.34	
	100m: 1:31.75	400m: 6:28.93	1:38.25	700m: 11:23.25	1:38.88	
	200m: 3:10.56	500m: 8:06.03	1:37.10	800m: 12:55.75	1:32.50	

Prova 3, Femin., 800m Livres

Prova 3
10/05/2025 - 9:35
Femin., 800m Livres
Juvenis A
Resultados

Recorde Regional (25m) Open	9:47.02	Joana Patricia Pinto	GCVR	Vila Real	01/03/2009
Recorde Regional (25m) Juv A	9:47.02	Joana Patrícia Pinto	GCVR	Vila Real	01/03/2009

Pontos: AQUA 2024

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Maria Ines Mesquita	214677	10	Gcvr	10:44.44	406
	50m: 38.79 38.79	300m: 4:01.65 1:21.46	600m: 8:05.00 1:20.28			
	100m: 1:19.12 40.33	400m: 5:23.30 1:21.65	700m: 9:25.62 1:20.62			
	200m: 2:40.19 1:21.07	500m: 6:44.72 1:21.42	800m: 10:44.44 1:18.82			
2.	Anita Santos Goncalves	210494	10	EN Bragança	11:08.86	363
	50m: 38.73 38.73	300m: 4:05.57 1:23.12	600m: 8:23.60 1:26.28			
	100m: 1:20.23 41.50	400m: 5:32.76 1:27.19	700m: 9:47.07 1:23.47			
	200m: 2:42.45 1:22.22	500m: 6:57.32 1:24.56	800m: 11:08.86 1:21.79			
3.	Xiana Castro Silva	209951	10	Fnc	12:01.23	290
	50m: 40.74 40.74	300m: 4:25.20 1:25.31	600m: 9:01.80 1:32.85			
	100m: 1:30.40 49.66	400m: 5:57.61 1:32.41	700m: 10:32.58 1:30.78			
	200m: 2:59.89 1:29.49	500m: 7:28.95 1:31.34	800m: 12:01.23 1:28.65			
4.	Vitoria Cortinhas Pinto	212716	10	Peso da Regua	12:28.92	259
	50m: 39.56 39.56	300m: 4:25.27 1:34.32	600m: 9:20.56 1:36.97			
	100m: 1:22.42 42.86	400m: 6:04.34 1:39.07	700m: 10:58.70 1:38.14			
	200m: 2:50.95 1:28.53	500m: 7:43.59 1:39.25	800m: 12:28.92 1:30.22			
5.	Ines Frederico Santos	217397	10	Durius Ac Pesqueira	13:18.61	213
	50m: 47.54 47.54	300m: 4:49.34 1:33.01	600m: 10:03.86 1:42.09			
	100m: 1:36.45 48.91	400m: 6:10.95 1:21.61	700m: 11:44.08 1:40.22			
	200m: 3:16.33 1:39.88	500m: 8:21.77 2:10.82	800m: 13:18.61 1:34.53			
6.	Ana Miguel Tuna	222998	10	EN Bragança	14:05.82	179
	50m: 47.92 47.92	300m: 5:14.89 1:47.82	600m: 10:38.51 1:46.75			
	100m: 1:39.42 51.50	400m: 7:03.95 1:49.06	700m: 12:26.00 1:47.49			
	200m: 3:27.07 1:47.65	500m: 8:51.76 1:47.81	800m: 14:05.82 1:39.82			
WDR	Maria Silva Poeta	212032	10	Gcvr		

Prova 3
10/05/2025 - 9:35
Femin., 800m Livres
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Resultados

Recorde Regional (25m) Open	9:47.02	Joana Patricia Pinto	GCVR	Vila Real	01/03/2009
Recorde Regional (25m) 18 +	9:48.66	Ana Margarida Guedes	GCVR	Peso da Régua	09/05/2021
Recorde Regional (25m) 17	9:49.32	Joana Patrícia Pinto	GCVR	Vila Real	26/06/2011
Recorde Regional (25m) 16	9:49.86	Ana Margarida Guedes	GCVR	Vila Real	20/11/2016

Pontos: AQUA 2024

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Iara Beatriz Matela	201729	09	EN Bragança	12:33.78	254
	50m: 38.40 38.40	300m: 4:28.21 1:35.09	600m: 9:22.35 1:40.32			
	100m: 1:44.23 1:05.83	400m: 6:00.93 1:32.72	700m: 10:57.87 1:35.52			
	200m: 2:53.12 1:08.89	500m: 7:42.03 1:41.10	800m: 12:33.78 1:35.91			
2.	Benedita Campelo Carvalho	210494	09	EN Bragança	13:08.25	222
	50m: 40.28 40.28	300m: 4:39.39 1:39.03	600m: 9:48.50 1:43.75			
	100m: 1:25.28 45.00	400m: 6:22.18 1:42.79	700m: 11:31.86 1:43.36			
	200m: 3:00.36 1:35.08	500m: 8:04.75 1:42.57	800m: 13:08.25 1:36.39			
3.	Bruna Filipa Costa	220503	09	Durius Ac Pesqueira	13:22.81	210
	50m: 44.92 44.92	300m: 5:00.17 1:44.21	600m: 10:07.17 1:39.83			
	100m: 1:34.17 49.25	400m: 6:44.71 1:44.54	700m: 11:45.24 1:38.07			
	200m: 3:15.96 1:41.79	500m: 8:27.34 1:42.63	800m: 13:22.81 1:37.57			
4.	Maria Julia Cardoso	220507	09	Durius Ac Pesqueira	13:24.00	209
	50m: 45.65 45.65	300m: 4:59.09 1:41.50	600m: 10:06.03 1:41.44			
	100m: 1:35.90 50.25	400m: 6:41.37 1:42.28	700m: 11:46.75 1:40.72			
	200m: 3:17.59 1:41.69	500m: 8:24.59 1:43.22	800m: 13:24.00 1:37.25			