

Event 19

Girls, 400m Medley

Infantis B

10/05/2025 - 17:05

Results

Recorde Regional (25m) Open	5:11.34	Andreia Monteiro Barreira	CMNPR	Peso da Régua	05/11/2023
Recorde Regional (25m) Inf B	5:52.45	Ana Margarida Guedes	GCVR	Mirandela	01/12/2012

Points: AQUA 2024

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Ana Rita Teixeira, Ana Rita	216143	13	Peso da Regua	6:21.75	312
	50m: 41.67 41.67 100m: 1:30.95 49.28	200m: 3:05.73 1:34.78 300m: 4:53.92 1:48.19		400m: 6:21.75 1:27.83		
2.	Laura Jorge Alves	216844	13	Gcvr	6:22.02	311
	50m: 40.11 40.11 100m: 1:28.15 48.04	200m: 3:06.03 1:37.88 300m: 4:57.25 1:51.22		400m: 6:22.02 1:24.77		
3.	Susana Pedro Carvalhinha	214488	13	Gcvr	6:28.41	296
	50m: 42.81 42.81 100m: 1:37.84 55.03	200m: 3:12.51 1:34.67 300m: 5:02.76 1:50.25		400m: 6:28.41 1:25.65		
4.	Naima Francisco Ferreira	218420	13	EN Bragança	6:55.48	242
	50m: 42.87 42.87 100m: 1:39.22 56.35	200m: 3:20.69 1:41.47 300m: 5:20.05 1:59.36		400m: 6:55.48 1:35.43		
5.	Benedita Martins Fernandes	214551	13	Gcvr	6:55.56	241
	50m: 49.62 49.62 100m: 1:47.37 57.75	200m: 3:28.87 1:41.50 300m: 5:25.15 1:56.28		400m: 6:55.56 1:30.41		
6.	M. Sales, Matilde Ribeiro	220142	13	Peso da Regua	7:25.02	196
	50m: 45.73 45.73 100m: 1:46.23 1:00.50	200m: 3:42.57 1:56.34 300m: 5:48.36 2:05.79		400m: 7:25.02 1:36.66		
7.	M. Rocha, Mara Daniela	222067	13	Peso da Regua	8:03.84	153
	50m: 52.77 52.77 100m: 2:00.53 1:07.76	200m: 4:11.34 2:10.81 300m: 6:29.09 2:17.75		400m: 8:03.84 1:34.75		
8.	A. Pinto, Alice Guedes	217401	13	Peso da Regua	8:04.34	152
	50m: 55.62 55.62 100m: 2:03.34 1:07.72	200m: 4:00.18 1:56.84 300m: 6:12.78 2:12.60		400m: 8:04.34 1:51.56		
DNS	Magda Jorge Nascimento	220734	13	Emnv/Fcv		
DNS	Leonor Vaz Osorio, Leonor Vaz	216142	13	Peso da Regua		

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Results

Recorde Regional (25m) Open	5:11.34	Andreia Monteiro Barreira	CMNPR	Peso da Régua	05/11/2023
Recorde Regional (25m) Inf A	5:25.80	Ana Margarida Guedes	GCVR	Mirandela	30/11/2013

Points: AQUA 2024

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Leonor Ferreira Sousa	222428	12	Fnc	6:41.76	267
	50m: 42.70 42.70 100m: 1:36.57 53.87	200m: 3:13.80 1:37.23 300m: 5:07.98 1:54.18		400m: 6:41.76 1:33.78		
2.	Leonor Afonso Matela	220723	12	EN Bragança	6:52.69	247
	50m: 44.92 44.92 100m: 1:41.39 56.47	200m: 3:22.36 1:40.97 300m: 5:10.13 1:47.77		400m: 6:52.69 1:42.56		
3.	Diana Ribeiro Nogueira	217385	12	Gcvr	7:07.21	222
	50m: 51.78 51.78 100m: 1:51.14 59.36	200m: 3:36.03 1:44.89 300m: 5:34.18 1:58.15		400m: 7:07.21 1:33.03		

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Juvenis B

10/05/2025 - 17:05

Results

Recorde Regional (25m) Open	5:11.34	Andreia Monteiro Barreira	CMNPR	Peso da Régua	05/11/2023
Recorde Regional (25m) Juv B	5:12.70	Ana Margarida Guedes	GCVR	Vila Real	22/11/2014

Points: AQUA 2024

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Ines Rua Fernandes	213137	11	Gcvr	6:05.91	354
	50m: 41.14 41.14 100m: 1:29.03 47.89	200m: 2:57.86 1:28.83 300m: 4:43.03 1:45.17		400m: 6:05.91 1:22.88		
2.	Matilde Pinto Teixeira	211225	11	EN Bragança	6:36.03	279
	50m: 40.18 40.18 100m: 1:33.03 52.85	200m: 3:11.50 1:38.47 300m: 5:12.53 2:01.03		400m: 6:36.03 1:23.50		
3.	Ines Filipa Guerra	209832	11	Fnc	6:43.64	264
	50m: 39.16 39.16 100m: 1:29.02 49.86	200m: 3:14.84 1:45.82 300m: 5:09.22 1:54.38		400m: 6:43.64 1:34.42		

Event 19, Girls, 400m Medley, Juvenis B

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
DSQ	Renata Daniela Rangel 614 - Nadador não efectuou viragem aos 150 m após terminar movimento contínuo de braços - SW 6.4	220398	11	Gcvr		

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10/05/2025 - 17:05 Results

Recorde Regional (25m) Open	5:11.34	Andreia Monteiro Barreira	CMNPR	Peso da Régua	05/11/2023
Recorde Regional (25m) Juv A	5:15.46	Ana Margarida Guedes	GCVR	Vila Real	21/11/2015

Points: AQUA 2024

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Maria Ines Mesquita 50m: 40.70 40.70 100m: 1:26.76 46.06	214677	10	Gcvr 400m: 5:52.57 1:20.18	5:52.57	396
2.	Anita Santos Goncalves 50m: 40.26 40.26 100m: 1:31.44 51.18	210494	10	EN Braganca 400m: 6:05.26 1:16.21	6:05.26	356
3.	Vitoria Cortinhas Pinto 50m: 40.60 40.60 100m: 1:28.49 47.89	212716	10	Peso da Regua 400m: 6:33.17 1:32.43	6:33.17	285
4.	Ana Miguel Tuna 50m: 47.70 47.70 100m: 1:50.48 1:02.78	222998	10	EN Braganca 400m: 7:28.17 1:40.22	7:28.17	192
DSQ	Xiana Castro Silva 102 - Não completou a prova - SW 10.2	209951	10	Fnc		
WDR	Maria Silva Poeta	212032	10	Gcvr		

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Recorde Regional (25m) Open	5:11.34	Andreia Monteiro Barreira	CMNPR	Peso da Régua	05/11/2023
Recorde Regional (25m) 18 +	5:11.34	Andreia Monteiro Barreira	CMNPR	Peso da Régua	05/11/2023
Recorde Regional (25m) 17	5:15.65	Andreia Monteiro Barreira	CMNPR	Santa Marta de Penaguião	08/07/2023
Recorde Regional (25m) 16	5:26.28	Andreia Monteiro Barreira	CMNPR	Peso da Régua	06/03/2022

Points: AQUA 2024

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Iara Beatriz Matela 50m: 40.84 40.84 100m: 1:32.09 51.25	201729	09	EN Braganca 400m: 6:35.78 1:32.47	6:35.78	280
2.	Benedita Campelo Carvalho 50m: 44.73 44.73 100m: 1:41.16 56.43	210494	09	EN Braganca 400m: 7:19.16 1:36.97	7:19.16	204