

Prova 18

Masc., 1500m Livres

Infantis B

10/05/2025 - 16:15

Resultados

Recorde Regional (25m) Open	17:13.40	Bruno Daniel Monteiro	GCVR	Vila Real	18/11/2012
Recorde Regional (25m) Inf B	19:08.71	Lucas Pinto Ribeiro	GCVR	Santa Marta de Penaguião	08/07/2023

Pontos: AQUA 2024

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Martim Beato Guedes	219121	12	Emnv/Fcv	22:19.36	252
	50m: 42.60		400m: 5:52.29	1:29.27	800m: 11:52.07	1:29.87
	100m: 1:25.32	42.72	500m: 7:21.48	1:29.19	900m: 13:22.80	1:30.73
	200m: 2:54.82	1:29.50	600m: 8:51.76	1:30.28	1000m: 14:53.51	1:30.71
	300m: 4:23.02	1:28.20	700m: 10:22.20	1:30.44	1100m: 16:24.04	1:30.53
					1200m: 17:55.23	1:31.19
					1300m: 19:24.26	1:29.03
					1400m: 20:53.23	1:28.97
					1500m: 22:19.36	1:26.13
DNS	Rodrigo Araujo Sousa	214607	12	Peso da Regua		

Prova 18

Masc., 1500m Livres

Infantis A

10/05/2025 - 16:15

Resultados

Recorde Regional (25m) Open	17:13.40	Bruno Daniel Monteiro	GCVR	Vila Real	18/11/2012
Recorde Regional (25m) Inf A	18:13.01	Francisco Lopes Afonso	GCVR	Santa Marta de Penaguião	02/07/2017

Pontos: AQUA 2024

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Martim Barros Pereira	216554	11	EN Bragança	19:57.15	354
	100m: 1:13.57	1:13.57	600m: 7:53.28	1:20.62	1000m: 13:20.47	1:21.97
	300m: 3:52.43	2:38.86	700m: 9:14.65	1:21.37	1100m: 14:42.32	1:21.85
	400m: 5:11.68	1:19.25	800m: 10:35.72	1:21.07	1200m: 16:03.86	1:21.54
	500m: 6:32.66	1:20.98	900m: 11:58.50	1:22.78	1300m: 17:25.28	1:21.42
2.	Duarte Ferreira Rosa	209831	11	Fnc	22:07.35	259
	50m: 41.52	41.52	400m: 5:49.03	1:28.47	800m: 11:43.63	1:28.78
	100m: 1:24.42	42.90	500m: 7:17.56	1:28.53	900m: 13:14.10	1:30.47
	200m: 2:52.03	1:27.61	600m: 8:46.77	1:29.21	1000m: 14:44.25	1:30.15
	300m: 4:20.56	1:28.53	700m: 10:14.85	1:28.08	1100m: 16:15.35	1:31.10
					1200m: 17:45.49	1:30.14
					1300m: 19:14.99	1:29.50
					1400m: 20:43.45	1:28.46
					1500m: 22:07.35	1:23.90
3.	Guilherme Alves Horta	222427	11	Fnc	23:11.70	225
	50m: 42.20	42.20	400m: 6:12.67	1:34.54	800m: 12:26.39	1:34.59
	100m: 1:27.80	45.60	500m: 7:46.04	1:33.37	900m: 14:02.80	1:36.41
	200m: 3:01.89	1:34.09	600m: 9:18.73	1:32.69	1000m: 15:36.51	1:33.71
	300m: 4:38.13	1:36.24	700m: 10:51.80	1:33.07	1100m: 17:11.51	1:35.00
					1200m: 18:45.82	1:34.31
					1300m: 20:17.67	1:31.85
					1400m: 21:46.89	1:29.22
					1500m: 23:11.70	1:24.81
4.	Pedro Martins Valente	222429	11	Fnc	23:38.28	212
	50m: 44.07	44.07	400m: 6:14.75	1:34.57	800m: 12:31.25	1:34.89
	100m: 1:29.75	45.68	500m: 7:48.28	1:33.53	900m: 14:06.97	1:35.72
	200m: 3:04.72	1:34.97	600m: 9:22.03	1:33.75	1000m: 15:43.93	1:36.96
	300m: 4:40.18	1:35.46	700m: 10:56.36	1:34.33	1100m: 17:19.50	1:35.57
					1200m: 18:55.53	1:36.03
					1300m: 20:30.22	1:34.69
					1400m: 22:06.18	1:35.96
					1500m: 23:38.28	1:32.10
5.	Guilherme Sarmento Borges	218750	11	Fnc	24:01.28	202
	50m: 43.81	43.81	400m: 6:18.64	1:36.20	800m: 12:48.42	1:38.18
	100m: 1:29.64	45.83	500m: 7:55.31	1:36.67	900m: 14:25.84	1:37.42
	200m: 3:05.54	1:35.90	600m: 9:32.40	1:37.09	1000m: 16:02.57	1:36.73
	300m: 4:42.44	1:36.90	700m: 11:10.24	1:37.84	1100m: 17:34.81	1:32.24
					1200m: 19:17.70	1:42.89
					1300m: 20:53.59	1:35.89
					1400m: 22:24.03	1:30.44
					1500m: 24:01.28	1:37.25
DNS	Filipe Miguel Pires	218010	11	Emnv/Fcv		

Prova 18

Masc., 1500m Livres

Juvenis B

10/05/2025 - 16:15

Resultados

Recorde Regional (25m) Open	17:13.40	Bruno Daniel Monteiro	GCVR	Vila Real	18/11/2012
Recorde Regional (25m) Juv B	17:35.32	Francisco Lopes Afonso	GCVR	Santa Marta de Penaguião	08/07/2018

Pontos: AQUA 2024

Lugar	Nome	Licença	Ano	Clube	Tempo Final	Pts
1.	Martim Pinheiro Cardoso	211041	10	Peso da Regua	21:21.53	288
	50m: 39.31	39.31	400m: 5:30.50	1:26.46	800m: 11:15.61	1:26.08
	100m: 1:18.78	39.47	500m: 6:56.35	1:25.85	900m: 12:42.31	1:26.70
	200m: 2:40.28	1:21.50	600m: 8:23.00	1:26.65	1000m: 14:08.64	1:26.33
	300m: 4:04.04	1:23.76	700m: 9:49.53	1:26.53	1100m: 15:35.43	1:26.79
					1200m: 17:02.06	1:26.63
					1300m: 18:29.28	1:27.22
					1400m: 19:56.25	1:26.97
					1500m: 21:21.53	1:25.28
2.	Nuno Pinto Oliveira	219466	10	Gcvr	21:49.90	270
	50m: 40.43	40.43	400m: 5:43.59	1:27.84	800m: 11:34.62	1:26.97
	100m: 1:23.50	43.07	500m: 7:10.96	1:27.37	900m: 13:01.34	1:26.72
	200m: 2:49.96	1:26.46	600m: 8:39.50	1:28.54	1000m: 14:28.84	1:27.50
	300m: 4:15.75	1:25.79	700m: 10:07.65	1:28.15	1100m: 15:57.62	1:28.78
					1200m: 17:27.46	1:29.84
					1300m: 18:56.68	1:29.22
					1400m: 20:25.43	1:28.75
					1500m: 21:49.90	1:24.47

Prova 18, Masc., 1500m Livres

Prova 18

Masc., 1500m Livres

Juvenis A
Resultados

10/05/2025 - 16:15

Recorde Regional (25m) Open	17:13.40	Bruno Daniel Monteiro	GCVR	Vila Real	18/11/2012
Recorde Regional (25m) Juv A	17:37.52	João Jorge Tao	GCVR	Braga	19/03/2000

Pontos: AQUA 2024

Lugar	Nome			Licença	Ano	Clube			Tempo Final		Pts	
1.	Joao Miguel Rocha			205562	09	Peso da Regua			19:19.92		389	
	50m:	34.54	34.54	400m:	5:07.20	1:19.07	800m:	10:21.23	1:18.50	1200m:	15:33.02	1:17.57
	100m:	1:11.32	36.78	500m:	6:25.92	1:18.72	900m:	11:39.80	1:18.57	1300m:	16:50.32	1:17.30
	200m:	2:29.23	1:17.91	600m:	7:44.57	1:18.65	1000m:	12:58.07	1:18.27	1400m:	18:07.02	1:16.70
	300m:	3:48.13	1:18.90	700m:	9:02.73	1:18.16	1100m:	14:15.45	1:17.38	1500m:	19:19.92	1:12.90
2.	Diogo Ribeiro Baptista			151944	09	Gcvr			21:12.80		294	
	50m:	38.73	38.73	400m:	5:32.88	1:25.54	800m:	11:13.31	1:25.68	1200m:	16:59.50	1:27.62
	100m:	1:19.03	40.30	500m:	6:57.13	1:24.25	900m:	12:38.70	1:25.39	1300m:	18:24.20	1:24.70
	200m:	2:42.23	1:23.20	600m:	8:21.88	1:24.75	1000m:	14:06.09	1:27.39	1400m:	19:49.20	1:25.00
	300m:	4:07.34	1:25.11	700m:	9:47.63	1:25.75	1100m:	15:31.88	1:25.79	1500m:	21:12.80	1:23.60
WDR	Rodrigo Jose Santos			218036	09	Fnc						