

coupe du Hainaut manche 2
Charleroi, 1/5/2025

Epreuve 32
01/05/2025

Messieurs, 400m 4 nages

11 ans et plus
Liste résultats

Points: AQUA 2025

Rang	AN										Temps	Pts
12 ans												
1.	DEHOUST, Nolann				13	MHN				6:19.36	261	
	50m:	39.40	39.40	150m:	2:14.96	45.54	250m:	3:57.34	57.21	350m:	5:39.17	41.79
	100m:	1:29.42	50.02	200m:	3:00.13	45.17	300m:	4:57.38	1:00.04	400m:	6:19.36	40.19
disq.	DE SCHRYVER, Robin				13	Helios				7:01.51		
	<i>SW 6.4.c - Keerpunt niet dadelijk ingezet na borstligging en/of armtrek beweging/Le nageur n'a pas entamé virage directement après traction des bras</i>											
	50m:	51.65	51.65	150m:	2:47.72	55.26	250m:	4:36.51	53.55	350m:	6:17.89	46.79
	100m:	1:52.46	1:00.81	200m:	3:42.96	55.24	300m:	5:31.10	54.59	400m:	7:01.51	43.62
13 ans												
1.	D'EUGENIO, Andrea				12	MHN				6:08.68	284	
	50m:	44.67	44.67	150m:	2:24.23	47.52	250m:	3:59.64	50.45	350m:	5:29.97	40.36
	100m:	1:36.71	52.04	200m:	3:09.19	44.96	300m:	4:49.61	49.97	400m:	6:08.68	38.71
2.	DUCARME, Luca				12	MHN				7:01.88	189	
	50m:	51.57	51.57	150m:	2:41.33	49.00	250m:	4:27.89	58.74	350m:	6:16.25	49.71
	100m:	1:52.33	1:00.76	200m:	3:29.15	47.82	300m:	5:26.54	58.65	400m:	7:01.88	45.63
disq.	DELBROUCK, Julien				12	Helios				6:59.47		
	<i>SW 9.1 - in individuele wisselslag, stijlen niet in de juiste volgorde of lengte gezwommen (VL-R-S-VS)/Ordre incorrect des styles (papillon, dos, brasse, nage libre).N'a pas couvert un quart de la distance dans chaque style</i>											
	50m:	51.03	51.03	150m:	2:43.14	52.69	250m:	4:27.29	52.78	350m:	6:10.93	49.88
	100m:	1:50.45	59.42	200m:	3:34.51	51.37	300m:	5:21.05	53.76	400m:	6:59.47	48.54
14 ans												
1.	SANCHEZ CUADRADO, Miguel				11	MHN				5:33.74	383	
	50m:	36.17	36.17	150m:	2:00.38	42.90	250m:	3:30.50	48.24	350m:	4:57.35	37.96
	100m:	1:17.48	41.31	200m:	2:42.26	41.88	300m:	4:19.39	48.89	400m:	5:33.74	36.39
2.	CHERON, Théo				11	MHN				5:46.41	343	
	50m:	39.41	39.41	150m:	2:10.08	43.82	250m:	3:40.64	48.37	350m:	5:09.01	38.06
	100m:	1:26.26	46.85	200m:	2:52.27	42.19	300m:	4:30.95	50.31	400m:	5:46.41	37.40
15 ans												
1.	EL YOUSFI, Ilyès				10	ONS				5:24.34	417	
	50m:	32.90	32.90	150m:	1:59.34	45.46	250m:	3:27.03	45.46	350m:	4:50.49	37.03
	100m:	1:13.88	40.98	200m:	2:41.57	42.23	300m:	4:13.46	46.43	400m:	5:24.34	33.85
2.	HOES, Tom Alexander				10	MHN				5:37.93	369	
	50m:	34.60	34.60	150m:	2:05.93	47.89	250m:	3:33.81	43.10	350m:	5:00.84	42.25
	100m:	1:18.04	43.44	200m:	2:50.71	44.78	300m:	4:18.59	44.78	400m:	5:37.93	37.09
3.	ROUSSEAU, Simon				10	MHN				5:43.81	350	
	50m:	40.09	40.09	150m:	2:08.89	45.33	250m:	3:41.96	49.83	350m:	5:07.15	36.67
	100m:	1:23.56	43.47	200m:	2:52.13	43.24	300m:	4:30.48	48.52	400m:	5:43.81	36.66
4.	FLAMENT, Maxime				10	MHN				6:11.38	278	
	50m:	40.15	40.15	150m:	2:22.20	52.79	250m:	4:03.11	50.85	350m:	5:33.33	39.11
	100m:	1:29.41	49.26	200m:	3:12.26	50.06	300m:	4:54.22	51.11	400m:	6:11.38	38.05
5.	RORIF, Nathanaël				10	MHN				6:32.92	235	
	50m:	44.07	44.07	150m:	2:26.16	50.32	250m:	4:13.10	1:01.19	350m:	5:52.73	42.21
	100m:	1:35.84	51.77	200m:	3:11.91	45.75	300m:	5:10.52	57.42	400m:	6:32.92	40.19

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16 ans

1.	DUCARME, Mathis			09	MHN					5:03.34	510	
	50m:	32.33	32.33	150m:	1:52.32	42.65	250m:	3:13.19	41.14	350m:	4:29.77	35.59
	100m:	1:09.67	37.34	200m:	2:32.05	39.73	300m:	3:54.18	40.99	400m:	5:03.34	33.57
2.	NEGRIN, Samuel			09	MHN					5:23.45	421	
	50m:	34.95	34.95	150m:	1:57.43	41.79	250m:	3:25.93	49.08	350m:	4:50.48	36.18
	100m:	1:15.64	40.69	200m:	2:36.85	39.42	300m:	4:14.30	48.37	400m:	5:23.45	32.97
3.	RENOTTE, Naël			09	MHN					5:38.79	366	
	50m:	38.29	38.29	150m:	2:07.66	45.07	250m:	3:36.89	46.12	350m:	5:02.15	38.74
	100m:	1:22.59	44.30	200m:	2:50.77	43.11	300m:	4:23.41	46.52	400m:	5:38.79	36.64
4.	CARELLA, Aleandro			09	BCSG					6:06.80	288	
	50m:	40.25	40.25	150m:	2:14.85	47.92	250m:	3:54.71	54.08	350m:	5:28.05	41.21
	100m:	1:26.93	46.68	200m:	3:00.63	45.78	300m:	4:46.84	52.13	400m:	6:06.80	38.75

17 ans

disq.	BRUNEE, Jules	08	Helios							4:26.80	
	<i>SW 10.2 - Niet de volledige afstand gezwommen/N'a pas couvert la totalité de la distance de l'épreuve</i>										
	50m:	34.30	34.30	150m:	1:59.68	41.88	250m:	3:28.15	48.18	350m:	
	100m:	1:17.80	43.50	200m:	2:39.97	40.29	300m:	4:26.80	58.65	400m:	4:26.80