

coupe du Hainaut manche 2
Charleroi, 1/5/2025

Epreuve 31
01/05/2025

Dames, 400m 4 nages

11 ans et plus
Liste résultats

Points: AQUA 2025

Rang	AN										Temps	Pts
11 ans												
1.	PATERNOSTRE, Leonie			14	CCM						6:57.89	253
	50m:	46.97	46.97	150m:	2:40.29	53.92	250m:	4:29.76	55.17	350m:	6:13.02	45.69
	100m:	1:46.37	59.40	200m:	3:34.59	54.30	300m:	5:27.33	57.57	400m:	6:57.89	44.87
2.	ROMBAUX, Camille			14	BCSG						7:00.15	249
	50m:	46.21	46.21	150m:	2:34.43	55.16	250m:	4:24.09	57.15	350m:	6:13.87	53.51
	100m:	1:39.27	53.06	200m:	3:26.94	52.51	300m:	5:20.36	56.27	400m:	7:00.15	46.28
3.	DJEMAL, Lilia			14	Helios						7:02.94	244
	50m:	50.41	50.41	150m:	2:40.71	48.91	250m:	4:31.46	1:02.23	350m:	6:20.32	47.46
	100m:	1:51.80	1:01.39	200m:	3:29.23	48.52	300m:	5:32.86	1:01.40	400m:	7:02.94	42.62
4.	CHAVATTE, Cécile			14	EC						8:12.84	154
	50m:	59.64	59.64	150m:	3:20.61	1:09.54	250m:	5:24.84	59.32	350m:	7:22.47	56.07
	100m:	2:11.07	1:11.43	200m:	4:25.52	1:04.91	300m:	6:26.40	1:01.56	400m:	8:12.84	50.37
12 ans												
1.	COTAN, Bianca			13	ONS						6:05.26	379
	50m:	44.18	44.18	150m:	2:21.03	46.72	250m:	3:56.88	52.08	350m:	5:28.43	41.20
	100m:	1:34.31	50.13	200m:	3:04.80	43.77	300m:	4:47.23	50.35	400m:	6:05.26	36.83
2.	DUBREUCQ, Alexandra			13	BCSG						6:22.31	330
	50m:	43.04	43.04	150m:	2:24.73	50.25	250m:	4:05.16	52.82	350m:	5:41.20	43.47
	100m:	1:34.48	51.44	200m:	3:12.34	47.61	300m:	4:57.73	52.57	400m:	6:22.31	41.11
3.	FLAMENT, Juliette			13	MHN						7:03.81	242
	50m:	49.88	49.88	150m:	2:42.68	54.92	250m:	4:33.76	1:01.49	350m:	6:20.66	49.28
	100m:	1:47.76	57.88	200m:	3:32.27	49.59	300m:	5:31.38	57.62	400m:	7:03.81	43.15
13 ans												
1.	DELROT, Keyla			12	BCSG						6:07.33	372
	50m:	40.84	40.84	150m:	2:13.87	43.29	250m:	3:51.87	53.87	350m:	5:28.91	42.51
	100m:	1:30.58	49.74	200m:	2:58.00	44.13	300m:	4:46.40	54.53	400m:	6:07.33	38.42
2.	FALZONE, Tess			12	ENLN						6:07.36	372
	50m:	39.43	39.43	150m:	2:13.51	46.94	250m:	3:53.10	53.56	350m:	5:27.65	41.52
	100m:	1:26.57	47.14	200m:	2:59.54	46.03	300m:	4:46.13	53.03	400m:	6:07.36	39.71
3.	DELEPLANQUE, Erin			12	Helios						6:11.21	361
	50m:	40.68	40.68	150m:	2:17.23	48.49	250m:	3:57.68	54.63	350m:	5:32.61	41.87
	100m:	1:28.74	48.06	200m:	3:03.05	45.82	300m:	4:50.74	53.06	400m:	6:11.21	38.60
4.	VALLEE, Elisa			12	BCSG						6:22.73	329
	50m:	41.67	41.67	150m:	2:23.13	48.71	250m:	4:02.87	52.19	350m:	5:40.44	44.17
	100m:	1:34.42	52.75	200m:	3:10.68	47.55	300m:	4:56.27	53.40	400m:	6:22.73	42.29
5.	SALAMONE, Luna			12	MHN						6:26.66	319
	50m:	43.88	43.88	150m:	2:28.61	51.29	250m:	4:09.85	51.89	350m:	5:44.63	42.54
	100m:	1:37.32	53.44	200m:	3:17.96	49.35	300m:	5:02.09	52.24	400m:	6:26.66	42.03
6.	FONTAINE, Léa			12	Helios						6:59.65	250
	50m:	51.64	51.64	150m:	2:44.56	53.31	250m:	4:33.59	57.43	350m:	6:16.25	45.92
	100m:	1:51.25	59.61	200m:	3:36.16	51.60	300m:	5:30.33	56.74	400m:	6:59.65	43.40
7.	DELOBBE, Lucie			12	Helios						7:15.31	224
	50m:	53.88	53.88	150m:	2:49.16	50.55	250m:	4:39.28	1:00.99	350m:	6:30.42	48.50
	100m:	1:58.61	1:04.73	200m:	3:38.29	49.13	300m:	5:41.92	1:02.64	400m:	7:15.31	44.89
8.	RADERMECKER, Zoé			12	Helios						7:29.60	203
	50m:	50.72	50.72	150m:	2:46.66	55.40	250m:	4:41.07	1:00.18	350m:	6:35.88	54.12
	100m:	1:51.26	1:00.54	200m:	3:40.89	54.23	300m:	5:41.76	1:00.69	400m:	7:29.60	53.72

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14 ans

1. MICHELS, Julie	11	ENLN							6:03.68	384
50m: 38.50	38.50	150m: 2:15.21	48.20	250m: 3:51.11	51.05	350m: 5:24.50	42.51			
100m: 1:27.01	48.51	200m: 3:00.06	44.85	300m: 4:41.99	50.88	400m: 6:03.68	39.18			

15 ans

1. CORBISIER, Morgane	10	MHN							6:10.96	361
50m: 37.17	37.17	150m: 2:12.58	46.40	250m: 3:52.15	56.21	350m: 5:30.56	44.27			
100m: 1:26.18	49.01	200m: 2:55.94	43.36	300m: 4:46.29	54.14	400m: 6:10.96	40.40			
2. NULLI, Anna	10	MHN							6:14.24	352
50m: 39.48	39.48	150m: 2:12.76	46.68	250m: 3:56.84	58.54	350m: 5:35.21	42.55			
100m: 1:26.08	46.60	200m: 2:58.30	45.54	300m: 4:52.66	55.82	400m: 6:14.24	39.03			
3. BUGHIN, Alice	10	CCM							6:43.21	281
50m: 49.46	49.46	150m: 2:35.33	52.20	250m: 4:17.96	51.59	350m: 5:58.01	48.88			
100m: 1:43.13	53.67	200m: 3:26.37	51.04	300m: 5:09.13	51.17	400m: 6:43.21	45.20			
4. BOULARD, Rosaline	10	BCSG							6:49.31	269
50m: 42.93	42.93	150m: 2:29.40	53.86	250m: 4:21.75	58.81	350m: 6:07.12	45.72			
100m: 1:35.54	52.61	200m: 3:22.94	53.54	300m: 5:21.40	59.65	400m: 6:49.31	42.19			

17 ans

1. HUPEZ, Isaline	08	MHN							5:59.69	397
50m: 40.80	40.80	150m: 2:17.52	48.51	250m: 3:52.87	49.38	350m: 5:21.73	39.61			
100m: 1:29.01	48.21	200m: 3:03.49	45.97	300m: 4:42.12	49.25	400m: 5:59.69	37.96			
2. MIKUS, Doriane	08	BCSG							6:12.01	358
50m: 39.23	39.23	150m: 2:16.25	49.50	250m: 3:59.08	54.64	350m: 5:33.84	40.94			
100m: 1:26.75	47.52	200m: 3:04.44	48.19	300m: 4:52.90	53.82	400m: 6:12.01	38.17			
3. MALBECQ, Amandine	08	MHN							6:18.03	342
50m: 39.67	39.67	150m: 2:20.15	51.40	250m: 4:01.43	57.39	350m: 5:37.32	39.70			
100m: 1:28.75	49.08	200m: 3:04.04	43.89	300m: 4:57.62	56.19	400m: 6:18.03	40.71			