

coupe du Hainaut manche 2  
Charleroi, 1/5/2025

Epreuve 16  
01/05/2025

Filles, 400m Libre

11 - 14 ans  
Liste résultats

Points: AQUA 2025

| Rang   | AN                  |         |       |       |         |       |       |         |       |       | Temps   | Pts   |
|--------|---------------------|---------|-------|-------|---------|-------|-------|---------|-------|-------|---------|-------|
| 11 ans |                     |         |       |       |         |       |       |         |       |       |         |       |
| 1.     | DJEMAL, Lilia       |         |       | 14    | Helios  |       |       |         |       |       | 6:08.40 | 260   |
|        | 50m:                | 40.02   | 40.02 | 150m: | 2:14.07 | 48.26 | 250m: | 3:50.62 | 48.52 | 350m: | 5:25.19 | 47.66 |
|        | 100m:               | 1:25.81 | 45.79 | 200m: | 3:02.10 | 48.03 | 300m: | 4:37.53 | 46.91 | 400m: | 6:08.40 | 43.21 |
| 2.     | DEPAEPE, Louisa     |         |       | 14    | ONS     |       |       |         |       |       | 6:14.48 | 248   |
|        | 50m:                | 42.89   | 42.89 | 150m: | 2:19.53 | 49.77 | 250m: | 3:54.35 | 48.25 | 350m: | 5:30.63 | 49.09 |
|        | 100m:               | 1:29.76 | 46.87 | 200m: | 3:06.10 | 46.57 | 300m: | 4:41.54 | 47.19 | 400m: | 6:14.48 | 43.85 |
| 3.     | CARAMANNA, Lissya   |         |       | 14    | BCSG    |       |       |         |       |       | 6:23.96 | 230   |
|        | 50m:                | 42.71   | 42.71 | 150m: | 2:21.93 | 49.76 | 250m: | 4:02.80 | 50.27 | 350m: | 5:41.26 | 48.50 |
|        | 100m:               | 1:32.17 | 49.46 | 200m: | 3:12.53 | 50.60 | 300m: | 4:52.76 | 49.96 | 400m: | 6:23.96 | 42.70 |
| 4.     | ROMBAUX, Camille    |         |       | 14    | BCSG    |       |       |         |       |       | 6:25.62 | 227   |
|        | 50m:                | 42.37   | 42.37 | 150m: | 2:21.56 | 49.46 | 250m: | 4:01.04 | 49.64 | 350m: | 5:39.71 | 49.85 |
|        | 100m:               | 1:32.10 | 49.73 | 200m: | 3:11.40 | 49.84 | 300m: | 4:49.86 | 48.82 | 400m: | 6:25.62 | 45.91 |
| 5.     | DUMONT, Lauryne     |         |       | 14    | BCSG    |       |       |         |       |       | 6:40.88 | 202   |
|        | 50m:                | 46.78   | 46.78 | 150m: | 2:29.05 | 52.03 | 250m: | 4:13.24 | 53.16 | 350m: | 5:57.27 | 52.49 |
|        | 100m:               | 1:37.02 | 50.24 | 200m: | 3:20.08 | 51.03 | 300m: | 5:04.78 | 51.54 | 400m: | 6:40.88 | 43.61 |
| 12 ans |                     |         |       |       |         |       |       |         |       |       |         |       |
| 1.     | COTAN, Bianca       |         |       | 13    | ONS     |       |       |         |       |       | 5:15.27 | 416   |
|        | 50m:                | 35.93   | 35.93 | 150m: | 1:56.92 | 41.58 | 250m: | 3:18.89 | 42.51 | 350m: | 4:39.06 | 40.81 |
|        | 100m:               | 1:15.34 | 39.41 | 200m: | 2:36.38 | 39.46 | 300m: | 3:58.25 | 39.36 | 400m: | 5:15.27 | 36.21 |
| 2.     | VAN DAMME, Eleonore |         |       | 13    | ONS     |       |       |         |       |       | 5:53.00 | 296   |
|        | 50m:                | 39.29   | 39.29 | 150m: | 2:08.81 | 45.29 | 250m: | 3:39.63 | 45.30 | 350m: | 5:10.30 | 44.93 |
|        | 100m:               | 1:23.52 | 44.23 | 200m: | 2:54.33 | 45.52 | 300m: | 4:25.37 | 45.74 | 400m: | 5:53.00 | 42.70 |
| 3.     | T'SJOEN, Aeva       |         |       | 13    | ONS     |       |       |         |       |       | 6:05.75 | 266   |
|        | 50m:                | 41.83   | 41.83 | 150m: | 2:15.09 | 48.46 | 250m: | 3:49.79 | 48.41 | 350m: | 5:22.91 | 46.97 |
|        | 100m:               | 1:26.63 | 44.80 | 200m: | 3:01.38 | 46.29 | 300m: | 4:35.94 | 46.15 | 400m: | 6:05.75 | 42.84 |
| 13 ans |                     |         |       |       |         |       |       |         |       |       |         |       |
| 1.     | SALAMONE, Luna      |         |       | 12    | MHN     |       |       |         |       |       | 5:31.35 | 358   |
|        | 50m:                | 35.89   | 35.89 | 150m: | 1:58.49 | 43.12 | 250m: | 3:24.25 | 43.99 | 350m: | 4:50.74 | 43.64 |
|        | 100m:               | 1:15.37 | 39.48 | 200m: | 2:40.26 | 41.77 | 300m: | 4:07.10 | 42.85 | 400m: | 5:31.35 | 40.61 |
| 2.     | AZMANI, Amélia      |         |       | 12    | ONS     |       |       |         |       |       | 5:41.45 | 327   |
|        | 50m:                | 40.57   | 40.57 | 150m: | 2:07.58 | 43.75 | 250m: | 3:35.07 | 43.62 | 350m: | 5:01.69 | 41.95 |
|        | 100m:               | 1:23.83 | 43.26 | 200m: | 2:51.45 | 43.87 | 300m: | 4:19.74 | 44.67 | 400m: | 5:41.45 | 39.76 |
| 3.     | FONTAINE, Léa       |         |       | 12    | Helios  |       |       |         |       |       | 5:53.40 | 295   |
|        | 50m:                | 40.73   | 40.73 | 150m: | 2:11.18 | 45.18 | 250m: | 3:41.86 | 45.13 | 350m: | 5:12.71 | 45.00 |
|        | 100m:               | 1:26.00 | 45.27 | 200m: | 2:56.73 | 45.55 | 300m: | 4:27.71 | 45.85 | 400m: | 5:53.40 | 40.69 |
| 4.     | DELOBBE, Lucie      |         |       | 12    | Helios  |       |       |         |       |       | 6:17.86 | 241   |
|        | 50m:                | 40.74   | 40.74 | 150m: | 2:18.53 | 49.15 | 250m: | 3:56.30 | 49.21 | 350m: | 5:35.01 | 49.21 |
|        | 100m:               | 1:29.38 | 48.64 | 200m: | 3:07.09 | 48.56 | 300m: | 4:45.80 | 49.50 | 400m: | 6:17.86 | 42.85 |
| 5.     | RADERMECKER, Zoé    |         |       | 12    | Helios  |       |       |         |       |       | 6:58.63 | 177   |
|        | 50m:                | 45.20   | 45.20 | 150m: | 2:29.12 | 52.48 | 250m: | 4:16.05 | 53.29 | 350m: | 6:05.22 | 54.38 |
|        | 100m:               | 1:36.64 | 51.44 | 200m: | 3:22.76 | 53.64 | 300m: | 5:10.84 | 54.79 | 400m: | 6:58.63 | 53.41 |
| 14 ans |                     |         |       |       |         |       |       |         |       |       |         |       |
| 1.     | CROWET, Audrey      |         |       | 11    | STC     |       |       |         |       |       | 5:45.67 | 315   |
|        | 50m:                | 39.40   | 39.40 | 150m: | 2:07.72 | 44.96 | 250m: | 3:36.19 | 44.39 | 350m: | 5:05.70 | 44.67 |
|        | 100m:               | 1:22.76 | 43.36 | 200m: | 2:51.80 | 44.08 | 300m: | 4:21.03 | 44.84 | 400m: | 5:45.67 | 39.97 |