



Overijsselse Kampioenschappen Lange Baan
Hengelo, 17 - 25/5/2025



Programmanr. 207
18/5/2025 - 16:09

Heren, 200m wisselslag

Senioren Open
Resultaten

rang naam	vereniging	intijd	tijd	RT	50m	100m	150m	200m
Onder 14								
1. Matthijs van Velzen	Deltasteur	2:23.73 201100435	2:29.36		30.86	38.99	45.05	34.46
2. Amor van der Veen	Dedemsvaart-AC	2:31.75 201100197	2:35.31		31.97	37.49	50.04	35.81
3. Daan Overmars	OZ&PC	2:35.01 201100027	2:36.02		33.80	39.41	48.34	34.47
4. Milan Eikenaar	SWOL 1894	2:39.35 201100599	2:36.32		35.38	38.87	47.10	34.97
5. Dewin Volker	OZ&PC	2:39.09 201101935	2:37.93		36.06	41.47	43.36	37.04
6. Metz Agema	Deltasteur	2:42.53 201200929	2:41.23		36.27	42.41	44.73	37.82
7. Stan Nijhuis	OZ&PC	2:42.22 201100191	2:43.53		36.45	40.36	49.73	36.99
8. Erik School	Deltasteur	2:39.83 201100139	2:46.38		36.66	43.50	49.60	36.62
9. Luuk ten Asbroek	Het Ravijn	2:52.04 201200601	2:49.06		36.58	42.89	52.46	37.13
10. Siem Rewinkel	Z&PV de Veene	2:41.31 201201473	2:49.46		37.94	43.39	49.46	38.67
11. Floris Meijers	SWOL 1894	2:41.44 201300015	2:49.71		36.26	41.87	53.37	38.21
12. Lars Thül	SWOL 1894	3:00.63 201200119	2:53.70		38.14	46.62	50.79	38.15
13. Rio Babic	Steenwijk 1934	2:52.84 201200867	2:55.16		39.97	44.00	53.30	37.89
14. Mats van der Kamp	Deltasteur	2:52.62 201200113	2:55.96		37.52	49.30	50.50	38.64
15. Maarten de Leeuw	Deltasteur	2:52.36 201200241	2:56.59		36.91	46.06	55.53	38.09
16. Job Oude Ophuis	OZ&PC	2:47.55 201300047	3:02.66		39.71	47.83	55.00	40.12

Onder 16

1. Finn Stamsnieder	OZ&PC	2:25.89 200900225	2:21.66		30.23	37.40	41.63	32.40
2. S. Hageman	Steenwijk 1934	2:19.23 201000009	2:26.09		31.60	37.81	43.01	33.67
3. Ruben Kragt	Dedemsvaart-AC	2:25.81 201000007	2:26.86		31.30	38.94	43.24	33.38
4. Roan van der Stege	SWOL 1894	2:27.49 200900107	2:28.37		30.04	39.25	45.19	33.89
5. Dani Yefimov	OZ&PC	2:26.44 200901305	2:29.37		32.11	39.64	42.09	35.53
6. Duuk Harms	Dedemsvaart-AC	2:25.94 200900201	2:29.77		33.28	37.81	44.26	34.42
7. Gerdian Leeftink	ZPC De Hof	2:31.38 201000091	2:29.97		31.45	42.29	42.36	33.87
8. Bram Kulpe	Z&PV de Veene	2:25.91 200900329	2:30.37		32.15	39.60	43.94	34.68
9. Arthur Alberts	ZVZwartsluis	2:24.71 200900239	2:31.73		32.47	37.81	45.74	35.71
10. Kick Germers	SWOL 1894	2:33.06 201000185	2:33.50		32.56	40.58	43.67	36.69
11. Gijs Nooter	Dedemsvaart-AC	2:35.15 201000725	2:34.15		34.05	39.31	46.32	34.47
12. Ruben Nooter	Dedemsvaart-AC	2:30.98 200901577	2:35.71		33.22	41.77	44.87	35.85
13. Milan Bottenberg	Deltasteur	2:28.67 200900153	2:35.90		33.13	40.22	45.56	36.99
14. Tristan Meijers	SWOL 1894	2:30.16 201000089	2:36.45		35.14	41.04	46.44	33.83
15. Abe Pasop	Dedemsvaart-AC	2:36.40 201000501	2:36.91		34.96	41.18	44.59	36.18
16. Dhamin Ouali	SWOL 1894	2:36.29 200902771	2:37.06		31.63	43.12	49.33	32.98
17. Niek Endeman	Deltasteur	2:30.29 200902567	2:37.22		32.18	42.91	45.68	36.45
18. Roan Dijkstra	Dedemsvaart-AC	2:44.59 201002791	2:38.77		34.09	40.08	47.69	36.91
19. Guus van Duinen	Dedemsvaart-AC	2:34.80 200901107	2:39.00		33.34	41.99	49.26	34.41
20. Djulian Versteeg	ZIGNEA	2:44.84 201002655	2:43.44		34.81	41.53	50.22	36.88
21. Daan Alink	ZPC De Hof	2:37.60 201000241	2:44.83		35.14	42.23	50.85	36.61
22. Jens Rikhof	De Dinkel	2:38.20 201001239	2:52.01		37.42	46.42	50.68	37.49

Onder 18

1. Jaydey Schonewille	Steenwijk 1934	2:18.26 200800025	2:16.49		30.55	34.16	39.46	32.32
2. Job Sportel	De Dinkel	2:10.04 200800429	2:16.78		29.21	36.64	38.57	32.36
3. Siem de Zeeuw	OZ&PC	2:25.81 200800013	2:19.07		28.69	37.54	41.40	31.44
4. Jort Siebelt	OZ&PC	2:25.44 200700083	2:21.44		30.31	37.00	40.89	33.24
5. Jasper Thijert	WS Twente	2:18.57 200700321	2:21.58		30.75	38.41	38.32	34.10
6. Milan Veelders	OZ&PC	2:21.71 200800279	2:21.86		29.85	36.41	44.33	31.27
7. Emiel de Bruijn	Dedemsvaart-AC	2:20.23 200700953	2:22.87		29.86	41.35	38.14	33.52
8. Bram ter Braak	De Dinkel	2:19.88 200800281	2:25.29		29.61	37.72	45.12	32.84
9. Teun van Weeren	OZ&PC	2:24.38 200801145	2:25.49		31.88	39.23	42.17	32.21
10. Tijs Kruithof	Het Ravijn	2:17.85 200701181	2:28.10		30.50	38.52	43.19	35.89
11. Tim Zuurman	Dedemsvaart-AC	2:26.63 200700131	2:29.23		33.78	38.43	45.11	31.91
12. Thijs Poll	Deltasteur	2:19.67 200700203	2:29.77		33.27	37.37	45.23	33.90
13. Mart Tempelman	Dedemsvaart-AC	2:21.13 200801075	2:36.35		32.67	38.53	48.10	37.05
DIS Bjorn Scholten	OZ&PC	2:27.10 200801143						

SP - 1 of meerdere neerwaartse (stuwende) vlinderbeenslagen gemaakt na de 1e schoolslagbeenslag.



Overijsselse Kampioenschappen Lange Baan
Hengelo, 17 - 25/5/2025



Programmanr. 207, Heren, 200m wisselslag

Onder 20

1. Sven Klink	SWOL 1894	2:05.00	200500349	2:08.37	26.77	33.82	37.29	30.49
2. Niek Vreeling	OZ&PC	2:17.65	200604211	2:20.14	29.54	37.20	40.85	32.55
3. Milan Lucas	De Dinkel	2:22.14	200500085	2:24.06	29.91	40.14	39.61	34.40
4. Gijs Vrieling	Dedemsvaart-AC	2:23.84	200503811	2:27.66	30.79	38.85	43.86	34.16
5. Stan Tibben	Dedemsvaart-AC	2:23.22	200503591	2:27.72	30.62	39.79	43.48	33.83
6. Ian Huntink	de IJssel	2:23.32	200603473	2:29.94	31.65	37.60	47.07	33.62
7. Lars Haytink	WS Twente	2:27.32	200601815	2:33.83	32.14	40.38	44.52	36.79
8. Rick Smelt	ZVZwartsluis	2:25.41	200600051	2:34.48	32.27	41.55	45.51	35.15

Senioren

1. Kevin Lucas	De Dinkel	2:16.09	200300545	2:25.35	30.93	40.41	41.31	32.70
2. Kay van Sleen	Steenwijk 1934	2:20.59	200400083	2:27.83	31.17	41.12	40.35	35.19
3. Ruben Hoeve	Dedemsvaart-AC	2:30.32	200302179	2:28.86	31.37	41.67	40.61	35.21
4. Jelle ten Hove	De Dinkel	2:25.78	200101373	2:32.60	33.52	38.14	44.02	36.92