



Overijsselse Kampioenschappen Lange Baan
Hengelo, 17 - 25/5/2025



Programmanr. 101
17/5/2025 - 14:00

Heren, 4 x 200m vrije slag

Senioren Open
Resultaten

rang	vereniging		intijd				tijd	RT
Onder 16								
1.	Dedemsvaart-AC 3	Dedemsvaart-AC	8:51.28				8:47.34	
	Guus van Duinen	09	29.45	33.03	34.53	34.38	2:11.39	
	Ruben Nooter	09	28.64	33.82	35.31	34.88	2:12.65	
	Duuk Harms	09	28.42	32.68	35.63	35.50	2:12.23	
	Ruben Kragt	10	29.18	32.15	34.86	34.88	2:11.07	
2.	OZ&PC 1	OZ&PC	8:59.12				8:55.23	
	Daan Overmars	11	30.91	34.64	35.96	35.77	2:17.28	
	Stan Nijhuis	11	30.09	34.66	36.55	36.98	2:18.28	
	Dani Yefimov	09	29.64	34.06	35.35	35.40	2:14.45	
	Finn Stamsnieder	09	28.41	32.60	32.19	32.02	2:05.22	
3.	SWOL 1894 1	SWOL 1894	8:43.44				8:55.73	
	Tristan Meijers	10	30.13	34.49	36.30	34.31	2:15.23	
	Kick Germers	10	30.54	35.18	35.98	36.32	2:18.02	
	Dhamin Ouali	09	31.45	34.97	37.00	32.98	2:16.40	
	Roan van der Stege	09	28.01	31.70	32.95	33.42	2:06.08	
4.	Deltasteur 2	Deltasteur	8:56.83				8:58.48	
	Matthijs van Velzen	11	28.21	33.37	34.14	34.58	2:10.30	
	Niek Endeman	09	29.45	33.56	35.38	35.42	2:13.81	
	Milan Bottenberg	09	29.81	34.20	35.79	35.21	2:15.01	
	Daan Vinke	10	31.69	35.76	36.19	35.72	2:19.36	
5.	ZPC De Hof 1	ZPC De Hof	9:32.65				9:05.86	
	Gerdian Leeftink	10	29.12	33.39	35.63	36.80	2:14.94	
	Robbin Eijkelkamp	09	30.22	34.94	36.77	35.96	2:17.89	
	Daan Alink	10	31.39	36.88	36.37	35.41	2:20.05	
	Thijmen Holterman	10	30.02	33.74	34.89	34.33	2:12.98	
6.	Dedemsvaart-AC 4	Dedemsvaart-AC	9:42.00				9:28.69	
	Roan Dijkstra	10	31.78	36.30	38.74	38.86	2:25.68	
	Abe Pasop	10	30.29	35.20	37.70	38.15	2:21.34	
	Alex Spijker	10	30.59	37.61	38.85	37.11	2:24.16	
	Amor van der Veen	11	29.25	34.74	36.68	36.84	2:17.51	

Senioren Open

1.	OZ&PC 2	OZ&PC	8:11.52				8:13.61
	Niek Vreeling	06	28.06	31.80	33.34	32.29	2:05.49
	Jort Siebelt	07	27.78	31.70	32.70	32.65	2:04.83
	Milan Veelders	08	27.90	31.08	30.37	30.41	1:59.76
	Siem de Zeeuw	08	27.16	31.69	32.36	32.32	2:03.53
2.	De Dinkel 1	De Dinkel	7:58.64				8:22.78
	Bram ter Braak	08	28.02	31.69	33.41	31.99	2:05.11
	Milan Lucas	05	29.50	32.98	33.55	33.89	2:09.92
	Job Sportel	08	27.98	31.47	32.98	33.37	2:05.80
	Luuk Ruinemans	03	26.14	30.92	32.23	32.66	2:01.95
3.	Dedemsvaart-AC 1	Dedemsvaart-AC	8:29.68				8:41.22
	Emiel de Bruijn	07	28.80	32.77	33.95	32.87	2:08.39
	Dennis Mosterman	05	29.57	34.14	35.49	34.75	2:13.95
	Gijs Vrieling	05	30.02	33.07	35.02	35.94	2:14.05
	Tiamo van der Veen	06	27.69	30.93	32.63	33.58	2:04.83
4.	Deltasteur 1	Deltasteur	8:08.41				8:47.04
	<i>*HT 800m</i>						
	Thijs Poll	07	28.89	32.57	34.26	34.89	2:10.61
	Youp Stuitfand	08					
	Thomas van Velzen	07					
	Jari Hofsink	97					