

Open Gatineau 2025
Gatineau, 25 - 27-4-2025

Event 123, Women, 400m Freestyle

15 years

1.	COLLINS, Julia G			15	Kingston Blue Marlins				4:47.90	546		
	50m:	32.75	32.75	150m:	250m:			350m:				
	100m:	1:09.13	36.38	200m:	2:22.66	300m:	3:36.77	400m:	4:47.90			
2.	KINSELLA, Maia			15	Timmins Marlins Swim Club				4:52.55	520		
	50m:			150m:	250m:			350m:				
	100m:	1:11.49		200m:	2:27.27	300m:	3:42.90	400m:	4:52.55			
3.	HILTZ, Stella			15	Swim Ottawa				4:57.11	497		
	50m:			150m:	250m:			350m:				
	100m:	1:10.53		200m:	2:26.41	300m:	3:42.17	400m:	4:57.11			
4.	OUIMET, Arielle			15	Greater Ottawa Kingfish S.C.				5:05.35	458		
	50m:	32.93	32.93	150m:	1:49.64	39.21	250m:	3:07.80	39.26	350m:	4:26.70	39.74
	100m:	1:10.43	37.50	200m:	2:28.54	38.90	300m:	3:46.96	39.16	400m:	5:05.35	38.65
5.	TIMPSON, Evangelina E			15	Kingston Blue Marlins				5:06.14	454		
	50m:			150m:	250m:			350m:				
	100m:	1:15.39		200m:	2:33.87	300m:	3:51.83	400m:	5:06.14			
6.	MENDIETA-SWEET, Justice T			15	Kingston Blue Marlins				5:10.39	436		
	50m:	34.86	34.86	150m:	250m:			350m:				
	100m:	1:13.33	38.47	200m:	2:32.79	300m:	3:52.01	400m:	5:10.39			
7.	LESSARD, Emilie			15	Natation Gatineau				5:13.87	421		
	50m:			150m:	1:57.30	250m:		350m:	4:37.04			
	100m:			200m:	2:38.01	40.71	300m:	400m:	5:13.87	36.83		
8.	THERIAULT, Marianne			15	Natation Gatineau				5:37.39	339		
	50m:	35.56	35.56	150m:	1:58.03	42.70	250m:	3:23.73	43.83	350m:	4:53.17	44.64
	100m:	1:15.33	39.77	200m:	2:39.90	41.87	300m:	4:08.53	44.80	400m:	5:37.39	44.22

16 years and older

1.	TESSIER, Sophia				16	Natation Gatineau				4:42.04	581	
	50m:	30.99	30.99	150m:	1:41.82	35.96	250m:	2:54.44	35.75	350m:	4:06.74	
	100m:	1:05.86	34.87	200m:	2:18.69	36.87	300m:			400m:	4:42.04	35.30
2.	HELMSTAEDT, Ellie				18	Ernestown Barracuda Swim Club				4:44.66	565	
	50m:	32.25	32.25	150m:	1:44.12	36.31	250m:	2:57.17	36.73	350m:	4:09.97	35.85
	100m:	1:07.81	35.56	200m:	2:20.44	36.32	300m:	3:34.12	36.95	400m:	4:44.66	34.69
3.	PAYANT, Lea				17	Dorval Swim Club				4:47.93	546	
	50m:			150m:			250m:			350m:		
	100m:	1:08.11		200m:			300m:			400m:	4:47.93	
4.	NOORDHOF, Ava				16	Greater Ottawa Kingfish S.C.				4:50.34	532	
	50m:			150m:			250m:			350m:		
	100m:	1:08.56		200m:	2:21.87		300m:	3:36.39		400m:	4:50.34	
5.	SINCOVICI, Ana-Maria				16	Groupe aquatique Mille-Iles No				4:50.41	532	
	50m:	33.48	33.48	150m:	1:46.01	36.62	250m:	2:59.85	37.09	350m:	4:14.22	37.13
	100m:	1:09.39	35.91	200m:	2:22.76	36.75	300m:	3:37.09	37.24	400m:	4:50.41	36.19
6.	BRUCHIG, Larissa				17	Club de Natation Mont-Tremblant				4:52.07	523	
	50m:	32.71	32.71	150m:	1:46.31	37.75	250m:	3:00.98	37.54	350m:	4:16.70	37.93
	100m:	1:08.56	35.85	200m:	2:23.44	37.13	300m:	3:38.77	37.79	400m:	4:52.07	35.37

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Rank					Age					Time	Pts	
7.	LEGER, Sarah				17	Greater Ottawa Kingfish S.C.				5:02.18	472	
	50m:	34.04	34.04	150m:	1:49.89	38.05	250m:	3:06.18	38.09	350m:	4:23.94	38.90
	100m:	1:11.84	37.80	200m:	2:28.09	38.20	300m:	3:45.04	38.86	400m:	5:02.18	38.24
8.	DESJARDINS, Deena				16	Natation Gatineau				5:03.63	465	
	50m:	33.87	33.87	150m:	1:49.54	38.86	250m:	3:08.25	39.52	350m:	4:26.48	39.35
	100m:	1:10.68	36.81	200m:	2:28.73	39.19	300m:	3:47.13	38.88	400m:	5:03.63	37.15
9.	KINSELLA, Hanna				17	Timmins Marlins Swim Club				5:06.00	455	
	50m:	35.22	35.22	150m:	1:52.14	39.53	250m:	3:10.28	38.95	350m:	4:28.55	38.67
	100m:	1:12.61	37.39	200m:	2:31.33	39.19	300m:	3:49.88	39.60	400m:	5:06.00	37.45
10.	CODE, Julia				18	Carleton Place Water Dragons				5:07.64	447	
	50m:	34.11	34.11	150m:	1:49.34	38.43	250m:	3:08.96	40.46	350m:	4:29.36	40.41
	100m:	1:10.91	36.80	200m:	2:28.50	39.16	300m:	3:48.95	39.99	400m:	5:07.64	38.28
11.	SERSON, Olivia				17	Ernestown Barracuda Swim Club				5:07.82	447	
	50m:	32.79	32.79	150m:	1:49.22	39.10	250m:	3:09.75	40.52	350m:		
	100m:	1:10.12	37.33	200m:	2:29.23	40.01	300m:	3:50.08	40.33	400m:	5:07.82	
12.	BOISSONNEAULT, Nina				17	Timmins Marlins Swim Club				5:12.08	429	
	50m:	34.75	34.75	150m:	1:54.71	39.93	250m:	3:15.22	40.20	350m:	4:35.15	39.35
	100m:	1:14.78	40.03	200m:	2:35.02	40.31	300m:	3:55.80	40.58	400m:	5:12.08	36.93
13.	DRAGOVIC, Mia				16	Natation Gatineau				5:16.63	410	
	50m:			150m:			250m:			350m:		
	100m:	1:14.61		200m:	2:34.99		300m:	3:56.55		400m:	5:16.63	