

Epreuve 123

Dames, 400m Libre

13 ans et plus

2025-04-26 - 11:20

Liste résultats

Record de piscine / Pool Record	4:16.48	MACLEAN, Brittany	ESWIM	Gatineau	2012-02-18
Meet Records 15 +	4:35.71	MULLINS, Keira	GSH	Gatineau	2023-04-29
Meet Records 13 - 14	4:36.56	KRAUSS, Ellie	NG	Gatineau	2023-04-29

Points: AQUA 2024

Rang	Age										Temps	Pts
13 ans												
1.	GOMES, Sinead				13	Swim Ottawa					4:51.85	524
	50m:	31.77	31.77	150m:	1:47.61	38.68	250m:	3:02.83	37.02	350m:	4:16.37	36.35
	100m:	1:08.93	37.16	200m:	2:25.81	38.20	300m:	3:40.02	37.19	400m:	4:51.85	35.48
2.	MCKENNA, Ainsley				13	Swim Ottawa					5:03.90	464
	50m:			150m:			250m:			350m:		
	100m:	1:12.62		200m:	2:30.06		300m:	3:47.25		400m:	5:03.90	
3.	NORLOCK, Helena V				13	Carleton Place Water Dragons					5:05.84	455
	50m:	33.55	33.55	150m:	1:50.05	39.00	250m:	3:09.88	40.05	350m:	4:28.72	39.28
	100m:	1:11.05	37.50	200m:	2:29.83	39.78	300m:	3:49.44	39.56	400m:	5:05.84	37.12
4.	ROSENBERG, Claire				13	Swim Ottawa					5:06.95	450
	50m:			150m:			250m:			350m:		
	100m:	1:12.62		200m:	2:31.32		300m:	3:50.30		400m:	5:06.95	
5.	DEMOULIN, Mary				13	Natation Gatineau					5:24.32	382
	50m:	37.80	37.80	150m:	1:58.52	41.17	250m:	3:22.99	42.12	350m:	4:46.27	41.47
	100m:	1:17.35	39.55	200m:	2:40.87	42.35	300m:	4:04.80	41.81	400m:	5:24.32	38.05
6.	MOONEY, Aliana				13	Natation Gatineau					5:31.65	357
	50m:	36.90	36.90	150m:	1:59.70	42.65	250m:	3:26.53		350m:	4:50.55	41.16
	100m:	1:17.05	40.15	200m:			300m:	4:09.39	42.86	400m:	5:31.65	41.10

14 ans

1.	MATTHEWS-DICKSON, Kaitlyn			14	Swim Ottawa						4:58.07	492
	50m:	33.84	33.84	150m:	1:48.63	37.89	250m:	3:05.01	38.13	350m:	4:21.16	37.90
	100m:	1:10.74	36.90	200m:	2:26.88	38.25	300m:	3:43.26	38.25	400m:	4:58.07	36.91
2.	PARADIS, Jolianne			14	Natation Gatineau						5:14.80	418
	50m:	35.00	35.00	150m:	1:53.23	40.04	250m:	3:14.19	40.91	350m:	4:35.49	40.74
	100m:	1:13.19	38.19	200m:	2:33.28	40.05	300m:	3:54.75	40.56	400m:	5:14.80	39.31
3.	BOUDREAU-LAVOIE, Charlotte			14	Greater Ottawa Kingfish S.C.						5:19.93	398
	50m:			150m:			250m:			350m:		
	100m:	1:17.36		200m:	2:39.22		300m:	4:00.97		400m:	5:19.93	
4.	SCHMIDT STUTZMAN, Maggie O			14	Kingston Blue Marlins						5:21.77	391
	50m:	33.74	33.74	150m:	1:51.14	39.29	250m:	3:14.56		350m:	4:40.34	
	100m:	1:11.85	38.11	200m:			300m:			400m:	5:21.77	41.43
5.	WRIGHT, Zoe			14	Greater Ottawa Kingfish S.C.						5:22.41	389
	50m:			150m:			250m:			350m:		
	100m:	1:13.43		200m:	2:35.27		300m:	3:58.96		400m:	5:22.41	
6.	RIVET, Emmanuelle			14	Natation Gatineau						6:12.24	252
	50m:			150m:			250m:			350m:		
	100m:	1:27.39		200m:	3:02.34		300m:	4:39.50		400m:	6:12.24	

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15 ans

1.	COLLINS, Julia G	15	Kingston Blue Marlins	4:47.90	546
	50m: 32.75 32.75	150m:	250m:	350m:	
	100m: 1:09.13 36.38	200m: 2:22.66	300m: 3:36.77	400m: 4:47.90	
2.	KINSELLA, Maia	15	Timmings Marlins Swim Club	4:52.55	520
	50m:	150m:	250m:	350m:	
	100m: 1:11.49	200m: 2:27.27	300m: 3:42.90	400m: 4:52.55	
3.	HILTZ, Stella	15	Swim Ottawa	4:57.11	497
	50m:	150m:	250m:	350m:	
	100m: 1:10.53	200m: 2:26.41	300m: 3:42.17	400m: 4:57.11	
4.	OUIMET, Arielle	15	Greater Ottawa Kingfish S.C.	5:05.35	458
	50m: 32.93 32.93	150m: 1:49.64 39.21	250m: 3:07.80 39.26	350m: 4:26.70 39.74	
	100m: 1:10.43 37.50	200m: 2:28.54 38.90	300m: 3:46.96 39.16	400m: 5:05.35 38.65	
5.	TIMPSON, Evangelina E	15	Kingston Blue Marlins	5:06.14	454
	50m:	150m:	250m:	350m:	
	100m: 1:15.39	200m: 2:33.87	300m: 3:51.83	400m: 5:06.14	
6.	MENDIETA-SWEET, Justice T	15	Kingston Blue Marlins	5:10.39	436
	50m: 34.86 34.86	150m:	250m:	350m:	
	100m: 1:13.33 38.47	200m: 2:32.79	300m: 3:52.01	400m: 5:10.39	
7.	LESSARD, Émilie	15	Natation Gatineau	5:13.87	421
	50m:	150m: 1:57.30	250m:	350m: 4:37.04	
	100m:	200m: 2:38.01 40.71	300m:	400m: 5:13.87 36.83	
8.	THERIAULT, Marianne	15	Natation Gatineau	5:37.39	339
	50m: 35.56 35.56	150m: 1:58.03 42.70	250m: 3:23.73 43.83	350m: 4:53.17 44.64	
	100m: 1:15.33 39.77	200m: 2:39.90 41.87	300m: 4:08.53 44.80	400m: 5:37.39 44.22	

16 ans et plus

1.	TESSIER, Sophia	16	Natation Gatineau	4:42.04	581
	50m: 30.99 30.99	150m: 1:41.82 35.96	250m: 2:54.44 35.75	350m: 4:06.74	
	100m: 1:05.86 34.87	200m: 2:18.69 36.87	300m:	400m: 4:42.04 35.30	
2.	HELMSTAEDT, Ellie	18	Ernestown Barracuda Swim Club	4:44.66	565
	50m: 32.25 32.25	150m: 1:44.12 36.31	250m: 2:57.17 36.73	350m: 4:09.97 35.85	
	100m: 1:07.81 35.56	200m: 2:20.44 36.32	300m: 3:34.12 36.95	400m: 4:44.66 34.69	
3.	PAYANT, Léa	17	Dorval Swim Club	4:47.93	546
	50m:	150m:	250m:	350m:	
	100m: 1:08.11	200m:	300m:	400m: 4:47.93	
4.	NOORDHOF, Ava	16	Greater Ottawa Kingfish S.C.	4:50.34	532
	50m:	150m:	250m:	350m:	
	100m: 1:08.56	200m: 2:21.87	300m: 3:36.39	400m: 4:50.34	
5.	SINCOVICI, Ana-Maria	16	Groupe aquatique Mille-Îles No	4:50.41	532
	50m: 33.48 33.48	150m: 1:46.01 36.62	250m: 2:59.85 37.09	350m: 4:14.22 37.13	
	100m: 1:09.39 35.91	200m: 2:22.76 36.75	300m: 3:37.09 37.24	400m: 4:50.41 36.19	
6.	BRUCHIG, Larissa	17	Club de Natation Mont-Tremblant	4:52.07	523
	50m: 32.71 32.71	150m: 1:46.31 37.75	250m: 3:00.98 37.54	350m: 4:16.70 37.93	
	100m: 1:08.56 35.85	200m: 2:23.44 37.13	300m: 3:38.77 37.79	400m: 4:52.07 35.37	

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Rang					Age					Temps	Pts	
7.	LEGER, Sarah				17	Greater Ottawa Kingfish S.C.				5:02.18	472	
	50m:	34.04	34.04	150m:	1:49.89	38.05	250m:	3:06.18	38.09	350m:	4:23.94	38.90
	100m:	1:11.84	37.80	200m:	2:28.09	38.20	300m:	3:45.04	38.86	400m:	5:02.18	38.24
8.	DESJARDINS, Deena				16	Natation Gatineau				5:03.63	465	
	50m:	33.87	33.87	150m:	1:49.54	38.86	250m:	3:08.25	39.52	350m:	4:26.48	39.35
	100m:	1:10.68	36.81	200m:	2:28.73	39.19	300m:	3:47.13	38.88	400m:	5:03.63	37.15
9.	KINSELLA, Hanna				17	Timmins Marlins Swim Club				5:06.00	455	
	50m:	35.22	35.22	150m:	1:52.14	39.53	250m:	3:10.28	38.95	350m:	4:28.55	38.67
	100m:	1:12.61	37.39	200m:	2:31.33	39.19	300m:	3:49.88	39.60	400m:	5:06.00	37.45
10.	CODE, Julia				18	Carleton Place Water Dragons				5:07.64	447	
	50m:	34.11	34.11	150m:	1:49.34	38.43	250m:	3:08.96	40.46	350m:	4:29.36	40.41
	100m:	1:10.91	36.80	200m:	2:28.50	39.16	300m:	3:48.95	39.99	400m:	5:07.64	38.28
11.	SERSON, Olivia				17	Ernestown Barracuda Swim Club				5:07.82	447	
	50m:	32.79	32.79	150m:	1:49.22	39.10	250m:	3:09.75	40.52	350m:		
	100m:	1:10.12	37.33	200m:	2:29.23	40.01	300m:	3:50.08	40.33	400m:	5:07.82	
12.	BOISSONNEAULT, Nina				17	Timmins Marlins Swim Club				5:12.08	429	
	50m:	34.75	34.75	150m:	1:54.71	39.93	250m:	3:15.22	40.20	350m:	4:35.15	39.35
	100m:	1:14.78	40.03	200m:	2:35.02	40.31	300m:	3:55.80	40.58	400m:	5:12.08	36.93
13.	DRAGOVIC, Mia				16	Natation Gatineau				5:16.63	410	
	50m:			150m:			250m:			350m:		
	100m:	1:14.61		200m:	2:34.99		300m:	3:56.55		400m:	5:16.63	