

VII Torneio Natação de Conímbriga
Condeixa-a-Nova, 24/5/2025

Prova 12 Masc., 400m Livres Open
24/05/2025 - 13:15 Resultados

Recordes Nacionais 25m Open	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Recordes Nacionais 25m Sen	3:42.57	Jose Paulo, LOPES	POR	Abu Dhabi (UAE)	16/12/2021
Recordes Nacionais 25m 18	3:50.52	Adriano Miguel, NIZ	CFV	Fafe	26/06/2004
Recordes Nacionais 25m 17	3:52.60	Rui Silva, PEREIRA	ADRCIMM	Tomar	14/12/2024
Recordes Nacionais 25m Juv A	3:58.45	Rui Silva, PEREIRA	ADRCIMM	Sines	17/12/2023
Recordes Nacionais 25m Juv B	4:01.42	Rui Silva, PEREIRA	POR	Tomar	15/01/2023
Recordes Nacionais 25m Inf A	4:12.35	Andre Vilas, RUIVO	DNMG	Campo Maior	29/03/2014
Recordes Nacionais 25m Inf B	4:21.95	Pedro Fontoura, OLIVEIRA	CFB	Santarém	04/04/2003
Recordes do Torneio Open	3:45.21	Tomas Miguel, VELOSO			13/11/2019
Recordes do Torneio Sen	3:45.21	Tomás Miguel, VELOSO	CNAC	Felgueiras	21/12/2019
Recordes do Torneio 18	3:56.55	Luís, SILVA	CNAC		13/06/2002
Recordes do Torneio 17	3:58.76	Gustavo Pires, MARQUES	INDANC	Coimbra	20/06/2021
Recordes do Torneio Juv A	3:58.82	Diogo Matos, RIBEIRO	CUC	Mealhada	07/12/2019
Recordes do Torneio Juv B	4:02.41	Diogo Matos, RIBEIRO	CUC		13/06/2019
Recordes do Torneio Inf A	4:20.38	Guilherme Maia, CARDOSO	SCC		20/07/2019
Recordes do Torneio Inf B	4:35.42	Diogo Matos, RIBEIRO	CNAC		13/06/2017

Lugar	Ano				Tempo final				Pts
1. Duarte Cachulo, MARQUES	07	Condeixa Clube			4:03.30				20,00
50m: 27.65 27.65	150m: 1:27.33	30.07	250m: 2:29.00	30.92	350m: 3:32.40				31.80
100m: 57.26 29.61	200m: 1:58.08	30.75	300m: 3:00.60	31.60	400m: 4:03.30				30.90
2. Rodrigo Miguel, REIS	04	Náutico Académico			4:18.75				18,00
50m: 27.55 27.55	150m: 1:30.25	31.74	250m: 2:37.14	33.37	350m: 3:44.84				34.07
100m: 58.51 30.96	200m: 2:03.77	33.52	300m: 3:10.77	33.63	400m: 4:18.75				33.91
3. Pedro Santos, PEREIRA	06	Leixões			4:26.36				17,00
50m: 28.91 28.91	150m: 1:34.81	33.66	250m: 2:43.90	34.66	350m: 3:52.75				34.44
100m: 1:01.15 32.24	200m: 2:09.24	34.43	300m: 3:18.31	34.41	400m: 4:26.36				33.61
4. Samuel Dinis, MAIA	08	Miranda do Corvo			4:26.85				16,00
50m: 29.74 29.74	150m: 1:34.96	33.11	250m: 2:42.60	34.37	350m: 3:52.53				35.12
100m: 1:01.85 32.11	200m: 2:08.23	33.27	300m: 3:17.41	34.81	400m: 4:26.85				34.32
5. Tomas Coelho, CORDEIRO	04	Louzan Natacao/EFAPEL			4:29.02				15,00
50m: 30.22 30.22	150m: 1:36.60	33.66	250m: 2:45.00	34.27	350m: 3:55.34				35.08
100m: 1:02.94 32.72	200m: 2:10.73	34.13	300m: 3:20.26	35.26	400m: 4:29.02				33.68
6. Goncalo Tapadas, MARQUES	10	Colégio Monte Maior			4:30.50				14,00
50m: 29.65 29.65	150m: 1:36.93	33.68	250m: 2:46.87	34.99	350m: 3:56.89				35.03
100m: 1:03.25 33.60	200m: 2:11.88	34.95	300m: 3:21.86	34.99	400m: 4:30.50				33.61
7. Santiago Jose, PACHECO	09	Alcobaca			4:32.95				13,00
50m: 29.28 29.28	150m: 1:37.58	35.09	250m: 2:47.50	34.44	350m: 3:58.63				35.61
100m: 1:02.49 33.21	200m: 2:13.06	35.48	300m: 3:23.02	35.52	400m: 4:32.95				34.32
8. Diogo Coelho, JORDAO	08	Uniao Juncalense			4:40.30				12,00
50m: 31.65 31.65	150m: 1:43.83	36.47	250m: 2:56.13	35.45	350m: 4:06.88				35.12
100m: 1:07.36 35.71	200m: 2:20.68	36.85	300m: 3:31.76	35.63	400m: 4:40.30				33.42
9. Hugo Ferreira, SILVA	11	Academica de Coimbra			4:40.43				11,00
50m: 32.24 32.24	150m: 1:42.42	35.18	250m: 2:53.73	35.73	350m: 4:05.51				35.78
100m: 1:07.24 35.00	200m: 2:18.00	35.58	300m: 3:29.73	36.00	400m: 4:40.43				34.92
10. Martim Duarte, ROQUE	11	CNLeiria - VOID			4:43.17				10,00
50m: 31.89 31.89	150m: 1:44.30	36.41	250m: 2:57.08	36.00	350m: 4:08.51				35.20
100m: 1:07.89 36.00	200m: 2:21.08	36.78	300m: 3:33.31	36.23	400m: 4:43.17				34.66
11. Dinis Lamas, SANTOS	10	Bairro dos Anjos-Leiria			4:44.93				9,00
50m: 31.46 31.46	150m: 1:43.59	36.53	250m: 2:55.55	36.39	350m: 4:08.84				36.72
100m: 1:07.06 35.60	200m: 2:19.16	35.57	300m: 3:32.12	36.57	400m: 4:44.93				36.09
12. Vicente Abrantes, DIOGO	11	Columbofila Cantanhedense			4:52.01				8,00
50m: 32.72 32.72	150m: 1:46.87	37.39	250m: 3:01.06	37.05	350m: 4:16.91				37.94
100m: 1:09.48 36.76	200m: 2:24.01	37.14	300m: 3:38.97	37.91	400m: 4:52.01				35.10
13. Salvador Teixeira, COELHO	09	Aquatico Pacense			4:56.27				7,00
50m: 33.98 33.98	150m: 1:48.81	37.68	250m: 3:04.06	37.64	350m: 4:19.33				37.65
100m: 1:11.13 37.15	200m: 2:26.42	37.61	300m: 3:41.68	37.62	400m: 4:56.27				36.94

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Lugar					Ano					Tempo final	Pts	
14.	Pedro Miguel, LEITAO				08	CASPAE				5:00.93	6,00	
	50m:	34.24	34.24	150m:	1:48.71	37.56	250m:	3:05.50	38.57	350m:	4:23.85	39.78
	100m:	1:11.15	36.91	200m:	2:26.93	38.22	300m:	3:44.07	38.57	400m:	5:00.93	37.08
15.	Bernardo Marques, FERNANDES				07	CLAC-Entroncamento				5:04.46	5,00	
	50m:	34.97	34.97	150m:	1:49.88	37.74	250m:	3:06.38	38.31	350m:	4:26.27	39.93
	100m:	1:12.14	37.17	200m:	2:28.07	38.19	300m:	3:46.34	39.96	400m:	5:04.46	38.19
16.	Luis Vila, VERDE				11	Propaganda da Natação				5:08.94	4,00	
	50m:	35.65	35.65	150m:	1:54.18	39.37	250m:	3:13.18	39.38	350m:	4:31.63	38.80
	100m:	1:14.81	39.16	200m:	2:33.80	39.62	300m:	3:52.83	39.65	400m:	5:08.94	37.31
17.	Estevao Amado, SANTOS				12	Miranda do Corvo				5:53.79	3,00	
	50m:	37.58	37.58	150m:	2:08.09	45.61	250m:	3:39.75	45.86	350m:	5:11.72	44.97
	100m:	1:22.48	44.90	200m:	2:53.89	45.80	300m:	4:26.75	47.00	400m:	5:53.79	42.07
DSQ	Santiago Cavaleiro, SANTOS				11	S. Pedro Alva					-	
	SW 4.4 - Falsa Partida											
EXH	Bernardo Bento, DINIS				11	Condeixa Clube				4:58.68	-	
	50m:	31.96	31.96	150m:	1:46.37	38.17	250m:	3:03.32	38.35	350m:	4:20.99	38.80
	100m:	1:08.20	36.24	200m:	2:24.97	38.60	300m:	3:42.19	38.87	400m:	4:58.68	37.69
EXH	Martim Neves, CARIDADE				12	Condeixa Clube				5:28.42	-	
	50m:	36.87	36.87	150m:	1:59.00	41.61	250m:	3:24.60	42.67	350m:	4:48.88	42.28
	100m:	1:17.39	40.52	200m:	2:41.93	42.93	300m:	4:06.60	42.00	400m:	5:28.42	39.54