

PCSC Intraclub #3
Pointe-Claire, 3-5-2025

Epreuve 5
2025-05-03 - 7:17

400m Libre

13 ans et plus
Liste résultats

Points: AQUA 2024

Rang				Age					Temps	Pts		
13 ans et plus, Dames												
1.	CHEN, Michelle			14	Pointe-Claire Swim Club				4:44.68	536		
	50m:	31.49	31.49	150m:	1:42.23	35.97	250m:	2:55.16	36.29	350m:	4:09.28	37.24
	100m:	1:06.26	34.77	200m:	2:18.87	36.64	300m:	3:32.04	36.88	400m:	4:44.68	35.40
2.	SU, Rachel			22	Pointe-Claire Swim Club				4:47.02	523		
	50m:	33.04	33.04	150m:	1:45.30	36.55	250m:	2:59.04	36.74	350m:	4:12.07	36.09
	100m:	1:08.75	35.71	200m:	2:22.30	37.00	300m:	3:35.98	36.94	400m:	4:47.02	34.95
3.	RIPPLE, Meghan			15	Pointe-Claire Swim Club				4:59.63	460		
	50m:	34.09	34.09	150m:	1:50.47	37.89	250m:	3:07.79	38.44	350m:	4:21.98	37.70
	100m:	1:12.58	38.49	200m:	2:29.35	38.88	300m:	3:44.28	36.49	400m:	4:59.63	37.65
4.	VAN SICKLE, Theresa			14	Pointe-Claire Swim Club				5:04.72	437		
	50m:	33.55	33.55	150m:	1:49.17	38.36	250m:	3:07.81	39.57	350m:	4:26.40	38.83
	100m:	1:10.81	37.26	200m:	2:28.24	39.07	300m:	3:47.57	39.76	400m:	5:04.72	38.32
5.	BRENNAN, Savannah			13	Pointe-Claire Swim Club				5:06.02	431		
	50m:	35.99	35.99	150m:	1:53.75	39.04	250m:	3:11.68	39.23	350m:	4:29.02	38.57
	100m:	1:14.71	38.72	200m:	2:32.45	38.70	300m:	3:50.45	38.77	400m:	5:06.02	37.00
6.	HENRIQUES DE SOUZA, Alice Maria			13	Pointe-Claire Swim Club				5:19.31	380		
	50m:	36.01	36.01	150m:	1:55.76	40.12	250m:	3:17.61	40.44	350m:	4:39.08	40.63
	100m:	1:15.64	39.63	200m:	2:37.17	41.41	300m:	3:58.45	40.84	400m:	5:19.31	40.23
7.	MARK, Avery			14	Pointe-Claire Swim Club				5:22.71	368		
	50m:	36.93	36.93	150m:	1:59.75	41.39	250m:	3:22.14	40.82	350m:	4:43.78	40.60
	100m:	1:18.36	41.43	200m:	2:41.32	41.57	300m:	4:03.18	41.04	400m:	5:22.71	38.93
8.	ZHANG, Ruoxi			13	Pointe-Claire Swim Club				5:26.19	356		
	50m:	36.13	36.13	150m:	1:57.99	41.53	250m:	3:21.98	41.93	350m:	4:45.31	41.26
	100m:	1:16.46	40.33	200m:	2:40.05	42.06	300m:	4:04.05	42.07	400m:	5:26.19	40.88
9.	BRENNAN, Sienna			15	Pointe-Claire Swim Club				5:50.11	288		
	50m:	40.15	40.15	150m:	2:09.48	44.01	250m:	3:40.07	44.89	350m:	5:09.11	43.34
	100m:	1:25.47	45.32	200m:	2:55.18	45.70	300m:	4:25.77	45.70	400m:	5:50.11	41.00
10.	CRUCEANU, Alexandra			14	Pointe-Claire Swim Club				5:58.76	267		
	50m:	39.26	39.26	150m:	2:11.20	45.64	250m:	3:43.08	45.52	350m:	5:15.05	45.45
	100m:	1:25.56	46.30	200m:	2:57.56	46.36	300m:	4:29.60	46.52	400m:	5:58.76	43.71
11.	MCLAUHLAN, Maggie			14	Pointe-Claire Swim Club				6:02.28	260		
	50m:	38.86	38.86	150m:	2:10.35	45.98	250m:	3:42.40	47.04	350m:	5:17.07	47.59
	100m:	1:24.37	45.51	200m:	2:55.36	45.01	300m:	4:29.48	47.08	400m:	6:02.28	45.21
12.	LAUZON, Brielle			13	Pointe-Claire Swim Club				6:19.17	226		
	50m:	43.15	43.15	150m:	2:21.23	49.65	250m:	3:59.41	48.77	350m:	5:35.65	47.60
	100m:	1:31.58	48.43	200m:	3:10.64	49.41	300m:	4:48.05	48.64	400m:	6:19.17	43.52
13.	TREMBLAY, Laurie-Gabrielle			13	Pointe-Claire Swim Club				6:21.01	223		
	50m:	40.38	40.38	150m:	2:14.24	48.63	250m:	3:51.00	48.73	350m:	5:32.42	47.62
	100m:	1:25.61	45.23	200m:	3:02.27	48.03	300m:	4:44.80	53.80	400m:	6:21.01	48.59
14.	BRISSON_S8SB7SM8, Anne-Frédérique			25	Pointe-Claire Swim Club				6:58.25	169		
	50m:	45.21	45.21	150m:	2:28.22	51.94	250m:	4:14.54	54.00	350m:	6:05.48	56.09
	100m:	1:36.28	51.07	200m:	3:20.54	52.32	300m:	5:09.39	54.85	400m:	6:58.25	52.77
forf.nd.	BUSSIERES, Lauren			16	Pointe-Claire Swim Club							

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Epreuve 5, Dames, 400m Libre, 13 ans et plus

Rang	Age	Temps	Pts
forf.nd. CHEN, Zoe	13		
forf.nd. GUZMAN, Olivia	14		
forf.nd. LAMBERT, Sofia	14		

13 ans et plus, Messieurs

1. ZHAO, Yiming	18	Pointe-Claire Swim Club	4:09.84	613
50m: 31.47	150m: 1:40.86	250m: 3:38.51	350m: 4:09.84	31.33
100m: 1:06.11	200m: 2:15.85	300m: 3:26.75	400m: 4:09.84	
2. CHEN, Michael	14	Pointe-Claire Swim Club	4:35.69	456
50m: 31.47	150m: 1:40.86	250m: 3:55.55	350m: 4:01.73	34.98
100m: 1:06.11	200m: 2:15.85	300m: 3:26.75	400m: 4:35.69	33.96
3. ALEXANDRESCU, Victor	16	Pointe-Claire Swim Club	4:38.54	442
50m: 31.66	150m: 1:41.21	250m: 3:56.64	350m: 4:03.69	35.63
100m: 1:06.08	200m: 2:16.52	300m: 3:28.06	400m: 4:38.54	34.85
4. XIE, Steven	13	Pointe-Claire Swim Club	4:40.28	434
50m: 31.44	150m: 1:41.56	250m: 3:56.41	350m: 4:06.82	36.26
100m: 1:06.07	200m: 2:16.73	300m: 3:30.56	400m: 4:40.28	33.46
5. BOLYASNI, Yaniv	16	Pointe-Claire Swim Club	4:54.55	374
50m: 33.01	150m: 1:47.48	250m: 3:57.94	350m: 4:18.48	37.42
100m: 1:09.90	200m: 2:25.16	300m: 3:41.06	400m: 4:54.55	36.07
6. FAN, Ryan	13	Pointe-Claire Swim Club	4:55.08	372
50m: 33.13	150m: 1:46.97	250m: 3:58.28	350m: 4:19.29	38.19
100m: 1:09.52	200m: 2:24.64	300m: 3:41.10	400m: 4:55.08	35.79
7. DU PREEZ, Joah	14	Pointe-Claire Swim Club	5:00.13	353
50m: 34.35	150m: 1:48.87	250m: 3:58.48	350m: 4:22.56	38.19
100m: 1:10.96	200m: 2:27.29	300m: 3:44.37	400m: 5:00.13	37.57
8. FAN, Ethan	16	Pointe-Claire Swim Club	5:02.86	344
50m: 33.28	150m: 1:49.48	250m: 3:58.12	350m: 4:24.60	40.07
100m: 1:10.53	200m: 2:28.84	300m: 3:44.53	400m: 5:02.86	38.26
9. MITREA, Victor Gabriel	13	Pointe-Claire Swim Club	5:25.02	278
50m: 36.32	150m: 2:00.00	250m: 4:17.77	350m: 4:46.73	40.74
100m: 1:17.47	200m: 2:42.15	300m: 4:05.99	400m: 5:25.02	38.29
10. SWEIHA, Augustin	13	Pointe-Claire Swim Club	5:26.80	273
50m: 38.09	150m: 2:01.86	250m: 4:22.02	350m: 4:49.68	41.73
100m: 1:19.77	200m: 2:44.22	300m: 4:07.95	400m: 5:26.80	37.12
11. CHEN, Jackie	15	Pointe-Claire Swim Club	5:28.84	268
50m: 35.47	150m: 1:58.83	250m: 4:22.20	350m: 4:45.71	40.57
100m: 1:16.28	200m: 2:41.86	300m: 4:05.14	400m: 5:28.84	43.13
12. YANG, Zhichong	13	Pointe-Claire Swim Club	5:29.31	267
50m: 36.06	150m: 1:59.20	250m: 4:24.46	350m: 4:48.13	42.32
100m: 1:16.82	200m: 2:41.30	300m: 4:05.81	400m: 5:29.31	41.18
13. WANG, Hongbin	14	Pointe-Claire Swim Club	5:48.91	225
50m: 35.20	150m: 2:02.62	250m: 4:56.83	350m: 5:07.69	45.72
100m: 1:17.25	200m: 2:48.62	300m: 4:21.97	400m: 5:48.91	41.22
14. MCLAREN, Jacob	13	Pointe-Claire Swim Club	5:49.15	224
50m: 39.34	150m: 2:10.46	250m: 4:52.22	350m: 5:11.80	44.82
100m: 1:24.23	200m: 2:56.25	300m: 4:26.98	400m: 5:49.15	37.35