

AIYSC 2025
Antwerpen, 18 - 20/4/2025

Programmanr. 33
20/04/2025 - 14:34

Dames, 200m vrije slag

11 jaar en ouder
Resultaten

Rang		Geb.		Tijd	50m	100m	150m	200m	
11 - 12 jaar									
1.	Tavernier Lucia	13	MEGA	2:31.67	2:30.10	34.34	37.85	39.47	38.44
2.	Nouwen Fleur	13	DMB	2:30.83	2:30.35	36.01	40.01	39.15	35.18
3.	Rogiers Layla	14	LAQUA	2:34.86	2:31.78	35.67	39.83	39.45	36.83
4.	Forschelen Dominique	13	MNC	2:35.19	2:32.92	36.71	40.11	39.80	36.30
5.	Antipina Alexandra	14	LAQUA	2:39.29	2:36.54	35.62	40.82	42.01	38.09
6.	Beijnsberger Louise	14	DMB	2:39.10	2:36.61	35.29	40.55	41.80	38.97
7.	Lakke Caithlin	13	TNH	2:36.04	2:37.48	35.68	40.09	42.58	39.13
8.	Kowalska Kaja	13	HIERO	2:55.37	2:37.69	36.09	39.84	41.14	40.62
9.	Peersman Malin	14	LAQUA	2:36.27	2:38.03	36.89	41.70	41.35	38.09
10.	Vlassaks Rosalie	13	PZC	2:43.70	2:38.13	36.76	40.55	42.49	38.33
11.	Groeneweg Migle	13	SCOM	2:52.67	2:39.82	36.05	41.07	42.35	40.35
12.	Roks Jaylin	13	HIERO	2:53.18	2:40.05	36.42	41.10	42.76	39.77
13.	van de Pas Dewi	14	ZPB	2:44.85	2:40.16	37.18	42.53	41.66	38.79
14.	Vanheeswijck Amelea	13	DMB	2:39.35	2:41.28	36.92	42.85	41.92	39.59
15.	Vandewaerde Oobe	13	DMB	2:45.68	2:42.18	39.48	41.35	42.58	38.77
16.	Bogerman Fenna	13	DE SCHOTEJ	2:46.91	2:43.30	36.56	40.95	44.60	41.19
17.	Candeias Maria Miranda	13	CFP	2:55.79	2:43.74	35.93	41.12	43.55	43.14
18.	Dierckx Astrid	14	KST	2:53.05	2:45.73	37.01	41.72	45.60	41.40
19.	Provily Fien	14	WIEKSLAG	2:36.57	2:46.50	37.61	43.02	44.05	41.82
20.	Soares Almeida Anna	14	LAQUA	2:46.56	2:47.88	39.20	42.84	43.47	42.37
21.	Lindgreen Julie	13	WIEKSLAG	2:42.63	2:51.92	37.24	43.46	45.05	46.17
13 - 14 jaar									
1.	Lammens Mary	11	TZT	2:06.37	2:10.34	30.26	32.90	33.55	33.63
2.	Vandekerckhove Juliette	11	TZT	2:15.91	2:16.67	31.11	36.10	35.28	34.18
3.	Meulemeester Nore	11	TZT	2:19.53	2:18.06	32.61	35.36	35.87	34.22
4.	Zondervan Ylène	12	ZPC AMERSF	2:22.12	2:18.70	31.39	35.04	36.19	36.08
5.	Slootweg Brechtje	11	ZPC AMERSF	2:19.66	2:18.77	32.74	35.14	36.80	34.09
6.	Linskens Elloise	11	TZT	2:20.38	2:19.12	32.11	35.37	36.22	35.42
7.	Vandermarliere Juna	11	ISWIM	2:20.40	2:19.44	31.54	35.64	37.11	35.15
8.	Gantois Janne	11	TZT	2:18.67	2:19.57	32.12	36.14	36.14	35.17
9.	van Zalk Noa	11	ZPC AMERSF	2:21.41	2:21.27	32.31	35.45	36.99	36.52
10.	De Vreese Julie	12	MEGA	2:24.15	2:21.64	32.45	36.25	37.09	35.85
11.	Hogenhuis Mette	11	HOMMEL	2:21.99	2:21.73	32.19	36.13	37.05	36.36
12.	Darras Nina	11	TZT	2:21.45	2:22.09	33.00	36.03	37.18	35.88
13.	Cardoso Matilde Paiva	11	CFP	2:18.30	2:22.78	32.36	36.63	37.29	36.50
14.	Lauwers Sofie	11	KST	2:21.51	2:23.54	32.90	36.38	37.47	36.79
15.	Maes Noor	11	AST	2:24.80	2:23.74	32.49	36.06	37.79	37.40
16.	Verniers Nime	11	ZS	2:25.73	2:24.20	33.27	37.57	37.93	35.43
17.	Wullaert Fien	11	STW	2:28.80	2:24.32	33.92	38.01	37.14	35.25
18.	Melis Vlinder	12	KST	2:23.46	2:24.57	32.62	36.86	38.63	36.46
19.	Verdood Pip	11	ZVL	2:20.69	2:24.93	32.62	36.28	38.50	37.53
20.	Druwel Nora	11	TIME	2:25.88	2:25.11	33.28	37.16	37.99	36.68
21.	Beso Clara	11	CNSW	2:30.66	2:25.61	34.65	37.58	37.11	36.27
22.	Kerckhofs Nienke	11	BEST	2:29.37	2:26.02	33.57	38.29	37.95	36.21
23.	Mor Iris	12	BRABO	2:24.14	2:26.33	33.64	37.45	38.60	36.64
24.	Huyben Isolde	12	TZT	2:27.20	2:27.02	34.07	37.65	38.40	36.90
25.	Blancquaert Camille	12	MEGA	2:27.32	2:27.19	33.99	37.80	38.59	36.81
26.	Stessens Emma-Louise	11	TSZ	2:25.05	2:27.40	32.71	37.23	38.89	38.57
27.	Bollen Gitte	11	PZC	2:35.22	2:27.57	33.66	38.18	38.78	36.95
28.	Van Ooteghem Kyana	11	FAST	2:31.91	2:28.05	34.71	38.01	38.22	37.11
29.	Ekberg Isabella	12	ZPC AMERSF	2:26.89	2:28.12	33.51	37.43	39.27	37.91
30.	Delrue Aure	12	DMI	2:33.24	2:28.67	34.83	39.53	38.82	35.49
31.	Debrabandere Leonie	12	TSZ	2:32.28	2:28.90	34.04	38.08	39.10	37.68
32.	Van Reeth Lieze	11	ZVL	2:34.41	2:29.03	34.59	37.87	39.23	37.34
33.	De Vocht Anne-Julie	11	ZS	2:35.40	2:29.06	34.16	37.71	40.42	36.77

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Programmanr. 33, Meisjes, 200m vrije slag, 13 - 14 jaar

Rang		Geb.		Tijd	50m	100m	150m	200m	
34.	Strobbe Maja	11	MEGA	2:31.37	2:29.07	34.53	38.97	38.36	37.21
35.	Leysen Imke	11	ZGEEL	2:32.69	2:29.10	34.36	37.98	39.01	37.75
36.	Vernieuwe Irene	12	TZT	2:27.67	2:29.21	34.15	37.80	39.34	37.92
37.	Schouteden Nienke	12	DMB	2:39.25	2:29.71	34.06	38.50	39.21	37.94
38.	Vanlommel L.	11	ZGEEL	2:34.42	2:30.10	34.22	38.66	39.56	37.66
39.	Maes Julie	12	TRUST	2:30.05	2:30.84	34.77	38.92	39.32	37.83
40.	Claeys Inna	11	ISWIM	2:31.29	2:30.85	34.80	38.39	39.80	37.86
41.	Van De Mosselaer Emma	11	BRABO	2:36.24	2:31.07	35.18	37.97	39.66	38.26
42.	Croisiau Marie-lise	11	BRABO	2:31.20	2:31.85	34.55	39.04	39.57	38.69
43.	Burssens Emma	11	LAQUA	2:28.53	2:32.08	34.47	37.91	39.63	40.07
44.	Vanhaecke Juliette	12	MEGA	2:34.74	2:32.16	35.46	39.43	40.00	37.27
45.	Devlieghe Febe	11	MEGA	2:33.71	2:32.46	35.38	38.90	39.81	38.37
46.	El Moussaoui Dina	11	CNSW	2:36.70	2:32.53	35.48	38.52	40.24	38.29
47.	Cools Yelena	11	ZGEEL	2:37.61	2:32.57	34.61	37.99	39.96	40.01
48.	Paulussen Melody	11	DOLFIJN	2:31.90	2:32.81	34.04	37.93	40.79	40.05
49.	van de Steeg Anouk	12	DWK	2:43.42	2:33.41	34.25	38.37	41.34	39.45
50.	Kük Anne	11	TNH	2:36.04	2:33.42	35.35	40.04	40.19	37.84
51.	Boogers Noor	12	ZGEEL	2:35.38	2:33.78	35.61	39.34	40.45	38.38
52.	De Belder Kato	12	DMB	2:32.31	2:33.95	34.50	39.69	41.63	38.13
53.	Meganck Lio	11	AST	2:40.86	2:34.52	35.55	39.13	41.23	38.61
54.	Obdam Elisa	12	DAW	2:34.75	2:35.09	35.17	40.82	41.35	37.75
55.	Starkie Alves Emma	11	CNSW	2:34.03	2:36.23	36.10	38.81	41.00	40.32
56.	Jansen Eline	11	PZC	2:39.65	2:36.29	35.50	40.09	40.62	40.08
57.	Ceulemans Lena	12	BRABO	2:40.30	2:36.59	36.48	39.51	41.32	39.28
58.	Segers Lily	11	BRABO	2:40.95	2:37.72	35.73	40.70	41.52	39.77
59.	Bouw Zsofi	11	DWK	2:46.57	2:39.09	36.72	40.56	41.83	39.98
60.	Fruent Linn	11	DWK	2:42.47	2:39.74	36.79	40.79	42.41	39.75
61.	Verbist Indy	12	MARLIJN	2:42.50	2:39.78	36.01	40.53	42.56	40.68
62.	Zhukova Maria	12	CNSW	2:39.67	2:40.23	36.92	41.88	42.14	39.29
63.	Van Rillaer Yinthe	11	HZA	2:33.48	2:40.99	36.02	39.99	43.13	41.85
64.	Vande Sompele Jits	11	ZOLA	2:46.78	2:41.93	37.40	42.22	42.29	40.02
65.	Van Reeth Lisse	11	BRABO	2:45.91	2:42.56	37.24	40.94	42.45	41.93
66.	Rutten Leonie	12	FIRST	2:38.96	2:44.97	37.85	41.75	44.05	41.32
67.	Vancayzeele Margaux	12	FIRST	2:39.30	2:46.04	37.58	41.71	43.78	42.97
68.	Guldemont Nell	11	ZDKK	2:40.41	2:46.67	36.51	42.47	45.37	42.32
69.	de Kooter Amy	11	BIESBOSCH	2:42.77	2:47.17	37.07	42.55	44.51	43.04
70.	Sousa Madalena Moura	12	CFP	2:45.42	2:48.10	37.63	42.04	44.95	43.48
71.	Snijder Olivia	11	DESCHELDE	2:42.06	2:58.67	38.81	45.26	47.29	47.31

15 - 16 jaar

1.	D'Haeseleer Fran	10	DMI 2:10.06	2:10.08	30.48	32.53	34.19	32.88
2.	Van den Wyngaert E.	09	BRABO 2:14.81	2:11.71	31.33	33.25	34.14	32.99
3.	Metten Fenne	10	ZPC AMERSF 2:12.42	2:11.96	30.62	33.95	34.62	32.77
4.	Desmet Lieze	10	TZT 2:08.48	2:12.30	31.05	33.54	34.43	33.28
5.	Van Avondt Lina	09	STA 2:11.24	2:12.63	30.55	33.62	34.57	33.89
6.	van der Schrier Nina	10	AZC 2:13.82	2:13.74	31.58	33.81	34.38	33.97
7.	Guisset Jelle	10	AST 2:17.46	2:15.33	31.19	34.17	34.65	35.32
8.	Meijer Dewi	10	DOLFIJN 2:17.39	2:15.64	32.60	35.46	33.98	33.60
9.	Engbersen Anne	10	ZPC AMERSF 2:15.30	2:16.20	29.29	33.98	36.91	36.02
10.	Lammertink Chiara	09	ZPC AMERSF 2:15.85	2:16.54	31.26	33.85	35.43	36.00
11.	Theuwis Mira	09	DMB 2:17.58	2:17.36	32.11	34.83	35.69	34.73
12.	Rijnbeek Senna	09	ZPC AMERSF 2:17.81	2:17.71	32.31	35.98	35.00	34.42
13.	de Gans Esmaé	09	ZPC AMERSF 2:19.57	2:17.93	32.21	35.46	35.96	34.30
14.	Laenen Febe	10	KLSVZ 2:19.68	2:17.95	31.91	36.19	35.99	33.86
15.	De Mulder Chloë	10	STA 2:17.49	2:18.00	32.83	34.77	35.63	34.77
16.	Franzen Famke	10	DE SCHOTEJ 2:25.36	2:18.16	32.06	35.79	35.66	34.65
17.	Schram Mila	10	MEGA 2:16.74	2:18.21	32.20	34.93	35.41	35.67
18.	Meyer Thyrv	09	KAZS 2:17.08	2:18.24	32.18	35.56	36.39	34.11
19.	van Beek Tessa	10	DWK 2:23.49	2:18.47	31.77	35.95	35.90	34.85
20.	Vlamijnck Lore	09	STA 2:18.31	2:18.56	32.06	34.67	36.22	35.61

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Programmanr. 33, Meisjes, 200m vrije slag, 15 - 16 jaar

Rang		Geb.			Tijd	50m	100m	150m	200m
21.	Kelderman Fran	10	BRABO	2:26.57	2:18.60	31.75	35.09	36.23	35.53
22.	Broeckaert Noa	09	BRABO	2:23.80	2:19.08	32.00	35.58	36.84	34.66
23.	Baars Elin	10	DWK	2:23.81	2:19.12	32.11	35.56	36.68	34.77
24.	de Waard Tess	09	TNH	2:23.59	2:19.25	31.96	35.21	36.23	35.85
25.	Schellemans Charlotte	10	ZVL	2:21.52	2:19.71	33.53	36.11	35.90	34.17
26.	Van Herpe Milly	10	MEGA	2:18.26	2:19.86	31.35	35.39	37.04	36.08
27.	Forschelen Hadewych	09	MNC	2:18.57	2:20.09	32.43	35.25	36.82	35.59
28.	De Ruijter Elise	10	MEGA	2:22.91	2:20.28	33.59	35.25	36.19	35.25
29.	De Grave Lize	09	STA	2:24.28	2:20.38	32.21	35.40	36.78	35.99
30.	Jacobs Lotte	09	ZVL	2:20.26	2:20.97	32.67	36.05	36.62	35.63
31.	Watelle Nona	10	LAQUA	2:22.56	2:21.23	32.43	36.04	36.89	35.87
32.	van der Schrier Karlijn	09	HIERO	2:23.00	2:21.83	32.51	36.08	36.74	36.50
33.	Van Bunder Amy	10	TSZ	2:20.34	2:21.93	32.87	36.51	36.77	35.78
34.	Beijnsberger Mare	10	FAST	2:29.82	2:22.57	31.70	36.59	37.64	36.64
35.	De Smul Pauline	09	STA	2:26.82	2:23.54	33.66	36.18	37.35	36.35
36.	Quartier Philine	09	ISWIM	2:22.07	2:23.96	32.19	36.37	38.36	37.04
37.	Schelfaut Nell	10	TSZ	2:28.73	2:24.49	33.70	37.46	37.26	36.07
38.	Talboom Lies	09	BRABO	2:16.01	2:24.54	32.81	35.85	37.66	38.22
39.	Waelput Elodie	10	TSZ	2:28.75	2:24.55	34.07	36.35	37.51	36.62
40.	van Meene Dante	09	DAW	2:19.30	2:24.87	33.46	36.72	38.06	36.63
41.	Sterken Nila	09	FAST	2:20.41	2:24.97	32.41	36.08	37.56	38.92
42.	Vonk Lian	10	ZPC AMERSF	2:22.86	2:25.00	33.08	36.54	38.08	37.30
43.	Murat Irem	10	TSZ	2:23.96	2:25.74	32.50	37.22	38.58	37.44
44.	Chafwehe Vanina	10	KLSVZ	2:27.16	2:25.99	33.37	37.90	38.39	36.33
45.	Zipper Evy	09	CNSW	2:25.28	2:26.17	33.68	37.58	37.82	37.09
46.	De Wolf Tine	09	AST	2:29.51	2:27.08	34.25	37.24	38.15	37.44
47.	Theuwis Lisabet	09	DMB	2:28.67	2:27.17	34.32	37.23	38.80	36.82
48.	Wachtelaer Charlot	10	AST	2:26.25	2:27.46	34.61	38.58	37.74	36.53
49.	Van Den Bergh Anna	10	ZS	2:31.03	2:28.18	34.64	38.97	37.99	36.58
50.	Wijnalda Yfke	10	ZPC AMERSF	2:28.04	2:28.43	33.70	37.64	38.87	38.22
51.	Maes Julie	10	ZGEEL	2:30.64	2:28.97	34.15	38.97	39.24	36.61
52.	van Poecke Sofie	10	DWK	2:33.04	2:29.90	33.83	37.84	39.35	38.88
53.	Van Espen Lotte	09	HZA	2:24.13	2:30.10	33.86	38.38	40.10	37.76
54.	Van Boxstael Nora	10	KLSVZ	2:34.92	2:30.24	35.62	39.09	38.55	36.98
55.	van den Idsert Yuna	10	DAW	2:22.13	2:30.68	33.81	38.49	39.84	38.54
56.	van den Hoven Lotte	09	MARLIJN	2:37.76	2:31.77	35.34	39.23	39.81	37.39
57.	Keet Eva Maria	10	ZPC AMERSF	2:28.18	2:31.94	34.02	36.53	40.19	41.20
58.	Bos Sanne	10	DESCHELDE	2:32.39	2:32.61	34.33	38.75	40.30	39.23
59.	Carlier Alice	09	FAST	2:26.72	2:33.10	34.66	39.43	40.53	38.48
60.	Leuverman Eva	09	DAW	2:22.43	2:33.99	34.32	38.89	40.63	40.15
61.	Cardon Qietta	10	FAST	2:36.17	2:35.93	36.22	39.90	40.61	39.20
62.	Basaran Alya	09	HOMMEL	2:30.62	2:36.42	35.14	39.84	40.62	40.82
63.	Bonnier Charlene	10	FAST	2:38.26	2:37.14	35.73	40.41	41.32	39.68
64.	Gers Josephine	10	KST	2:38.04	2:37.52	35.42	40.65	41.36	40.09
65.	Beylemans Emma	09	PZC	2:35.02	2:38.22	37.46	41.33	41.47	37.96
66.	Boeykens Emma	09	KST	2:33.42	2:39.11	34.90	40.33	42.13	41.75
67.	Valkenborghs Yanne	10	ZGEEL	2:39.95	2:39.77	36.57	40.53	41.66	41.01
68.	Fruent Milouck	09	DWK	2:30.45	2:40.50	36.22	40.54	42.17	41.57
69.	de Wilde Marit	09	HOEKSCHHE	2:36.94	2:41.23	36.98	40.02	42.61	41.62
70.	Tekay Sedef	10	PZC	2:37.22	2:42.28	35.79	41.22	43.76	41.51
71.	Troost Jaylynn	09	HOEKSCHHE	2:38.40	2:43.29	36.53	41.11	43.63	42.02
72.	Pauwels Margo	09	FAST	2:40.84	2:46.08	37.22	42.84	43.77	42.25
73.	Ostermann Sara	09	AZC	2:40.64	2:50.92	36.22	42.62	46.91	45.17

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Programmanr. 33, Dames, 200m vrije slag

17 - 18 jaar

1.	Ooms Maaïke	08	ZPC AMERSF	2:05.83	2:06.99	29.37	32.17	33.20	32.25
2.	van der Schrier Jade	08	AZC	2:06.59	2:08.64	30.18	32.72	33.62	32.12
3.	Debecker Charlotte	08	DMI	2:14.33	2:11.29	30.96	34.36	33.71	32.26
4.	Lammens Louise	08	TZT	2:09.61	2:15.14	31.69	34.28	34.93	34.24
5.	Fatih Aya	07	BRABO	2:16.11	2:15.38	30.22	33.60	35.03	36.53
6.	Van Daele Lore	07	FAST	2:18.06	2:18.53	32.05	34.46	36.26	35.76
7.	Desmet Fien	08	TZT	2:13.83	2:18.68	31.93	35.34	36.00	35.41
8.	Vanderbeke Hasse	08	AST	2:21.94	2:18.88	32.07	35.31	36.93	34.57
9.	De Ridder Sterre	08	ZS	2:17.23	2:19.77	33.12	35.73	35.51	35.41
10.	Heijdra Liv	08	FEIJENNOOR	2:18.54	2:21.25	32.33	35.53	37.18	36.21
11.	Chichkova Lili	08	FAST	2:19.32	2:21.54	32.41	35.99	36.71	36.43
12.	De Becker Loren	07	ZS	2:20.03	2:22.19	33.24	35.84	36.67	36.44
13.	Hogenhuis Annika	07	HOMMEL	2:21.44	2:22.91	33.11	36.64	37.19	35.97
14.	Van Hoof Floor	08	LAQUA	2:16.29	2:23.12	32.79	35.96	37.39	36.98
15.	Peetoom Bette	08	DAW	2:15.14	2:23.70	32.48	37.10	37.81	36.31
16.	van Hal Mijke	08	HOMMEL	2:26.03	2:24.01	33.34	36.82	38.27	35.58
17.	Booij Laura	08	ZPB	2:27.58	2:25.23	33.84	38.00	39.84	33.55
18.	Goes Iris	07	HOMMEL	2:26.03	2:26.11	33.65	37.87	38.14	36.45
19.	Loontjens Lisa	07	MEGA	2:25.40	2:26.23	33.30	37.45	38.01	37.47
20.	de Vries Diede	08	HOMMEL	2:26.93	2:26.31	33.27	37.32	38.20	37.52
21.	Brugman Serena	08	KAZS	2:26.63	2:27.15	33.69	37.74	38.03	37.69
22.	de Ridder Jansje	08	BIESBOSCH	2:29.43	2:27.64	33.90	37.67	38.42	37.65
23.	Boon Libhin	07	DAW	2:21.07	2:29.41	34.12	38.99	38.98	37.32
24.	van Echtelt Rosalie	08	ZC ZEIST	2:29.11	2:30.16	33.65	38.46	39.52	38.53
25.	Lauwers Lotte	08	KST	2:24.69	2:31.05	33.54	38.09	39.56	39.86
26.	van Berlo Jade	08	ZC ZEIST	2:26.76	2:32.49	34.75	38.58	40.11	39.05
27.	Coesemans Amilia	08	ZGEEL	2:32.44	2:32.50	32.45	37.47	41.78	40.80
28.	Forschelen Carice	08	MNC	2:28.94	2:33.97	34.73	38.52	40.32	40.40
29.	ter Bekke Fenna	07	ZC ZEIST	2:30.36	2:35.61	35.38	40.08	40.55	39.60
dis	Volkers Laura	08	DWK	2:24.70					

SW 4.4 - valse start

19 jaar en ouder

1.	Oudendijk Kim	06	DAW	2:08.55	2:12.12	29.67	33.84	35.24	33.37
2.	van Langevelde Moniek	98	DWK	2:16.62	2:14.91	31.72	34.12	34.53	34.54
3.	Moreels Nina	06	BRABO	2:22.17	2:16.81	30.68	34.16	35.98	35.99
4.	Kloosterman Manon	97	HOMMEL	2:16.72	2:17.34	31.59	35.15	35.93	34.67
5.	Irvine Famke	05	ZPC AMERSF	2:13.19	2:17.40	31.26	34.90	35.73	35.51
6.	Roovers Nadja	98	HIERO	2:13.64	2:18.17	31.51	35.18	36.72	34.76
7.	Prins Zoë	06	DAW	2:16.00	2:19.72	33.02	36.25	36.28	34.17
8.	Levering Senna	06	DWK	2:33.76	2:26.68	33.78	37.70	38.06	37.14
9.	Bout Zena	06	HOMMEL	2:29.15	2:28.68	33.50	37.62	40.10	37.46