

AIYSC 2025
Antwerpen, 18 - 20/4/2025

Programmanr. 28
20/04/2025 - 10:36

Meisjes, 400m vrije slag

11 - 14 jaar
Resultaten

Rang		Geb.			Tijd	100m	200m	300m	400m
11 - 12 jaar									
1.	Theuwissen Nore	13	DMB	5:13.39	5:10.07	1:13.50	1:19.62	1:19.98	1:16.97
2.	Van Bunder Inez	13	TSZ	5:14.71	5:11.56	1:13.55	1:21.19	1:20.03	1:16.79
3.	Zabelina Polina	13	CFP	5:16.12	5:15.92	1:13.95	1:21.74	1:21.83	1:18.40
4.	Tavernier Lucia	13	MEGA	5:18.43	5:19.69	1:13.75	1:22.67	1:23.98	1:19.29
5.	Vlassaks Rosalie	13	PZC	5:40.15	5:24.90	1:17.09	1:24.59	1:25.27	1:17.95
6.	Volders Ella	13	ZVL	5:29.21	5:25.55	1:18.35	1:23.19	1:23.84	1:20.17
7.	Van de Wouwer Myrthe	13	HZA	5:25.74	5:25.71	1:16.12	1:24.92	1:25.51	1:19.16
8.	Rogiers Layla	14	LAQUA	5:24.24	5:27.58	1:18.55	1:24.45	1:24.91	1:19.67
9.	Peersman Malin	14	LAQUA	5:29.66	5:29.42	1:19.38	1:24.60	1:25.37	1:20.07
10.	Groeneweg Migle	13	SCOM	5:53.94	5:32.39	1:18.75	1:25.68	1:25.45	1:22.51
11.	Derre Fleur	14	TSZ	5:37.21	5:32.61	1:16.68	1:26.43	1:26.81	1:22.69
12.	Lakke Caithlin	13	TNH	5:27.26	5:34.12	1:19.84	1:25.48	1:25.60	1:23.20
13.	Van Steenkiste Lia	13	TZT	5:36.16	5:38.33	1:20.19	1:26.34	1:27.03	1:24.77
14.	Lesseliers Emily	13	ZS	5:42.31	5:38.95	1:20.24	1:26.74	1:26.86	1:25.11
15.	Vandenbroucke Febe	13	TZT	5:37.13	5:40.05	1:21.42	1:27.08	1:28.48	1:23.07
16.	Ozer Nehir	13	CNSW	5:44.18	5:43.75	1:25.55	1:27.67	1:27.00	1:23.53
17.	Provily Fien	14	WIEKSLAG	5:29.13	5:47.08	1:21.08	1:29.03	1:30.70	1:26.27
18.	Vanheeswijck Amelea	13	DMB	5:42.24	5:47.65	1:20.10	1:32.26	1:32.24	1:23.05
19.	Vernieuwe Leanne	14	TZT	5:40.57	5:56.17	1:24.87	1:31.92	1:32.21	1:27.17
13 - 14 jaar									
1.	Lammens Mary	11	TZT	4:30.52	4:35.01	1:06.78	1:10.29	1:10.34	1:07.60
2.	Zondervan Ylène	12	ZPC AMERSF	4:51.37	4:46.35	1:08.44	1:13.02	1:12.79	1:12.10
3.	Vandekerckhove Juliette	11	TZT	4:45.65	4:51.19	1:09.70	1:15.06	1:14.70	1:11.73
4.	Meulemeester Nore	11	TZT	4:50.53	4:51.60	1:09.92	1:14.88	1:14.80	1:12.00
5.	van Zalk Noa	11	ZPC AMERSF	4:53.64	4:51.89	1:08.94	1:13.58	1:15.47	1:13.90
6.	Gantois Janne	11	TZT	4:45.70	4:51.97	1:09.48	1:14.60	1:15.16	1:12.73
7.	Slootweg Brechtje	11	ZPC AMERSF	4:51.51	4:54.20	1:10.36	1:14.73	1:15.43	1:13.68
8.	Brobbel Simone	12	HOEKSCHHE	5:09.88	4:54.94	1:09.39	1:16.83	1:16.41	1:12.31
9.	Vandermarliere Juna	11	ISWIM	4:56.30	4:55.42	1:09.60	1:15.18	1:16.17	1:14.47
10.	De Bruyne Silke	11	ISWIM	5:07.67	4:55.93	1:10.97	1:15.81	1:15.69	1:13.46
11.	De Vreese Julie	12	MEGA	5:01.47	5:00.15	1:10.50	1:17.15	1:18.07	1:14.43
12.	Wevers Gitte	11	DMB	4:57.96	5:00.40	1:09.34	1:16.96	1:17.94	1:16.16
13.	Melis Vlinder	12	KST	4:56.67	5:01.64	1:11.29	1:17.64	1:18.39	1:14.32
14.	Verdood Pip	11	ZVL	4:59.31	5:02.26	1:10.47	1:17.40	1:19.63	1:14.76
15.	Dekein Yuta	12	ISWIM	5:06.13	5:03.36	1:11.07	1:17.91	1:17.82	1:16.56
16.	Kerckhofs Nienke	11	BEST	4:59.03	5:03.40	1:11.96	1:18.17	1:18.37	1:14.90
17.	Verniers Nime	11	ZS	5:06.91	5:03.59	1:12.47	1:17.74	1:18.67	1:14.71
18.	Lauwers Sofie	11	KST	4:56.27	5:03.82	1:10.66	1:18.11	1:18.82	1:16.23
19.	Maes Leonie	12	PZC	5:12.36	5:05.03	1:11.73	1:17.67	1:18.80	1:16.83
20.	Heller Hanna	11	ZPC AMERSF	4:56.74	5:06.70	1:08.27	1:16.14	1:19.82	1:22.47
21.	Hoogervorst Sophie	11	AZC	5:12.47	5:06.90	1:11.80	1:17.69	1:19.32	1:18.09
22.	Van den Bosch Elise	11	BRABO	5:07.75	5:07.03	1:11.94	1:19.16	1:19.38	1:16.55
23.	Vangeloven Fran	11	DMB	4:58.61	5:07.25	1:12.13	1:19.50	1:19.77	1:15.85
24.	Van Reeth Lieze	11	ZVL	5:09.78	5:09.39	1:13.02	1:20.82	1:20.07	1:15.48
25.	Cardoso Matilde Paiva	11	CFP	4:46.33	5:09.64	1:13.44	1:19.69	1:18.94	1:17.57
26.	Hogenhuis Mette	11	HOMMEL	4:55.53	5:09.98	1:11.86	1:20.26	1:20.74	1:17.12
27.	Huyben Isolde	12	TZT	5:06.53	5:10.06	1:12.64	1:17.65	1:20.49	1:19.28
28.	Wullaert Fien	11	STW	5:05.72	5:10.07	1:11.60	1:18.60	1:20.84	1:19.03
29.	Maes Noor	11	AST	5:07.29	5:10.81	1:11.00	1:19.46	1:21.98	1:18.37
30.	Vanderlinden Paulien	11	BEST	4:58.42	5:11.53	1:11.90	1:19.51	1:21.09	1:19.03
31.	Buijs Fleur	11	HIERO	5:12.86	5:11.94	1:13.08	1:20.10	1:20.65	1:18.11
32.	Bollen Gitte	11	PZC	5:11.98	5:12.16	1:13.07	1:20.60	1:21.08	1:17.41
33.	Delrue Aure	12	DMI	5:12.73	5:12.89	1:14.88	1:20.93	1:20.22	1:16.86
34.	Blancquaert Camille	12	MEGA	5:17.85	5:13.99	1:14.68	1:20.57	1:21.03	1:17.71
35.	Ekberg Isabella	12	ZPC AMERSF	5:09.82	5:14.19	1:12.77	1:20.84	1:21.89	1:18.69

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Antwerpen, 18 - 20/4/2025

Programmanr. 28, Meisjes, 400m vrije slag, 13 - 14 jaar

Rang	Geb.			Tijd	100m	200m	300m	400m	
36.	Schram Morrison	11	DESCHELDE	5:05.16	5:14.20	1:12.73	1:21.15	1:22.12	1:18.20
37.	Vernieuwe Irene	12	TZT	5:10.37	5:14.55	1:13.17	1:20.43	1:21.65	1:19.30
38.	Bisperink Noortje	11	ZPC AMERSF	5:09.14	5:14.84	1:13.17	1:21.07	1:21.79	1:18.81
39.	Vanhaecke Juliette	12	MEGA	5:12.22	5:16.05	1:15.69	1:20.60	1:21.13	1:18.63
40.	Dzene Annika	12	CNSW	5:19.88	5:16.51	1:13.18	1:21.13	1:21.83	1:20.37
41.	Schoon Liv	12	DAW	5:04.30	5:16.72	1:13.76	1:22.41	1:23.17	1:17.38
42.	Strobbe Maja	11	MEGA	5:17.34	5:17.01	1:14.48	1:20.64	1:21.72	1:20.17
43.	Croisiau Marie-lise	11	BRABO	5:08.52	5:19.59	1:11.90	1:20.65	1:23.92	1:23.12
44.	Claeys Inna	11	ISWIM	5:10.36	5:20.72	1:14.56	1:22.42	1:23.39	1:20.35
45.	Kük Anne	11	TNH	5:16.77	5:22.30	1:16.84	1:22.87	1:23.25	1:19.34
46.	Ginkels Febe	12	LAQUA	5:11.92	5:23.44	1:18.07	1:20.69	1:23.35	1:21.33
47.	Beso Clara	11	CNSW	5:20.81	5:30.02	1:15.13	1:20.71	1:27.24	1:26.94
48.	Jansen Eline	11	PZC	5:12.03	5:31.20	1:18.70	1:25.49	1:24.89	1:22.12
49.	Vanlancker Ynthe	11	DMI	5:08.54	5:31.83	1:15.50	1:22.88	1:25.75	1:27.70
dis	Verluyten Niene	12	TSZ	4:54.79					
SW 4.4 - valse start									