

7th Latvian Youth and Junior Championships
Riga, 1. - 3.5.2025

Event 9 Girls, 400m Freestyle 2007 and younger
01.05.2025 - 18:06 Results

Latvian Records 4:19.81 MALUKA Ieva RDSN Riga 28.02.2020

Points: AQUA 2025

Rank	Name	YOB	Team	RT	Time	Points	Level
LATVIJAS JAUNIEŠU ČEMPIONĀTS							
1.	GUSTINA Marta	12	Dobeles SS	+0.80	4:57.39	495	
	<i>LATVIJAS JAUNIEŠU ČEMPIONE</i>						
	50m: 33.29	33.29	150m: 1:49.51	38.29	250m: 3:06.10	38.42	350m: 4:21.89
	100m: 1:11.22	37.93	200m: 2:27.68	38.17	300m: 3:45.18	39.08	400m: 4:57.39
2.	ZARINA Eva	12	PK Ogre	+0.82	5:22.86	387	
	50m: 35.83	35.83	150m: 1:59.03	42.25	250m: 3:24.00	42.03	350m: 4:45.03
	100m: 1:16.78	40.95	200m: 2:41.97	42.94	300m: 4:05.08	41.08	400m: 5:22.86
3.	SILE Darta	12	PK Riga		5:25.00	379	
	50m: 35.18	35.18	150m: 1:56.70	41.81	250m: 3:21.34	42.27	350m: 4:45.51
	100m: 1:14.89	39.71	200m: 2:39.07	42.37	300m: 4:03.31	41.97	400m: 5:25.00
4.	PETROVA Diana	12	SK Delfins	+0.74	5:25.07	379	
	50m: 35.74	35.74	150m: 1:56.71	41.19	250m: 3:20.52	41.13	350m: 4:44.54
	100m: 1:15.52	39.78	200m: 2:39.39	42.68	300m: 4:02.98	42.46	400m: 5:25.07
5.	KRAVALE Kamilla	13	Daugavpils SS	+0.80	5:25.14	379	
	50m: 36.47	36.47	150m: 1:57.36	41.58	250m: 3:20.67	41.61	350m: 4:45.31
	100m: 1:15.78	39.31	200m: 2:39.06	41.70	300m: 4:03.34	42.67	400m: 5:25.14
6.	GLOTOVA Adriana	12	Daugavpils SS	+0.89	5:29.11	365	
	50m: 38.83	38.83	150m: 2:04.52	42.53	250m: 3:29.14	41.37	350m: 4:52.41
	100m: 1:21.99	43.16	200m: 2:47.77	43.25	300m: 4:11.23	42.09	400m: 5:29.11
7.	PURINA Laima	13	Kekavas NSS	+0.82	5:30.86	360	
	50m: 36.28	36.28	150m: 1:58.87	41.74	250m: 3:25.13	43.95	350m: 4:50.83
	100m: 1:17.13	40.85	200m: 2:41.18	42.31	300m: 4:08.10	42.97	400m: 5:30.86
8.	KUZMINA Ksenija	12	Daugavpils SS	+0.63	5:34.19	349	
	50m: 36.00	36.00	150m: 1:59.06	41.65	250m: 3:25.37	43.53	350m: 4:51.73
	100m: 1:17.41	41.41	200m: 2:41.84	42.78	300m: 4:09.51	44.14	400m: 5:34.19
9.	BEIKERTE Odrija Beta	14	Kekavas NSS	+0.88	5:42.67	324	
	50m: 35.85	35.85	150m: 2:02.82	43.95	250m: 3:31.59	44.47	350m: 5:00.81
	100m: 1:18.87	43.02	200m: 2:47.12	44.30	300m: 4:16.25	44.66	400m: 5:42.67
10.	PUKITE Katrina	12	Kekavas NSS	+0.77	5:43.98	320	
	50m: 37.91	37.91	150m: 2:05.27	43.93	250m: 3:33.98	43.76	350m: 5:01.96
	100m: 1:21.34	43.43	200m: 2:50.22	44.95	300m: 4:18.78	44.80	400m: 5:43.98
11.	NICIPORE Elizabete	12	Valmieras SS	+0.71	5:51.35	300	
	50m: 38.09	38.09	150m: 2:07.47	45.42	250m: 3:37.81	45.34	350m: 5:08.53
	100m: 1:22.05	43.96	200m: 2:52.47	45.00	300m: 4:23.31	45.50	400m: 5:51.35
12.	UPENIKA Erika	14	Daugavpils SS		6:03.64	271	
	50m: 38.47	38.47	150m: 2:07.59	45.54	250m: 3:42.82	48.32	350m: 5:18.24
	100m: 1:22.05	43.58	200m: 2:54.50	46.91	300m: 4:30.76	47.94	400m: 6:03.64

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Event 9, Girls, 400m Freestyle

LATVIJAS JUNIORU ČEMPIONĀTS

1. KRAUKLE Emilija	08	PK Ogre	+0.73	4:42.19	580
<i>LATVIJAS JUNIORU ČEMPIONE</i>					
50m: 30.95	30.95	150m: 1:41.05	35.73	250m: 2:53.62	36.38
100m: 1:05.32	34.37	200m: 2:17.24	36.19	300m: 3:30.17	36.55
350m: 4:06.79	36.62	400m: 4:42.19	35.40		
2. STRAZDINA Emilija	08	Valmieras SS	+0.76	4:46.89	552
50m: 32.21	32.21	150m: 1:45.96	37.52	250m: 2:59.53	36.84
100m: 1:08.44	36.23	200m: 2:22.69	36.73	300m: 3:35.86	36.33
350m: 4:11.63	35.77	400m: 4:46.89	35.26		
3. KURBALE DA SILVA Isabela Maria	11	Kipsalas peldbaseins	+0.79	4:50.35	532
50m: 32.39	32.39	150m: 1:45.83	36.94	250m: 3:00.58	36.70
100m: 1:08.89	36.50	200m: 2:23.88	38.05	300m: 3:37.40	36.82
350m: 4:14.60	37.20	400m: 4:50.35	35.75		
4. ANSPOKA Anete	09	Siguldas SS	+0.71	4:50.39	532
50m: 32.56	32.56	150m: 1:46.31	37.28	250m: 3:01.38	37.33
100m: 1:09.03	36.47	200m: 2:24.05	37.74	300m: 3:39.18	37.80
350m: 4:15.28	36.10	400m: 4:50.39	35.11		
5. DALBINA Anna	11	Kekavas NSS	+0.70	4:57.22	496
50m: 32.83	32.83	150m: 1:48.71	38.29	250m: 3:05.66	38.87
100m: 1:10.42	37.59	200m: 2:26.79	38.08	300m: 3:44.60	38.94
350m: 4:21.80	37.20	400m: 4:57.22	35.42		
6. SIRMA Dzenifera	08	RSS Ridzene	+0.76	5:07.89	446
50m: 33.90	33.90	150m: 1:51.66	39.23	250m: 3:11.08	39.42
100m: 1:12.43	38.53	200m: 2:31.66	40.00	300m: 3:50.84	39.76
350m: 4:30.10	39.26	400m: 5:07.89	37.79		
7. MONOKANDILOSE Darija	10	Kipsalas peldbaseins	+0.77	5:09.75	438
50m: 33.47	33.47	150m: 1:49.19	38.55	250m: 3:07.88	39.49
100m: 1:10.64	37.17	200m: 2:28.39	39.20	300m: 3:48.30	40.42
350m: 4:29.45	41.15	400m: 5:09.75	40.30		
8. SKRABE Liene Evelina	11	Valmieras SS	+0.68	5:14.95	417
50m: 34.80	34.80	150m: 1:54.14	39.96	250m: 3:15.68	40.80
100m: 1:14.18	39.38	200m: 2:34.88	40.74	300m: 3:56.44	40.76
350m: 4:36.84	40.40	400m: 5:14.95	38.11		
9. GEDROITE Karolina	11	Daugavpils SS	+0.76	5:19.83	398
50m: 34.76	34.76	150m: 1:54.70	40.80	250m: 3:17.19	41.39
100m: 1:13.90	39.14	200m: 2:35.80	41.10	300m: 3:58.46	41.27
350m: 4:39.89	41.43	400m: 5:19.83	39.94		
10. GUBINA Darja	09	Olaines Sporta centrs	+0.73	5:26.36	375
50m: 35.16	35.16	150m: 1:55.54	41.20	250m: 3:19.25	42.53
100m: 1:14.34	39.18	200m: 2:36.72	41.18	300m: 4:02.48	43.23
350m: 4:45.11	42.63	400m: 5:26.36	41.25		
11. BRIKOVA Julija	07	Daugavpils SS	+0.87	5:38.58	335
50m: 35.19	35.19	150m: 1:59.34	43.13	250m: 3:27.37	44.35
100m: 1:16.21	41.02	200m: 2:43.02	43.68	300m: 4:12.10	44.73
350m: 4:57.21	45.11	400m: 5:38.58	41.37		
12. SVENCA Milana	10	Daugavpils SS	+0.80	5:40.59	330
50m: 35.91	35.91	150m: 2:01.14	43.98	250m: 3:29.74	44.45
100m: 1:17.16	41.25	200m: 2:45.29	44.15	300m: 4:14.79	45.05
350m: 4:58.68	43.89	400m: 5:40.59	41.91		
13. BOGDANOVA Lada	11	Jurmālas SS	+0.70	5:46.54	313
50m: 37.28	37.28	150m: 2:05.19	44.47	250m: 3:35.26	44.97
100m: 1:20.72	43.44	200m: 2:50.29	45.10	300m: 4:20.86	45.60
350m: 5:05.98	45.12	400m: 5:46.54	40.56		

OVERALL AWARDS/ĀRVALSTU DALĪBNIEKU APBALVOŠANA

1. MOTSNIK Kirke	07	TOPi Ujumisklubi	+0.71	4:28.55	673
50m: 30.47	30.47	150m: 1:37.66	33.79	250m: 2:46.08	34.22
100m: 1:03.87	33.40	200m: 2:11.86	34.20	300m: 3:20.67	34.59
350m: 3:54.90	34.23	400m: 4:28.55	33.65		
2. ROOP Adele	09	Ujumise Spordiklubi	+0.69	4:29.52	666
50m: 30.90	30.90	150m: 1:38.80	34.24	250m: 2:47.87	34.70
100m: 1:04.56	33.66	200m: 2:13.17	34.37	300m: 3:22.49	34.62
350m: 3:56.88	34.39	400m: 4:29.52	32.64		

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Rank	Name	YOB	Team	RT	Time	Points	Level
3.	RANDVALI Maari	09	Audentese Spordiklubi	+0.69	4:31.01	655	
	50m: 30.28	30.28	150m: 1:38.70	34.63	250m: 2:48.11	34.85	350m: 3:57.55 34.39
	100m: 1:04.07	33.79	200m: 2:13.26	34.56	300m: 3:23.16	35.05	400m: 4:31.01 33.46
4.	NIINEP Karolina	11	Kohtla-Jarve Veespordiklubi	+0.70	4:38.04	606	
	50m: 30.88	30.88	150m: 1:40.60	35.43	250m: 2:51.91	35.63	350m: 4:03.82 36.04
	100m: 1:05.17	34.29	200m: 2:16.28	35.68	300m: 3:27.78	35.87	400m: 4:38.04 34.22
5.	ROONI Lenna	10	Ujumisklubi Briis	+0.72	4:38.24	605	
	50m: 31.53	31.53	150m: 1:40.74	34.90	250m: 2:52.08	35.84	350m: 4:04.11 35.72
	100m: 1:05.84	34.31	200m: 2:16.24	35.50	300m: 3:28.39	36.31	400m: 4:38.24 34.13
6.	LOVI Elli	08	Audentese Spordiklubi	+0.73	4:41.27	586	
	50m: 31.45	31.45	150m: 1:42.03	35.42	250m: 2:55.02	36.47	350m: 4:08.39 36.15
	100m: 1:06.61	35.16	200m: 2:18.55	36.52	300m: 3:32.24	37.22	400m: 4:41.27 32.88
7.	KRAUKLE Emilija	08	PK Ogre	+0.73	4:42.19	580	
	50m: 30.95	30.95	150m: 1:41.05	35.73	250m: 2:53.62	36.38	350m: 4:06.79 36.62
	100m: 1:05.32	34.37	200m: 2:17.24	36.19	300m: 3:30.17	36.55	400m: 4:42.19 35.40
8.	ANNUS Isabel	08	Ujumise Spordiklubi	+0.71	4:43.99	569	
	50m: 32.11	32.11	150m: 1:43.88	36.04	250m: 2:56.85	36.47	350m: 4:10.19 36.49
	100m: 1:07.84	35.73	200m: 2:20.38	36.50	300m: 3:33.70	36.85	400m: 4:43.99 33.80
9.	STRAZDINA Emilija	08	Valmieras SS	+0.76	4:46.89	552	
	50m: 32.21	32.21	150m: 1:45.96	37.52	250m: 2:59.53	36.84	350m: 4:11.63 35.77
	100m: 1:08.44	36.23	200m: 2:22.69	36.73	300m: 3:35.86	36.33	400m: 4:46.89 35.26
10.	KURBALE DA SILVA Isabela Maria	11	Kipsalas peldbaseins	+0.79	4:50.35	532	
	50m: 32.39	32.39	150m: 1:45.83	36.94	250m: 3:00.58	36.70	350m: 4:14.60 37.20
	100m: 1:08.89	36.50	200m: 2:23.88	38.05	300m: 3:37.40	36.82	400m: 4:50.35 35.75
11.	ANSPOKA Anete	09	Siguldas SS	+0.71	4:50.39	532	
	50m: 32.56	32.56	150m: 1:46.31	37.28	250m: 3:01.38	37.33	350m: 4:15.28 36.10
	100m: 1:09.03	36.47	200m: 2:24.05	37.74	300m: 3:39.18	37.80	400m: 4:50.39 35.11
12.	MUIDRE Marit	09	Ujumisklubi Briis	+0.75	4:50.91	529	
	50m: 32.13	32.13	150m: 1:44.33	36.95	250m: 2:59.51	37.39	350m: 4:14.79 37.04
	100m: 1:07.38	35.25	200m: 2:22.12	37.79	300m: 3:37.75	38.24	400m: 4:50.91 36.12
13.	JAMSA Fiona	08	Ujumisklubi Briis	+0.75	4:51.42	526	
	50m: 31.98	31.98	150m: 1:44.69	36.81	250m: 2:59.95	37.51	350m: 4:15.09 37.33
	100m: 1:07.88	35.90	200m: 2:22.44	37.75	300m: 3:37.76	37.81	400m: 4:51.42 36.33
14.	ROMANENKO Olivia Aleksandra	12	Kohtla-Jarve Veespordiklubi	+0.92	4:54.50	510	
	50m: 33.14	33.14	150m: 1:47.88	38.31	250m: 3:03.84	38.01	350m: 4:18.57 37.42
	100m: 1:09.57	36.43	200m: 2:25.83	37.95	300m: 3:41.15	37.31	400m: 4:54.50 35.93
15.	DALBINA Anna	11	Kekavas NSS	+0.70	4:57.22	496	
	50m: 32.83	32.83	150m: 1:48.71	38.29	250m: 3:05.66	38.87	350m: 4:21.80 37.20
	100m: 1:10.42	37.59	200m: 2:26.79	38.08	300m: 3:44.60	38.94	400m: 4:57.22 35.42
16.	GUSTINA Marta	12	Dobeles SS	+0.80	4:57.39	495	
	50m: 33.29	33.29	150m: 1:49.51	38.29	250m: 3:06.10	38.42	350m: 4:21.89 36.71
	100m: 1:11.22	37.93	200m: 2:27.68	38.17	300m: 3:45.18	39.08	400m: 4:57.39 35.50
17.	MILLER Sandra	08	Ujumisklubi Briis	+0.89	4:57.60	494	
	50m: 33.04	33.04	150m: 1:46.23	37.38	250m: 3:02.97	38.39	350m: 4:20.40 38.47
	100m: 1:08.85	35.81	200m: 2:24.58	38.35	300m: 3:41.93	38.96	400m: 4:57.60 37.20
18.	OTS Karolin	10	Kalevi Ujumiskool	+0.77	5:00.70	479	
	50m: 32.36	32.36	150m: 1:48.06	38.13	250m: 3:06.69	39.57	350m: 4:24.71 38.79
	100m: 1:09.93	37.57	200m: 2:27.12	39.06	300m: 3:45.92	39.23	400m: 5:00.70 35.99

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Rank	Name	YOB	Team	RT	Time	Points	Level
19.	SIRMA Dzenifera	08	RSS Ridzene	+0.76	5:07.89	446	
	50m: 33.90 33.90	150m: 1:51.66	39.23 250m: 3:11.08	39.42	350m: 4:30.10	39.26	
	100m: 1:12.43 38.53	200m: 2:31.66	40.00 300m: 3:50.84	39.76	400m: 5:07.89	37.79	
20.	MONOKANDILOSE Darija	10	Kipsalas peldbaseins	+0.77	5:09.75	438	
	50m: 33.47 33.47	150m: 1:49.19	38.55 250m: 3:07.88	39.49	350m: 4:29.45	41.15	
	100m: 1:10.64 37.17	200m: 2:28.39	39.20 300m: 3:48.30	40.42	400m: 5:09.75	40.30	
21.	RUUSSAAR Itti	09	Kalevi Ujumiskool	+0.70	5:13.19	424	
	50m: 34.66 34.66	150m: 1:51.76	39.17 250m: 3:11.61	40.33	350m: 4:32.82	40.69	
	100m: 1:12.59 37.93	200m: 2:31.28	39.52 300m: 3:52.13	40.52	400m: 5:13.19	40.37	
22.	SKRABE Liene Evelina	11	Valmieras SS	+0.68	5:14.95	417	
	50m: 34.80 34.80	150m: 1:54.14	39.96 250m: 3:15.68	40.80	350m: 4:36.84	40.40	
	100m: 1:14.18 39.38	200m: 2:34.88	40.74 300m: 3:56.44	40.76	400m: 5:14.95	38.11	
23.	KUUSNOMM Karina	13	Audentese Spordiklubi	+0.61	5:15.98	413	
	50m: 35.59 35.59	150m: 1:56.82	40.84 250m: 3:19.18	41.35	350m: 4:39.81	40.09	
	100m: 1:15.98 40.39	200m: 2:37.83	41.01 300m: 3:59.72	40.54	400m: 5:15.98	36.17	
24.	METSUR Karolin	11	Ujumisklubi Briis	+0.83	5:16.80	410	
	50m: 34.93 34.93	150m: 1:54.71	40.65 250m: 3:16.72	41.10	350m: 4:38.90	40.78	
	100m: 1:14.06 39.13	200m: 2:35.62	40.91 300m: 3:58.12	41.40	400m: 5:16.80	37.90	
25.	GEDROITE Karolina	11	Daugavpils SS	+0.76	5:19.83	398	
	50m: 34.76 34.76	150m: 1:54.70	40.80 250m: 3:17.19	41.39	350m: 4:39.89	41.43	
	100m: 1:13.90 39.14	200m: 2:35.80	41.10 300m: 3:58.46	41.27	400m: 5:19.83	39.94	
26.	PLATO Luisa	11	Ujumisklubi Briis	+0.79	5:21.99	390	
	50m: 35.91 35.91	150m: 1:56.76	40.93 250m: 3:19.54	41.45	350m: 4:42.32	41.36	
	100m: 1:15.83 39.92	200m: 2:38.09	41.33 300m: 4:00.96	41.42	400m: 5:21.99	39.67	
27.	ZARINA Eva	12	PK Ogre	+0.82	5:22.86	387	
	50m: 35.83 35.83	150m: 1:59.03	42.25 250m: 3:24.00	42.03	350m: 4:45.03	39.95	
	100m: 1:16.78 40.95	200m: 2:41.97	42.94 300m: 4:05.08	41.08	400m: 5:22.86	37.83	
28.	SILE Darta	12	PK Riga		5:25.00	379	
	50m: 35.18 35.18	150m: 1:56.70	41.81 250m: 3:21.34	42.27	350m: 4:45.51	42.20	
	100m: 1:14.89 39.71	200m: 2:39.07	42.37 300m: 4:03.31	41.97	400m: 5:25.00	39.49	
29.	PETROVA Diana	12	SK Delfins	+0.74	5:25.07	379	
	50m: 35.74 35.74	150m: 1:56.71	41.19 250m: 3:20.52	41.13	350m: 4:44.54	41.56	
	100m: 1:15.52 39.78	200m: 2:39.39	42.68 300m: 4:02.98	42.46	400m: 5:25.07	40.53	
30.	KRAVALE Kamilla	13	Daugavpils SS	+0.80	5:25.14	379	
	50m: 36.47 36.47	150m: 1:57.36	41.58 250m: 3:20.67	41.61	350m: 4:45.31	41.97	
	100m: 1:15.78 39.31	200m: 2:39.06	41.70 300m: 4:03.34	42.67	400m: 5:25.14	39.83	
31.	GUBINA Darja	09	Olaines Sporta centrs	+0.73	5:26.36	375	
	50m: 35.16 35.16	150m: 1:55.54	41.20 250m: 3:19.25	42.53	350m: 4:45.11	42.63	
	100m: 1:14.34 39.18	200m: 2:36.72	41.18 300m: 4:02.48	43.23	400m: 5:26.36	41.25	
32.	SULSENBERG Aya Sofia	11	Kalevi Ujumiskool	+0.77	5:28.13	369	
	50m: 35.55 35.55	150m: 1:58.45	42.76 250m: 3:24.66	43.57	350m: 4:49.14	41.85	
	100m: 1:15.69 40.14	200m: 2:41.09	42.64 300m: 4:07.29	42.63	400m: 5:28.13	38.99	
33.	GLOTOVA Adriana	12	Daugavpils SS	+0.89	5:29.11	365	
	50m: 38.83 38.83	150m: 2:04.52	42.53 250m: 3:29.14	41.37	350m: 4:52.41	41.18	
	100m: 1:21.99 43.16	200m: 2:47.77	43.25 300m: 4:11.23	42.09	400m: 5:29.11	36.70	
34.	VIIILUP Mia Adriana	10	Kalevi Ujumiskool	+0.76	5:30.40	361	
	50m: 34.31 34.31	150m: 1:54.00	40.49 250m: 3:20.16	43.43	350m: 4:46.75	43.37	
	100m: 1:13.51 39.20	200m: 2:36.73	42.73 300m: 4:03.38	43.22	400m: 5:30.40	43.65	

7th Latvian Youth and Junior Championships
Riga, 1. - 3.5.2025

Event 9, Girls, 400m Freestyle, OVERALL AWARDS/ĀRVALSTU DALĪBNIEKU APBALVOŠANA

Rank	Name			YOB	Team				RT	Time	Points	Level
35.	PURINA Laima			13	Kekavas NSS				+0.82	5:30.86	360	
	50m:	36.28	36.28	150m:	1:58.87	41.74	250m:	3:25.13	43.95	350m:	4:50.83	42.73
	100m:	1:17.13	40.85	200m:	2:41.18	42.31	300m:	4:08.10	42.97	400m:	5:30.86	40.03
36.	KUZMINA Ksenija			12	Daugavpils SS				+0.63	5:34.19	349	
	50m:	36.00	36.00	150m:	1:59.06	41.65	250m:	3:25.37	43.53	350m:	4:51.73	42.22
	100m:	1:17.41	41.41	200m:	2:41.84	42.78	300m:	4:09.51	44.14	400m:	5:34.19	42.46
37.	BRIKOVA Julija			07	Daugavpils SS				+0.87	5:38.58	335	
	50m:	35.19	35.19	150m:	1:59.34	43.13	250m:	3:27.37	44.35	350m:	4:57.21	45.11
	100m:	1:16.21	41.02	200m:	2:43.02	43.68	300m:	4:12.10	44.73	400m:	5:38.58	41.37
38.	SVENCA Milana			10	Daugavpils SS				+0.80	5:40.59	330	
	50m:	35.91	35.91	150m:	2:01.14	43.98	250m:	3:29.74	44.45	350m:	4:58.68	43.89
	100m:	1:17.16	41.25	200m:	2:45.29	44.15	300m:	4:14.79	45.05	400m:	5:40.59	41.91
39.	BEIKERTE Odrija Beta			14	Kekavas NSS				+0.88	5:42.67	324	
	50m:	35.85	35.85	150m:	2:02.82	43.95	250m:	3:31.59	44.47	350m:	5:00.81	44.56
	100m:	1:18.87	43.02	200m:	2:47.12	44.30	300m:	4:16.25	44.66	400m:	5:42.67	41.86
40.	PUKITE Katrina			12	Kekavas NSS				+0.77	5:43.98	320	
	50m:	37.91	37.91	150m:	2:05.27	43.93	250m:	3:33.98	43.76	350m:	5:01.96	43.18
	100m:	1:21.34	43.43	200m:	2:50.22	44.95	300m:	4:18.78	44.80	400m:	5:43.98	42.02
41.	BOGDANOVA Lada			11	Jurmālas SS				+0.70	5:46.54	313	
	50m:	37.28	37.28	150m:	2:05.19	44.47	250m:	3:35.26	44.97	350m:	5:05.98	45.12
	100m:	1:20.72	43.44	200m:	2:50.29	45.10	300m:	4:20.86	45.60	400m:	5:46.54	40.56
42.	NICIPORE Elizabete			12	Valmieras SS				+0.71	5:51.35	300	
	50m:	38.09	38.09	150m:	2:07.47	45.42	250m:	3:37.81	45.34	350m:	5:08.53	45.22
	100m:	1:22.05	43.96	200m:	2:52.47	45.00	300m:	4:23.31	45.50	400m:	5:51.35	42.82
43.	UPENIKA Erika			14	Daugavpils SS					6:03.64	271	
	50m:	38.47	38.47	150m:	2:07.59	45.54	250m:	3:42.82	48.32	350m:	5:18.24	47.48
	100m:	1:22.05	43.58	200m:	2:54.50	46.91	300m:	4:30.76	47.94	400m:	6:03.64	45.40