

2de internationaal zwemfeest VZG
Gent, 19 - 20/4/2025

Programmanr. 21
20/4/25 - 10:28

Dames, 400m vrije slag

9 - 79 jaar
Resultaten

Punten: AQUA 2025

Rang			Geb.						Tijd	Pnt		
dolfijntjes - U11												
1.	DROISSART, Nette		15	Bzv					6:09.94			
	50m:	43.30	43.30	150m:	2:17.16	47.40	250m:	3:52.26	46.99	350m:	5:25.86	46.31
	100m:	1:29.76	46.46	200m:	3:05.27	48.11	300m:	4:39.55	47.29	400m:	6:09.94	44.08
2.	BAUWENS, Elsa		16	Bzv					7:21.41			
	50m:	50.91	50.91	150m:	2:42.97	56.80	250m:	4:37.50	57.12	350m:	6:31.05	55.97
	100m:	1:46.17	55.26	200m:	3:40.38	57.41	300m:	5:35.08	57.58	400m:	7:21.41	50.36
3.	MOYAERT, Niene		15	Vzo					7:48.78			
	50m:	51.58	51.58	150m:	2:52.39	1:01.51	250m:	4:52.73	1:00.03	350m:	6:46.13	52.53
	100m:	1:50.88	59.30	200m:	3:52.70	1:00.31	300m:	5:53.60	1:00.87	400m:	7:48.78	1:02.65

benjamins - U13

1.	LOCCUFIER, Fleur		14	Zwemclub Interbad Brugge					5:52.97			
	50m:	40.57	40.57	150m:	2:10.79	45.30	250m:	3:41.40	44.84	350m:	5:10.66	43.68
	100m:	1:25.49	44.92	200m:	2:56.56	45.77	300m:	4:26.98	45.58	400m:	5:52.97	42.31
2.	FLORYN, Juliette		13	Bzv					5:58.56			
	50m:	37.32	37.32	150m:	2:07.30	46.64	250m:	3:40.71	46.96	350m:	5:14.86	46.76
	100m:	1:20.66	43.34	200m:	2:53.75	46.45	300m:	4:28.10	47.39	400m:	5:58.56	43.70
3.	VERBESSELT, Manon		13	Vzn					6:07.69			
	50m:	41.26	41.26	150m:	2:15.80	48.08	250m:	3:52.50	48.25	350m:	5:27.93	47.62
	100m:	1:27.72	46.46	200m:	3:04.25	48.45	300m:	4:40.31	47.81	400m:	6:07.69	39.76
4.	LAMAIRE JULIE,		14	Vzn					6:14.63			
	50m:	41.57	41.57	150m:	2:17.80	48.66	250m:	3:52.84	47.51	350m:	5:27.83	46.89
	100m:	1:29.14	47.57	200m:	3:05.33	47.53	300m:	4:40.94	48.10	400m:	6:14.63	46.80
5.	ROECKENS, Helena		13	Bzv					6:27.43			
	50m:	42.06	42.06	150m:	2:21.02	49.79	250m:	4:02.09	50.61	350m:	5:43.05	50.35
	100m:	1:31.23	49.17	200m:	3:11.48	50.46	300m:	4:52.70	50.61	400m:	6:27.43	44.38
6.	BULTINCK, Inte		13	Bzv					6:41.68			
	50m:	41.13	41.13	150m:	2:22.57	52.82	250m:	4:08.09	53.28	350m:	5:53.99	52.93
	100m:	1:29.75	48.62	200m:	3:14.81	52.24	300m:	5:01.06	52.97	400m:	6:41.68	47.69

miniemen - U15

1.	MOYAERT, Lotte		12	Vzo					5:34.99			
	50m:	38.92	38.92	150m:	2:03.74	42.77	250m:	3:30.17	43.33	350m:	4:56.03	42.70
	100m:	1:20.97	42.05	200m:	2:46.84	43.10	300m:	4:13.33	43.16	400m:	5:34.99	38.96
2.	DECLOEDT, Hannah		11	Zwemclub Interbad Brugge					5:36.15			
	50m:	37.56	37.56	150m:	2:03.00	43.42	250m:	3:31.45	44.10	350m:	4:58.58	42.92
	100m:	1:19.58	42.02	200m:	2:47.35	44.35	300m:	4:15.66	44.21	400m:	5:36.15	37.57
3.	PEEL, Ylena		12	Vzo					5:56.91			
	50m:	38.10	38.10	150m:	2:07.78	46.08	250m:	3:43.45	48.04	350m:	5:17.26	45.61
	100m:	1:21.70	43.60	200m:	2:55.41	47.63	300m:	4:31.65	48.20	400m:	5:56.91	39.65

kadetten - U17

1.	DE CUYPER, Femke		10	Vzo					4:57.03			
	50m:	34.02	34.02	150m:	1:47.54	37.35	250m:	3:04.40	38.25	350m:	4:21.04	37.83
	100m:	1:10.19	36.17	200m:	2:26.15	38.61	300m:	3:43.21	38.81	400m:	4:57.03	35.99

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Programmanr. 21, Meisjes, 400m vrije slag, kadetten - U17

Rang			Geb.				Tijd	Pnt
2.	DECLERCK, Marie-Lou		10	Vrije Zwemmers Gent			6:03.72	
	50m:	41.00 41.00	150m:	2:13.70 46.87	250m:	3:47.84 47.09	350m:	5:21.76 46.33
	100m:	1:26.83 45.83	200m:	3:00.75 47.05	300m:	4:35.43 47.59	400m:	6:03.72 41.96

pupillen - U19

1.	LONCKE, Noor		08	Vzo			5:16.82	
	50m:	33.90 33.90	150m:	1:51.40 39.50	250m:	3:14.61 42.15	350m:	4:37.65 41.60
	100m:	1:11.90 38.00	200m:	2:32.46 41.06	300m:	3:56.05 41.44	400m:	5:16.82 39.17
2.	DE VOS, Kaat		08	Vrije Zwemmers Gent			5:17.58	
	50m:	34.71 34.71	150m:	1:53.24 39.96	250m:	3:16.06 41.19	350m:	4:38.26 40.96
	100m:	1:13.28 38.57	200m:	2:34.87 41.63	300m:	3:57.30 41.24	400m:	5:17.58 39.32
3.	DE TROYER, Flavie		08	Vrije Zwemmers Gent			5:33.38	
	50m:	36.07 36.07	150m:	2:00.18 43.17	250m:	3:26.41 43.07	350m:	4:54.31 44.42
	100m:	1:17.01 40.94	200m:	2:43.34 43.16	300m:	4:09.89 43.48	400m:	5:33.38 39.07

senioren - U25

1.	DE VETTE, Isabel		04	Pijnackerse Watervrienden			5:57.57	
	50m:	39.69 39.69	150m:	2:08.79 44.81	250m:	3:40.21 45.82	350m:	5:13.22 46.51
	100m:	1:23.98 44.29	200m:	2:54.39 45.60	300m:	4:26.71 46.50	400m:	5:57.57 44.35

veteranen U30

1.	DE PUE, Ine		99	Vrije Zwemmers Sint-Amandsberg			5:24.14	
	50m:	34.07 34.07	150m:	1:54.10 41.21	250m:	3:18.29 42.01	350m:	4:43.05 42.37
	100m:	1:12.89 38.82	200m:	2:36.28 42.18	300m:	4:00.68 42.39	400m:	5:24.14 41.09
2.	DE ROOSE, Sarah		96	Vzr			6:30.63	
	50m:	40.92 40.92	150m:	2:15.73 48.77	250m:	3:57.95 51.78	350m:	5:41.36 52.36
	100m:	1:26.96 46.04	200m:	3:06.17 50.44	300m:	4:49.00 51.05	400m:	6:30.63 49.27

veteranen U35

1.	VAN DEN BERGH, Quittry		93	Zwemclub Vrij Merksem			5:29.32	
	50m:	36.66 36.66	150m:	1:58.62 41.41	250m:	3:22.70 42.33	350m:	4:47.62 42.43
	100m:	1:17.21 40.55	200m:	2:40.37 41.75	300m:	4:05.19 42.49	400m:	5:29.32 41.70

veteranen U55

1.	VANDAELE, Tineke		75	Zwemclub Interbad Brugge			6:06.70	
	50m:	40.05 40.05	150m:	2:10.31 45.99	250m:	3:44.77 47.42	350m:	5:20.47 48.05
	100m:	1:24.32 44.27	200m:	2:57.35 47.04	300m:	4:32.42 47.65	400m:	6:06.70 46.23