

GPSK 2025
Kortrijk, 3 - 4/5/2025

Programmanr. 27
4/05/2025 - 9:43

Dames, 400m vrije slag

11 jaar en ouder
Resultaten

Punten: AQUA 2024

Rang	Inschr.						Tijd	Pnt				
11 - 12 jaar												
1.	Lagacie Axelle			IKZ/21140/13			5:05.04	5:16.81	410			
	50m:	34.98	34.98	150m:	1:54.53	40.40	250m:	3:15.89	40.61	350m:	4:37.59	40.41
	100m:	1:14.13	39.15	200m:	2:35.28	40.75	300m:	3:57.18	41.29	400m:	5:16.81	39.22
2.	Adriaensen Lena			MOZKA/21148/13			5:35.77	5:28.43	368			
	50m:	35.55	35.55	150m:	1:58.88	43.31	250m:	3:26.19	43.98	350m:	4:51.02	42.66
	100m:	1:15.57	40.02	200m:	2:42.21	43.33	300m:	4:08.36	42.17	400m:	5:28.43	37.41
3.	Saranchuk Milana			BOUST/012048/15			5:56.35	5:29.23	365			
	50m:	37.54	37.54	150m:	2:03.21	42.88	250m:	3:27.64	42.16	350m:	4:52.13	41.30
	100m:	1:20.33	42.79	200m:	2:45.48	42.27	300m:	4:10.83	43.19	400m:	5:29.23	37.10
4.	Van Steenkiste Lia			TZT/21138/13			5:32.45	5:30.23	362			
	50m:	35.76	35.76	150m:	1:57.85	42.07	250m:	3:24.67	43.68	350m:	4:50.03	42.37
	100m:	1:15.78	40.02	200m:	2:40.99	43.14	300m:	4:07.66	42.99	400m:	5:30.23	40.20
5.	Mattheeussen Ella			AZK/21080/13			5:35.11	5:30.47	361			
	50m:	37.26	37.26	150m:	2:01.22	42.57	250m:	3:26.22	42.36	350m:	4:51.28	41.51
	100m:	1:18.65	41.39	200m:	2:43.86	42.64	300m:	4:09.77	43.55	400m:	5:30.47	39.19
6.	De Wever Maud			IKZ/21138/13			5:38.92	5:38.15	337			
	50m:	37.76	37.76	150m:	2:02.89	43.02	250m:	3:30.05	43.79	350m:	4:57.05	42.60
	100m:	1:19.87	42.11	200m:	2:46.26	43.37	300m:	4:14.45	44.40	400m:	5:38.15	41.10
7.	Vernieuwe Leanne			TZT/21126/14			5:40.57	5:50.51	302			
	50m:	37.58	37.58	150m:	2:08.73	46.30	250m:	3:39.69	45.18	350m:	5:08.90	43.76
	100m:	1:22.43	44.85	200m:	2:54.51	45.78	300m:	4:25.14	45.45	400m:	5:50.51	41.61
8.	Tyvaert Babette			ISWIM/21121/14			5:52.58	5:54.33	293			
	50m:	37.87	37.87	150m:	2:08.29	46.28	250m:	3:40.42	46.38	350m:	5:12.20	45.59
	100m:	1:22.01	44.14	200m:	2:54.04	45.75	300m:	4:26.61	46.19	400m:	5:54.33	42.13
9.	Deceuninck Emma			TZT/21122/13			5:57.96	5:57.37	285			
	50m:	38.95	38.95	150m:	2:11.74	46.76	250m:	3:45.60	47.38	350m:	5:13.60	45.12
	100m:	1:24.98	46.03	200m:	2:58.22	46.48	300m:	4:28.48	42.88	400m:	5:57.37	43.77
10.	Huyben Stien			TZT/21141/14			5:52.71	5:58.46	283			
	50m:	38.30	38.30	150m:	2:09.79	46.79	250m:	3:43.50	46.51	350m:	5:14.72	45.39
	100m:	1:23.00	44.70	200m:	2:56.99	47.20	300m:	4:29.33	45.83	400m:	5:58.46	43.74
11.	Bollaert Amelie			IKZ/21158/13			6:04.37	6:01.88	275			
	50m:	40.52	40.52	150m:	2:12.86	46.47	250m:	3:46.36	46.10	350m:	5:18.13	45.55
	100m:	1:26.39	45.87	200m:	3:00.26	47.40	300m:	4:32.58	46.22	400m:	6:01.88	43.75

13 - 14 jaar

1.	Vandamme Louna			DM/009393/11	4:40.46	4:42.14	580		
	50m:	32.05	32.05	150m:	1:43.11	35.82	250m:	2:54.86	35.69
	100m:	1:07.29	35.24	200m:	2:19.17	36.06	300m:	3:31.29	36.43
							350m:	4:07.30	36.01
							400m:	4:42.14	34.84
2.	Lammens Mary			TZT/21095/11	4:30.52	4:43.88	570		
	50m:	32.50	32.50	150m:	1:44.06	35.70	250m:	2:56.34	36.23
	100m:	1:08.36	35.86	200m:	2:20.11	36.05	300m:	3:33.01	36.67
							350m:	4:09.22	36.21
							400m:	4:43.88	34.66
3.	De Bruycker Chloë			TZT/21096/11	4:36.77	4:46.92	552		
	50m:	33.32	33.32	150m:	1:47.20	37.08	250m:	3:00.70	36.03
	100m:	1:10.12	36.80	200m:	2:24.67	37.47	300m:	3:37.23	36.53
							350m:	4:12.64	35.41
							400m:	4:46.92	34.28
4.	Vandekerckhove Juliette			TZT/21114/11	4:45.65	4:49.62	536		
	50m:	33.27	33.27	150m:	1:46.73	37.74	250m:	3:01.35	37.16
	100m:	1:08.99	35.72	200m:	2:24.19	37.46	300m:	3:38.04	36.69
							350m:	4:14.29	36.25
							400m:	4:49.62	35.33
5.	Meulemeester Nore			TZT/21101/11	4:49.05	4:51.49	526		
	50m:	33.34	33.34	150m:	1:46.65	36.89	250m:	3:00.90	37.00
	100m:	1:09.76	36.42	200m:	2:23.90	37.25	300m:	3:38.41	37.51
							350m:	4:16.16	37.75
							400m:	4:51.49	35.33

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Programmanr. 27, Meisjes, 400m vrije slag, 13 - 14 jaar

Rang					Inshr.	Tijd	Pnt		
6.	Linskens Elloise				TZT/21098/11 4:51.54	4:57.65	494		
	50m:	33.36	33.36	150m:	1:48.20 37.73	250m:	3:05.17 38.48	350m:	4:21.24 38.09
	100m:	1:10.47	37.11	200m:	2:26.69 38.49	300m:	3:43.15 37.98	400m:	4:57.65 36.41
7.	De Bruyne Silke				ISWIM/21138/11 5:07.67	4:59.24	486		
	50m:	34.56	34.56	150m:	1:51.35 38.15	250m:	3:07.04 37.51	350m:	4:23.25 37.90
	100m:	1:13.20	38.64	200m:	2:29.53 38.18	300m:	3:45.35 38.31	400m:	4:59.24 35.99
8.	Serey Mendoza Maylén				BOUST/012818/15:02.28	5:00.67	479		
	50m:	33.93	33.93	150m:	1:49.23 38.19	250m:	3:06.10 38.45	350m:	4:23.23 38.47
	100m:	1:11.04	37.11	200m:	2:27.65 38.42	300m:	3:44.76 38.66	400m:	5:00.67 37.44
9.	Darras Nina				TZT/21097/11 4:51.36	5:00.98	478		
	50m:	33.78	33.78	150m:	1:49.46 38.20	250m:	3:06.54 38.34	350m:	4:23.87 38.52
	100m:	1:11.26	37.48	200m:	2:28.20 38.74	300m:	3:45.35 38.81	400m:	5:00.98 37.11
10.	Gantois Janne				TZT/21162/11 4:45.70	5:01.25	477		
	50m:	33.69	33.69	150m:	1:49.18 37.72	250m:	3:05.83 38.46	350m:	4:23.89 38.70
	100m:	1:11.46	37.77	200m:	2:27.37 38.19	300m:	3:45.19 39.36	400m:	5:01.25 37.36
11.	Lauwers Sofie				KST/21054/11 4:56.27	5:02.48	471		
	50m:	33.23	33.23	150m:	1:49.49 39.27	250m:	3:07.82 38.62	350m:	4:25.14 38.16
	100m:	1:10.22	36.99	200m:	2:29.20 39.71	300m:	3:46.98 39.16	400m:	5:02.48 37.34
12.	Kemps Elize				MOZKA/21083/114:58.19	5:05.57	457		
	50m:	33.57	33.57	150m:	1:50.99 39.48	250m:	3:09.42 39.05	350m:	4:28.49 39.60
	100m:	1:11.51	37.94	200m:	2:30.37 39.38	300m:	3:48.89 39.47	400m:	5:05.57 37.08
13.	Druwel Nora				TiMe/21023/11 5:06.14	5:06.15	454		
	50m:	34.32	34.32	150m:	1:52.08 39.47	250m:	3:11.09 39.58	350m:	4:28.57 38.47
	100m:	1:12.61	38.29	200m:	2:31.51 39.43	300m:	3:50.10 39.01	400m:	5:06.15 37.58
14.	Melis Vlinder				KST/21076/12 4:56.67	5:06.17	454		
	50m:	31.75	31.75	150m:	1:49.59 40.84	250m:	3:09.53 38.74	350m:	4:29.94 40.48
	100m:	1:08.75	37.00	200m:	2:30.79 41.20	300m:	3:49.46 39.93	400m:	5:06.17 36.23
15.	Geypen Wies				MOZKA/21098/115:10.92	5:08.18	445		
	50m:	34.99	34.99	150m:	1:52.92 39.12	250m:	3:12.42 39.79	350m:	4:30.79 38.26
	100m:	1:13.80	38.81	200m:	2:32.63 39.71	300m:	3:52.53 40.11	400m:	5:08.18 37.39
16.	Delrue Aure				DMI/41082/12 5:12.73	5:14.06	420		
	50m:	36.27	36.27	150m:	1:57.70 40.82	250m:	3:19.00 40.47	350m:	4:38.75 39.35
	100m:	1:16.88	40.61	200m:	2:38.53 40.83	300m:	3:59.40 40.40	400m:	5:14.06 35.31
17.	Vernieuwe Irene				TZT/21110/12 5:10.37	5:15.13	416		
	50m:	34.28	34.28	150m:	1:53.59 40.11	250m:	3:14.94 40.81	350m:	4:36.77 40.79
	100m:	1:13.48	39.20	200m:	2:34.13 40.54	300m:	3:55.98 41.04	400m:	5:15.13 38.36
18.	Huyben Isolde				TZT/21123/12 5:06.53	5:15.32	415		
	50m:	35.81	35.81	150m:	1:54.36 39.47	250m:	3:15.47 40.21	350m:	4:37.14 40.76
	100m:	1:14.89	39.08	200m:	2:35.26 40.90	300m:	3:56.38 40.91	400m:	5:15.32 38.18
19.	Decupere Laurence				KZK/21142/12 5:25.19	5:15.82	413		
	50m:	36.63	36.63	150m:	1:57.60 40.50	250m:	3:17.73 39.84	350m:	4:38.06 39.58
	100m:	1:17.10	40.47	200m:	2:37.89 40.29	300m:	3:58.48 40.75	400m:	5:15.82 37.76
20.	Noppe Pauline				IKZ/21126/12 5:13.91	5:18.49	403		
	50m:	35.67	35.67	150m:	1:58.09 41.26	250m:	3:20.38 41.36	350m:	4:40.62 39.59
	100m:	1:16.83	41.16	200m:	2:39.02 40.93	300m:	4:01.03 40.65	400m:	5:18.49 37.87
21.	Verhelst Tiele				IKZ/21113/11 5:07.13	5:19.38	400		
	50m:	35.53	35.53	150m:	1:57.59 41.30	250m:	3:20.18 41.27	350m:	4:41.66 40.02
	100m:	1:16.29	40.76	200m:	2:38.91 41.32	300m:	4:01.64 41.46	400m:	5:19.38 37.72
22.	Berkein Alessia				STA/21077/12 5:27.54	5:19.39	400		
	50m:	35.04	35.04	150m:	1:55.78 41.21	250m:	3:18.12 41.28	350m:	4:39.89 40.82
	100m:	1:14.57	39.53	200m:	2:36.84 41.06	300m:	3:59.07 40.95	400m:	5:19.39 39.50
23.	Buyle Laure				STA/21064/11 5:17.86	5:26.69	374		
	50m:	36.57	36.57	150m:	1:59.81 41.87	250m:	3:24.05 41.84	350m:	4:46.40 41.32
	100m:	1:17.94	41.37	200m:	2:42.21 42.40	300m:	4:05.08 41.03	400m:	5:26.69 40.29

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Programmanr. 27, Meisjes, 400m vrije slag, 13 - 14 jaar

Rang							Inschr.	Tijd	Pnt			
24.	Claeys Elena			TZT/21129/12			5:20.96	5:27.91	369			
	50m:	36.55	36.55	150m:	1:59.94	41.64	250m:	3:23.32	41.27	350m:	4:47.56	42.86
	100m:	1:18.30	41.75	200m:	2:42.05	42.11	300m:	4:04.70	41.38	400m:	5:27.91	40.35
25.	Billet Soline			DM/010475/12			5:26.45	5:33.10	352			
	50m:	37.36	37.36	150m:	2:02.50	42.53	250m:	3:29.70	43.02	350m:	4:53.80	41.55
	100m:	1:19.97	42.61	200m:	2:46.68	44.18	300m:	4:12.25	42.55	400m:	5:33.10	39.30
26.	Brouwers Mischa			AZK/21087/12			5:46.43	5:41.17	328			
	50m:	36.11	36.11	150m:	2:01.72	43.46	250m:	3:30.89	44.33	350m:	5:00.21	44.64
	100m:	1:18.26	42.15	200m:	2:46.56	44.84	300m:	4:15.57	44.68	400m:	5:41.17	40.96

15 - 16 jaar

1.	D'Haeseleer Fran			DMI/21063/10			4:39.22	4:39.82		595		
	50m:	32.97	32.97	150m:	1:44.58	35.78	250m:	2:56.58	35.74	350m:	4:07.06	34.84
	100m:	1:08.80	35.83	200m:	2:20.84	36.26	300m:	3:32.22	35.64	400m:	4:39.82	32.76
2.	De Mulder Chloë			STA/21049/10			4:49.76	4:50.69		530		
	50m:	33.52	33.52	150m:	1:45.71	36.40	250m:	2:59.13	36.92	350m:	4:14.29	37.79
	100m:	1:09.31	35.79	200m:	2:22.21	36.50	300m:	3:36.50	37.37	400m:	4:50.69	36.40
3.	Vlamijnck Lore			STA/21024/09			4:59.32	5:00.31		481		
	50m:	34.05	34.05	150m:	1:49.78	38.18	250m:	3:05.90	38.21	350m:	4:23.44	38.60
	100m:	1:11.60	37.55	200m:	2:27.69	37.91	300m:	3:44.84	38.94	400m:	5:00.31	36.87
4.	Depuydt Hasse			IKZ/21166/09			5:03.14	5:08.27		445		
	50m:	34.37	34.37	150m:	1:51.28	38.88	250m:	3:10.19	39.09	350m:	4:29.96	40.03
	100m:	1:12.40	38.03	200m:	2:31.10	39.82	300m:	3:49.93	39.74	400m:	5:08.27	38.31

17 jaar en ouder

1.	Debecker Charlotte			DMI/21010/08			4:38.56		4:35.01		626	
	50m:	32.44	32.44	150m:	1:42.52	35.07	250m:	2:51.91	34.70	350m:	4:01.78	35.05
	100m:	1:07.45	35.01	200m:	2:17.21	34.69	300m:	3:26.73	34.82	400m:	4:35.01	33.23
2.	Sprangers Kato			MOZKA/21109/08			4:43.30		4:52.92		518	
	50m:	33.36	33.36	150m:	1:47.00	36.32	250m:	3:01.10	37.19	350m:	4:16.24	37.24
	100m:	1:10.68	37.32	200m:	2:23.91	36.91	300m:	3:39.00	37.90	400m:	4:52.92	36.68
3.	Vermaut Celine			KZK/21125/99			5:13.23		4:59.01		487	
	50m:	32.70	32.70	150m:	1:46.53	37.40	250m:	3:03.83	38.67	350m:	4:21.51	38.53
	100m:	1:09.13	36.43	200m:	2:25.16	38.63	300m:	3:42.98	39.15	400m:	4:59.01	37.50
4.	Ceulemans Hanne			AZK/21038/08			4:50.63		5:03.87		464	
	50m:	33.21	33.21	150m:	1:47.91	38.20	250m:	3:06.25	39.45	350m:	4:25.07	39.52
	100m:	1:09.71	36.50	200m:	2:26.80	38.89	300m:	3:45.55	39.30	400m:	5:03.87	38.80
5.	Aernouts Roos			AZK/21040/08			5:25.68		5:24.07		383	
	50m:	35.49	35.49	150m:	1:58.00	42.27	250m:	3:22.44	42.55	350m:	4:46.18	41.88
	100m:	1:15.73	40.24	200m:	2:39.89	41.89	300m:	4:04.30	41.86	400m:	5:24.07	37.89
6.	Van Quaethem Anke			TiMe/21032/07			5:27.60		5:26.30		375	
	50m:	36.30	36.30	150m:	1:58.46	41.54	250m:	3:22.47	42.48	350m:	4:46.80	41.96
	100m:	1:16.92	40.62	200m:	2:39.99	41.53	300m:	4:04.84	42.37	400m:	5:26.30	39.50