

Prueba 2
12/04/2025

400m Libre

20 - 84 años
Resultados

		AN			Tiempo					
20 - 24 años										
19,00	MARTI HOLGADO, Tomas	05	C.N. Medio Cudeyo		4:23.16					
	50m: 30.21 30.21	150m: 1:35.60	32.98	250m: 2:42.86	33.69	350m: 3:50.78	33.87			
	100m: 1:02.62 32.41	200m: 2:09.17	33.57	300m: 3:16.91	34.05	400m: 4:23.16	32.38			
16,00	LINTEAN, Valentin	01	C.N. Las Norias		4:47.72					
	50m: 31.99 31.99	150m: 1:43.41	36.05	250m: 2:56.60	36.98	350m: 4:10.90	37.04			
	100m: 1:07.36 35.37	200m: 2:19.62	36.21	300m: 3:33.86	37.26	400m: 4:47.72	36.82			
14,00	AMEDO GIBAJA, Julen	02	C.N. Judizmendi		4:51.26					
	50m: 31.39 31.39	150m: 1:43.82	37.09	250m: 2:58.97	37.60	350m: 4:14.42	37.37			
	100m: 1:06.73 35.34	200m: 2:21.37	37.55	300m: 3:37.05	38.08	400m: 4:51.26	36.84			
13,00	ARIZTI SAENZ DE VITERI, Iزارo	02	C.N. Judizmendi		5:05.72					
	50m: 34.13 34.13	150m: 1:50.17	38.85	250m: 3:08.21	38.93	350m: 4:26.91	39.79			
	100m: 1:11.32 37.19	200m: 2:29.28	39.11	300m: 3:47.12	38.91	400m: 5:05.72	38.81			
12,00	SORIA PAZ, Leyre	05	C.N. Las Norias		5:05.97					
	50m: 36.09 36.09	150m: 1:51.18	37.49	250m: 3:07.90	38.80	350m: 4:26.14	39.14			
	100m: 1:13.69 37.60	200m: 2:29.10	37.92	300m: 3:47.00	39.10	400m: 5:05.97	39.83			
	- LOROÑO BENGEOA, Kimetz	02	Galdakao I.T.							
25 - 29 años										
19,00	MARTINEZ GARCIA, Sergio	97	A. Campurriana Natacion		4:43.49					
	50m: 31.84 31.84	150m: 1:41.45	35.10	250m: 2:54.35	36.69	350m: 4:07.83	36.43			
	100m: 1:06.35 34.51	200m: 2:17.66	36.21	300m: 3:31.40	37.05	400m: 4:43.49	35.66			
16,00	MANZANARES VICARIO, Javier	00	C.N. Las Norias		5:06.32					
	50m: 34.06 34.06	150m: 1:50.80	39.21	250m: 3:10.08	39.53	350m: 4:29.71	39.90			
	100m: 1:11.59 37.53	200m: 2:30.55	39.75	300m: 3:49.81	39.73	400m: 5:06.32	36.61			
14,00	BELTRAN DE GUEVARA GONZALEZ [96	MAC.N.	Menditxo		6:17.00					
	50m: 40.38 40.38	150m: 2:10.31	46.16	250m: 3:46.53	48.71	350m: 5:26.91	50.80			
	100m: 1:24.15 43.77	200m: 2:57.82	47.51	300m: 4:36.11	49.58	400m: 6:17.00	50.09			
13,00	GARLITO CORADA, Aitana	96	C.N. Menditxo		6:39.55					
	50m: 1:29.30 1:29.30	150m: 3:11.89	52.84	250m: 4:57.85	52.97	350m: 6:39.81	49.64			
	100m: 2:19.05 49.75	200m: 4:04.88	52.99	300m: 5:50.17	52.32	400m: 6:39.55				
12,00	BARBON ZAPICO, Jennifer	99	C.D. Tizona Burgos		8:12.80					
	50m: 50.46 50.46	150m: 2:49.38	1:01.33	250m: 4:57.74	1:03.82	350m: 7:10.20	1:05.98			
	100m: 1:48.05 57.59	200m: 3:53.92	1:04.54	300m: 6:04.22	1:06.48	400m: 8:12.80	1:02.60			
30 - 34 años										
19,00	SALVADOR RAMIREZ, Angel	92	Club Natación Rivalia		4:57.61					
	50m: 32.90 32.90	150m: 1:46.59	37.01	250m: 3:02.32	37.99	350m: 4:19.50	38.88			
	100m: 1:09.58 36.68	200m: 2:24.33	37.74	300m: 3:40.62	38.30	400m: 4:57.61	38.11			
16,00	GUINEA PARDO, Guillermo	94	C.N. Menditxo		5:33.36					
	50m: 39.32 39.32	150m: 2:04.41	43.56	250m: 3:30.15	42.13	350m: 4:54.06	41.96			
	100m: 1:20.85 41.53	200m: 2:48.02	43.61	300m: 4:12.10	41.95	400m: 5:33.36	39.30			
35 - 39 años										
19,00	GONZALEZ PEREDA, Mario	87	Galdakao I.T.		4:49.35					
	50m: 32.51 32.51	150m: 1:45.88	36.98	250m: 3:00.28	37.08	350m: 4:14.53	36.72			
	100m: 1:08.90 36.39	200m: 2:23.20	37.32	300m: 3:37.81	37.53	400m: 4:49.35	34.82			

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40 - 44 años

19,00	FRAILE SEIJAS, Miguel Angel	81	C.N. Santurtzi	4:54.58
	50m: 33.30 33.30 150m: 1:46.56 36.75 250m: 3:01.87 37.81 350m: 4:17.95 37.90			
	100m: 1:09.81 36.51 200m: 2:24.06 37.50 300m: 3:40.05 38.18 400m: 4:54.58 36.63			
16,00	PRIOR PALACIN, Almudena	81	C.N. Logroño	5:27.85
	50m: 36.46 36.46 150m: 1:56.92 40.85 250m: 3:21.28 42.59 350m: 4:46.78 42.79			
	100m: 1:16.07 39.61 200m: 2:38.69 41.77 300m: 4:03.99 42.71 400m: 5:27.85 41.07			
14,00	LOPEZ GUERRERO, Fernando	81	C.N. Iregua-Villamediana	6:07.32
	50m: 39.90 39.90 150m: 2:09.45 45.72 250m: 3:42.93 46.84 350m: 5:18.47 48.16			
	100m: 1:23.73 43.83 200m: 2:56.09 46.64 300m: 4:30.31 47.38 400m: 6:07.32 48.85			

45 - 49 años

19,00	MARCELLAN PEREZ, Eduardo	78	Club Natación Rivalia	4:48.76
	50m: 32.70 32.70 150m: 1:45.92 36.85 250m: 3:00.29 37.24 350m: 4:15.32 37.34			
	100m: 1:09.07 36.37 200m: 2:23.05 37.13 300m: 3:37.98 37.69 400m: 4:48.76 33.44			
16,00	CALDERON ZAPATERIA, Diego	78	C.N. Menditxo	5:00.66
	50m: 34.94 34.94 150m: 1:50.88 38.14 250m: 3:06.33 37.71 350m: 4:22.75 38.30			
	100m: 1:12.74 37.80 200m: 2:28.62 37.74 300m: 3:44.45 38.12 400m: 5:00.66 37.91			
14,00	GOÑI IRADI, Arkaitz	80	Arenas S.D.R.	5:20.93
	50m: 35.20 35.20 150m: 3:16.81 41.30 250m: 5:21.26 1:22.99 350m:			
	100m: 2:35.51 2:00.31 200m: 3:58.27 41.46 300m: 5:40.61 19.35 400m: 5:20.93			
13,00	JAUREGUI MAIZA, Kepa	79	C.N. Menditxo	5:36.60
	50m: 39.34 39.34 150m: 2:04.96 43.63 250m: 3:31.51 43.20 350m: 4:55.48 41.92			
	100m: 1:21.33 41.99 200m: 2:48.31 43.35 300m: 4:13.56 42.05 400m: 5:36.60 41.12			
12,00	LARREA ONAINDIA, Jon	78	C.N. Las Norias	5:58.18
	50m: 36.81 36.81 150m: 2:03.20 44.66 250m: 3:36.33 46.93 350m: 5:11.57 47.55			
	100m: 1:18.54 41.73 200m: 2:49.40 46.20 300m: 4:24.02 47.69 400m: 5:58.18 46.61			
-	MUÑOZ CLAVIJO, Miguel	77	C.N. Las Norias	5:57.09
	50m: 39.70 39.70 150m: 2:09.03 45.01 250m: 3:40.30 45.63 350m: 5:11.73 45.66			
	100m: 1:24.02 44.32 200m: 2:54.67 45.64 300m: 4:26.07 45.77 400m: 5:57.09 45.36			

50 - 54 años

19,00	GOÑI IRADI, Luis	73	Kairoscore	4:34.79
	50m: 31.72 31.72 150m: 1:40.10 34.45 250m: 2:50.00 34.97 350m: 4:00.20 35.24			
	100m: 1:05.65 33.93 200m: 2:15.03 34.93 300m: 3:24.96 34.96 400m: 4:34.79 34.59			
16,00	MIRAS MORENO, Jose	74	C.N. Santurtzi	4:55.22
	50m: 34.41 34.41 150m: 1:49.11 37.26 250m: 3:04.48 37.52 350m: 4:19.18 37.53			
	100m: 1:11.85 37.44 200m: 2:26.96 37.85 300m: 3:41.65 37.17 400m: 4:55.22 36.04			
14,00	LLANO PALACIOS, Sonia	75	C.N. Santurtzi	5:04.75
	50m: 35.13 35.13 150m: 1:51.29 38.26 250m: 3:08.49 38.63 350m: 4:26.37 39.03			
	100m: 1:13.03 37.90 200m: 2:29.86 38.57 300m: 3:47.34 38.85 400m: 5:04.75 38.38			
13,00	PEÑA PACHON, Lucia	75	C.N. Iregua-Villamediana	6:19.02
	50m: 42.18 42.18 150m: 2:16.64 47.96 250m: 3:54.13 48.53 350m: 5:31.99 48.92			
	100m: 1:28.68 46.50 200m: 3:05.60 48.96 300m: 4:43.07 48.94 400m: 6:19.02 47.03			
12,00	SESE GARCIA, Rosa Ana	75	Sopela Igeriketa Swim	7:23.06
	50m: 47.17 47.17 150m: 2:37.43 56.63 250m: 4:33.60 57.46 350m: 6:29.83 58.64			
	100m: 1:40.80 53.63 200m: 3:36.14 58.71 300m: 5:31.19 57.59 400m: 7:23.06 53.23			

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55 - 59 años

19,00	CASTROVIEJO FERNANDEZ, Raul	68	Club Natación Rivalia					5:21.15				
	50m:	37.11	37.11	150m:	1:57.63	40.69	250m:	3:20.08	41.20	350m:		
	100m:	1:16.94	39.83	200m:	2:38.88	41.25	300m:	4:01.47	41.39	400m:	5:21.15	
16,00	LARRUCEA CASTAÑEDA, Ramon Ang	69	C.N. Santurtzi					5:50.70				
	50m:	39.07	39.07	150m:	2:05.41	43.68	250m:	3:37.17	45.97	350m:	5:07.34	44.81
	100m:	1:21.73	42.66	200m:	2:51.20	45.79	300m:	4:22.53	45.36	400m:	5:50.70	43.36
14,00	ROSAENZ OCHOA, Rosa Ana	68	C.N. Iregua-Villamediana					7:04.07				
	50m:	48.74	48.74	150m:	2:33.39	53.15	250m:	4:21.21	53.98	350m:	6:12.55	55.36
	100m:	1:40.24	51.50	200m:	3:27.23	53.84	300m:	5:17.19	55.98	400m:	7:04.07	51.52
13,00	FUERTES ZAPATA, Maria	70	C.D. Tizona Burgos					8:15.66				
	50m:	57.19	57.19	150m:	3:02.23	1:03.58	250m:	5:08.48	1:03.04	350m:	7:14.28	1:02.61
	100m:	1:58.65	1:01.46	200m:	4:05.44	1:03.21	300m:	6:11.67	1:03.19	400m:	8:15.66	1:01.38