

Critérium Promotionnel FFBN
Charleroi, 5 - 6/4/2025

Epreuve 9
05/04/2025

Filles, 400m Libre

11 - 14 ans
Liste résultats

11: 6:15.00; 12: 5:55.00; 13: 5:35.00; 14: 5:23.00

Points: AQUA 2025

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	FINA				
11 ans												
	1.	LECOMTE CAMARA, Camille	14	MOSAN	BEL	6:28.62	6:03.67	271				
		50m: 38.70 38.70	150m: 2:08.32 45.81	250m: 3:42.84 47.50	350m: 5:19.21 47.74							
		100m: 1:22.51 43.81	200m: 2:55.34 47.02	300m: 4:31.47 48.63	400m: 6:03.67 44.46							
	2.	DEPAEPE, Louisa	14	ONS	BEL	6:29.06	6:10.35	256				
		50m: 41.51 41.51	150m: 2:16.13 47.98	250m: 3:51.60 47.95	350m: 5:24.99 46.25							
		100m: 1:28.15 46.64	200m: 3:03.65 47.52	300m: 4:38.74 47.14	400m: 6:10.35 45.36							
	3.	BOUCART, Nyssa	14	AQUABLA	BEL	6:52.16	6:11.37	254				
		50m: 41.38 41.38	150m: 2:16.90 48.79	250m: 3:53.20 49.13	350m: 5:28.32 47.49							
		100m: 1:28.11 46.73	200m: 3:04.07 47.17	300m: 4:40.83 47.63	400m: 6:11.37 43.05							
	4.	ORPHANIDES, Alexia	14	CNSW	CYP	NT	6:15.58	246				
		50m: 40.44 40.44	150m: 2:17.24 49.22	250m: 3:53.00 46.57	350m: 5:28.56 47.04							
		100m: 1:28.02 47.58	200m: 3:06.43 49.19	300m: 4:41.52 48.52	400m: 6:15.58 47.02							
	5.	CARAMANNA, Lissy	14	BCSG	BEL	6:28.64	6:17.85	241				
		50m: 42.44 42.44	150m: 2:20.68 49.57	250m: 3:59.38 49.99	350m: 5:36.08 48.48							
		100m: 1:31.11 48.67	200m: 3:09.39 48.71	300m: 4:47.60 48.22	400m: 6:17.85 41.77							
	6.	TAZMI, Inès	14	CNBA	BEL	NT	6:22.10	233				
		50m: 42.04 42.04	150m: 2:21.01 50.20	250m: 3:58.96 49.51	350m: 5:36.39 47.49							
		100m: 1:30.81 48.77	200m: 3:09.45 48.44	300m: 4:48.90 49.94	400m: 6:22.10 45.71							
	7.	DJEMAL, Lilia	14	HELIOS	BEL	7:01.82	6:35.73	210				
		50m: 41.57 41.57	150m: 2:24.11 52.60	250m: 4:07.93 52.57	350m: 5:50.20 49.98							
		100m: 1:31.51 49.94	200m: 3:15.36 51.25	300m: 5:00.22 52.29	400m: 6:35.73 45.53							
	8.	BIFOLCHI, Elena	14	CNSW	ITA	NT	6:36.70	208				
		50m: 44.16 44.16	150m: 2:24.54 51.36	250m: 4:03.94 49.85	350m: 5:46.84 51.55							
		100m: 1:33.18 49.02	200m: 3:14.09 49.55	300m: 4:55.29 51.35	400m: 6:36.70 49.86							
	9.	LEPOUTRE, Eléonore	14	AQUABLA	BEL	8:21.03	6:41.44	201				
		50m: 45.80 45.80	150m: 2:29.71 51.79	250m: 4:12.75 51.23	350m: 5:54.23 49.58							
		100m: 1:37.92 52.12	200m: 3:21.52 51.81	300m: 5:04.65 51.90	400m: 6:41.44 47.21							
	10.	DUMONT, Lauryne	14	BCSG	BEL	7:33.59	6:49.97	189				
		50m: 47.18 47.18	150m: 2:34.48 54.07	250m: 4:20.40 55.81	350m: 6:04.51 51.81							
		100m: 1:40.41 53.23	200m: 3:24.59 50.11	300m: 5:12.70 52.30	400m: 6:49.97 45.46							
	11.	FAUCON, Amélie	14	AQUABLA	BEL	NT	6:54.29	183				
		50m: 44.63 44.63	150m: 2:30.21 54.15	250m: 4:19.93 54.96	350m: 6:06.14 52.89							
		100m: 1:36.06 51.43	200m: 3:24.97 54.76	300m: 5:13.25 53.32	400m: 6:54.29 48.15							
	12.	BODART, Liz	14	NOC	BEL	NT	7:01.45	174				
		50m: 42.70 42.70	150m: 2:27.11 54.16	250m: 4:17.48 56.62	350m: 6:07.75 53.31							
		100m: 1:32.95 50.25	200m: 3:20.86 53.75	300m: 5:14.44 56.96	400m: 7:01.45 53.70							
	13.	ANGELY, Lou	14	ENLN	BEL	7:07.62	7:01.66	173				
		50m: 49.42 49.42	150m: 2:37.18 52.99	250m: 4:25.71 54.94	350m: 6:12.87 53.00							
		100m: 1:44.19 54.77	200m: 3:30.77 53.59	300m: 5:19.87 54.16	400m: 7:01.66 48.79							
	14.	ROENEN, Zoé	14	MOSAN	BEL	NT	7:10.06	163				
		50m: 46.72 46.72	150m: 2:34.79 56.18	250m: 4:26.74 56.89	350m: 6:19.14 56.82							
		100m: 1:38.61 51.89	200m: 3:29.85 55.06	300m: 5:22.32 55.58	400m: 7:10.06 50.92							
	15.	LETELLIER, Lyzie	14	HELIOS	BEL	7:25.42	7:33.69	139				
		50m: 50.99 50.99	150m: 2:46.76 57.91	250m: 4:41.69 56.74	350m: 6:37.07 57.55							
		100m: 1:48.85 57.86	200m: 3:44.95 58.19	300m: 5:39.52 57.83	400m: 7:33.69 56.62							
12 ans												
	1.	OZER, Nehir	13	CNSW	TUR	5:55.54	5:44.18	319				
		50m: 40.23 40.23	150m: 2:08.11 43.91	250m: 3:35.54 43.61	350m: 5:03.05 43.88							
		100m: 1:24.20 43.97	200m: 2:51.93 43.82	300m: 4:19.17 43.63	400m: 5:44.18 41.13							
	2.	VAN DAMME, Eleonore	13	ONS	BEL	6:02.30	5:48.63	307				
		50m: 39.03 39.03	150m: 2:07.14 44.87	250m: 3:37.06 45.50	350m: 5:05.91 44.00							
		100m: 1:22.27 43.24	200m: 2:51.56 44.42	300m: 4:21.91 44.85	400m: 5:48.63 42.72							
	3.	T'SJOEN, Aeva	13	ONS	BEL	6:03.67	5:53.57	295				
		50m: 40.15 40.15	150m: 2:11.32 47.02	250m: 3:41.72 46.12	350m: 5:12.21 44.92							
		100m: 1:24.30 44.15	200m: 2:55.60 44.28	300m: 4:27.29 45.57	400m: 5:53.57 41.36							

Critérium Promotionnel FFBN
Charleroi, 5 - 6/4/2025

Epreuve 9, Filles, 400m Libre, 12 ans

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	FINA			
	4.	EL MOUSSAOUI, Mayssane	13	CNSW	BEL	6:42.61	5:56.41	288			
		50m: 40.94 40.94	150m: 2:12.11 46.22	250m: 3:45.24 45.97	350m: 5:16.87 45.90						
		100m: 1:25.89 44.95	200m: 2:59.27 47.16	300m: 4:30.97 45.73	400m: 5:56.41 39.54						
	5.	LETELLIER, Leyna	13	HELIOS	BEL	5:57.61	6:07.04	263			
		50m: 40.56 40.56	150m: 2:14.37 47.59	250m: 3:48.84 47.56	350m: 5:22.42 46.21						
		100m: 1:26.78 46.22	200m: 3:01.28 46.91	300m: 4:36.21 47.37	400m: 6:07.04 44.62						
	6.	BUMBELLO, Patricia	13	ENLN	ITA	6:25.29	6:14.86	247			
		50m: 39.95 39.95	150m: 2:14.95 47.90	250m: 3:51.00 48.09	350m: 5:27.95 48.08						
		100m: 1:27.05 47.10	200m: 3:02.91 47.96	300m: 4:39.87 48.87	400m: 6:14.86 46.91						
	7.	PANKINA, Maria	13	CNSW	BEL	6:48.75	6:17.75	241			
		50m: 43.33 43.33	150m: 2:18.32 48.27	250m: 3:55.54 49.14	350m: 5:32.23 48.60						
		100m: 1:30.05 46.72	200m: 3:06.40 48.08	300m: 4:43.63 48.09	400m: 6:17.75 45.52						
	8.	BUCHET, Alice	13	AQUABLA	BEL	NT	6:26.97	225			
		50m: 43.46 43.46	150m: 2:23.31 51.53	250m: 4:03.62 52.55	350m: 5:42.76 51.49						
		100m: 1:31.78 48.32	200m: 3:11.07 47.76	300m: 4:51.27 47.65	400m: 6:26.97 44.21						
	9.	EL GUENDOUIZ, Dikra	13	MOSAN	BEL	6:35.73	6:27.44	224			
		50m: 38.79 38.79	150m: 2:16.29 50.59	250m: 3:57.67 51.21	350m: 5:40.56 52.47						
		100m: 1:25.70 46.91	200m: 3:06.46 50.17	300m: 4:48.09 50.42	400m: 6:27.44 46.88						
	10.	VAN DEN BROECK, Anaé	13	HELIOS	BEL	NT	8:19.42	104			
		50m: 54.12 54.12	150m: 3:01.45 1:05.38	250m: 5:10.07 1:06.28	350m: 7:20.11 1:05.14						
		100m: 1:56.07 1:01.95	200m: 4:03.79 1:02.34	300m: 6:14.97 1:04.90	400m: 8:19.42 59.31						

13 ans

	1.	MARBOUH, Safora	12	CNBA	BEL	5:52.19	5:25.43	378			
		50m: 37.41 37.41	150m: 1:59.73 41.83	250m: 3:22.40 41.52	350m: 4:46.32 42.98						
		100m: 1:17.90 40.49	200m: 2:40.88 41.15	300m: 4:03.34 40.94	400m: 5:25.43 39.11						
	2.	LEENAERS, Suzanne	12	NOC	BEL	6:01.51	5:32.26	355			
		50m: 38.70 38.70	150m: 2:04.60 43.57	250m: 3:29.81 42.54	350m: 4:53.92 42.24						
		100m: 1:21.03 42.33	200m: 2:47.27 42.67	300m: 4:11.68 41.87	400m: 5:32.26 38.34						
	3.	MARTENS-LATTEUR, Tessa	12	CCM	BEL	6:20.51	5:45.08	317			
		50m: 36.92 36.92	150m: 2:03.89 43.49	250m: 3:32.98 43.69	350m: 5:02.67 44.59						
		100m: 1:20.40 43.48	200m: 2:49.29 45.40	300m: 4:18.08 45.10	400m: 5:45.08 42.41						
	4.	DUFRANE, Emilie	12	BCSG	BEL	6:13.45	5:59.19	281			
		50m: 36.79 36.79	150m: 2:08.01 46.84	250m: 3:40.98 47.06	350m: 5:15.70 47.62						
		100m: 1:21.17 44.38	200m: 2:53.92 45.91	300m: 4:28.08 47.10	400m: 5:59.19 43.49						
	5.	FONTAINE, Léa	12	HELIOS	BEL	6:14.93	6:06.36	265			
		50m: 41.73 41.73	150m: 2:16.02 47.82	250m: 3:51.26 47.79	350m: 5:24.68 46.60						
		100m: 1:28.20 46.47	200m: 3:03.47 47.45	300m: 4:38.08 46.82	400m: 6:06.36 41.68						
	6.	OUJAA, Naima	12	CNBA	BEL	6:52.04	6:08.61	260			
		50m: 41.57 41.57	150m: 2:14.51 46.86	250m: 3:49.98 47.72	350m: 5:25.02 46.94						
		100m: 1:27.65 46.08	200m: 3:02.26 47.75	300m: 4:38.08 48.10	400m: 6:08.61 43.59						
	7.	BUTERA, Enola	12	BCSG	BEL	6:29.56	6:17.72	241			
		50m: 41.96 41.96	150m: 2:17.07 47.84	250m: 3:56.99 48.85	350m: 5:34.23 47.23						
		100m: 1:29.23 47.27	200m: 3:08.14 51.07	300m: 4:47.00 50.01	400m: 6:17.72 43.49						
	8.	DELOBBE, Lucie	12	HELIOS	BEL	6:29.50	6:18.78	239			
		50m: 40.14 40.14	150m: 2:18.99 50.42	250m: 3:57.75 48.82	350m: 5:35.90 49.48						
		100m: 1:28.57 48.43	200m: 3:08.93 49.94	300m: 4:46.42 48.67	400m: 6:18.78 42.88						
	9.	MEGDICHE, Yomna	12	BCSG	BEL	6:57.55	6:39.10	205			
		50m: 41.94 41.94	150m: 2:20.00 50.14	250m: 4:05.09 52.62	350m: 5:50.35 52.53						
		100m: 1:29.86 47.92	200m: 3:12.47 52.47	300m: 4:57.82 52.73	400m: 6:39.10 48.75						
	10.	RADERMECKER, Zoé	12	HELIOS	BEL	6:56.74	6:42.37	200			
		50m: 43.44 43.44	150m: 2:25.58 51.36	250m: 4:09.02 50.65	350m: 5:53.42 50.92						
		100m: 1:34.22 50.78	200m: 3:18.37 52.79	300m: 5:02.50 53.48	400m: 6:42.37 48.95						

14 ans

	1.	DOHMEN, Ninon	11	HELIOS	BEL	5:36.90	5:24.48	381			
		50m: 36.31 36.31	150m: 1:58.53 41.78	250m: 3:21.86 42.05	350m: 4:45.03 41.65						
		100m: 1:16.75 40.44	200m: 2:39.81 41.28	300m: 4:03.38 41.52	400m: 5:24.48 39.45						

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Epreuve 9, Filles, 400m Libre, 14 ans

Q	PL NAME	YB	CLUB	COUN	I-TIME	S-TIME	FINA				
2.	VICO VERVENNE, Sarah	11	CCM	BEL	5:57.14	5:50.47	302				
	50m: 37.92 37.92	150m: 2:04.27	44.33	250m: 3:34.22	45.59	350m: 5:05.85	46.95				
	100m: 1:19.94 42.02	200m: 2:48.63	44.36	300m: 4:18.90	44.68	400m: 5:50.47	44.62				
3.	SIMEONOV, Alexandra	11	AQUABLA	BEL	NT	6:10.47	256				
	50m: 40.15 40.15	150m: 2:12.55	47.06	250m: 3:48.64	47.84	350m: 5:24.68	47.69				
	100m: 1:25.49 45.34	200m: 3:00.80	48.25	300m: 4:36.99	48.35	400m: 6:10.47	45.79				