

Critérium Promotionnel FFBN
Charleroi, 5 - 6/4/2025

Epreuve 30
06/04/2025

Garçons, 400m Libre

11 - 14 ans
Liste résultats

11: 6:08.00; 12: 5:48.00; 13: 5:28.00; 14: 5:16.00

Points: AQUA 2025

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	FINA
11 ans								
1.		LECLERCQ, Victor	14	AQUABLA BEL		6:11.40	5:54.35	239
	50m:	39.49 39.49	150m:	2:08.97 46.25	250m:	3:40.34 46.16	350m:	5:12.48 46.07
	100m:	1:22.72 43.23	200m:	2:54.18 45.21	300m:	4:26.41 46.07	400m:	5:54.35 41.87
2.		DELFORGE, Lyam	14	BCSG BEL		7:07.74	6:56.44	147
	50m:	43.81 43.81	150m:	2:30.50 53.81	250m:	4:17.23 54.20	350m:	6:06.52 54.74
	100m:	1:36.69 52.88	200m:	3:23.03 52.53	300m:	5:11.78 54.55	400m:	6:56.44 49.92
3.		PENG, Samy	14	MOSAN BEL		NT	7:13.51	130
	50m:	46.47 46.47	150m:	2:37.57 57.42	250m:	4:32.24 57.90	350m:	6:21.39 51.50
	100m:	1:40.15 53.68	200m:	3:34.34 56.77	300m:	5:29.89 57.65	400m:	7:13.51 52.12
4.		FERON LELEU, Henri	14	MHN BEL		NT	7:28.95	117
	50m:	48.52 48.52	150m:	2:40.64 57.75	250m:	4:35.06 58.26	350m:	6:30.94 58.58
	100m:	1:42.89 54.37	200m:	3:36.80 56.16	300m:	5:32.36 57.30	400m:	7:28.95 58.01
5.		KHELIFA, Ziyad	14	MOSAN BEL		8:48.68	7:38.79	110
	50m:	49.43 49.43	150m:	2:45.41 56.90	250m:	4:43.68 56.33	350m:	6:43.72 56.45
	100m:	1:48.51 59.08	200m:	3:47.35 1:01.94	300m:	5:47.27 1:03.59	400m:	7:38.79 55.07
6.		PENG, Kevin	14	MOSAN BEL		NT	8:01.08	95
	50m:	54.88 54.88	150m:	2:56.06 1:01.03	250m:	4:59.83 1:00.79	350m:	7:02.99 1:00.71
	100m:	1:55.03 1:00.15	200m:	3:59.04 1:02.98	300m:	6:02.28 1:02.45	400m:	8:01.08 58.09
7.		CLABOTS, Remi	14	FLIPPERSBEL		NT	8:56.84	68
	50m:	56.16 56.16	150m:	3:09.91 1:08.73	250m:	5:32.26 1:09.99	350m:	7:57.29 1:12.90
	100m:	2:01.18 1:05.02	200m:	4:22.27 1:12.36	300m:	6:44.39 1:12.13	400m:	8:56.84 59.55

12 ans

1.		MAJED, Malek	13	CNSW BEL		6:09.39	5:36.77	279
	50m:	39.33 39.33	150m:	2:03.49 43.25	250m:	3:30.22 44.15	350m:	4:56.45 43.24
	100m:	1:20.24 40.91	200m:	2:46.07 42.58	300m:	4:13.21 42.99	400m:	5:36.77 40.32
2.		GOFFETTE, Gilles	13	CNSW BEL		5:49.87	5:37.31	277
	50m:	38.61 38.61	150m:	2:03.57 41.71	250m:	3:30.33 42.49	350m:	4:56.61 41.80
	100m:	1:21.86 43.25	200m:	2:47.84 44.27	300m:	4:14.81 44.48	400m:	5:37.31 40.70
3.		NOWACKI, Mateusz	13	CNSW POL		6:23.37	5:57.81	232
	50m:	40.23 40.23	150m:	2:11.85 46.78	250m:	3:44.98 46.36	350m:	5:15.90 44.88
	100m:	1:25.07 44.84	200m:	2:58.62 46.77	300m:	4:31.02 46.04	400m:	5:57.81 41.91
4.		LUCAS, Yanis	13	ONS BEL		5:59.05	6:03.84	221
	50m:	40.12 40.12	150m:	2:11.45 46.62	250m:	3:45.40 47.66	350m:	5:19.64 47.49
	100m:	1:24.83 44.71	200m:	2:57.74 46.29	300m:	4:32.15 46.75	400m:	6:03.84 44.20
5.		DE SCHRYVER, Robin	13	HELIOS BEL		6:54.24	6:06.80	215
	50m:	41.73 41.73	150m:	2:15.01 46.59	250m:	3:50.71 48.26	350m:	5:23.88 45.51
	100m:	1:28.42 46.69	200m:	3:02.45 47.44	300m:	4:38.37 47.66	400m:	6:06.80 42.92
6.		BARONHEID, Charlie	13	MOSAN BEL		6:35.81	6:26.28	184
	50m:	41.34 41.34	150m:	2:19.77 48.53	250m:	4:01.02 50.21	350m:	5:44.15 50.47
	100m:	1:31.24 49.90	200m:	3:10.81 51.04	300m:	4:53.68 52.66	400m:	6:26.28 42.13
7.		CHAPUT, Hugo	13	HELIOS BEL		NT	7:09.94	134
	50m:	47.10 47.10	150m:	2:37.50 56.65	250m:	4:31.80 57.97	350m:	6:24.48 55.52
	100m:	1:40.85 53.75	200m:	3:33.83 56.33	300m:	5:28.96 57.16	400m:	7:09.94 45.46

13 ans

1.		STERNIK-ZALESKI, Bruno	12	CNSW POL		5:32.52	5:38.27	275
	50m:	35.64 35.64	150m:	2:00.69 44.41	250m:	3:30.26 45.31	350m:	4:58.76 44.72
	100m:	1:16.28 40.64	200m:	2:44.95 44.26	300m:	4:14.04 43.78	400m:	5:38.27 39.51
2.		GUO, Louis	12	CNSW CHN		NT	5:43.83	262
	50m:	38.36 38.36	150m:	2:05.62 44.86	250m:	3:33.99 44.35	350m:	5:03.13 44.94
	100m:	1:20.76 42.40	200m:	2:49.64 44.02	300m:	4:18.19 44.20	400m:	5:43.83 40.70
3.		DUCARME, Luca	12	MHN BEL		5:38.50	5:46.76	255
	50m:	39.93 39.93	150m:	2:08.02 43.97	250m:	3:36.25 43.10	350m:	5:04.08 43.08
	100m:	1:24.05 44.12	200m:	2:53.15 45.13	300m:	4:21.00 44.75	400m:	5:46.76 42.68

Critérium Promotionnel FFBN
Charleroi, 5 - 6/4/2025

Epreuve 30, Garçons, 400m Libre, 13 ans

Q	PL	NAME	YB	CLUB	COUN	I-TIME	S-TIME	FINA			
	4.	TILLIEUX, Matis	12	NOC	BEL	NT	5:49.87	248			
		50m: 37.22	37.22	150m: 2:04.37	44.54	250m: 3:35.21	45.52	350m: 5:05.34	44.44		
		100m: 1:19.83	42.61	200m: 2:49.69	45.32	300m: 4:20.90	45.69	400m: 5:49.87	44.53		
	5.	ANDERLINI, Alexis	12	ENLN	BEL	6:08.81	6:09.73	210			
		50m: 40.42	40.42	150m: 2:12.56	46.24	250m: 3:47.34	46.92	350m: 5:24.36	48.16		
		100m: 1:26.32	45.90	200m: 3:00.42	47.86	300m: 4:36.20	48.86	400m: 6:09.73	45.37		
	6.	CANARIS, Giovanni	12	ENLN	BEL	6:02.37	6:14.66	202			
		50m: 40.95	40.95	150m: 2:14.92	48.25	250m: 3:51.85	49.42	350m: 5:29.21	49.65		
		100m: 1:26.67	45.72	200m: 3:02.43	47.51	300m: 4:39.56	47.71	400m: 6:14.66	45.45		
	7.	DELATTRE, Naïm	12	ENLN	BEL	6:39.53	6:19.04	195			
		50m: 45.09	45.09	150m: 2:23.17	49.30	250m: 4:00.67	49.16	350m: 5:36.63	48.24		
		100m: 1:33.87	48.78	200m: 3:11.51	48.34	300m: 4:48.39	47.72	400m: 6:19.04	42.41		
	8.	DELBROUCK, Julien	12	HELIOS	BEL	6:40.44	6:24.38	187			
		50m: 41.82	41.82	150m: 2:18.93	49.48	250m: 3:58.47	50.33	350m: 5:38.98	50.01		
		100m: 1:29.45	47.63	200m: 3:08.14	49.21	300m: 4:48.97	50.50	400m: 6:24.38	45.40		
	9.	BOUDOUR, Yacine	12	BCSG	BEL	6:33.56	6:29.36	180			
		50m: 41.23	41.23	150m: 2:17.25	49.53	250m: 3:58.31	51.66	350m: 5:40.80	53.27		
		100m: 1:27.72	46.49	200m: 3:06.65	49.40	300m: 4:47.53	49.22	400m: 6:29.36	48.56		

14 ans

	1.	BUCHET, Romain	11	AQUABLA	BEL	5:39.40	5:03.39	381			
		50m: 34.46	34.46	150m: 1:50.52	39.15	250m: 3:09.41	39.61	350m: 4:27.82	39.33		
		100m: 1:11.37	36.91	200m: 2:29.80	39.28	300m: 3:48.49	39.08	400m: 5:03.39	35.57		
	2.	VAN SLYCKE, Max	11	CNBA	BEL	5:16.83	5:06.23	371			
		50m: 34.37	34.37	150m: 1:50.06	38.68	250m: 3:08.12	38.39	350m: 4:27.28	39.87		
		100m: 1:11.38	37.01	200m: 2:29.73	39.67	300m: 3:47.41	39.29	400m: 5:06.23	38.95		
	3.	SARKISIAN, Arthur	11	CNBA	BEL	6:10.17	5:13.49	345			
		50m: 32.80	32.80	150m: 1:51.11	40.16	250m: 3:13.41	40.92	350m: 4:34.23	40.12		
		100m: 1:10.95	38.15	200m: 2:32.49	41.38	300m: 3:54.11	40.70	400m: 5:13.49	39.26		
	4.	MICHE, Antoine	11	HELIOS	BEL	NT	5:34.23	285			
		50m: 36.31	36.31	150m: 2:01.49	43.51	250m: 3:28.37	43.47	350m: 4:56.55	43.77		
		100m: 1:17.98	41.67	200m: 2:44.90	43.41	300m: 4:12.78	44.41	400m: 5:34.23	37.68		
	5.	BOULANGER, Noé	11	ENLN	BEL	5:55.77	5:51.17	246			
		50m: 36.82	36.82	150m: 2:04.61	45.63	250m: 3:36.11	46.08	350m: 5:08.48	46.45		
		100m: 1:18.98	42.16	200m: 2:50.03	45.42	300m: 4:22.03	45.92	400m: 5:51.17	42.69		
	6.	TOUBEAU, Naoki	11	CCM	BEL	6:16.26	5:58.08	232			
		50m: 38.36	38.36	150m: 2:08.26	46.64	250m: 3:42.95	46.77	350m: 5:15.58	46.37		
		100m: 1:21.62	43.26	200m: 2:56.18	47.92	300m: 4:29.21	46.26	400m: 5:58.08	42.50		
	7.	TASSIN, Samuel	11	ENLN	BEL	6:21.88	6:11.89	207			
		50m: 40.36	40.36	150m: 2:14.10	48.18	250m: 3:51.46	49.19	350m: 5:27.80	47.84		
		100m: 1:25.92	45.56	200m: 3:02.27	48.17	300m: 4:39.96	48.50	400m: 6:11.89	44.09		
	8.	KISSI, Ismail	11	HELIOS	BEL	6:42.92	6:36.32	171			
		50m: 42.72	42.72	150m: 2:20.40	49.63	250m: 4:03.83	52.94	350m: 5:48.09	54.07		
		100m: 1:30.77	48.05	200m: 3:10.89	50.49	300m: 4:54.02	50.19	400m: 6:36.32	48.23		
	9.	CLABOTS, Gilles	11	FLIPPERSBEL	BEL	NT	7:09.71	134			
		50m: 43.74	43.74	150m: 2:33.46	56.52	250m: 4:29.00	58.32	350m: 6:20.93	54.64		
		100m: 1:36.94	53.20	200m: 3:30.68	57.22	300m: 5:26.29	57.29	400m: 7:09.71	48.78		