

8th European Open Down Syndrome Swimming
Albufeira, 27/10 - 1/11/2025

Event 10 Women, 400m Freestyle 13 years and older
27/10/2025 - 11:15 Results

WR T21 Sen	6:32.09	Minke Janse van, Rensburg	RSA	Knysna (RSA)	29/07/2023
WR T21 Open	6:00.72	Camino, Martinez	ESP	Ferrara (ITA)	08/10/2021
WR T21 Jun	6:47.59	Helen, Thompson	GBR	Basildon (GBR)	03/11/2019
WR M1 T21	6:00.72	Camino, Martinez	ESP	Ferrara (ITA)	08/10/2021
WR M2 T21	6:59.19	Jennifer, Higgins	RSA	Dubai (UAE)	15/03/2019
ER T21 Sen	6:32.73	Cerys, McCrindle	GBR	Crawley (GBR)	17/11/2024
ER T21 Open	6:00.72	Camino, Martinez	ESP	Ferrara (ITA)	08/10/2021
ER T21 Jun	6:47.59	Helen, Thompson	GBR	Basildon (GBR)	03/11/2019
ER M1 T21	6:00.72	Camino, Martinez	ESP	Ferrara (ITA)	08/10/2021
ER M2 T21	7:25.41	Maria Leandro, Ceballos	ESP	Loano (ITA)	11/11/2015
WR MO Sen	6:29.76	Ellen, Stephenson	GBR	Albufeira	17/10/2022
WR MO Open	6:29.76	Ellen, Stephenson	GBR	Albufeira	17/10/2022
WR MO Jun	7:32.23	Ellen, Stephenson	GBR	South Shields (GBR)	01/10/2017
WR M1 MO	7:14.81	Elena, D'Odorico	ITA	Taipei (TPE)	03/10/2010
WR M2 MO	59:00.00	,			
ER MO Sen	6:29.76	Ellen, Stephenson	GBR	Albufeira	17/10/2022
ER MO Open	6:29.76	Ellen, Stephenson	GBR	Albufeira	17/10/2022
ER MO Jun	7:32.23	Ellen, Stephenson	GBR	South Shields (GBR)	01/10/2017
ER M1 MO	7:14.81	Elena, D'Odorico	ITA	Taipei (TPE)	03/10/2010
ER M2 MO	59:00.00	,			

MQT A M: 8:32.07; S21: 8:32.07 / MQT B M: 8:49.20; S21: 8:49.20

Rank	Name	Age	Class	Country	Competition	Time	TT					
T21 - Open												
1.	Camino, Martinez de la Riva	31	S21	Spain		6:00.54	9,00					
	<i>World Masters 1 Record T21</i>											
	50m:	38.24	38.24	150m:	2:06.73	45.16	250m:	3:39.72	46.69	350m:	5:14.41	47.88
	100m:	1:21.57	43.33	200m:	2:53.03	46.30	300m:	4:26.53	46.81	400m:	6:00.54	46.13
2.	Amalia, Freeland	19	S21	Great Britain		6:03.29	7,00					
	<i>World Record T21</i>											
	50m:	39.91	39.91	150m:	2:10.02	45.83	250m:	3:43.94	46.67	350m:	5:17.69	46.84
	100m:	1:24.19	44.28	200m:	2:57.27	47.25	300m:	4:30.85	46.91	400m:	6:03.29	45.60
3.	Scarlett, Jones	17	S21	Great Britain		6:31.99	6,00					
	50m:	42.86	42.86	150m:	2:20.81	50.17	250m:	4:03.43	51.65	350m:	5:43.93	50.04
	100m:	1:30.64	47.78	200m:	3:11.78	50.97	300m:	4:53.89	50.46	400m:	6:31.99	48.06
4.	Cerys, McCrindle	23	S21	Great Britain		6:44.27	5,00					
	50m:	45.82	45.82	150m:	2:27.75	51.66	250m:	4:11.45	51.72	350m:	5:54.49	52.20
	100m:	1:36.09	50.27	200m:	3:19.73	51.98	300m:	5:02.29	50.84	400m:	6:44.27	49.78
5.	Kathryn, Martin	26	S21	Great Britain		6:49.07	4,00					
	50m:	44.33	44.33	150m:	2:28.83	52.72	250m:	4:13.70	51.68	350m:	5:58.94	51.80
	100m:	1:36.11	51.78	200m:	3:22.02	53.19	300m:	5:07.14	53.44	400m:	6:49.07	50.13
6.	Caroline, Faithfull	31	S21	Great Britain		6:53.05	3,00					
	50m:	48.31	48.31	150m:	2:31.06	52.14	250m:	4:16.64	53.21	350m:	6:03.43	52.81
	100m:	1:38.92	50.61	200m:	3:23.43	52.37	300m:	5:10.62	53.98	400m:	6:53.05	49.62
7.	Katherine, Vazhenin	22	S21	United States	OPEN	6:54.44	2,00					
	50m:	45.77	45.77	150m:	2:28.25	51.54	250m:	4:15.41	52.88	350m:	6:02.84	53.47
	100m:	1:36.71	50.94	200m:	3:22.53	54.28	300m:	5:09.37	53.96	400m:	6:54.44	51.60
8.	Grace, Hone	21	S21	Great Britain		7:54.61	1,00					
	50m:	53.94	53.94	150m:	2:55.69	1:01.21	250m:	4:56.35	58.41	350m:	6:59.22	1:01.73
	100m:	1:54.48	1:00.54	200m:	3:57.94	1:02.25	300m:	5:57.49	1:01.14	400m:	7:54.61	55.39

8th European Open Down Syndrome Swimming
Albufeira, 27/10 - 1/11/2025

Event 10, Women, 400m Freestyle

T21 - Seniors

1. Amalia, Freeland	19	S21	Great Britain		6:03.29	7,00					
<i>World Record T21</i>											
50m:	39.91	39.91	150m:	2:10.02	45.83	250m:	3:43.94	46.67	350m:	5:17.69	46.84
100m:	1:24.19	44.28	200m:	2:57.27	47.25	300m:	4:30.85	46.91	400m:	6:03.29	45.60
2. Scarlett, Jones	17	S21	Great Britain		6:31.99	6,00					
50m:	42.86	42.86	150m:	2:20.81	50.17	250m:	4:03.43	51.65	350m:	5:43.93	50.04
100m:	1:30.64	47.78	200m:	3:11.78	50.97	300m:	4:53.89	50.46	400m:	6:31.99	48.06
3. Cerys, McCrindle	23	S21	Great Britain		6:44.27	5,00					
50m:	45.82	45.82	150m:	2:27.75	51.66	250m:	4:11.45	51.72	350m:	5:54.49	52.20
100m:	1:36.09	50.27	200m:	3:19.73	51.98	300m:	5:02.29	50.84	400m:	6:44.27	49.78
4. Katherine, Vazhenin	22	S21	United States	OPEN	6:54.44	2,00					
50m:	45.77	45.77	150m:	2:28.25	51.54	250m:	4:15.41	52.88	350m:	6:02.84	53.47
100m:	1:36.71	50.94	200m:	3:22.53	54.28	300m:	5:09.37	53.96	400m:	6:54.44	51.60
5. Grace, Hone	21	S21	Great Britain		7:54.61	1,00					
50m:	53.94	53.94	150m:	2:55.69	1:01.21	250m:	4:56.35	58.41	350m:	6:59.22	1:01.73
100m:	1:54.48	1:00.54	200m:	3:57.94	1:02.25	300m:	5:57.49	1:01.14	400m:	7:54.61	55.39

T21 - Masters 1

1. Camino, Martinez de la Riva	31	S21	Spain		6:00.54	9,00					
<i>World Masters 1 Record T21</i>											
50m:	38.24	38.24	150m:	2:06.73	45.16	250m:	3:39.72	46.69	350m:	5:14.41	47.88
100m:	1:21.57	43.33	200m:	2:53.03	46.30	300m:	4:26.53	46.81	400m:	6:00.54	46.13
2. Kathryn, Martin	26	S21	Great Britain		6:49.07	4,00					
50m:	44.33	44.33	150m:	2:28.83	52.72	250m:	4:13.70	51.68	350m:	5:58.94	51.80
100m:	1:36.11	51.78	200m:	3:22.02	53.19	300m:	5:07.14	53.44	400m:	6:49.07	50.13
3. Caroline, Faithfull	31	S21	Great Britain		6:53.05	3,00					
50m:	48.31	48.31	150m:	2:31.06	52.14	250m:	4:16.64	53.21	350m:	6:03.43	52.81
100m:	1:38.92	50.61	200m:	3:23.43	52.37	300m:	5:10.62	53.98	400m:	6:53.05	49.62

Mosaic - Open

1. Jagoda, Litner	21	M	Poland		6:14.95	9,00					
<i>World Record MO</i>											
50m:	40.78	40.78	150m:	2:14.13	47.48	250m:	3:50.07	47.43	350m:	5:28.05	49.78
100m:	1:26.65	45.87	200m:	3:02.64	48.51	300m:	4:38.27	48.20	400m:	6:14.95	46.90
2. Ellen, Stephenson	21	M	Great Britain		6:15.44	7,00					
50m:	40.90	40.90	150m:	2:14.68	48.00	250m:	3:52.21	48.65	350m:	5:31.76	50.62
100m:	1:26.68	45.78	200m:	3:03.56	48.88	300m:	4:41.14	48.93	400m:	6:15.44	43.68
3. Sofia Luz, Fonseca	13	M	Portugal		6:50.49	6,00					
<i>World Record MO</i>											
50m:	43.26	43.26	150m:	2:25.95	51.05	250m:	4:10.19	51.27	350m:	5:58.87	53.22
100m:	1:34.90	51.64	200m:	3:18.92	52.97	300m:	5:05.65	55.46	400m:	6:50.49	51.62

8th European Open Down Syndrome Swimming
Albufeira, 27/10 - 1/11/2025

Event 10, Women, 400m Freestyle

Mosaic - Junior

1. Sofia Luz, Fonseca	13	M	Portugal			6:50.49	6,00				
<i>World Record MO</i>											
50m:	43.26	43.26	150m:	2:25.95	51.05	250m:	4:10.19	51.27	350m:	5:58.87	53.22
100m:	1:34.90	51.64	200m:	3:18.92	52.97	300m:	5:05.65	55.46	400m:	6:50.49	51.62

Mosaic - Seniors

1. Jagoda, Litner	21	M	Poland			6:14.95	9,00				
<i>World Record MO</i>											
50m:	40.78	40.78	150m:	2:14.13	47.48	250m:	3:50.07	47.43	350m:	5:28.05	49.78
100m:	1:26.65	45.87	200m:	3:02.64	48.51	300m:	4:38.27	48.20	400m:	6:14.95	46.90
2. Ellen, Stephenson	21	M	Great Britain			6:15.44	7,00				
50m:	40.90	40.90	150m:	2:14.68	48.00	250m:	3:52.21	48.65	350m:	5:31.76	50.62
100m:	1:26.68	45.78	200m:	3:03.56	48.88	300m:	4:41.14	48.93	400m:	6:15.44	43.68