

Défi UL 50 m 2025
Québec, 11 - 13-4-2025



Epreuve 24
2025-04-12 - 19:20

Messieurs, 400m Libre

11 ans et plus
Liste résultats

Points: AQUA 2024

Rang			Age			Temps	Pts			100m	200m	300m	400m
11 - 12 ans													
1.	LESSARD, Édouard		12	Cnq		4:48.95	441			1:07.75	1:13.75	1:14.23	1:13.22
	50m:			150m:		250m:			350m:				
	100m:	1:07.75		200m:	2:21.50	300m:	3:35.73		400m:	4:48.95			
2.	CARNAHAN, Liam		11	Riverains		5:34.95	283			1:18.20	1:27.79	1:26.80	1:22.16
	50m:			150m:		250m:			350m:				
	100m:	1:18.20		200m:	2:45.99	300m:	4:12.79		400m:	5:34.95			
3.	BOUCHARD, Julien		11	Club de Natation Mont-Trem		5:35.14	283			1:21.23	1:27.24	1:26.48	1:20.19
	50m:			150m:		250m:			350m:				
	100m:	1:21.23		200m:	2:48.47	300m:	4:14.95		400m:	5:35.14			
4.	VIGNEAULT DUBOIS, B.		11	Les Dauphins de Rimouski		5:35.93	281			1:21.22	1:26.29	1:25.40	1:23.02
	50m:			150m:		250m:			350m:				
	100m:	1:21.22		200m:	2:47.51	300m:	4:12.91		400m:	5:35.93			
13 - 14 ans													
1.	BEAUDOIN, Loic		14	Rouge et Or		4:28.28	551			1:03.86	1:09.93	1:08.41	1:06.08
	50m:			150m:		250m:			350m:				
	100m:	1:03.86		200m:	2:13.79	300m:	3:22.20		400m:	4:28.28			
2.	KINGSTON, Emmitt		13	Olympian Swim Club		4:34.36	516			1:04.40	1:11.34	1:10.75	1:07.87
	50m:			150m:		250m:			350m:				
	100m:	1:04.40		200m:	2:15.74	300m:	3:26.49		400m:	4:34.36			
3.	POLIO, César		14	Club de Natation Mont-Trem		4:36.43	504			1:05.47	1:10.46	1:11.83	1:08.67
	50m:			150m:		250m:			350m:				
	100m:	1:05.47		200m:	2:15.93	300m:	3:27.76		400m:	4:36.43			
4.	CORMIER, Thomas		13	Cnq		4:41.15	479			1:07.23	1:13.47	1:11.69	1:08.76
	50m:			150m:		250m:			350m:				
	100m:	1:07.23		200m:	2:20.70	300m:	3:32.39		400m:	4:41.15			
5.	THÉROUX, Christophe		13	Cnq		4:45.16	459			1:07.68	1:13.35	1:13.17	1:10.96
	50m:			150m:		250m:			350m:				
	100m:	1:07.68		200m:	2:21.03	300m:	3:34.20		400m:	4:45.16			
6.	WILDI, Jake		13	Rouge et Or		4:47.21	449			1:08.94	1:13.45	1:13.39	1:11.43
	50m:			150m:		250m:			350m:				
	100m:	1:08.94		200m:	2:22.39	300m:	3:35.78		400m:	4:47.21			
7.	STEVENS, Morgan		14	Rouge et Or		4:49.26	440			1:08.48	1:14.32	1:14.17	1:12.29
	50m:			150m:		250m:			350m:				
	100m:	1:08.48		200m:	2:22.80	300m:	3:36.97		400m:	4:49.26			
8.	TREMBLAY, Noah		14	Rouge et Or		4:51.12	431			1:08.88	1:14.09	1:14.79	1:13.36
	50m:			150m:		250m:			350m:				
	100m:	1:08.88		200m:	2:22.97	300m:	3:37.76		400m:	4:51.12			
9.	TREMBLAY, Eliam		14	Riverains		4:52.58	425			1:10.55	1:14.65	1:15.37	1:12.01
	50m:			150m:		250m:			350m:				
	100m:	1:10.55		200m:	2:25.20	300m:	3:40.57		400m:	4:52.58			
10.	DELAND, Étienne		13	Cnq		4:55.66	412			1:11.25	1:15.42	1:15.58	1:13.41
	50m:			150m:		250m:			350m:				
	100m:	1:11.25		200m:	2:26.67	300m:	3:42.25		400m:	4:55.66			
11.	LÉVESQUE, Félix		13	Cac		4:57.04	406			1:09.16	1:16.08	1:16.10	1:15.70
	50m:			150m:		250m:			350m:				
	100m:	1:09.16		200m:	2:25.24	300m:	3:41.34		400m:	4:57.04			
12.	GAUDREAU, Laurent		13	Les Dauphins de Rimouski		5:10.90	354			1:13.16	1:19.77	1:19.72	1:18.25
	50m:			150m:		250m:			350m:				
	100m:	1:13.16		200m:	2:32.93	300m:	3:52.65		400m:	5:10.90			

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Epreuve 24, Garçons, 400m Libre, 13 - 14 ans

Rang		Age		Temps	Pts	100m	200m	300m	400m
13.	KACEM, Skander	13	Nsh	5:12.91	347	1:14.34	1:21.05	1:20.55	1:16.97
	50m:		150m:	250m:		350m:			
	100m: 1:14.34		200m: 2:35.39	300m: 3:55.94		400m: 5:12.91			
14.	CIBAT-LAVAGNE, Hugo	13	Rouge et Or	5:13.88	344	1:13.74	1:20.99	1:20.62	1:18.53
	50m:		150m:	250m:		350m:			
	100m: 1:13.74		200m: 2:34.73	300m: 3:55.35		400m: 5:13.88			
15.	CASTONGUAY, Olivier	14	Nsh	5:15.21	340	1:13.88	1:20.88	1:21.89	1:18.56
	50m:		150m:	250m:		350m:			
	100m: 1:13.88		200m: 2:34.76	300m: 3:56.65		400m: 5:15.21			
16.	RICARD, Bastien	14	Les Dauphins de Rimouski	5:20.34	324	1:16.27	1:21.80	1:22.65	1:19.62
	50m:		150m:	250m:		350m:			
	100m: 1:16.27		200m: 2:38.07	300m: 4:00.72		400m: 5:20.34			
17.	VACHON, Raphaël	14	C.Natation. Sept-Iles	5:21.98	319	1:16.61	1:24.03	1:24.05	1:17.29
	50m:		150m:	250m:		350m:			
	100m: 1:16.61		200m: 2:40.64	300m: 4:04.69		400m: 5:21.98			
18.	BEN HAMOUDA, Sami	13	Nsh	5:26.39	306	1:15.70	1:23.14	1:25.45	1:22.10
	50m:		150m:	250m:		350m:			
	100m: 1:15.70		200m: 2:38.84	300m: 4:04.29		400m: 5:26.39			
19.	MAUPPIN, Félix	14	Les Dauphins de Rimouski	5:27.71	302	1:16.69	1:24.64	1:24.64	1:21.74
	50m:		150m:	250m:		350m:			
	100m: 1:16.69		200m: 2:41.33	300m: 4:05.97		400m: 5:27.71			
20.	PAQUETTE, Zack	13	Club de Natation Mont-Trem	5:34.73	284	1:17.53	1:26.37	1:28.34	1:22.49
	50m:		150m:	250m:		350m:			
	100m: 1:17.53		200m: 2:43.90	300m: 4:12.24		400m: 5:34.73			
21.	TREMBLAY, François	13	C.Natation. Sept-Iles	5:41.06	268	1:18.68	1:28.60	1:28.44	1:25.34
	50m:		150m:	250m:		350m:			
	100m: 1:18.68		200m: 2:47.28	300m: 4:15.72		400m: 5:41.06			
22.	DECHAMPLAIN, Élie	13	Les Dauphins de Rimouski	5:41.50	267	1:19.35	1:27.23	1:28.76	1:26.16
	50m:		150m:	250m:		350m:			
	100m: 1:19.35		200m: 2:46.58	300m: 4:15.34		400m: 5:41.50			
23.	ARSENAULT, Taylor	13	C.Natation. Sept-Iles	6:05.33	218	1:20.28	1:33.23	1:36.39	1:35.43
	50m:		150m:	250m:		350m:			
	100m: 1:20.28		200m: 2:53.51	300m: 4:29.90		400m: 6:05.33			

15 - 16 ans

1.	LE-HUYNH, Vincent	15	Camo	4:18.46	617	1:01.45	1:06.11	1:06.19	1:04.71
	50m:		150m:	250m:		350m:			
	100m: 1:01.45		200m: 2:07.56	300m: 3:13.75		400m: 4:18.46			
2.	DIUSHEKEEV, Adis	16	Camo	4:24.01	579	1:02.76	1:07.18	1:07.00	1:07.07
	50m:		150m:	250m:		350m:			
	100m: 1:02.76		200m: 2:09.94	300m: 3:16.94		400m: 4:24.01			
3.	POMERLEAU, Justin	15	Rouge et Or	4:24.23	577	1:02.12	1:08.91	1:07.53	1:05.67
	50m:		150m:	250m:		350m:			
	100m: 1:02.12		200m: 2:11.03	300m: 3:18.56		400m: 4:24.23			
4.	SHPANIN, Georgy	15	Camo	4:25.09	572	1:01.00	1:07.13	1:09.14	1:07.82
	50m:		150m:	250m:		350m:			
	100m: 1:01.00		200m: 2:08.13	300m: 3:17.27		400m: 4:25.09			
5.	DUBÉ, Samuel	15	Cnq	4:25.99	566	1:03.11	1:08.31	1:08.32	1:06.25
	50m:		150m:	250m:		350m:			
	100m: 1:03.11		200m: 2:11.42	300m: 3:19.74		400m: 4:25.99			
6.	DROUIN, Léon	15	Camo	4:26.13	565	1:01.69	1:08.97	1:09.88	1:05.59
	50m:		150m:	250m:		350m:			
	100m: 1:01.69		200m: 2:10.66	300m: 3:20.54		400m: 4:26.13			

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Rang		Age		Temps	Pts	100m	200m	300m	400m
7.	ROCHETTE, Hubert	16	Cnq	4:26.97	560	1:03.91	1:09.35	1:09.09	1:04.62
	50m:		150m:	250m:		350m:			
	100m: 1:03.91		200m: 2:13.26	300m: 3:22.35		400m: 4:26.97			
8.	BOLDUC, François	16	Les Dauphins de Rimouski	4:27.02	559	1:03.74	1:09.02	1:08.32	1:05.94
	50m:		150m:	250m:		350m:			
	100m: 1:03.74		200m: 2:12.76	300m: 3:21.08		400m: 4:27.02			
9.	SAWAYA-GUÉRARD, M.	16	Rouge et Or	4:27.99	553	1:02.68	1:07.80	1:09.06	1:08.45
	50m:		150m:	250m:		350m:			
	100m: 1:02.68		200m: 2:10.48	300m: 3:19.54		400m: 4:27.99			
10.	FORTIN, Ludovic	16	Riverains	4:28.57	550	1:03.35	1:08.63	1:09.21	1:07.38
	50m:		150m:	250m:		350m:			
	100m: 1:03.35		200m: 2:11.98	300m: 3:21.19		400m: 4:28.57			
11.	VAN OYEN, Antoine	16	Cnq	4:28.96	547	1:02.00	1:09.19	1:09.46	1:08.31
	50m:		150m:	250m:		350m:			
	100m: 1:02.00		200m: 2:11.19	300m: 3:20.65		400m: 4:28.96			
12.	LAFRENIÈRE, Tommy	16	Cnq	4:30.17	540	1:03.20	1:10.01	1:10.93	1:06.03
	50m:		150m:	250m:		350m:			
	100m: 1:03.20		200m: 2:13.21	300m: 3:24.14		400m: 4:30.17			
13.	POMERLEAU, Laurent	16	Rouge et Or	4:30.59	537	1:03.04	1:09.74	1:09.34	1:08.47
	50m:		150m:	250m:		350m:			
	100m: 1:03.04		200m: 2:12.78	300m: 3:22.12		400m: 4:30.59			
14.	CHAN, Oliver	15	Cnq	4:33.03	523	1:02.91	1:09.42	1:10.61	1:10.09
	50m:		150m:	250m:		350m:			
	100m: 1:02.91		200m: 2:12.33	300m: 3:22.94		400m: 4:33.03			
15.	SLAMA, Seif	16	Rouge et Or	4:33.91	518	1:05.31	1:09.21	1:10.64	1:08.75
	50m:		150m:	250m:		350m:			
	100m: 1:05.31		200m: 2:14.52	300m: 3:25.16		400m: 4:33.91			
16.	GOSSELIN, Anthony	16	Rouge et Or	4:37.18	500	1:05.09	1:11.11	1:11.68	1:09.30
	50m:		150m:	250m:		350m:			
	100m: 1:05.09		200m: 2:16.20	300m: 3:27.88		400m: 4:37.18			
17.	BROUILLET, Hugo	15	Les Dauphins de Rimouski	4:39.96	485	1:04.06	1:10.92	1:12.99	1:11.99
	50m:		150m:	250m:		350m:			
	100m: 1:04.06		200m: 2:14.98	300m: 3:27.97		400m: 4:39.96			
18.	DESJARDINS, Alexandre	16	Les Dauphins de Rimouski	4:41.87	475	1:04.80	1:11.67	1:13.24	1:12.16
	50m:		150m:	250m:		350m:			
	100m: 1:04.80		200m: 2:16.47	300m: 3:29.71		400m: 4:41.87			
19.	ELIE, Caleb	16	Rouge et Or	4:42.11	474	1:06.73	1:12.85	1:13.29	1:09.24
	50m:		150m:	250m:		350m:			
	100m: 1:06.73		200m: 2:19.58	300m: 3:32.87		400m: 4:42.11			
20.	GAGNON, Charles	15	Rouge et Or	4:43.12	469	1:06.06	1:12.70	1:13.28	1:11.08
	50m:		150m:	250m:		350m:			
	100m: 1:06.06		200m: 2:18.76	300m: 3:32.04		400m: 4:43.12			
21.	PAQUIN, Loïc	16	Cnq	4:44.41	463	1:07.43	1:12.46	1:12.94	1:11.58
	50m:		150m:	250m:		350m:			
	100m: 1:07.43		200m: 2:19.89	300m: 3:32.83		400m: 4:44.41			
22.	BELANGER, Kristofer	15	Cnq	4:47.20	449	1:08.93	1:13.45	1:13.54	1:11.28
	50m:		150m:	250m:		350m:			
	100m: 1:08.93		200m: 2:22.38	300m: 3:35.92		400m: 4:47.20			
23.	BOUKER, Salah-Fédy	16	Rouge et Or	4:49.11	441	1:07.32	1:14.60	1:14.63	1:12.56
	50m:		150m:	250m:		350m:			
	100m: 1:07.32		200m: 2:21.92	300m: 3:36.55		400m: 4:49.11			
24.	DESLAURIERS, Vincent	15	Les Dauphins de Rimouski	5:07.83	365	1:11.56	1:19.90	1:19.70	1:16.67
	50m:		150m:	250m:		350m:			
	100m: 1:11.56		200m: 2:31.46	300m: 3:51.16		400m: 5:07.83			

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Epreuve 24, Garçons, 400m Libre, 15 - 16 ans

Rang		Age		Temps	Pts	100m	200m	300m	400m
25.	THIBEAULT, Antoine	15	C.Natation. Sept-Iles	5:15.57	339	1:12.85	1:22.71	1:23.54	1:16.47
	50m:		150m:	250m:		350m:			
	100m: 1:12.85		200m: 2:35.56	300m: 3:59.10		400m: 5:15.57			
26.	BEAUCHEMIN, Félix	15	C.Natation. Sept-Iles	5:15.74	338	1:12.72	1:22.56	1:23.49	1:16.97
	50m:		150m:	250m:		350m:			
	100m: 1:12.72		200m: 2:35.28	300m: 3:58.77		400m: 5:15.74			
27.	ROY, Logan-Elyot	15	Riverains	5:19.16	327	1:17.54	1:22.72	1:22.12	1:16.78
	50m:		150m:	250m:		350m:			
	100m: 1:17.54		200m: 2:40.26	300m: 4:02.38		400m: 5:19.16			
28.	BEN HAMOUDA, Ramy	15	Nsh	5:30.45	295	1:16.82	1:25.75	1:25.67	1:22.21
	50m:		150m:	250m:		350m:			
	100m: 1:16.82		200m: 2:42.57	300m: 4:08.24		400m: 5:30.45			
29.	GINGRAS, Ludovic	15	Riverains	5:54.31	239	1:17.88	1:28.79	1:32.35	1:35.29
	50m:		150m:	250m:		350m:			
	100m: 1:17.88		200m: 2:46.67	300m: 4:19.02		400m: 5:54.31			

17 ans et plus

1.	DRUENNE, Théo	19	Lav	4:08.56	694	1:00.74	1:03.94	1:03.66	1:00.22
	50m:		150m:			350m:			
	100m:	1:00.74	200m:	2:04.68	300m:	400m:	4:08.56		
2.	BONGERS, Nils	23	Lav	4:09.31	687	1:00.94	1:04.05	1:03.44	1:00.88
	50m:		150m:			350m:			
	100m:	1:00.94	200m:	2:04.99	300m:	400m:	4:09.31		
3.	D'AMOUR, Louis-Thomas	19	Camo	4:10.79	675	1:00.59	1:04.67	1:03.88	1:01.65
	50m:		150m:			350m:			
	100m:	1:00.59	200m:	2:05.26	300m:	400m:	4:10.79		
4.	THIFALT, Émile	17	Camo	4:11.18	672	1:00.40	1:04.69	1:03.59	1:02.50
	50m:		150m:			350m:			
	100m:	1:00.40	200m:	2:05.09	300m:	400m:	4:11.18		
5.	PARR, Finnegan	18	Camo	4:14.94	643	1:00.79	1:05.08	1:04.50	1:04.57
	50m:		150m:			350m:			
	100m:	1:00.79	200m:	2:05.87	300m:	400m:	4:14.94		
6.	LÉVESQUE, Vincent	18	Rouge et Or	4:21.87	593	1:02.42	1:06.95	1:06.94	1:05.56
	50m:		150m:			350m:			
	100m:	1:02.42	200m:	2:09.37	300m:	400m:	4:21.87		
7.	LÉVESQUE, Alexandre	18	Rouge et Or	4:24.74	574	1:02.79	1:07.96	1:08.36	1:05.63
	50m:		150m:			350m:			
	100m:	1:02.79	200m:	2:10.75	300m:	400m:	4:24.74		
8.	GOSSELIN, Justin	19	Cnq	4:25.52	569	1:02.68	1:07.89	1:08.15	1:06.80
	50m:		150m:			350m:			
	100m:	1:02.68	200m:	2:10.57	300m:	400m:	4:25.52		
9.	LABERGE, Renaud	17	Rouge et Or	4:35.32	510	1:04.81	1:10.71	1:11.12	1:08.68
	50m:		150m:			350m:			
	100m:	1:04.81	200m:	2:15.52	300m:	400m:	4:35.32		
10.	LE-HUYNH, Alexis	17	Camo	4:36.97	501	1:05.14	1:09.97	1:10.96	1:10.90
	50m:		150m:			350m:			
	100m:	1:05.14	200m:	2:15.11	300m:	400m:	4:36.97		
11.	VUJAKOVIC, Nikola	17	Rouge et Or	4:38.12	495	1:06.94	1:11.16	1:11.18	1:08.84
	50m:		150m:			350m:			
	100m:	1:06.94	200m:	2:18.10	300m:	400m:	4:38.12		
12.	SIMARD, Cédric	21	Club de Natation Memphrén	4:40.52	482	1:05.81	1:10.90	1:12.25	1:11.56
	50m:		150m:			350m:			
	100m:	1:05.81	200m:	2:16.71	300m:	400m:	4:40.52		

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Epreuve 24, Messieurs, 400m Libre, 17 ans et plus

Rang	Age		Temps	Pts	100m	200m	300m	400m
13.	18	Cnq	4:40.74	481	1:05.78	1:12.25	1:11.98	1:10.73
		50m:	150m:	250m:	350m:			
		100m: 1:05.78	200m: 2:18.03	300m: 3:30.01	400m: 4:40.74			
14.	17	Les Dauphins de Rimouski	4:42.02	475	1:06.02	1:12.96	1:12.92	1:10.12
		50m:	150m:	250m:	350m:			
		100m: 1:06.02	200m: 2:18.98	300m: 3:31.90	400m: 4:42.02			
15.	17	Rouge et Or	4:48.26	444	1:05.46	1:11.93	1:16.16	1:14.71
		50m:	150m:	250m:	350m:			
		100m: 1:05.46	200m: 2:17.39	300m: 3:33.55	400m: 4:48.26			
16.	17	Les Dauphins de Rimouski	5:00.27	393	1:07.46	1:17.10	1:19.26	1:16.45
		50m:	150m:	250m:	350m:			
		100m: 1:07.46	200m: 2:24.56	300m: 3:43.82	400m: 5:00.27			
17.	17	Les Dauphins de Rimouski	5:06.82	369	1:11.27	1:18.21	1:19.29	1:18.05
		50m:	150m:	250m:	350m:			
		100m: 1:11.27	200m: 2:29.48	300m: 3:48.77	400m: 5:06.82			
18.	21	Les Dauphins de Rimouski	5:09.26	360	1:09.46	1:19.29	1:20.73	1:19.78
		50m:	150m:	250m:	350m:			
		100m: 1:09.46	200m: 2:28.75	300m: 3:49.48	400m: 5:09.26			