

Défi UL 50 m 2025
Québec, 11- - 13-4-2025



Epreuve 23
2025-04-12 - 18:10

Dames, 400m Libre

11 ans et plus
Liste résultats

Points: AQUA 2024

Rang			Age			Temps	Pts			100m	200m	300m	400m
11 - 12 ans													
1.	MOFFET, Raphaëlle	12	Camo			5:05.68	456			1:12.11	1:20.01	1:18.15	1:15.41
	50m:		150m:			250m:				350m:			
	100m:	1:12.11	200m:	2:32.12		300m:	3:50.27			400m:	5:05.68		
2.	STEVENS, Marty	12	Rouge et Or			5:13.40	423			1:15.91	1:21.75	1:20.04	1:15.70
	50m:		150m:			250m:				350m:			
	100m:	1:15.91	200m:	2:37.66		300m:	3:57.70			400m:	5:13.40		
3.	VACHON, Julianne	11	Club de Natation Régional d			5:14.53	419			1:14.94	1:21.71	1:21.42	1:16.46
	50m:		150m:			250m:				350m:			
	100m:	1:14.94	200m:	2:36.65		300m:	3:58.07			400m:	5:14.53		
4.	GAGNON, Lysanne	12	Cnq			5:22.70	388			1:14.56	1:24.27	1:23.37	1:20.50
	50m:		150m:			250m:				350m:			
	100m:	1:14.56	200m:	2:38.83		300m:	4:02.20			400m:	5:22.70		
5.	VACHON, Gabrielle	12	Club de Natation Régional d			5:26.03	376			1:15.19	1:25.40	1:24.58	1:20.86
	50m:		150m:			250m:				350m:			
	100m:	1:15.19	200m:	2:40.59		300m:	4:05.17			400m:	5:26.03		
6.	PAQUET, Joanie	12	Unik			5:30.69	360			1:17.62	1:25.63	1:25.06	1:22.38
	50m:		150m:			250m:				350m:			
	100m:	1:17.62	200m:	2:43.25		300m:	4:08.31			400m:	5:30.69		
7.	DESSUREAULT, Laurence	12	Club de Natation Mont-Trem			5:32.47	354						
	50m:		150m:			250m:				350m:			
	100m:		200m:			300m:				400m:	5:32.47		
8.	ABETTI, Alae	11	Cnq			5:38.80	335			1:18.80	1:25.85	1:27.16	1:26.99
	50m:		150m:			250m:				350m:			
	100m:	1:18.80	200m:	2:44.65		300m:	4:11.81			400m:	5:38.80		
9.	HELETA, Stella	11	Cnq			5:46.57	313			1:20.05	1:30.72	1:30.27	1:25.53
	50m:		150m:			250m:				350m:			
	100m:	1:20.05	200m:	2:50.77		300m:	4:21.04			400m:	5:46.57		
10.	CAREAU, Béatrice	11	Les Dauphins de Rimouski			5:54.17	293			1:24.18	1:31.67	1:30.68	1:27.64
	50m:		150m:			250m:				350m:			
	100m:	1:24.18	200m:	2:55.85		300m:	4:26.53			400m:	5:54.17		
11.	NGUYEN, Delphine	12	Riverains			5:55.24	290			1:25.25	1:31.66	1:30.61	1:27.72
	50m:		150m:			250m:				350m:			
	100m:	1:25.25	200m:	2:56.91		300m:	4:27.52			400m:	5:55.24		
12.	GRENIER, Alice	11	Unik			6:04.17	270			1:27.66	1:33.76	1:33.67	1:29.08
	50m:		150m:			250m:				350m:			
	100m:	1:27.66	200m:	3:01.42		300m:	4:35.09			400m:	6:04.17		
13.	SOUCY_S7SB6SM7, A.	12	Rouge et Or			8:56.27	84			2:06.21	2:18.78	2:17.56	2:13.72
	50m:		150m:			250m:				350m:			
	100m:	2:06.21	200m:	4:24.99		300m:	6:42.55			400m:	8:56.27		
14.	PAQUET_S6SB6SM6, Lau	12	Rouge et Or			11:35.05	38						
	50m:		150m:			250m:				350m:			
	100m:		200m:			300m:				400m:	11:35.05		

13 - 14 ans

1. PICHETTE, Alexandra	14	Cnq	4:41.19	586	1:05.15	1:11.59	1:12.61	1:11.84
50m:		150m:	250m:		350m:			
100m: 1:05.15		200m: 2:16.74	300m: 3:29.35		400m: 4:41.19			
2. CANTIN, Élisabeth	14	Rouge et Or	4:49.69	536	1:08.41	1:13.56	1:14.62	1:13.10
50m:		150m:	250m:		350m:			
100m: 1:08.41		200m: 2:21.97	300m: 3:36.59		400m: 4:49.69			

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Epreuve 23, Filles, 400m Libre, 13 - 14 ans

Rang		Age		Temps	Pts	100m	200m	300m	400m
3.	FORTIN, Flavie	13	Rouge et Or	4:51.77	525	1:08.67	1:14.20	1:14.93	1:13.97
	50m:		150m:			350m:			
	100m: 1:08.67		200m: 2:22.87		300m: 3:37.80	400m: 4:51.77			
4.	GAGNON, Héroïse	14	Cnq	4:52.02	523	1:09.75	1:14.88	1:15.24	1:12.15
	50m:		150m:			350m:			
	100m: 1:09.75		200m: 2:24.63		300m: 3:39.87	400m: 4:52.02			
5.	CHAMBERLAND, Zoé	14	Cnq	4:56.31	501	1:09.85	1:15.64	1:16.09	1:14.73
	50m:		150m:			350m:			
	100m: 1:09.85		200m: 2:25.49		300m: 3:41.58	400m: 4:56.31			
6.	PATINO ROSERO, Zarita	14	Rouge et Or	4:56.41	500	1:09.54	1:15.23	1:16.07	1:15.57
	50m:		150m:			350m:			
	100m: 1:09.54		200m: 2:24.77		300m: 3:40.84	400m: 4:56.41			
7.	DEMERS, Lauralie	14	Riverains	5:00.74	479	1:10.16	1:17.22	1:17.58	1:15.78
	50m:		150m:			350m:			
	100m: 1:10.16		200m: 2:27.38		300m: 3:44.96	400m: 5:00.74			
8.	LINDSAY, Estelle	13	Nsh	5:06.42	453	1:10.10	1:17.58	1:19.65	1:19.09
	50m:		150m:			350m:			
	100m: 1:10.10		200m: 2:27.68		300m: 3:47.33	400m: 5:06.42			
9.	WONG, Roya	14	Olympian Swim Club	5:07.62	447	1:13.22	1:18.77	1:19.10	1:16.53
	50m:		150m:			350m:			
	100m: 1:13.22		200m: 2:31.99		300m: 3:51.09	400m: 5:07.62			
10.	GAGNON, Chloé	13	Rouge et Or	5:07.69	447	1:13.70	1:18.66	1:19.27	1:16.06
	50m:		150m:			350m:			
	100m: 1:13.70		200m: 2:32.36		300m: 3:51.63	400m: 5:07.69			
11.	JUTRAS, Naomie	14	Riverains	5:11.72	430	1:15.84	1:19.69	1:19.23	1:16.96
	50m:		150m:			350m:			
	100m: 1:15.84		200m: 2:35.53		300m: 3:54.76	400m: 5:11.72			
12.	SISLIAN, Julianna	13	Camo	5:12.48	427	1:12.48	1:20.07	1:20.29	1:19.64
	50m:		150m:			350m:			
	100m: 1:12.48		200m: 2:32.55		300m: 3:52.84	400m: 5:12.48			
13.	MERAIHI, Sara-Laadra	14	Camo	5:14.64	418	1:16.27	1:20.04	1:19.52	1:18.81
	50m:		150m:			350m:			
	100m: 1:16.27		200m: 2:36.31		300m: 3:55.83	400m: 5:14.64			
14.	TRUDEL, Léanne	13	Unik	5:15.37	415	1:14.15	1:19.62	1:21.39	1:20.21
	50m:		150m:			350m:			
	100m: 1:14.15		200m: 2:33.77		300m: 3:55.16	400m: 5:15.37			
15.	SAYEGH, Jasmine	14	Rouge et Or	5:17.03	409	1:15.06	1:20.61	1:21.99	1:19.37
	50m:		150m:			350m:			
	100m: 1:15.06		200m: 2:35.67		300m: 3:57.66	400m: 5:17.03			
16.	CHOUINARD, Maélie	14	Riverains	5:17.04	409	1:15.12	1:21.46	1:22.00	1:18.46
	50m:		150m:			350m:			
	100m: 1:15.12		200m: 2:36.58		300m: 3:58.58	400m: 5:17.04			
17.	SAVARD-FORGET, Rose	13	Nsh	5:18.23	404	1:18.00	1:21.29	1:21.70	1:17.24
	50m:		150m:			350m:			
	100m: 1:18.00		200m: 2:39.29		300m: 4:00.99	400m: 5:18.23			
18.	BLAIS, Élizabéth	13	Riverains	5:18.71	402	1:14.00	1:21.26	1:23.47	1:19.98
	50m:		150m:			350m:			
	100m: 1:14.00		200m: 2:35.26		300m: 3:58.73	400m: 5:18.71			
19.	VIGNEAULT DUBOIS, Ellar	14	Les Dauphins de Rimouski	5:19.82	398	1:15.76	1:22.03	1:22.59	1:19.44
	50m:		150m:			350m:			
	100m: 1:15.76		200m: 2:37.79		300m: 4:00.38	400m: 5:19.82			
20.	POIRIER, Adèle	13	Unik	5:20.72	395	1:14.75	1:21.46	1:23.45	1:21.06
	50m:		150m:			350m:			
	100m: 1:14.75		200m: 2:36.21		300m: 3:59.66	400m: 5:20.72			

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Epreuve 23, Filles, 400m Libre, 13 - 14 ans

Rang		Age		Temps	Pts	100m	200m	300m	400m
21.	PRATT, Tanner	14	Olympian Swim Club	5:25.29	378	1:17.88	1:24.75	1:22.76	1:19.90
	50m:		150m:	250m:		350m:			
	100m: 1:17.88		200m: 2:42.63	300m: 4:05.39		400m: 5:25.29			
22.	NOLET, Charlie	13	Riverains	5:27.05	372	1:17.94	1:24.67	1:23.95	1:20.49
	50m:		150m:	250m:		350m:			
	100m: 1:17.94		200m: 2:42.61	300m: 4:06.56		400m: 5:27.05			
23.	TREMBLAY, Elisabeth	14	Riverains	5:27.80	370	1:15.20	1:26.52	1:24.13	1:21.95
	50m:		150m:	250m:		350m:			
	100m: 1:15.20		200m: 2:41.72	300m: 4:05.85		400m: 5:27.80			
24.	BLAIS, Florence	14	Riverains	5:31.55	357	1:16.98	1:24.25	1:27.41	1:22.91
	50m:		150m:	250m:		350m:			
	100m: 1:16.98		200m: 2:41.23	300m: 4:08.64		400m: 5:31.55			
25.	SIROIS, Ophélie	13	Club de Natation Régional d	5:31.95	356	1:18.95	1:25.76	1:25.21	1:22.03
	50m:		150m:	250m:		350m:			
	100m: 1:18.95		200m: 2:44.71	300m: 4:09.92		400m: 5:31.95			
26.	BOUCHARD, Victoria	14	Rouge et Or	5:34.83	347	1:18.03	1:25.91	1:27.00	1:23.89
	50m:		150m:	250m:		350m:			
	100m: 1:18.03		200m: 2:43.94	300m: 4:10.94		400m: 5:34.83			
27.	FORGET, Niki	13	Club de Natation Mont-Trem	5:38.36	336	1:18.43	1:27.98	1:27.99	1:23.96
	50m:		150m:	250m:		350m:			
	100m: 1:18.43		200m: 2:46.41	300m: 4:14.40		400m: 5:38.36			
28.	GIGUÈRE, Eva	13	Riverains	5:43.96	320	1:21.39	1:28.01	1:28.57	1:25.99
	50m:		150m:	250m:		350m:			
	100m: 1:21.39		200m: 2:49.40	300m: 4:17.97		400m: 5:43.96			
29.	BRASSARD, Frida-Maria	13	Rouge et Or	5:57.41	285	1:25.28	1:32.25	1:31.60	1:28.28
	50m:		150m:	250m:		350m:			
	100m: 1:25.28		200m: 2:57.53	300m: 4:29.13		400m: 5:57.41			
30.	MORIN, Camille	14	Nsh	5:58.01	284	1:24.16	1:32.36	1:33.19	1:28.30
	50m:		150m:	250m:		350m:			
	100m: 1:24.16		200m: 2:56.52	300m: 4:29.71		400m: 5:58.01			
31.	FAUCHER, Julianne	13	Riverains	6:01.72	275	1:28.11	1:32.50	1:32.74	1:28.37
	50m:		150m:	250m:		350m:			
	100m: 1:28.11		200m: 3:00.61	300m: 4:33.35		400m: 6:01.72			
32.	VACHON, Heloise	14	C.Natation. Sept-Iles	6:06.42	265	1:24.88	1:35.22	1:34.62	1:31.70
	50m:		150m:	250m:		350m:			
	100m: 1:24.88		200m: 3:00.10	300m: 4:34.72		400m: 6:06.42			
33.	DESROSIERS, Sarah	14	Aquanautes	6:24.34	229	1:29.47	1:40.50	1:40.99	1:33.38
	50m:		150m:	250m:		350m:			
	100m: 1:29.47		200m: 3:09.97	300m: 4:50.96		400m: 6:24.34			
34.	BERNIER, Léanne	14	Riverains	6:29.59	220	1:31.50	1:41.18	1:40.65	1:36.26
	50m:		150m:	250m:		350m:			
	100m: 1:31.50		200m: 3:12.68	300m: 4:53.33		400m: 6:29.59			
35.	CANAC-MARQUIS_S8SB75148, A	14	Rouge et Or	8:23.36	102	2:00.53	2:08.78	2:09.21	2:04.84
	50m:		150m:	250m:		350m:			
	100m: 2:00.53		200m: 4:09.31	300m: 6:18.52		400m: 8:23.36			

15 - 16 ans

1.	TURCOTTE, Annabelle	15	Cnq	4:26.13	691	1:03.51	1:07.75	1:08.49	1:06.38
	50m:		150m:			350m:			
	100m:	1:03.51	200m:	2:11.26		400m:	4:26.13		
2.	GONZALEZ, Daniella	16	Camo	4:36.14	619	1:05.42	1:10.58	1:10.54	1:09.60
	50m:		150m:			350m:			
	100m:	1:05.42	200m:	2:16.00		400m:	4:36.14		

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Epreuve 23, Filles, 400m Libre, 15 - 16 ans

Rang		Age		Temps	Pts	100m	200m	300m	400m
3.	GIRARD, Aurélia	15	Riverains	4:38.96	600	1:04.33	1:10.54	1:12.85	1:11.24
	50m:		150m:			350m:			
	100m: 1:04.33		200m: 2:14.87	300m: 3:27.72		400m: 4:38.96			
4.	LEMELIN DUCHARME, M.	15	Cnq	4:46.73	553	1:06.83	1:12.98	1:14.46	1:12.46
	50m:		150m:	250m:		350m:			
	100m: 1:06.83		200m: 2:19.81	300m: 3:34.27		400m: 4:46.73			
5.	LABERGE, Élise	15	Rouge et Or	4:49.40	538	1:08.64	1:14.30	1:14.17	1:12.29
	50m:		150m:	250m:		350m:			
	100m: 1:08.64		200m: 2:22.94	300m: 3:37.11		400m: 4:49.40			
6.	LACOSTE, Florence	16	Nsh	4:52.54	520	1:09.46	1:15.58	1:15.01	1:12.49
	50m:		150m:	250m:		350m:			
	100m: 1:09.46		200m: 2:25.04	300m: 3:40.05		400m: 4:52.54			
7.	JUTRAS, Annalie	16	Riverains	4:53.32	516	1:07.99	1:14.25	1:16.12	1:14.96
	50m:		150m:	250m:		350m:			
	100m: 1:07.99		200m: 2:22.24	300m: 3:38.36		400m: 4:53.32			
8.	BEAUDOIN, M.	16	Rouge et Or	4:54.03	513	1:09.62	1:15.12	1:16.07	1:13.22
	50m:		150m:	250m:		350m:			
	100m: 1:09.62		200m: 2:24.74	300m: 3:40.81		400m: 4:54.03			
9.	VAILLANCOURT, Flavie	15	Camo	4:54.11	512	1:09.13	1:13.73	1:15.99	1:15.26
	50m:		150m:	250m:		350m:			
	100m: 1:09.13		200m: 2:22.86	300m: 3:38.85		400m: 4:54.11			
10.	COLLIN, Camille	16	Les Dauphins de Rimouski	4:54.39	511	1:10.66	1:15.42	1:15.95	1:12.36
	50m:		150m:	250m:		350m:			
	100m: 1:10.66		200m: 2:26.08	300m: 3:42.03		400m: 4:54.39			
11.	PERREAULT, Simone	16	Camo	4:56.78	498	1:09.61	1:15.55	1:16.53	1:15.09
	50m:		150m:	250m:		350m:			
	100m: 1:09.61		200m: 2:25.16	300m: 3:41.69		400m: 4:56.78			
12.	PENNER, Bozhena	15	Olympian Swim Club	4:59.18	486	1:12.28	1:16.31	1:16.06	1:14.53
	50m:		150m:	250m:		350m:			
	100m: 1:12.28		200m: 2:28.59	300m: 3:44.65		400m: 4:59.18			
13.	TANGUAY, Jade	15	Club de Natation Régional d	5:01.99	473	1:13.01	1:18.02	1:16.56	1:14.40
	50m:		150m:	250m:		350m:			
	100m: 1:13.01		200m: 2:31.03	300m: 3:47.59		400m: 5:01.99			
14.	TROTTIER, Alycia	16	Cnq	5:02.69	470	1:12.04	1:17.81	1:18.15	1:14.69
	50m:		150m:	250m:		350m:			
	100m: 1:12.04		200m: 2:29.85	300m: 3:48.00		400m: 5:02.69			
15.	BOUCHARD, Marie	15	Rouge et Or	5:04.42	462	1:11.24	1:17.38	1:18.51	1:17.29
	50m:		150m:	250m:		350m:			
	100m: 1:11.24		200m: 2:28.62	300m: 3:47.13		400m: 5:04.42			
16.	TURBIDE, Florence	15	C.Natation. Sept-Iles	5:05.62	456	1:11.54	1:18.12	1:18.74	1:17.22
	50m:		150m:	250m:		350m:			
	100m: 1:11.54		200m: 2:29.66	300m: 3:48.40		400m: 5:05.62			
17.	PELLETIER, Mélyane	15	Les Dauphins de Rimouski	5:06.45	453	1:14.10	1:18.44	1:18.12	1:15.79
	50m:		150m:	250m:		350m:			
	100m: 1:14.10		200m: 2:32.54	300m: 3:50.66		400m: 5:06.45			
18.	GAGNON-BOULAY, Emma	15	Rouge et Or	5:07.05	450	1:15.84	1:18.15	1:17.25	1:15.81
	50m:		150m:	250m:		350m:			
	100m: 1:15.84		200m: 2:33.99	300m: 3:51.24		400m: 5:07.05			
19.	COULOMBE, Gabrielle	16	Riverains	5:08.66	443	1:12.96	1:18.24	1:19.56	1:17.90
	50m:		150m:	250m:		350m:			
	100m: 1:12.96		200m: 2:31.20	300m: 3:50.76		400m: 5:08.66			
20.	CHOUINARD, Dalia	16	Riverains	5:09.84	438	1:14.24	1:20.15	1:19.78	1:15.67
	50m:		150m:	250m:		350m:			
	100m: 1:14.24		200m: 2:34.39	300m: 3:54.17		400m: 5:09.84			

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Epreuve 23, Filles, 400m Libre, 15 - 16 ans

Rang		Age		Temps	Pts	100m	200m	300m	400m
21.	LEBLANC, Gabrielle	15	Riverains	5:11.47	431	1:13.91	1:21.15	1:20.00	1:16.41
	50m:		150m:			350m:			
	100m: 1:13.91		200m: 2:35.06		300m: 3:55.06	400m: 5:11.47			
22.	TAVARA, Maélie	16	Riverains	5:11.86	429	1:14.31	1:18.59	1:19.90	1:19.06
	50m:		150m:			350m:			
	100m: 1:14.31		200m: 2:32.90		300m: 3:52.80	400m: 5:11.86			
23.	COLLIN, Florence	16	Les Dauphins de Rimouski	5:13.31	424	1:16.57	1:21.10	1:19.19	1:16.45
	50m:		150m:			350m:			
	100m: 1:16.57		200m: 2:37.67		300m: 3:56.86	400m: 5:13.31			
24.	MARCOUX, Laurie	15	C.Natation. Sept-Iles	5:15.98	413	1:12.73	1:21.68	1:21.65	1:19.92
	50m:		150m:			350m:			
	100m: 1:12.73		200m: 2:34.41		300m: 3:56.06	400m: 5:15.98			
25.	DULAC, Julia	15	Club de Natation Régional de Rimouski	5:16.54	411	1:14.24	1:21.11	1:21.53	1:19.66
	50m:		150m:			350m:			
	100m: 1:14.24		200m: 2:35.35		300m: 3:56.88	400m: 5:16.54			
26.	BELLEMARE, Alexia	15	Aquanautes	5:19.57	399	1:14.90	1:20.79	1:22.77	1:21.11
	50m:		150m:			350m:			
	100m: 1:14.90		200m: 2:35.69		300m: 3:58.46	400m: 5:19.57			
27.	GRÉGOIRE, Juliette	15	Cnq	5:20.94	394	1:16.95	1:22.59	1:22.37	1:19.03
	50m:		150m:			350m:			
	100m: 1:16.95		200m: 2:39.54		300m: 4:01.91	400m: 5:20.94			
28.	LABBÉ, Camille	15	Nsh	5:29.04	366	1:16.92	1:24.46	1:25.08	1:22.58
	50m:		150m:			350m:			
	100m: 1:16.92		200m: 2:41.38		300m: 4:06.46	400m: 5:29.04			
29.	RAYMOND, Mathilde	15	Les Dauphins de Rimouski	5:34.24	349	1:19.22	1:25.54	1:26.99	1:22.49
	50m:		150m:			350m:			
	100m: 1:19.22		200m: 2:44.76		300m: 4:11.75	400m: 5:34.24			
30.	SMITH, Raphaëlle	15	Riverains	5:34.38	348	1:18.52	1:25.87	1:27.24	1:22.75
	50m:		150m:			350m:			
	100m: 1:18.52		200m: 2:44.39		300m: 4:11.63	400m: 5:34.38			
31.	DOUCET, Simone	15	Les Dauphins de Rimouski	5:40.89	329	1:20.58	1:28.17	1:27.64	1:24.50
	50m:		150m:			350m:			
	100m: 1:20.58		200m: 2:48.75		300m: 4:16.39	400m: 5:40.89			
32.	GARON, Koralie	15	Riverains	5:43.69	321	1:19.99	1:29.32	1:29.43	1:24.95
	50m:		150m:			350m:			
	100m: 1:19.99		200m: 2:49.31		300m: 4:18.74	400m: 5:43.69			
33.	JOBIN, Eve	16	Unik	5:46.03	314	1:20.24	1:27.06	1:30.14	1:28.59
	50m:		150m:			350m:			
	100m: 1:20.24		200m: 2:47.30		300m: 4:17.44	400m: 5:46.03			
34.	VANIER, Malya	16	Unik	5:55.69	289	1:24.76	1:30.67	1:31.43	1:28.83
	50m:		150m:			350m:			
	100m: 1:24.76		200m: 2:55.43		300m: 4:26.86	400m: 5:55.69			

17 ans et plus

1.	TREMBLAY, Raphaëlle	20	LMRL Rivière-du-Loup	4:26.89	685	1:04.30	1:08.37	1:07.59	1:06.63
	50m:		150m:			350m:			
	100m: 1:04.30		200m: 2:12.67			400m: 4:26.89			
2.	BROUSSEAU, Charlotte	17	Camo	4:29.92	663	1:04.63	1:09.36	1:09.04	1:06.89
	50m:		150m:			350m:			
	100m: 1:04.63		200m: 2:13.99			400m: 4:29.92			
3.	TURCOTTE, Juliette	17	Cnq	4:34.81	628	1:05.16	1:09.58	1:10.35	1:09.72
	50m:		150m:			350m:			
	100m: 1:05.16		200m: 2:14.74			400m: 4:34.81			

Défi UL 50 m 2025
Québec, 11- - 13-4-2025



Epreuve 23, Dames, 400m Libre, 17 ans et plus

Rang		Age		Temps	Pts	100m	200m	300m	400m
4.	MALENFANT, Viviane	17	Cnq	4:36.16	619	1:06.20	1:10.02	1:10.49	1:09.45
	50m:		150m:			350m:			
	100m: 1:06.20		200m: 2:16.22		300m: 3:26.71	400m: 4:36.16			
5.	SHINK, Ariane	18	Cnq	4:36.62	616	1:06.27	1:10.06	1:10.69	1:09.60
	50m:		150m:			350m:			
	100m: 1:06.27		200m: 2:16.33		300m: 3:27.02	400m: 4:36.62			
6.	GAGNON, Isabelle	21	Lav	4:48.06	545	1:08.24	1:11.70	1:14.18	1:13.94
	50m:		150m:			350m:			
	100m: 1:08.24		200m: 2:19.94		300m: 3:34.12	400m: 4:48.06			
7.	CHALIFOUR, Mathilde	19	Rouge et Or	4:48.91	540	1:08.49	1:13.25	1:13.96	1:13.21
	50m:		150m:			350m:			
	100m: 1:08.49		200m: 2:21.74		300m: 3:35.70	400m: 4:48.91			
8.	ANDREOLI, Catherine	17	Camo	4:49.86	535	1:07.99	1:13.77	1:14.70	1:13.40
	50m:		150m:			350m:			
	100m: 1:07.99		200m: 2:21.76		300m: 3:36.46	400m: 4:49.86			
9.	DUMAS, Annabelle	17	Riverains	4:53.29	516	1:09.64	1:14.69	1:15.32	1:13.64
	50m:		150m:			350m:			
	100m: 1:09.64		200m: 2:24.33		300m: 3:39.65	400m: 4:53.29			
10.	BUREAU, Justine	17	Rouge et Or	5:03.42	466	1:12.34	1:16.92	1:17.71	1:16.45
	50m:		150m:			350m:			
	100m: 1:12.34		200m: 2:29.26		300m: 3:46.97	400m: 5:03.42			
11.	GRIMARD-SPALDING, J.	21	Les Dauphins de Rimouski	5:07.79	447	1:11.91	1:19.25	1:19.57	1:17.06
	50m:		150m:			350m:			
	100m: 1:11.91		200m: 2:31.16		300m: 3:50.73	400m: 5:07.79			
12.	DUQUETTE, Viviane	19	Camo	5:10.01	437	1:10.96	1:18.79	1:20.79	1:19.47
	50m:		150m:			350m:			
	100m: 1:10.96		200m: 2:29.75		300m: 3:50.54	400m: 5:10.01			
13.	HERNANDEZ-FAUCHER, E	17	Rouge et Or	5:10.16	437	1:13.61	1:20.49	1:18.97	1:17.09
	50m:		150m:			350m:			
	100m: 1:13.61		200m: 2:34.10		300m: 3:53.07	400m: 5:10.16			
14.	LÉTOURNEAU, Élise	17	Riverains	5:10.50	435	1:14.31	1:20.06	1:19.84	1:16.29
	50m:		150m:			350m:			
	100m: 1:14.31		200m: 2:34.37		300m: 3:54.21	400m: 5:10.50			
15.	LAMONTAGNE, Léa	17	Aquanautes	5:24.82	380	1:14.08	1:22.98	1:24.58	1:23.18
	50m:		150m:			350m:			
	100m: 1:14.08		200m: 2:37.06		300m: 4:01.64	400m: 5:24.82			
16.	THÉRIAULT, Marie-Pier	17	Unik	5:25.80	377	1:13.47	1:23.24	1:24.85	1:24.24
	50m:		150m:			350m:			
	100m: 1:13.47		200m: 2:36.71		300m: 4:01.56	400m: 5:25.80			
17.	TRIPP_S8SB7SM8, Abi	24	Cnq	5:33.88	350	1:19.96	1:25.96	1:25.80	1:22.16
	50m:		150m:			350m:			
	100m: 1:19.96		200m: 2:45.92		300m: 4:11.72	400m: 5:33.88			
18.	DUMAIS, Roxanne	23	Les Dauphins de Rimouski	5:34.37	348	1:18.64	1:25.58	1:26.10	1:24.05
	50m:		150m:			350m:			
	100m: 1:18.64		200m: 2:44.22		300m: 4:10.32	400m: 5:34.37			
19.	DUCHESNE_S7SB7SM7, S	23	Lav	5:52.20	298	1:24.00	1:28.23	1:30.00	1:29.97
	50m:		150m:			350m:			
	100m: 1:24.00		200m: 2:52.23		300m: 4:22.23	400m: 5:52.20			
20.	LAPOINTE, Sarah-Maude	17	Aquanautes	6:25.02	228	1:31.34	1:41.31	1:40.85	1:31.52
	50m:		150m:			350m:			
	100m: 1:31.34		200m: 3:12.65		300m: 4:53.50	400m: 6:25.02			
21.	GRIFFITHS, Maxim	19	C.Natation. Sept-Iles	6:39.21	204	1:29.24	1:41.43	1:44.42	1:44.12
	50m:		150m:			350m:			
	100m: 1:29.24		200m: 3:10.67		300m: 4:55.09	400m: 6:39.21			