

Défi UL 50 m 2025
Québec, 11- - 13-4-2025



Epreuve 15
2025-04-12 - 11:33

Dames, 400m 4 nages

11 ans et plus
Liste résultats

Points: AQUA 2024

Rang	Age			Temps	Pts	100m	200m	300m	400m
11 - 12 ans									
1.	MOFFET, Raphaëlle	12	Camo	5:38.06	486	1:16.22	1:29.62	1:38.31	1:13.91
	50m:		150m:	250m:		350m:			
	100m: 1:16.22		200m: 2:45.84	300m: 4:24.15		400m: 5:38.06			
2.	LORTIE, Charlotte	11	Cnq	6:14.63	357	1:32.74	1:32.21	1:51.39	1:18.29
	50m:		150m:	250m:		350m:			
	100m: 1:32.74		200m: 3:04.95	300m: 4:56.34		400m: 6:14.63			
3.	PAQUET, Joanie	12	Unik	6:30.22	316	1:31.07	1:40.78	1:53.59	1:24.78
	50m:		150m:	250m:		350m:			
	100m: 1:31.07		200m: 3:11.85	300m: 5:05.44		400m: 6:30.22			
13 - 14 ans									
1.	CHAMBERLAND, Zoé	14	Cnq	5:41.84	470	1:19.59	1:29.08	1:39.57	1:13.60
	50m:		150m:	250m:		350m:			
	100m: 1:19.59		200m: 2:48.67	300m: 4:28.24		400m: 5:41.84			
2.	DEMERS, Lauralie	14	Riverains	5:43.49	463	1:14.19	1:32.23	1:41.36	1:15.71
	50m:		150m:	250m:		350m:			
	100m: 1:14.19		200m: 2:46.42	300m: 4:27.78		400m: 5:43.49			
3.	CANTIN, Élisabeth	14	Rouge et Or	5:50.78	435	1:20.50	1:25.33	1:48.39	1:16.56
	50m:		150m:	250m:		350m:			
	100m: 1:20.50		200m: 2:45.83	300m: 4:34.22		400m: 5:50.78			
4.	WONG, Roya	14	Olympian Swim Club	5:58.71	407	1:18.93	1:33.23	1:46.44	1:20.11
	50m:		150m:	250m:		350m:			
	100m: 1:18.93		200m: 2:52.16	300m: 4:38.60		400m: 5:58.71			
5.	BLAIS, Florence	14	Riverains	6:10.65	369	1:26.05	1:29.72	1:49.33	1:25.55
	50m:		150m:	250m:		350m:			
	100m: 1:26.05		200m: 2:55.77	300m: 4:45.10		400m: 6:10.65			
6.	TRUDEL, Léanne	13	Unik	6:11.32	367	1:35.61	1:34.61	1:40.03	1:21.07
	50m:		150m:	250m:		350m:			
	100m: 1:35.61		200m: 3:10.22	300m: 4:50.25		400m: 6:11.32			
15 - 16 ans									
1.	ABETTI, Douae	15	Cnq	5:12.00	618	1:16.73	1:21.92	1:21.32	1:12.03
	50m:		150m:	250m:		350m:			
	100m: 1:16.73		200m: 2:38.65	300m: 3:59.97		400m: 5:12.00			
2.	LABERGE, Élise	15	Rouge et Or	5:35.86	496	1:14.20	1:26.82	1:42.01	1:12.83
	50m:		150m:	250m:		350m:			
	100m: 1:14.20		200m: 2:41.02	300m: 4:23.03		400m: 5:35.86			
3.	COLLIN, Camille	16	Les Dauphins de Rimouski	5:39.75	479	1:15.07	1:28.86	1:37.97	1:17.85
	50m:		150m:	250m:		350m:			
	100m: 1:15.07		200m: 2:43.93	300m: 4:21.90		400m: 5:39.75			
4.	TURBIDE, Florence	15	C.Natation. Sept-Iles	5:47.17	449	1:16.60	1:31.17	1:41.77	1:17.63
	50m:		150m:	250m:		350m:			
	100m: 1:16.60		200m: 2:47.77	300m: 4:29.54		400m: 5:47.17			
5.	COULOMBE, Gabrielle	16	Riverains	6:02.11	395	1:17.50	1:37.40	1:46.01	1:21.20
	50m:		150m:	250m:		350m:			
	100m: 1:17.50		200m: 2:54.90	300m: 4:40.91		400m: 6:02.11			
6.	CADARIO, Émilie	15	Nsh	6:06.26	382	1:19.40	1:38.56	1:49.80	1:18.50
	50m:		150m:	250m:		350m:			
	100m: 1:19.40		200m: 2:57.96	300m: 4:47.76		400m: 6:06.26			

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Epreuve 15, Filles, 400m 4 nages, 15 - 16 ans

Rang	Age	Temps	Pts	100m	200m	300m	400m
disq. COLLIN, Florence	16	Les Dauphins de Rimouski	5:48.97	1:21.69	1:32.19	1:33.54	1:21.55
				50m:	350m:		
				100m: 1:21.69	400m: 5:48.97		
				150m:			
				200m: 2:53.88			
				250m:			
				300m: 4:27.42			

17 ans et plus

1. LACROIX, Charlotte	17	Cnq	5:10.82 625	1:10.54	1:21.93	1:28.84	1:09.51
				50m:	350m:		
				100m: 1:10.54	400m: 5:10.82		
				150m:			
				200m: 2:32.47			
				250m:			
				300m: 4:01.31			
2. MALENFANT, Viviane	17	Cnq	5:15.96 595	1:13.14	1:20.33	1:29.40	1:13.09
				50m:	350m:		
				100m: 1:13.14	400m: 5:15.96		
				150m:			
				200m: 2:33.47			
				250m:			
				300m: 4:02.87			
3. CHALIFOUR, Mathilde	19	Rouge et Or	5:29.34 526	1:16.55	1:31.63	1:27.15	1:14.01
				50m:	350m:		
				100m: 1:16.55	400m: 5:29.34		
				150m:			
				200m: 2:48.18			
				250m:			
				300m: 4:15.33			
4. PAUL, Florence	18	Rouge et Or	5:33.81 505	1:13.89	1:25.25	1:35.99	1:18.68
				50m:	350m:		
				100m: 1:13.89	400m: 5:33.81		
				150m:			
				200m: 2:39.14			
				250m:			
				300m: 4:15.13			
5. FALARDEAU_S10SB9SM117M.		Cnq	6:06.52 381	1:21.54	1:40.78	1:42.32	1:21.88
				50m:	350m:		
				100m: 1:21.54	400m: 6:06.52		
				150m:			
				200m: 3:02.32			
				250m:			
				300m: 4:44.64			