



Torneio de Fundo Infantis e Juvenis
Caldas da Rainha, 3 - 4/5/2025

Prova 4

Femin., 800m Livres

Juvenil A

04/05/2025 - 9:51

Resultados

Pontos: AQUA 2024

Lugar	Ano		Tempo final		Pts
1. Diana Isabel, ALVES	10	Pimpoes/Cimai	9:58.48	507	
50m: 34.06 34.06	250m: 3:01.14 37.08	450m: 5:31.78 37.39	650m: 8:05.03 38.28		
100m: 1:09.96 35.90	300m: 3:38.53 37.39	500m: 6:09.89 38.11	700m: 8:43.31 38.28		
150m: 1:47.04 37.08	350m: 4:16.46 37.93	550m: 6:48.36 38.47	750m: 9:21.53 38.22		
200m: 2:24.06 37.02	400m: 4:54.39 37.93	600m: 7:26.75 38.39	800m: 9:58.48 36.95		
2. Matilde Santos, VIEIRA	10	Nautico Marinha Grande	10:08.78	482	
50m: 34.71 34.71	250m: 3:06.93 38.68	450m: 5:42.38 38.51	650m: 8:17.54 38.95		
100m: 1:11.83 37.12	300m: 3:45.71 38.78	500m: 6:21.21 38.83	700m: 8:55.79 38.25		
150m: 1:49.71 37.88	350m: 4:24.89 39.18	550m: 6:59.88 38.67	750m: 9:33.69 37.90		
200m: 2:28.25 38.54	400m: 5:03.87 38.98	600m: 7:38.59 38.71	800m: 10:08.78 35.09		
3. Madalena Gracio, PEDROSO	10	Nautico Marinha Grande	10:13.13	472	
50m: 34.55 34.55	250m: 3:04.18 37.89	450m: 5:38.77 39.12	650m: 8:14.85 39.22		
100m: 1:10.36 35.81	300m: 3:42.33 38.15	500m: 6:17.06 38.29	700m: 8:54.93 40.08		
150m: 1:48.59 38.23	350m: 4:21.05 38.72	550m: 6:56.20 39.14	750m: 9:34.06 39.13		
200m: 2:26.29 37.70	400m: 4:59.65 38.60	600m: 7:35.63 39.43	800m: 10:13.13 39.07		
4. Bianca Balbino, MENDES	10	Naval de Peniche	10:13.53	471	
50m: 34.56 34.56	250m: 3:05.80 38.49	450m: 5:41.48 39.35	650m: 8:18.88 39.25		
100m: 1:11.23 36.67	300m: 3:44.48 38.68	500m: 6:10.91 29.43	700m: 8:57.63 38.75		
150m: 1:48.98 37.75	350m: 4:23.05 38.57	550m: 7:00.28 49.37	750m: 9:36.06 38.43		
200m: 2:27.31 38.33	400m: 5:02.13 39.08	600m: 7:39.63 39.35	800m: 10:13.53 37.47		
5. Debora Silva, INACIO	10	Pimpoes/Cimai	10:28.90	437	
50m: 37.31 37.31	250m: 3:15.04 38.51	450m: 5:51.15 39.69	650m: 8:32.04 39.65		
100m: 1:16.34 39.03	300m: 3:53.19 38.15	500m: 6:30.69 39.54	700m: 9:13.13 41.09		
150m: 1:56.69 40.35	350m: 4:31.56 38.37	550m: 7:11.56 40.87	750m: 9:52.72 39.59		
200m: 2:36.53 39.84	400m: 5:11.46 39.90	600m: 7:52.39 40.83	800m: 10:28.90 36.18		
6. Barbara Balbino, MENDES	10	Naval de Peniche	10:30.59	433	
100m: 1:15.09 1:15.09	300m: 3:52.91 39.64	500m: 6:31.91 40.08	700m: 9:13.28 40.80		
150m: 1:54.09 39.00	350m: 4:32.39 39.48	550m: 7:11.89 39.98	750m: 9:53.69 40.41		
200m: 2:32.09 38.00	400m: 5:12.03 39.64	600m: 7:51.91 40.02	800m: 10:30.59 36.90		
250m: 3:13.27 41.18	450m: 5:51.83 39.80	650m: 8:32.48 40.57			
7. Leonor Pereira, SILVA	10	Óbidos	10:38.77	417	
50m: 37.20 37.20	250m: 3:15.27 39.67	450m: 5:57.60 41.33	650m: 8:41.74 40.71		
100m: 1:16.10 38.90	300m: 3:54.77 39.50	500m: 6:38.17 40.57	700m: 9:22.60 40.86		
150m: 1:55.99 39.89	350m: 4:35.03 40.26	550m: 7:19.74 41.57	750m: 10:02.67 40.07		
200m: 2:35.60 39.61	400m: 5:16.27 41.24	600m: 8:01.03 41.29	800m: 10:38.77 36.10		
8. Rafaela Santos, AFONSO	10	Naval de Peniche	10:47.94	400	
50m: 37.74 37.74	250m: 3:18.45 40.84	450m: 6:02.48 40.94	650m: 8:47.42 40.63		
100m: 1:16.72 38.98	300m: 3:58.91 40.46	500m: 6:43.76 41.28	700m: 9:29.35 41.93		
150m: 1:57.00 40.28	350m: 4:40.20 41.29	550m: 7:25.35 41.59	750m: 10:09.88 40.53		
200m: 2:37.61 40.61	400m: 5:21.54 41.34	600m: 8:06.79 41.44	800m: 10:47.94 38.06		
9. Mariana Santos, AFONSO	10	Naval de Peniche	11:06.22	368	
50m: 38.12 38.12	250m: 3:22.79 42.26	450m: 6:10.49 41.35	650m: 9:02.10 42.32		
100m: 1:18.31 40.19	300m: 4:05.58 42.79	500m: 6:53.61 43.12	700m: 9:44.92 42.82		
150m: 1:59.59 41.28	350m: 4:47.41 41.83	550m: 7:36.39 42.78	750m: 10:26.90 41.98		
200m: 2:40.53 40.94	400m: 5:29.14 41.73	600m: 8:19.78 43.39	800m: 11:06.22 39.32		



Torneio de Fundo Infantis e Juvenis
Caldas da Rainha, 3 - 4/5/2025

Prova 4, Femin., 800m Livres, Juvenil A

Lugar			Ano					Tempo final	Pts
10.	Elisa Henriques, SOUTO		10	Óbidos				11:57.03	295
	50m:	41.45	41.45	250m:	3:44.95	46.61	450m:	6:49.77	45.82
	100m:	1:25.69	44.24	300m:	4:31.57	46.62	500m:	7:35.69	45.92
	150m:	2:11.98	46.29	350m:	5:17.86	46.29	550m:	8:21.11	45.42
	200m:	2:58.34	46.36	400m:	6:03.95	46.09	600m:	9:06.30	45.19
							650m:	9:51.62	45.32
							700m:	10:36.09	44.47
							750m:	11:21.68	45.59
							800m:	11:57.03	35.35
11.	Alice Lucas, COSTA		10	Uniao Juncalense				13:06.42	223
	50m:	42.64	42.64	250m:	4:00.07	50.48	450m:	7:20.78	50.47
	100m:	1:29.78	47.14	300m:	4:50.49	50.42	500m:	8:10.57	49.79
	150m:	2:19.74	49.96	350m:	5:40.49	50.00	550m:	9:00.28	49.71
	200m:	3:09.59	49.85	400m:	6:30.31	49.82	600m:	9:50.53	50.25
							650m:	10:40.48	49.95
							700m:	11:29.17	48.69
							750m:	12:18.17	49.00
							800m:	13:06.42	48.25
12.	Anastasia, STURZA		10	Uniao Juncalense				13:27.35	206
	50m:	44.25	44.25	250m:	4:02.92	50.86	450m:	7:32.70	52.78
	100m:	1:32.03	47.78	300m:	4:56.10	53.18	500m:	8:23.85	51.15
	150m:	2:21.86	49.83	350m:	5:49.38	53.28	550m:	9:17.27	53.42
	200m:	3:12.06	50.20	400m:	6:39.92	50.54	600m:	10:08.63	51.36
							650m:	10:59.85	51.22
							700m:	11:50.99	51.14
							750m:	12:39.63	48.64
							800m:	13:27.35	47.72
DNS	Laura Samora, GONCALVES		10	CNLeiria - VOID					
DNS	Matilde Filipa, AMADO		10	Nautico Marinha Grande					
DNS	Laura Helena, AMORIM		10	Nautico Marinha Grande					

Prova 4

Femin., 800m Livres

Juvenil B

04/05/2025 - 9:51

Resultados

Pontos: AQUA 2024

Lugar			Ano					Tempo final	Pts
1.	Maria Joao, VALA		11	Pimpoes/Cimai				10:07.11	486
	50m:	35.39	35.39	250m:	3:04.71	37.68	450m:	5:36.56	36.38
	100m:	1:11.28	35.89	300m:	3:43.71	39.00	500m:	6:14.18	37.62
	150m:	1:49.28	38.00	350m:	4:21.18	37.47	550m:	6:53.21	39.03
	200m:	2:27.03	37.75	400m:	5:00.18	39.00	600m:	7:31.81	38.60
							650m:	8:11.64	39.83
							700m:	8:50.75	39.11
							750m:	9:30.89	40.14
							800m:	10:07.11	36.22
2.	Francisca Moreira, FELICIANO		11	Alcobaca				10:08.29	483
	50m:	33.78	33.78	250m:	3:03.97	37.97	450m:	5:37.40	38.90
	100m:	1:10.47	36.69	300m:	3:42.07	38.10	500m:	6:16.40	39.00
	150m:	1:48.29	37.82	350m:	4:20.29	38.22	550m:	6:55.90	39.50
	200m:	2:26.00	37.71	400m:	4:58.50	38.21	600m:	7:34.72	38.82
							650m:	8:13.93	39.21
							700m:	8:53.22	39.29
							750m:	9:31.75	38.53
							800m:	10:08.29	36.54
3.	Leonor Mota, ALVES		11	Nautico Marinha Grande				10:12.03	474
	50m:	36.71	36.71	250m:	3:09.64	38.07	450m:	5:44.39	38.82
	100m:	1:14.64	37.93	300m:	3:48.53	38.89	500m:	6:23.42	39.03
	150m:	1:53.21	38.57	350m:	4:27.03	38.50	550m:	7:02.14	38.72
	200m:	2:31.57	38.36	400m:	5:05.57	38.54	600m:	7:41.24	39.10
							650m:	8:20.03	38.79
							750m:	9:36.49	1:16.46
							800m:	10:12.03	35.54
4.	Carlota Sa, SANTOS		11	Nucleo de Pombal				10:16.81	463
	50m:	36.78	36.78	250m:	3:11.24	38.82	450m:	5:46.67	38.75
	100m:	1:15.09	38.31	300m:	3:50.21	38.97	500m:	6:25.67	39.00
	150m:	1:53.71	38.62	350m:	4:29.31	39.10	550m:	7:04.71	39.04
	200m:	2:32.42	38.71	400m:	5:07.92	38.61	600m:	7:43.92	39.21
							650m:	8:22.57	38.65
							700m:	9:01.46	38.89
							750m:	9:40.24	38.78
							800m:	10:16.81	36.57



Torneio de Fundo Infantis e Juvenis
Caldas da Rainha, 3 - 4/5/2025

Prova 4, Femin., 800m Livres, Juvenil B

Lugar	Ano								Tempo final		Pts	
5.	Anastasiya, PRYMACHENKO			11		Nucleo de Pombal			10:27.46		440	
	50m:	34.50	34.50	300m:	3:50.70	1:19.72	650m:	8:30.58	40.24	800m:	10:27.46	37.95
	100m:	1:12.49	37.99	400m:	5:10.65	1:19.95	700m:	9:10.51	39.93			
	200m:	2:30.98	1:18.49	600m:	7:50.34	2:39.69	750m:	9:49.51	39.00			
6.	Beatriz Marques, GASPAR			11		Nautico Marinha Grande			10:52.72		391	
	50m:	38.33	38.33	250m:	3:24.36	41.32	450m:	6:08.99	40.30	650m:	8:53.90	40.64
	100m:	1:20.55	42.22	300m:	4:05.69	41.33	500m:	6:50.23	41.24	700m:	9:35.03	41.13
	150m:	2:02.28	41.73	350m:	4:47.13	41.44	550m:	7:32.00	41.77	750m:	10:15.51	40.48
	200m:	2:43.04	40.76	400m:	5:28.69	41.56	600m:	8:13.26	41.26	800m:	10:52.72	37.21
7.	Isabela Lourenco, COSTA			11		Benedita			10:57.27		383	
	50m:	38.40	38.40	300m:	4:04.05	1:23.31	600m:	8:13.87	1:23.23			
	100m:	1:18.47	40.07	400m:	5:27.05	1:23.00	700m:	9:36.48	1:22.61			
	200m:	2:40.74	1:22.27	500m:	6:50.64	1:23.59	800m:	10:57.27	1:20.79			
8.	Cristiana Henriques, ALMEIDA			11		Benedita			11:00.63		377	
	50m:	40.55	40.55	250m:	3:25.42	41.20	450m:	6:11.90	41.36	650m:	8:57.00	41.71
	100m:	1:21.61	41.06	300m:	4:06.93	41.51	500m:	6:53.75	41.85	700m:	9:39.46	42.46
	150m:	2:02.89	41.28	350m:	4:48.52	41.59	550m:	7:33.90	40.15	750m:	10:21.39	41.93
	200m:	2:44.22	41.33	400m:	5:30.54	42.02	600m:	8:15.29	41.39	800m:	11:00.63	39.24
9.	Margarida Soares, MAIA			11		Nautico Marinha Grande			11:04.94		370	
	50m:	38.04	38.04	250m:	3:26.54	42.67	450m:	6:15.00	42.56	650m:	9:04.69	42.72
	100m:	1:19.94	41.90	300m:	4:07.97	41.43	500m:	6:58.04	43.04	700m:	9:46.12	41.43
	150m:	2:01.83	41.89	350m:	4:49.83	41.86	550m:	7:39.69	41.65	750m:	10:29.35	43.23
	200m:	2:43.87	42.04	400m:	5:32.44	42.61	600m:	8:21.97	42.28	800m:	11:04.94	35.59
10.	Maria Santos, FONSECA			11		CNLeiria - VOID			11:22.89		341	
	50m:	40.58	40.58	250m:	3:29.66	43.31	450m:	6:20.45	42.92	650m:	9:14.45	43.77
	100m:	1:22.04	41.46	300m:	4:12.52	42.86	500m:	7:03.64	43.19	700m:	9:58.64	44.19
	150m:	2:04.44	42.40	350m:	4:54.82	42.30	550m:	7:47.79	44.15	750m:	10:41.04	42.40
	200m:	2:46.35	41.91	400m:	5:37.53	42.71	600m:	8:30.68	42.89	800m:	11:22.89	41.85
11.	Margarida Lopes, RODRIGUES			11		Uniao Juncalense			11:36.37		322	
	50m:	39.00	39.00	250m:	3:29.80	43.68	450m:	6:27.01	44.60	650m:	9:25.48	44.30
	100m:	1:20.37	41.37	300m:	4:14.29	44.49	500m:	7:11.21	44.20	700m:	10:10.22	44.74
	150m:	2:03.38	43.01	350m:	4:58.63	44.34	550m:	7:56.56	45.35	750m:	10:54.70	44.48
	200m:	2:46.12	42.74	400m:	5:42.41	43.78	600m:	8:41.18	44.62	800m:	11:36.37	41.67
12.	Isabela Maria, CARREIRA			11		Uniao Juncalense			11:58.08		293	
	50m:	39.93	39.93	250m:	3:35.22	45.07	450m:	6:39.22	46.73	650m:	9:44.41	46.21
	100m:	1:22.87	42.94	300m:	4:20.60	45.38	500m:	7:25.05	45.83	700m:	10:30.05	45.64
	150m:	2:06.29	43.42	350m:	5:06.53	45.93	550m:	8:11.75	46.70	750m:	11:15.35	45.30
	200m:	2:50.15	43.86	400m:	5:52.49	45.96	600m:	8:58.20	46.45	800m:	11:58.08	42.73
13.	Erica Felix, RODRIGUES			11		Uniao Juncalense			12:00.14		291	
	50m:	39.50	39.50	300m:	4:24.60	1:32.53	600m:	8:59.48	1:30.96			
	100m:	1:22.31	42.81	400m:	5:57.05	1:32.45	700m:	10:29.53	1:30.05			
	200m:	2:52.07	1:29.76	500m:	7:28.52	1:31.47	800m:	12:00.14	1:30.61			
14.	Beatriz Morgado, SILVA			11		Benedita			12:10.47		279	
	50m:	43.41	43.41	250m:	3:49.15	46.18	450m:	6:53.37	46.18	650m:	9:56.69	45.78
	100m:	1:30.15	46.74	300m:	4:35.26	46.11	500m:	7:38.66	45.29	700m:	10:42.30	45.61
	150m:	2:16.79	46.64	350m:	5:21.22	45.96	550m:	8:24.97	46.31	750m:	11:24.16	41.86
	200m:	3:02.97	46.18	400m:	6:07.19	45.97	600m:	9:10.91	45.94	800m:	12:10.47	46.31



Torneio de Fundo Infantis e Juvenis
Caldas da Rainha, 3 - 4/5/2025

Prova 4, Femin., 800m Livres, Juvenil B

Lugar	Ano								Tempo final	Pts
15. Matilde Pinto, ANTUNES	11 Naval de Peniche								12:14.50	274
50m: 41.39 41.39	250m: 3:47.39	47.26	450m: 6:53.61	46.96	650m: 9:58.66	46.54	700m: 10:44.99	46.33		
100m: 1:27.94 46.55	300m: 4:33.52	46.13	500m: 7:40.11	46.50	700m: 10:44.99	46.33	700m: 10:44.99	46.33		
150m: 2:14.20 46.26	350m: 5:20.60	47.08	550m: 8:27.29	47.18	750m: 11:31.33	46.34	750m: 11:31.33	46.34		
200m: 3:00.13 45.93	400m: 6:06.65	46.05	600m: 9:12.12	44.83	800m: 12:14.50	43.17	800m: 12:14.50	43.17		
16. Matilde Vitorino, FERREIRA	11 Naval de Peniche								12:25.34	262
50m: 42.22 42.22	300m: 4:33.67	1:33.62	600m: 9:16.51	1:35.07						
100m: 1:27.42 45.20	400m: 6:07.53	1:33.86	700m: 10:51.44	1:34.93						
200m: 3:00.05 1:32.63	500m: 7:41.44	1:33.91	800m: 12:25.34	1:33.90						
17. Kelly Simao, COSTA	11 Óbidos								12:34.81	253
50m: 43.31 43.31	250m: 3:54.10	48.18	450m: 7:02.38	47.53	650m: 10:13.52	47.78	700m: 11:00.67	47.15		
100m: 1:30.10 46.79	300m: 4:41.17	47.07	500m: 7:49.60	47.22	700m: 11:00.67	47.15	700m: 11:00.67	47.15		
150m: 2:18.27 48.17	350m: 5:28.10	46.93	550m: 8:37.60	48.00	750m: 11:47.35	46.68	750m: 11:47.35	46.68		
200m: 3:05.92 47.65	400m: 6:14.85	46.75	600m: 9:25.74	48.14	800m: 12:34.81	47.46	800m: 12:34.81	47.46		

Prova 4
04/05/2025 - 9:51

Femin., 800m Livres

Infantil A
Resultados

Pontos: AQUA 2024

Lugar	Ano								Tempo final	Pts
1. Ines Pinto, MARTINS	12 Pimpoes/Cimai								11:00.11	378
50m: 39.38 39.38	250m: 3:23.19	40.86	450m: 6:09.07	41.85	650m: 8:57.52	41.60	700m: 9:39.97	42.45		
100m: 1:19.83 40.45	300m: 4:04.11	40.92	500m: 6:51.79	42.72	700m: 9:39.97	42.45	700m: 9:39.97	42.45		
150m: 2:01.09 41.26	350m: 4:45.58	41.47	550m: 7:34.43	42.64	750m: 10:20.87	40.90	750m: 10:20.87	40.90		
200m: 2:42.33 41.24	400m: 5:27.22	41.64	600m: 8:15.92	41.49	800m: 11:00.11	39.24	800m: 11:00.11	39.24		
2. Luna Francisco, PEREIRA	12 Nucleo de Pombal								11:00.26	378
50m: 39.13 39.13	250m: 3:27.28	42.05	450m: 6:13.87	41.85	650m: 9:01.73	41.50	700m: 9:43.58	41.85		
100m: 1:21.09 41.96	300m: 4:08.94	41.66	500m: 6:55.63	41.76	700m: 9:43.58	41.85	700m: 9:43.58	41.85		
150m: 2:03.28 42.19	350m: 4:50.34	41.40	550m: 7:37.58	41.95	750m: 10:23.51	39.93	750m: 10:23.51	39.93		
200m: 2:45.23 41.95	400m: 5:32.02	41.68	600m: 8:20.23	42.65	800m: 11:00.26	36.75	800m: 11:00.26	36.75		
3. Julia Pinto, PINHEIRO	12 Pimpoes/Cimai								11:09.61	362
50m: 39.66 39.66	250m: 3:25.53	42.07	450m: 6:13.77	42.15	650m: 9:03.45	41.74	700m: 9:46.50	43.05		
100m: 1:20.87 41.21	300m: 4:07.45	41.92	500m: 6:56.22	42.45	700m: 9:46.50	43.05	700m: 9:46.50	43.05		
150m: 2:02.26 41.39	350m: 4:49.80	42.35	550m: 7:38.91	42.69	750m: 10:28.21	41.71	750m: 10:28.21	41.71		
200m: 2:43.46 41.20	400m: 5:31.62	41.82	600m: 8:21.71	42.80	800m: 11:09.61	41.40	800m: 11:09.61	41.40		
4. Laura Krempel, VARELA	12 Pimpoes/Cimai								11:11.58	359
50m: 38.42 38.42	250m: 3:25.78	42.48	450m: 6:59.32	1:26.22	700m: 9:49.96	42.87	700m: 9:49.96	42.87		
100m: 1:19.59 41.17	300m: 4:07.60	41.82	500m: 7:42.16	42.84	750m: 10:31.53	41.57	750m: 10:31.53	41.57		
150m: 2:01.28 41.69	350m: 4:50.37	42.77	600m: 8:24.78	42.62	800m: 11:11.58	40.05	800m: 11:11.58	40.05		
200m: 2:43.30 42.02	400m: 5:33.10	42.73	650m: 9:07.09	42.31						
5. Mafalda Varela, BERNARDINO	12 Alcobaca								11:12.13	358
50m: 39.33 39.33	300m: 4:15.35	1:26.94	600m: 8:31.60	1:25.41						
100m: 1:21.13 41.80	400m: 5:40.50	1:25.15	700m: 9:52.80	1:21.20						
200m: 2:48.41 1:27.28	500m: 7:06.19	1:25.69	800m: 11:12.13	1:19.33						



Torneio de Fundo Infantis e Juvenis
Caldas da Rainha, 3 - 4/5/2025

Prova 4, Femin., 800m Livres, Infantil A

Lugar	Ano								Tempo final	Pts
6. Beatriz Julio, CORREIA	12 CNLeiria - VOID								11:14.84	354
50m:	38.22	38.22	300m:	4:11.96	1:26.75	600m:	8:28.11	1:25.01		
100m:	1:18.47	40.25	400m:	5:37.79	1:25.83	700m:	9:52.78	1:24.67		
200m:	2:45.21	1:26.74	500m:	7:03.10	1:25.31	800m:	11:14.84	1:22.06		
7. Yaroslava, TABUNSKYK	12 CNLeiria - VOID								11:42.49	313
50m:	40.36	40.36	250m:	3:35.78	44.22	450m:	6:34.94	44.74	650m:	9:29.98 44.93
100m:	1:23.72	43.36	300m:	4:21.13	45.35	500m:	7:18.07	43.13	700m:	10:15.74 45.76
150m:	2:07.27	43.55	350m:	5:05.12	43.99	550m:	8:00.96	42.89	750m:	10:59.53 43.79
200m:	2:51.56	44.29	400m:	5:50.20	45.08	600m:	8:45.05	44.09	800m:	11:42.49 42.96
8. Benedita Nunes, FELIX	12 Pimpoes/Cimai								11:44.57	311
50m:	39.17	39.17	300m:	4:19.70	1:30.48	600m:	8:50.23	1:30.02		
100m:	1:21.61	42.44	400m:	5:50.75	1:31.05	700m:	10:19.64	1:29.41		
200m:	2:49.22	1:27.61	500m:	7:20.21	1:29.46	800m:	11:44.57	1:24.93		
9. Barbara Serrano, LOMBA	12 Ba-Leiria								12:16.32	272
50m:	40.47	40.47	250m:	3:41.45	46.41	450m:	6:50.09	47.85	650m:	10:01.31 48.52
100m:	1:23.70	43.23	300m:	4:28.58	47.13	500m:	7:37.30	47.21	700m:	10:48.89 47.58
150m:	2:08.88	45.18	350m:	5:15.69	47.11	550m:	8:24.99	47.69	750m:	11:34.47 45.58
200m:	2:55.04	46.16	400m:	6:02.24	46.55	600m:	9:12.79	47.80	800m:	12:16.32 41.85
10. Rita Alexandra, JORDAO	12 Uniao Juncalense								12:18.04	270
50m:	42.30	42.30	300m:	4:35.24	1:34.43	600m:	9:14.39	1:32.87		
100m:	1:27.31	45.01	400m:	6:08.06	1:32.82	700m:	10:47.05	1:32.66		
200m:	3:00.81	1:33.50	500m:	7:41.52	1:33.46	800m:	12:18.04	1:30.99		
11. Constanca Santos, COUTINHO	12 Naval da Nazaré								12:26.26	261
50m:	42.18	42.18	250m:	3:47.49	46.64	450m:	6:57.32	47.64	650m:	10:09.32 48.23
100m:	1:27.00	44.82	300m:	4:34.67	47.18	500m:	7:45.10	47.78	700m:	10:56.89 47.57
150m:	2:13.27	46.27	350m:	5:22.33	47.66	550m:	8:32.50	47.40	750m:	11:42.94 46.05
200m:	3:00.85	47.58	400m:	6:09.68	47.35	600m:	9:21.09	48.59	800m:	12:26.26 43.32
12. Iara Maria, CAMACHO	12 Pimpoes/Cimai								12:30.17	257
50m:	44.43	44.43	250m:	3:54.00	46.92	450m:	7:01.77	46.93	650m:	10:10.43 47.90
100m:	1:32.80	48.37	300m:	4:41.00	47.00	500m:	7:47.65	45.88	700m:	10:57.80 47.37
150m:	2:19.95	47.15	350m:	5:27.09	46.09	550m:	8:35.44	47.79	750m:	11:43.64 45.84
200m:	3:07.08	47.13	400m:	6:14.84	47.75	600m:	9:22.53	47.09	800m:	12:30.17 46.53
13. Jessica Garcia, FERREIRA	12 Óbidos								13:03.49	226
50m:	46.99	46.99	250m:	4:07.46	49.22	450m:	7:25.67	49.28	650m:	10:42.71 48.64
100m:	1:31.07	44.08	300m:	4:57.49	50.03	500m:	8:15.14	49.47	700m:	11:29.89 47.18
150m:	2:27.57	56.50	350m:	5:47.24	49.75	550m:	9:04.57	49.43	750m:	12:19.03 49.14
200m:	3:18.24	50.67	400m:	6:36.39	49.15	600m:	9:54.07	49.50	800m:	13:03.49 44.46
14. Guiomar Dionisio, CARREIRA	12 Pimpoes/Cimai								13:08.90	221
50m:	41.92	41.92	250m:	3:59.82	49.60	450m:	7:20.58	50.22	650m:	10:41.69 50.93
100m:	1:31.01	49.09	300m:	4:50.85	51.03	500m:	8:10.78	50.20	700m:	11:32.05 50.36
150m:	2:20.19	49.18	350m:	5:40.41	49.56	550m:	9:00.28	49.50	750m:	12:20.50 48.45
200m:	3:10.22	50.03	400m:	6:30.36	49.95	600m:	9:50.76	50.48	800m:	13:08.90 48.40



Torneio de Fundo Infantis e Juvenis
Caldas da Rainha, 3 - 4/5/2025

Prova 4, Femin., 800m Livres

Prova 4

04/05/2025 - 9:51

Pontos: AQUA 2024

Femin., 800m Livres

Infantil B

Resultados

Lugar	Ano		Tempo final		Pts
1. Maria Luisa, CASTILLO	13	Nautico Marinha Grande	11:13.16	356	
50m: 39.38 39.38	250m: 3:27.45	42.42 450m: 6:18.13 42.04	650m: 9:08.63	42.83	
100m: 1:21.28 41.90	300m: 4:10.16 42.71	500m: 7:00.95 42.82	700m: 9:51.48	42.85	
150m: 2:02.59 41.31	350m: 4:53.03 42.87	550m: 7:47.38 46.43	750m: 10:33.31	41.83	
200m: 2:45.03 42.44	400m: 5:36.09 43.06	600m: 8:25.80 38.42	800m: 11:13.16	39.85	
2. Alicia Ferreira, OLIVEIRA	13	Ba-Leiria	11:24.54	339	
50m: 39.95 39.95	250m: 3:32.35	43.05 450m: 6:27.06 43.86	650m: 9:20.73	42.98	
100m: 1:22.83 42.88	300m: 4:15.96 43.61	500m: 7:10.15 43.09	700m: 10:03.20	42.47	
150m: 2:06.12 43.29	350m: 4:59.55 43.59	550m: 7:53.91 43.76	750m: 10:44.84	41.64	
200m: 2:49.30 43.18	400m: 5:43.20 43.65	600m: 8:37.75 43.84	800m: 11:24.54	39.70	
3. Leonor Pinto, ROSARIO	13	Nautico Marinha Grande	11:31.20	329	
50m: 39.13 39.13	250m: 3:34.95	43.44 450m: 6:31.33 44.13	650m: 9:25.81	43.17	
100m: 1:22.40 43.27	300m: 4:18.85 43.90	500m: 7:14.99 43.66	700m: 10:10.08	44.27	
150m: 2:07.35 44.95	350m: 5:02.77 43.92	550m: 7:58.89 43.90	750m: 10:52.99	42.91	
200m: 2:51.51 44.16	400m: 5:47.20 44.43	600m: 8:42.64 43.75	800m: 11:31.20	38.21	
4. Maria Joao, OLIVEIRA	13	Alcobaca	11:32.78	327	
50m: 40.49 40.49	250m: 3:35.35	44.06 450m: 6:31.22 43.69	650m: 9:27.53	43.77	
100m: 1:23.65 43.16	300m: 4:19.71 44.36	500m: 7:15.20 43.98	700m: 10:10.06	42.53	
150m: 2:07.69 44.04	350m: 5:03.51 43.80	550m: 7:59.65 44.45	750m: 10:53.16	43.10	
200m: 2:51.29 43.60	400m: 5:47.53 44.02	600m: 8:43.76 44.11	800m: 11:32.78	39.62	
5. Maria Leal, ALVES	13	Alcobaca	12:13.47	275	
50m: 41.18 41.18	250m: 3:44.03	45.21 450m: 6:50.17 46.38	650m: 9:56.59	47.22	
100m: 1:26.67 45.49	300m: 4:30.34	46.31 500m: 7:37.05 46.88	700m: 10:43.09	46.50	
150m: 2:12.64 45.97	350m: 5:16.74	46.40 550m: 8:23.28 46.23	750m: 11:28.43	45.34	
200m: 2:58.82 46.18	400m: 6:03.79	47.05 600m: 9:09.37 46.09	800m: 12:13.47	45.04	
6. Laura Silva, MARTINS	13	Ba-Leiria	12:36.23	251	
50m: 44.16 44.16	200m: 3:03.98	46.39 400m: 6:15.06 1:34.80	550m: 8:37.38	49.72	
100m: 1:30.44 46.28	250m: 3:51.59	47.61 450m: 7:01.31 46.25	600m: 9:26.76	49.38	
150m: 2:17.59 47.15	300m: 4:40.26	48.67 500m: 7:47.66 46.35	800m: 12:36.23	3:09.47	
7. Victoria Cerqueira, SOBREIRO	13	Pimpoes/Cimai	12:51.06	237	
50m: 44.40 44.40	250m: 3:58.68	49.26 450m: 7:13.65 48.08	650m: 10:28.36	49.25	
100m: 1:32.18 47.78	300m: 4:47.73	49.05 500m: 8:02.42 48.77	700m: 11:17.13	48.77	
150m: 2:20.80 48.62	350m: 5:36.68	48.95 550m: 8:50.22 47.80	750m: 12:05.86	48.73	
200m: 3:09.42 48.62	400m: 6:25.57	48.89 600m: 9:39.11 48.89	800m: 12:51.06	45.20	
8. Emma Henriques, SOUTO	13	Óbidos	12:52.48	236	
50m: 42.21 42.21	250m: 3:55.88	49.48 450m: 7:14.48 49.90	650m: 10:32.59	49.46	
100m: 1:29.33 47.12	300m: 4:45.08	49.20 500m: 8:03.84 49.36	700m: 11:20.80	48.21	
150m: 2:17.00 47.67	350m: 5:35.02	49.94 550m: 8:53.69 49.85	750m: 12:09.05	48.25	
200m: 3:06.40 49.40	400m: 6:24.58	49.56 600m: 9:43.13 49.44	800m: 12:52.48	43.43	



Torneio de Fundo Infantis e Juvenis
Caldas da Rainha, 3 - 4/5/2025

Prova 4, Femin., 800m Livres, Infantil B

Lugar	Ano				Tempo final				Pts
9. Elisa Rodrigues, SIMOES	13				Benedita				12:52.91 235
50m:	44.56	44.56	250m:	3:56.95	48.81	450m:	7:11.34	48.88	650m: 10:27.40 49.78
100m:	1:31.92	47.36	300m:	4:44.78	47.83	500m:	7:59.15	47.81	700m: 11:16.36 48.96
150m:	2:19.78	47.86	350m:	5:34.58	49.80	550m:	8:48.32	49.17	750m: 12:05.13 48.77
200m:	3:08.14	48.36	400m:	6:22.46	47.88	600m:	9:37.62	49.30	800m: 12:52.91 47.78
10. Francisca Vieira, SILVA	13				Nucleo de Pombal				13:08.67 221
50m:	43.14	43.14	250m:	4:01.19	50.47	450m:	7:21.83	50.26	650m: 10:42.98 50.00
100m:	1:32.39	49.25	300m:	4:51.14	49.95	500m:	8:12.45	50.62	700m: 11:33.02 50.04
150m:	2:21.48	49.09	350m:	5:41.38	50.24	550m:	9:02.85	50.40	750m: 12:21.60 48.58
200m:	3:10.72	49.24	400m:	6:31.57	50.19	600m:	9:52.98	50.13	800m: 13:08.67 47.07
11. Catarina Franco, RODRIGUES	13				Naval de Peniche				13:13.49 217
50m:	44.70	44.70	250m:	4:02.37	50.30	450m:	7:24.25	51.02	650m: 10:45.56 49.76
100m:	1:34.19	49.49	300m:	4:52.47	50.10	500m:	8:14.65	50.40	700m: 11:35.63 50.07
150m:	2:22.53	48.34	350m:	5:43.18	50.71	550m:	9:05.21	50.56	750m: 12:25.47 49.84
200m:	3:12.07	49.54	400m:	6:33.23	50.05	600m:	9:55.80	50.59	800m: 13:13.49 48.02
12. Mafalda Amado, QUARESMA	13				Pimpoes/Cimai				13:19.83 212
50m:	46.53	46.53	250m:	4:08.92	50.83	450m:	7:33.12	50.58	650m: 10:52.11 49.10
100m:	1:36.78	50.25	300m:	5:00.90	51.98	500m:	8:22.70	49.58	700m: 11:41.99 49.88
150m:	2:27.39	50.61	350m:	5:51.90	51.00	550m:	9:13.58	50.88	750m: 12:32.53 50.54
200m:	3:18.09	50.70	400m:	6:42.54	50.64	600m:	10:03.01	49.43	800m: 13:19.83 47.30
13. Carminho Jose, LOPES	13				Benedita				13:34.87 201
50m:	44.76	44.76	250m:	4:06.81	52.72	450m:	7:33.91	52.43	650m: 11:01.51 50.78
100m:	1:33.16	48.40	300m:	4:57.44	50.63	500m:	8:26.66	52.75	700m: 11:52.84 51.33
150m:	2:23.09	49.93	350m:	5:50.26	52.82	550m:	9:19.26	52.60	750m: 12:45.23 52.39
200m:	3:14.09	51.00	400m:	6:41.48	51.22	600m:	10:10.73	51.47	800m: 13:34.87 49.64
14. Ana Sofia, SILVA	13				Naval de Peniche				13:43.89 194
50m:	47.30	47.30	250m:	4:08.94	50.22	450m:	7:36.62	52.25	650m: 11:07.41 52.97
100m:	1:37.37	50.07	300m:	5:00.44	51.50	500m:	8:29.19	52.57	700m: 11:59.91 52.50
150m:	2:27.87	50.50	350m:	5:52.51	52.07	550m:	9:21.72	52.53	750m: 12:52.72 52.81
200m:	3:18.72	50.85	400m:	6:44.37	51.86	600m:	10:14.44	52.72	800m: 13:43.89 51.17
15. Mariana Santos, VALENTIM	13				Pimpoes/Cimai				14:05.11 180
50m:	44.65	44.65	250m:	4:12.87	53.60	450m:	7:50.96	55.59	650m: 11:28.65 54.80
100m:	1:34.58	49.93	300m:	5:07.59	54.72	500m:	8:46.70	55.74	700m: 12:23.33 54.68
150m:	2:26.73	52.15	350m:	6:01.87	54.28	550m:	9:40.52	53.82	750m: 13:14.72 51.39
200m:	3:19.27	52.54	400m:	6:55.37	53.50	600m:	10:33.85	53.33	800m: 14:05.11 50.39
16. Matilde Mamede, CECILIO	13				Naval de Peniche				14:19.02 171
50m:	46.99	46.99	250m:	4:19.47	53.74	450m:	8:01.25	55.26	650m: 11:42.89 55.07
100m:	1:39.51	52.52	300m:	5:13.96	54.49	500m:	8:56.04	54.79	700m: 12:37.04 54.15
150m:	2:32.24	52.73	350m:	6:10.08	56.12	550m:	9:52.24	56.20	750m: 13:30.20 53.16
200m:	3:25.73	53.49	400m:	7:05.99	55.91	600m:	10:47.82	55.58	800m: 14:19.02 48.82