

NSS KONTROLNORMAT VU SACENS BAS, DAUDZC A, V.POSMS
ekava, 10/4/2025

Event 7 Boys, 400m Freestyle 12 - 17 years
10/04/2025 - 17:54 Results

Points: AQUA 2024

Rank			YB					Time	Pts
12 years									
1.	VIGULIS, Kristofers		13	Kekavas NSS				5:26.33	275
	50m:	37.73 37.73	150m:	2:01.59 42.51	250m:	3:23.88 41.23	350m:	4:46.05 40.61	
	100m:	1:19.08 41.35	200m:	2:42.65 41.06	300m:	4:05.44 41.56	400m:	5:26.33 40.28	
2.	LEGZDINS, Rodrigo		13	Kekavas NSS				5:30.23	265
	50m:	36.57 36.57	150m:	1:59.75 42.00	250m:	3:24.45 42.10	350m:	4:49.56 42.75	
	100m:	1:17.75 41.18	200m:	2:42.35 42.60	300m:	4:06.81 42.36	400m:	5:30.23 40.67	
3.	BUKS, Henrijs		13	Kekavas NSS				5:34.63	255
	50m:	35.25 35.25	150m:	1:58.90 42.90	250m:	3:26.18 43.78	350m:	4:53.50 43.30	
	100m:	1:16.00 40.75	200m:	2:42.40 43.50	300m:	4:10.20 44.02	400m:	5:34.63 41.13	
4.	ISAKOVŠ, Maksims		13	Kekavas NSS				5:58.03	208
	50m:	41.32 41.32	150m:	2:13.34 47.85	250m:	3:46.47 48.16	350m:	5:16.32 42.92	
	100m:	1:25.49 44.17	200m:	2:58.31 44.97	300m:	4:33.40 46.93	400m:	5:58.03 41.71	
5.	IVANOVŠ, Sergejs		13	Kekavas NSS				6:29.75	161
	50m:	39.34 39.34	150m:	2:17.72 49.90	250m:	3:59.84 51.11	350m:	5:41.74 51.15	
	100m:	1:27.82 48.48	200m:	3:08.73 51.01	300m:	4:50.59 50.75	400m:	6:29.75 48.01	
13 years									
1.	BEIKERTS, Rojs		12	Kekavas NSS				5:28.31	270
	50m:	36.55 36.55	150m:	1:59.57 42.11	250m:	3:23.55 41.83	350m:	4:48.46 42.25	
	100m:	1:17.46 40.91	200m:	2:41.72 42.15	300m:	4:06.21 42.66	400m:	5:28.31 39.85	
2.	ZDANOVSKIS, Janis		12	Kekavas NSS				5:34.31	255
	50m:	36.98 36.98	150m:	2:01.25 42.67	250m:	3:27.39 42.86	350m:	4:53.30 43.14	
	100m:	1:18.58 41.60	200m:	2:44.53 43.28	300m:	4:10.16 42.77	400m:	5:34.31 41.01	
3.	EIHMANIS, Ernests		12	Kekavas NSS				5:39.71	243
	50m:	36.97 36.97	150m:	2:04.13 43.78	250m:	3:33.41 44.12	350m:	4:58.65 41.41	
	100m:	1:20.35 43.38	200m:	2:49.29 45.16	300m:	4:17.24 43.83	400m:	5:39.71 41.06	
14 years									
1.	ERGLIS, Gustavs		11	Kekavas NSS				4:54.16	375
	50m:	32.48 32.48	150m:	1:45.96 36.90	250m:	3:00.85 37.78	350m:	4:17.74 38.83	
	100m:	1:09.06 36.58	200m:	2:23.07 37.11	300m:	3:38.91 38.06	400m:	4:54.16 36.42	
15 - 17 years									
1.	UCKURONIS, Kristians		09	Kekavas NSS				4:37.20	448
	50m:	30.63 30.63	150m:	1:41.56 35.60	250m:	2:53.61 35.86	350m:	4:05.75 36.16	
	100m:	1:05.96 35.33	200m:	2:17.75 36.19	300m:	3:29.59 35.98	400m:	4:37.20 31.45	
2.	KRASNOVS, Kirils		10	Kekavas NSS				5:03.24	342
	50m:	33.67 33.67	150m:	1:50.82 39.08	250m:	3:09.55 39.64	350m:	4:27.86 38.84	
	100m:	1:11.74 38.07	200m:	2:29.91 39.09	300m:	3:49.02 39.47	400m:	5:03.24 35.38	
EXH	ABOLINS, Toms		92	PK Kobras				4:37.86	445
	50m:	31.45 31.45	150m:	1:41.90 35.71	250m:	2:53.49 35.67	350m:	4:04.13 34.89	
	100m:	1:06.19 34.74	200m:	2:17.82 35.92	300m:	3:29.24 35.75	400m:	4:37.86 33.73	