

Prueba 1
29/03/2025 - 10:00

400m Libre

20 años y mayores
Resultados

Clasificación	Nombre	AÑO	Club	Tiempo	Pts
20+, Masc.					
1.	ABELLAN LOPEZ, Manuel	04	Club Natación Jumilla	4:57.45	19,00
	50m: 33.64 33.64	150m: 1:48.17	37.65	250m: 3:05.92	39.30
	100m: 1:10.52 36.88	200m: 2:26.62	38.45	300m: 3:44.77	38.85
				350m: 4:23.14	38.37
				400m: 4:57.45	34.31
20+, Fem.					
1.	SALAS LAJARIN, Maria	01	Club Natacion Master Aguilas	5:39.89	19,00
	50m: 38.14 38.14	150m: 2:02.21	42.57	250m: 3:30.36	43.50
	100m: 1:19.64 41.50	200m: 2:46.86	44.65	300m: 4:14.77	44.41
				350m: 4:58.30	43.53
				400m: 5:39.89	41.59
2.	PUJANTE MARTINEZ, Lucia	02	Ucam C.N. Ciudad De Murcia-Fuensanta	7:05.67	16,00
	50m: 46.05 46.05	150m: 2:31.95	54.31	250m: 4:23.36	55.81
	100m: 1:37.64 51.59	200m: 3:27.55	55.60	300m: 5:18.99	55.63
				350m: 6:13.55	54.56
				400m: 7:05.67	52.12
25+, Masc.					
1.	CORBALAN HERNANDEZ, Enrique	98	Ucam C.N. Ciudad De Murcia-Fuensanta	4:32.94	19,00
	50m: 30.67 30.67	150m: 1:37.67	34.09	250m: 2:47.21	34.57
	100m: 1:03.58 32.91	200m: 2:12.64	34.97	300m: 3:22.36	35.15
				350m: 3:56.95	34.59
				400m: 4:32.94	35.99
2.	HERNANDEZ PERAN, Adrian	96	C.N. Lorca	4:56.83	16,00
	50m: 31.80 31.80	150m: 1:45.45	37.71	250m: 3:01.99	38.47
	100m: 1:07.74 35.94	200m: 2:23.52	38.07	300m: 3:40.77	38.78
				350m: 4:19.24	38.47
				400m: 4:56.83	37.59
3.	MARTIN MUREZ, Fernando	98	C.N. Master Murcia	5:21.45	14,00
	50m: 35.55 35.55	150m: 1:57.39	41.53	250m: 3:20.92	41.59
	100m: 1:15.86 40.31	200m: 2:39.33	41.94	300m: 4:03.21	42.29
				350m: 4:43.42	40.21
				400m: 5:21.45	38.03
4.	HERNANDEZ MORENO, Juan Francisco	97	C.N. San Javier Mar Menor	5:38.67	13,00
	50m: 37.67 37.67	150m: 1:59.80	41.53	250m: 3:25.49	43.13
	100m: 1:18.27 40.60	200m: 2:42.36	42.56	300m: 4:09.49	44.00
				350m: 4:54.05	44.56
				400m: 5:38.67	44.62
25+, Fem.					
1.	LOPEZ SANCHEZ, Maria Del Rocio	00	C.N. San Javier Mar Menor	5:04.86	19,00
	50m: 35.83 35.83	150m: 1:53.39	39.00	250m: 3:10.67	38.78
	100m: 1:14.39 38.56	200m: 2:31.89	38.50	300m: 3:49.42	38.75
				350m: 4:28.24	38.82
				400m: 5:04.86	36.62
2.	RE MORENO, Irene	99	C.N. Lorca	5:47.64	16,00
	50m: 37.61 37.61	150m: 2:01.80	42.53	250m: 3:29.55	44.44
	100m: 1:19.27 41.66	200m: 2:45.11	43.31	300m: 4:13.64	44.09
				350m: 4:57.58	43.94
				400m: 5:47.64	50.06
30+, Masc.					
1.	VILLANUEVA MORCILLO, Victor	94	Ucam C.N. Ciudad De Murcia-Fuensanta	4:28.36	19,00
	50m: 30.49 30.49	150m: 1:36.27	33.25	250m: 2:44.39	34.25
	100m: 1:03.02 32.53	200m: 2:10.14	33.87	300m: 3:18.89	34.50
				350m: 3:53.99	35.10
				400m: 4:28.36	34.37
2.	PARDO PEREZ, Francisco Javier	92	C.N. San Javier Mar Menor	5:45.08	16,00
	50m: 41.11 41.11	150m: 2:07.42	43.50	250m: 3:37.45	44.84
	100m: 1:23.92 42.81	200m: 2:52.61	45.19	300m: 4:21.61	44.16
				350m: 5:03.89	42.28
				400m: 5:45.08	41.19
3.	ALONSO CARAVACA, Adrian	94	C.N. San Javier Mar Menor	6:18.64	14,00
	50m: 37.77 37.77	150m: 2:09.05	46.69	250m: 3:48.74	49.94
	100m: 1:22.36 44.59	200m: 2:58.80	49.75	300m: 4:39.61	50.87
				350m: 5:30.08	50.47
				400m: 6:18.64	48.56
30+, Fem.					
1.	SANCHEZ CASTILLO, Sheila	95	Club Natacion Thiar Horadada	4:50.67	19,00
	50m: 32.86 32.86	150m: 1:46.67	37.22	250m: 3:01.30	37.35
	100m: 1:09.45 36.59	200m: 2:23.95	37.28	300m: 3:38.49	37.19
				350m: 4:15.39	36.90
				400m: 4:50.67	35.28
2.	GARCIA ESPINOSA, Veronica	95	Club Natación Jumilla	6:32.70	16,00
	50m: 41.95 41.95	150m: 2:16.80	48.85	250m: 3:58.27	51.32
	100m: 1:27.95 46.00	200m: 3:06.95	50.15	300m: 4:50.95	52.68
				350m: 5:43.92	52.97
				400m: 6:32.70	48.78
WDR	LOZANO GARCIA, Rosalia	94	Club Natación Jumilla	-	-

Prueba 1, 400m Libre

35+, Masc.

1.	PADILLA MUELAS, Rafael	88	C.N. San Javier Mar Menor	5:07.70	19,00
	50m: 35.33 35.33	150m: 1:50.33	37.63 250m: 3:07.64	39.00	350m: 4:27.74 40.10
	100m: 1:12.70 37.37	200m: 2:28.64	38.31 300m: 3:47.64	40.00	400m: 5:07.70 39.96
2.	MARTINEZ MARTINEZ, Angel	86	Club Natacion Thiar Horadada	5:27.95	16,00
	50m: 36.21 36.21	150m: 1:58.52	41.72 250m: 3:24.14	42.97	350m: 4:48.17 41.03
	100m: 1:16.80 40.59	200m: 2:41.17	42.65 300m: 4:07.14	43.00	400m: 5:27.95 39.78
3.	ALGUACIL GOMEZ, David	87	C.N. San Javier Mar Menor	5:45.05	14,00
	50m: 38.61 38.61	150m: 2:06.95	44.74 250m: 3:35.67	44.62	350m: 5:03.92 44.22
	100m: 1:22.21 43.60	200m: 2:51.05	44.10 300m: 4:19.70	44.03	400m: 5:45.05 41.13
4.	ARRONIZ MARIN, Ruben	89	C.N. Master Murcia	5:45.92	13,00
	50m: 40.21 40.21	150m: 2:08.52	44.91 250m: 3:36.55	43.56	350m: 5:03.58 43.22
	100m: 1:23.61 43.40	200m: 2:52.99	44.47 300m: 4:20.36	43.81	400m: 5:45.92 42.34
5.	LOPEZ MARTINEZ, Eloy	86	C.N. San Javier Mar Menor	6:28.27	12,00
	50m: 46.02 46.02	150m: 2:25.52	50.31 250m: 4:05.30	50.19	350m: 5:44.45 48.93
	100m: 1:35.21 49.19	200m: 3:15.11	49.59 300m: 4:55.52	50.22	400m: 6:28.27 43.82
6.	VERA GARCIA, Fernando	87	C.N. Master Murcia	6:32.61	11,00
	50m: 42.55 42.55	150m: 2:22.02	50.66 250m: 4:05.11	51.59	350m: 5:46.55 50.63
	100m: 1:31.36 48.81	200m: 3:13.52	51.50 300m: 4:55.92	50.81	400m: 6:32.61 46.06

35+, Fem.

1.	CORBALAN HERNANDEZ, Maria Jose	90	Ucam C.N. Ciudad De Murcia-Fuensanta	5:21.89	19,00
	50m: 36.67 36.67	150m: 1:55.42	39.97 250m: 3:17.17	41.03	350m: 4:40.42 41.81
	100m: 1:15.45 38.78	200m: 2:36.14	40.72 300m: 3:58.61	41.44	400m: 5:21.89 41.47

40+, Masc.

1.	GARCIA AROCA, Javier	82	C.D. Santa Ana	4:52.27	19,00
	50m: 33.42 33.42	150m: 1:47.08	37.53 250m: 3:01.92	37.37	350m: 4:16.27 36.97
	100m: 1:09.55 36.13	200m: 2:24.55	37.47 300m: 3:39.30	37.38	400m: 4:52.27 36.00
2.	MARTINEZ MIRAS, Sergio	82	C.N. Master Murcia	5:01.42	16,00
	50m: 32.77 32.77	150m: 1:46.67	37.40 250m: 3:03.45	38.68	350m: 4:22.61 39.78
	100m: 1:09.27 36.50	200m: 2:24.77	38.10 300m: 3:42.83	39.38	400m: 5:01.42 38.81
3.	DAVILA CERVANTES, David	84	C.D. Santa Ana	5:20.52	14,00
	50m: 35.14 35.14	150m: 1:54.36	40.37 250m: 3:16.27	41.00	350m: 4:39.52 42.16
	100m: 1:13.99 38.85	200m: 2:35.27	40.91 300m: 3:57.36	41.09	400m: 5:20.52 41.00
4.	ORTEGA BALLESTEROS, Eduardo	84	C.N. San Javier Mar Menor	5:36.21	13,00
	50m: 37.99 37.99	150m: 2:01.30	42.16 250m: 3:26.95	42.78	350m: 4:53.58 43.69
	100m: 1:19.14 41.15	200m: 2:44.17	42.87 300m: 4:09.89	42.94	400m: 5:36.21 42.63
5.	DIAZ SANCHEZ, Ruben	84	Ucam C.N. Ciudad De Murcia-Fuensanta	5:48.45	12,00
	50m: 37.24 37.24	150m: 2:03.21	44.00 250m: 3:33.99	45.72	350m: 5:04.74 45.19
	100m: 1:19.21 41.97	200m: 2:48.27	45.06 300m: 4:19.55	45.56	400m: 5:48.45 43.71
6.	CALVO GONZALEZ, Eladio	81	C.N. San Javier Mar Menor	6:30.77	11,00
	50m: 44.64 44.64	150m: 2:22.17	49.78 250m: 4:03.55	50.50	350m: 5:44.42 49.84
	100m: 1:32.39 47.75	200m: 3:13.05	50.88 300m: 4:54.58	51.03	400m: 6:30.77 46.35
7.	GIL GARCIA, Juan	84	Club Natación Jumilla	6:42.70	10,00
	50m: 42.83 42.83	150m: 2:22.77	51.47 250m: 4:08.36	52.41	350m: 5:50.77 50.35
	100m: 1:31.30 48.47	200m: 3:15.95	53.18 300m: 5:00.42	52.06	400m: 6:42.70 51.93
8.	GUARDIOLA TOMAS, Francisco Javier	85	Club Natación Jumilla	8:31.05	9,00
	50m: 47.42 47.42	150m: 2:55.05	1:06.75 250m: 5:10.74	1:07.79	350m: 7:24.05 1:06.56
	100m: 1:48.30 1:00.88	200m: 4:02.95	1:07.90 300m: 6:17.49	1:06.75	400m: 8:31.05 1:07.00

40+, Fem.

1.	PEREZ PEREZ CAMPOS, Marina	85	C.D. Santa Ana	5:35.80	19,00
	50m: 38.24 38.24	150m: 2:02.49	43.13 250m: 3:28.27	43.16	350m: 4:54.61 43.25
	100m: 1:19.36 41.12	200m: 2:45.11	42.62 300m: 4:11.36	43.09	400m: 5:35.80 41.19
2.	DE LARREA MOLINA, Maria	81	Ucam C.N. Ciudad De Murcia-Fuensanta	5:39.14	16,00
	50m: 38.17 38.17	150m: 2:02.11	42.53 250m: 3:29.05	43.60	350m: 4:56.39 43.84
	100m: 1:19.58 41.41	200m: 2:45.45	43.34 300m: 4:12.55	43.50	400m: 5:39.14 42.75
3.	ABADIA SUANZES-CARPEGNA, Maria	82	Ucam C.N. Ciudad De Murcia-Fuensanta	5:52.33	14,00
	50m: 38.74 38.74	150m: 2:05.83	44.88 250m: 3:36.92	46.22	350m: 5:08.83 45.91
	100m: 1:20.95 42.21	200m: 2:50.70	44.87 300m: 4:22.92	46.00	400m: 5:52.33 43.50

Prueba 1, 400m Libre

45+, Masc.

1.	CAMPILLO BOJ, Victor Manuel	80	Club Natacion Thiar Horadada	4:58.95	19,00
	50m: 34.14 34.14	150m: 1:47.95	37.43 250m: 3:03.89	37.97	350m: 4:21.05
	100m: 1:10.52 36.38	200m: 2:25.92	37.97 300m: 3:42.14	38.25	400m: 4:58.95
					38.91
					37.90
2.	ZUÑIGA PICON, Francisco	77	C.N. Lorca	5:03.36	16,00
	50m: 34.39 34.39	150m: 1:49.83	38.00 250m: 3:06.42	38.18	350m: 4:24.02
	100m: 1:11.83 37.44	200m: 2:28.24	38.41 300m: 3:44.89	38.47	400m: 5:03.36
					39.13
					39.34
3.	MERINO JIMENEZ, Antonio D.	78	C.D. Santa Ana	5:13.27	14,00
	50m: 34.92 34.92	150m: 1:54.58	40.28 250m: 3:15.89	40.62	350m: 4:35.86
	100m: 1:14.30 39.38	200m: 2:35.27	40.69 300m: 3:56.27	40.38	400m: 5:13.27
					39.59
					37.41
4.	CANO ALCARAZ, Pedro	76	Ucam C.N. Ciudad De Murcia-Fuensanta	5:25.99	13,00
	50m: 38.52 38.52	150m: 2:02.14	41.78 250m: 3:25.86	42.03	350m: 4:47.70
	100m: 1:20.36 41.84	200m: 2:43.83	41.69 300m: 4:07.05	41.19	400m: 5:25.99
					40.65
					38.29
5.	HIDALGO CARAVACA, Fernando	78	Ucam C.N. Ciudad De Murcia-Fuensanta	5:32.95	12,00
	50m: 36.39 36.39	150m: 1:56.86	40.87 250m: 3:22.36	43.03	350m: 4:50.42
	100m: 1:15.99 39.60	200m: 2:39.33	42.47 300m: 4:06.08	43.72	400m: 5:32.95
					44.34
					42.53
6.	CIURCIUN DINGA, Danut Iulian	80	Ucam C.N. Ciudad De Murcia-Fuensanta	5:34.80	11,00
	50m: 37.92 37.92	150m: 2:01.70	42.43 250m: 3:28.11	42.84	350m: 4:53.30
	100m: 1:19.27 41.35	200m: 2:45.27	43.57 300m: 4:10.61	42.50	400m: 5:34.80
					42.69
					41.50
7.	SILES LOPEZ, Sergio	77	Club Natacion Master Aguilas	5:46.45	10,00
	50m: 41.11 41.11	150m: 2:07.30	43.66 250m: 3:34.80	44.00	350m: 5:04.08
	100m: 1:23.64 42.53	200m: 2:50.80	43.50 300m: 4:19.61	44.81	400m: 5:46.45
					44.47
					42.37
8.	DAVO PASCUAL, Manuel	78	C.N. San Javier Mar Menor	6:09.42	9,00
	50m: 40.55 40.55	150m: 2:11.33	46.88 250m: 3:45.89	47.09	350m: 5:22.61
	100m: 1:24.45 43.90	200m: 2:58.80	47.47 300m: 4:34.39	48.50	400m: 6:09.42
					48.22
					46.81
9.	MARIN LOPEZ, Rafael	77	C.N. Master Murcia	6:48.24	8,00
	50m: 47.42 47.42	150m: 2:27.89	51.03 250m: 4:12.39	52.47	350m: 5:57.33
	100m: 1:36.86 49.44	200m: 3:19.92	52.03 300m: 5:04.49	52.10	400m: 6:48.24
					52.84
					50.91

45+, Fem.

1.	MARTINEZ LOPEZ, Monica	80	Ucam C.N. Ciudad De Murcia-Fuensanta	5:32.92	19,00
	50m: 37.39 37.39	150m: 2:00.05	42.06 250m: 3:25.33	42.94	350m: 4:51.05
	100m: 1:17.99 40.60	200m: 2:42.39	42.34 300m: 4:08.27	42.94	400m: 5:32.92
					41.87
2.	PASTOR CAMPOS, Ruth	76	C.D. Santa Ana	5:50.70	16,00
	50m: 40.83 40.83	150m: 2:08.95	44.18 250m: 3:37.99	44.41	350m: 5:06.99
	100m: 1:24.77 43.94	200m: 2:53.58	44.63 300m: 4:22.49	44.50	400m: 5:50.70
					44.50
					43.71
DSQ	FERRER ROMA, Estefania	78	C.N. San Javier Mar Menor	-	-
	<i>DSA - Descalificado Salida Anticipada</i>				

50+, Masc.

1.	LEAL ARCAS, Javier	72	C.N. Master Murcia	5:02.39	19,00
	50m: 35.08 35.08	150m: 1:51.33	38.41 250m: 3:09.59	38.95	350m: 4:25.33
	100m: 1:12.92 37.84	200m: 2:30.64	39.31 300m: 3:47.80	38.21	400m: 5:02.39
					37.53
					37.06
2.	FERNANDEZ REINOSA, Maximiliano	72	Ucam C.N. Ciudad De Murcia-Fuensanta	5:33.49	16,00
	50m: 39.58 39.58	150m: 2:03.11	42.09 250m: 3:26.99	41.82	350m: 4:51.64
	100m: 1:21.02 41.44	200m: 2:45.17	42.06 300m: 4:09.45	42.46	400m: 5:33.49
					42.19
					41.85
3.	SANCHEZ SANCHO, Javier	72	C.N. San Javier Mar Menor	5:46.52	14,00
	50m: 40.05 40.05	150m: 2:07.24	43.79 250m: 3:35.14	43.81	350m: 5:02.77
	100m: 1:23.45 43.40	200m: 2:51.33	44.09 300m: 4:18.92	43.78	400m: 5:46.52
					43.85
					43.75
4.	FUENTES MCKINTOSH, Jose Donald	74	C.N. San Javier Mar Menor	5:48.61	13,00
	50m: 38.83 38.83	150m: 2:04.52	43.22 250m: 3:32.95	44.50	350m: 5:03.39
	100m: 1:21.30 42.47	200m: 2:48.45	43.93 300m: 4:18.02	45.07	400m: 5:48.61
					45.37
					45.22
5.	GUIRAO SOTO, Julio Javier	74	Club Natacion Thiar Horadada	6:33.55	12,00
	50m: 43.77 43.77	150m: 2:23.27	50.38 250m: 4:04.52	50.72	350m: 5:45.45
	100m: 1:32.89 49.12	200m: 3:13.80	50.53 300m: 4:55.58	51.06	400m: 6:33.55
					49.87
					48.10
6.	NAVARRO VERA, Alfonso Javier	72	C.N. San Javier Mar Menor	6:37.36	11,00
	50m: 44.42 44.42	150m: 2:25.80	50.97 250m: 4:06.92	50.09	350m: 5:47.74
	100m: 1:34.83 50.41	200m: 3:16.83	51.03 300m: 4:57.89	50.97	400m: 6:37.36
					49.85
					49.62
WDR	MARTINEZ MORALES, Juan Antonio	72	C.N. Lorca	-	-

Prueba 1, 400m Libre

50+, Fem.

1.	CLAYDON, Jane	73	Club Natacion Thiar Horadada	5:43.61	19,00
	50m: 38.70 38.70	150m: 2:05.89	44.37 250m: 3:34.58	44.81	350m: 5:03.42 44.31
	100m: 1:21.52 42.82	200m: 2:49.77	43.88 300m: 4:19.11	44.53	400m: 5:43.61 40.19
2.	GARCIA CANO, Gloria Pilar	73	Ucam C.N. Ciudad De Murcia-Fuensanta	6:15.77	16,00
	50m: 43.86 43.86	150m: 2:17.45	47.40 250m: 3:52.52	47.53	350m: 5:30.14 48.50
	100m: 1:30.05 46.19	200m: 3:04.99	47.54 300m: 4:41.64	49.12	400m: 6:15.77 45.63
3.	MUÑOZ ALONSO, Ana Belen	73	Club Natación Jumilla	6:54.95	14,00
	50m: 45.08 45.08	150m: 2:28.67	52.72 250m: 4:16.08	53.94	350m: 6:03.83 53.94
	100m: 1:35.95 50.87	200m: 3:22.14	53.47 300m: 5:09.89	53.81	400m: 6:54.95 51.12
4.	FERNANDEZ GUZMAN, Sonia	73	C.N. Master Murcia	7:06.42	13,00
	50m: 46.14 46.14	150m: 2:28.80	52.53 250m: 4:18.39	53.97	350m: 6:12.27 56.47
	100m: 1:36.27 50.13	200m: 3:24.42	55.62 300m: 5:15.80	57.41	400m: 7:06.42 54.15

55+, Masc.

1.	ALCARAZ AVILES, Francisco Javier	70	C.D. Santa Ana	5:03.77	19,00
	50m: 32.86 32.86	150m: 1:45.99	37.32 250m: 3:02.80	38.81	350m: 4:23.89 40.75
	100m: 1:08.67 35.81	200m: 2:23.99	38.00 300m: 3:43.14	40.34	400m: 5:03.77 39.88
2.	LLAMAS BOTIA, Francisco Javier	69	C.N. Master Murcia	5:43.99	16,00
	50m: 41.49 41.49	150m: 2:09.36	43.91 250m: 3:37.67	43.72	350m: 5:04.39 43.25
	100m: 1:25.45 43.96	200m: 2:53.95	44.59 300m: 4:21.14	43.47	400m: 5:43.99 39.60
3.	ALVARO OLIVAN, Miguel Angel	70	C.N. San Javier Mar Menor	6:09.17	14,00
	50m: 42.24 42.24	150m: 2:13.02	46.10 250m: 3:46.70	47.06	350m: 5:22.83 47.91
	100m: 1:26.92 44.68	200m: 2:59.64	46.62 300m: 4:34.92	48.22	400m: 6:09.17 46.34
4.	RUIZ LOPEZ, Jose Manuel	70	Ucam C.N. Ciudad De Murcia-Fuensanta	6:26.45	13,00
	50m: 42.58 42.58	150m: 2:20.95	50.37 250m: 4:00.42	49.47	350m: 5:38.74 48.44
	100m: 1:30.58 48.00	200m: 3:10.95	50.00 300m: 4:50.30	49.88	400m: 6:26.45 47.71
5.	ROCA IMBERNON, Jose Antonio	67	Ucam C.N. Ciudad De Murcia-Fuensanta	7:36.39	12,00
	50m: 48.24 48.24	150m: 2:42.08	58.53 250m: 4:42.11	1:00.90	350m: 6:40.80 58.66
	100m: 1:43.55 55.31	200m: 3:41.21	59.13 300m: 5:42.14	1:00.03	400m: 7:36.39 55.59

WDR LIDON GIMENEZ, Alfonso 70 C.N. Master Murcia -

55+, Fem.

1.	ASENSIO GARCIA, Maria Del Carmen	66	Club Natacion Master Aguilas	6:25.89	19,00
	50m: 43.95 43.95	150m: 2:18.55	47.75 250m: 3:55.74	48.85	350m: 5:37.05 51.53
	100m: 1:30.80 46.85	200m: 3:06.89	48.34 300m: 4:45.52	49.78	400m: 6:25.89 48.84
2.	KEY, Julie	67	Club Koryo Torre Pacheco	8:26.39	16,00
	50m: 55.95 55.95	150m: 3:01.70	1:03.96 250m: 5:11.92	1:05.90	350m: 7:22.67 1:05.50
	100m: 1:57.74 1:01.79	200m: 4:06.02	1:04.32 300m: 6:17.17	1:05.25	400m: 8:26.39 1:03.72

WDR IBÁÑEZ PÉREZ, Eva Maria 66 C.N. San Javier Mar Menor -

60+, Masc.

1.	MANRUBIA MARTINEZ, Jose Maria	65	C.D. Santa Ana	5:35.11	19,00
	50m: 38.05 38.05	150m: 2:02.42	42.34 250m: 3:29.30	44.22	350m: 4:55.58 43.66
	100m: 1:20.08 42.03	200m: 2:45.08	42.66 300m: 4:11.92	42.62	400m: 5:35.11 39.53

65+, Masc.

1.	HEMPEL, Wilhelm	57	Club Natacion Thiar Horadada	5:51.77	19,00
	50m: 41.42 41.42	150m: 2:09.52	44.47 250m: 3:39.32	45.08	350m: 5:09.11 44.44
	100m: 1:25.05 43.63	200m: 2:54.24	44.72 300m: 4:24.67	45.35	400m: 5:51.77 42.66
2.	QUIROS GIL, Ricardo	60	C.N. Master Murcia	5:59.39	16,00
	50m: 40.80 40.80	150m: 2:11.67	45.84 250m: 3:44.77	46.50	350m: 5:15.80 44.94
	100m: 1:25.83 45.03	200m: 2:58.27	46.60 300m: 4:30.86	46.09	400m: 5:59.39 43.59
3.	NOORDZIJ, Robert.D.	58	C.N. San Javier Mar Menor	6:51.86	14,00
	50m: 43.49 43.49	150m: 2:25.86	52.65 250m: 4:12.83	53.03	350m: 5:58.92 53.03
	100m: 1:33.21 49.72	200m: 3:19.80	53.94 300m: 5:05.89	53.06	400m: 6:51.86 52.94



3ª JORNADA DE LIGA OPEN MÁSTER FNRM
PILAR DE LA HORADADA, 29/3/2025



Prueba 1, 400m Libre

65+, Fem.

1.	GRIS JIMENEZ, Isabel			59	Club Natacion Master Aguilas					8:50.58	19,00	
	50m:	1:00.52	1:00.52	150m:	3:12.52	1:07.10	250m:	5:29.49	1:08.69	350m:	7:46.80	1:08.31
	100m:	2:05.42	1:04.90	200m:	4:20.80	1:08.28	300m:	6:38.49	1:09.00	400m:	8:50.58	1:03.78

70+, Masc.

1.	BRUNO RAFFAELI, Antonio			52	C.N. Marina-Cartagena					10:24.64	19,00	
	50m:	1:05.86	1:05.86	150m:	3:38.99	1:18.54	250m:	6:18.89	1:19.31	350m:	9:03.55	1:22.34
	100m:	2:20.45	1:14.59	200m:	4:59.58	1:20.59	300m:	7:41.21	1:22.32	400m:	10:24.64	1:21.09

80+, Fem.

1.	ALTABAS, Beryl			44	Club Natacion Thiar Horadada					7:45.58	19,00	
	50m:	53.95	53.95	150m:	2:50.42	59.15	250m:	4:49.39	59.56	350m:	6:48.58	58.75
	100m:	1:51.27	57.32	200m:	3:49.83	59.41	300m:	5:49.83	1:00.44	400m:	7:45.58	57.00

