

Coupe du Québec junior 2 - Groupe B
Gatineau, 28- - 30-3-2025

Epreuve 12
2025-03-29 - 9:14

Garçons, 400m 4 nages

17 ans et moins

Liste résultats Eliminatoires

Quebec Provincial Senior Records	4:11.42	BIELBY, Steven	MCGILL	Vancouver	2009-02-19
Quebec Provincial Age Group Records 17	4:18.56	PAQUIN-FOISY, Etienne	ELITE	Toronto	2014-12-05
Quebec Provincial Age Group Records 16	4:22.15	GONZALEZ BARBOZA, Sebastian	CAMO	Montreal	2022-05-06
Quebec Provincial Age Group Records 15	4:26.93	DUBORD, Marshal	PPO	Tualatin Hills (USA)	2013-12-13
Quebec Provincial Age Group Records 14	4:31.15	DUBORD, Marshal	PPO	Pointe-Claire	2012-12-14
Quebec Provincial Age Group Records 13	4:45.52	BUSTAMANTE, Kevin	CAMO	Montreal	2007-12-16
Quebec Provincial Age Group Records - 12	4:54.20	ORIWOL, Tobias	PCSC	???	1998-03-01

Points: AQUA 2024

Rang				Age							Temps	Pts
13 ans et moins												
1.	JASEM RADHE, Kinan			13	Natation Gatineau						4:52.72	516 A
	50m:	30.83	30.83	150m:	1:44.39	37.11	250m:	3:02.96	41.26	350m:	4:19.27	32.85
	100m:	1:07.28	36.45	200m:	2:21.70	37.31	300m:	3:46.42	43.46	400m:	4:52.72	33.45
2.	WILDI, Jake			13	Rouge et Or						5:18.12	402 A
	50m:	34.81	34.81	150m:			250m:	3:22.67	44.34	350m:	4:43.54	35.06
	100m:			200m:	2:38.33		300m:	4:08.48	45.81	400m:	5:18.12	34.58
3.	MCDONALD, Jacob			13	Ddo						5:22.02	387 A
	50m:	34.80	34.80	150m:	2:36.32		250m:	3:24.19		350m:	4:48.52	36.17
	100m:			200m:			300m:	4:12.35	48.16	400m:	5:22.02	33.50
4.	LEBLANC, Jérémy			13	Mégophias						5:22.79	384 A
	50m:	33.90	33.90	150m:	2:33.71	1:20.69	250m:	3:20.07		350m:	4:45.50	38.35
	100m:	1:13.02	39.12	200m:			300m:	4:07.15	47.08	400m:	5:22.79	37.29
5.	LABRIE, Philippe			12	Elite						5:22.94	384 A
	50m:	34.56	34.56	150m:	1:54.67	38.94	250m:	3:22.37	48.39	350m:	4:46.94	37.10
	100m:	1:15.73	41.17	200m:	2:33.98	39.31	300m:	4:09.84	47.47	400m:	5:22.94	36.00
6.	GOSSELIN, Manoé			13	Rouge et Or						5:23.07	383 A
	50m:	33.99	33.99	150m:	1:54.85	41.08	250m:	3:22.90	47.67	350m:	4:48.40	36.35
	100m:	1:13.77	39.78	200m:	2:35.23	40.38	300m:	4:12.05	49.15	400m:	5:23.07	34.67
7.	ATEGA, Jah Ayver			13	Ddo						5:35.22	343 A
	50m:	35.56	35.56	150m:	2:03.30	44.04	250m:	3:29.53	42.91	350m:	4:55.96	41.07
	100m:	1:19.26	43.70	200m:	2:46.62	43.32	300m:	4:14.89	45.36	400m:	5:35.22	39.26
8.	WANG, Elijah Immanuel			13	Dorval Swim Club						5:39.33	331 A
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	5:39.33	
9.	BIELIKOV, Mykhailo			12	Elite						5:39.90	329 B
	50m:	39.22	39.22	150m:	2:06.25	43.84	250m:	3:37.73	48.41	350m:	5:02.64	38.69
	100m:	1:22.41	43.19	200m:	2:49.32	43.07	300m:	4:23.95	46.22	400m:	5:39.90	37.26
10.	DAIGLE, Pierre-Alexandre			13	Elite						5:42.29	322 B
	50m:	40.88	40.88	150m:	2:08.30	42.63	250m:	3:38.47	47.63	350m:	5:05.54	39.61
	100m:	1:25.67	44.79	200m:	2:50.84	42.54	300m:	4:25.93	47.46	400m:	5:42.29	36.75
11.	KHOKAZ, Nathan			13	Natation Gatineau						5:42.33	322 B
	50m:	35.94	35.94	150m:	1:58.85	40.67	250m:	3:32.67	52.42	350m:	5:05.33	38.23
	100m:	1:18.18	42.24	200m:	2:40.25	41.40	300m:	4:27.10	54.43	400m:	5:42.33	37.00

Epreuve 12, Garçons, 400m 4 nages, Elimatoire, 13 ans et moins

Rang					Age					Temps	Pts	
12.	XUE, Eric				13	Ddo				5:43.20	320	B
	50m:	35.60	35.60	150m:	2:04.71	46.21	250m:	3:38.87	49.53	350m:	5:05.66	37.69
	100m:	1:18.50	42.90	200m:	2:49.34	44.63	300m:	4:27.97	49.10	400m:	5:43.20	37.54
13.	PACHEBAT, Gabriel				13	Natation Gatineau				5:45.82	313	B
	50m:	37.37	37.37	150m:	2:03.70	44.84	250m:	3:37.79	52.44	350m:	5:09.26	39.65
	100m:	1:18.86	41.49	200m:	2:45.35	41.65	300m:	4:29.61	51.82	400m:	5:45.82	36.56
14.	CHEN, Andrew				12	Club de natation Saint-Laurent				5:46.22	311	B
	50m:	36.92	36.92	150m:	2:09.13		250m:	3:42.25	45.82	350m:		
	100m:			200m:	2:56.43	47.30	300m:	4:30.50	48.25	400m:	5:46.22	
15.	SESEN, Alinur				13	Cdndg				5:46.30	311	B
	50m:	39.57	39.57	150m:	2:08.03	43.18	250m:	3:40.73	50.51	350m:	5:10.29	38.51
	100m:	1:24.85	45.28	200m:	2:50.22	42.19	300m:	4:31.78	51.05	400m:	5:46.30	36.01
16.	DÉSILETS, Laurent				13	Sher				5:46.61	310	B
	50m:	35.45	35.45	150m:	2:03.41	44.83	250m:	3:39.68	52.33	350m:	5:10.20	38.79
	100m:	1:18.58	43.13	200m:	2:47.35	43.94	300m:	4:31.41	51.73	400m:	5:46.61	36.41
17.	JOYAL BEAUMIER, Elliot				11	Elite				5:52.06	296	R
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	5:52.06	
18.	WEN, Lingfeng				12	Cdndg				6:00.44	276	R
	50m:	39.60	39.60	150m:	2:10.79	46.36	250m:	3:45.85	50.01	350m:	5:21.51	43.30
	100m:	1:24.43	44.83	200m:	2:55.84	45.05	300m:	4:38.21	52.36	400m:	6:00.44	38.93
19.	WILDI, Elliot				11	Rouge et Or				6:03.26	270	
	50m:	37.94	37.94	150m:			250m:	3:45.46	49.49	350m:		
	100m:			200m:	2:55.97		300m:	4:37.44	51.98	400m:	6:03.26	
20.	WU, ZeHui				12	Cdndg				6:06.51	262	
	50m:	42.83	42.83	150m:	2:17.95	44.06	250m:	3:56.28	52.91	350m:	5:26.93	38.80
	100m:	1:33.89	51.06	200m:	3:03.37	45.42	300m:	4:48.13	51.85	400m:	6:06.51	39.58
21.	LECLERC, Louis				11	Rouge et Or				6:11.99	251	
	50m:			150m:			250m:	3:59.17	53.32	350m:	5:33.19	40.84
	100m:	1:33.08		200m:	3:05.85		300m:	4:52.35	53.18	400m:	6:11.99	38.80
22.	YANKOV, Daniel				13	Cdndg				6:12.76	249	
	50m:	37.78	37.78	150m:	2:11.21	47.55	250m:	3:55.92	59.47	350m:	5:34.70	40.68
	100m:	1:23.66	45.88	200m:	2:56.45	45.24	300m:	4:54.02	58.10	400m:	6:12.76	38.06
23.	LUO, Léo Ningmo				12	Cdndg				6:18.90	237	
	50m:			150m:	2:17.95		250m:	3:56.78	52.35	350m:	5:35.29	45.98
	100m:			200m:	3:04.43	46.48	300m:	4:49.31	52.53	400m:	6:18.90	43.61
24.	BARIL, Émerik				11	Elite				6:19.71	236	
	50m:	42.80	42.80	150m:	2:21.36		250m:			350m:	5:40.11	
	100m:			200m:	3:08.06	46.70	300m:			400m:	6:19.71	39.60
25.	ZAVERDINOS, Lawrence				10	Club de natation Saint-Laurent				6:21.18	233	
	50m:	44.29	44.29	150m:	2:22.37	48.54	250m:	4:05.55	52.51	350m:	5:41.62	42.72
	100m:	1:33.83	49.54	200m:	3:13.04	50.67	300m:	4:58.90	53.35	400m:	6:21.18	39.56

Epreuve 12, Garçons, 400m 4 nages, Elimatoire, 13 ans et moins

Rang	Age	Temps	Pts
26. TAJ, Youssef	12 Cdndg	6:23.07	230
50m: 41.22 41.22	150m: 2:22.28 46.62	250m: 4:03.04 57.20	350m: 5:23.07
100m: 1:35.66 54.44	200m: 3:05.84 43.56	300m: 5:00.57 57.53	400m: 6:23.07
27. TAJ, Younes	12 Cdndg	6:25.90	225
50m: 41.22 41.22	150m: 2:21.12 43.66	250m: 4:03.80 57.15	350m: 5:45.47 41.76
100m: 1:37.46	200m: 3:06.65 45.53	300m: 5:03.71 59.91	400m: 6:25.90 40.43
28. DESBIENS, Gabriel	11 LMRL Rivière-du-Loup	6:28.15	221
50m: 43.21 43.21	150m: 2:25.56 47.94	250m: 4:07.87 55.94	350m: 5:47.95 44.14
100m: 1:37.62 54.41	200m: 3:11.93 46.37	300m: 5:03.81 55.94	400m: 6:28.15 40.20
29. DEMERS, Gabriel	11 Club de natation Saint-Laurent	6:30.89	216
50m: 43.53 43.53	150m: 2:24.15 46.89	250m: 4:08.09 56.37	350m: 5:47.68 42.34
100m: 1:37.26 53.73	200m: 3:11.72 47.57	300m: 5:05.34 57.25	400m: 6:30.89 43.21
30. SERVIO, Aidan	12 Ddo	6:31.89	215
50m: 41.00 41.00	150m: 2:19.61 48.71	250m: 4:08.05 59.23	350m: 5:49.93 42.36
100m: 1:30.90 49.90	200m: 3:08.82 49.21	300m: 5:07.57 59.52	400m: 6:31.89 41.96
31. KANG-AUGER, Cédric	11 Club de natation Saint-Laurent	6:32.88	213
50m: 43.01 43.01	150m: 2:24.37	250m: 4:08.34	350m: 5:50.12
100m: 1:37.26 53.73	200m: 3:11.72	300m: 5:05.34	400m: 6:32.88 42.76
disq. AGUENIS, Adam Liam	12 Natation Gatineau		
50m: 39.48 39.48	150m: 2:08.56 46.14	250m: 3:43.92 50.36	350m: 5:15.42 39.95
100m: 1:22.42 42.94	200m: 2:53.56 45.00	300m: 4:35.47 51.55	400m: 5:15.42 39.95
disq. GOULET, Nathaniel	12 Elite		
50m: 43.01 43.01	150m: 2:18.60	250m: 3:57.15 52.96	350m: 5:29.53 39.78
100m: 1:37.26 53.73	200m: 3:04.19 45.59	300m: 4:49.75 52.60	400m: 5:29.53 39.78

14 - 15 ans

1. VOGRIG, Liam	15 Cac	4:55.67	500 A
50m: 30.13 30.13	150m: 1:45.44 38.77	250m: 3:06.58 41.68	350m: 4:23.34 34.37
100m: 1:06.67 36.54	200m: 2:24.90 39.46	300m: 3:48.97 42.39	400m: 4:55.67 32.33
2. MENARD, Thomas	14 LMRL Rivière-du-Loup	4:58.57	486 A
50m: 33.51 33.51	150m: 2:00.00 42.47	250m: 3:10.02 42.47	350m: 4:27.48 35.26
100m: 1:09.82 36.31	200m: 2:27.55	300m: 3:52.22 42.20	400m: 4:58.57 31.09
3. COULTER, Dylan	14 Bbf	5:05.01	456 A
50m: 31.74 31.74	150m: 1:50.00 40.16	250m: 3:12.40 42.92	350m: 4:30.54 36.57
100m: 1:09.84 38.10	200m: 2:29.48 39.48	300m: 3:53.97 41.57	400m: 5:05.01 34.47
4. CHEN, Michael	14 Ddo	5:05.85	452 A
50m: 31.23 31.23	150m: 1:48.06 40.28	250m: 3:11.62 43.16	350m: 4:31.97 35.00
100m: 1:07.78 36.55	200m: 2:28.46 40.40	300m: 3:56.97 45.35	400m: 5:05.85 33.88
5. ONORATI, Matteo	15 Ddo	5:06.34	450 A
50m: 31.23 31.23	150m: 1:48.06 40.28	250m: 3:11.62 43.16	350m: 4:31.97 35.00
100m: 1:07.78 36.55	200m: 2:28.46 40.40	300m: 3:56.97 45.35	400m: 5:06.34 33.88

Epreuve 12, Garçons, 400m 4 nages, Eliminatoire, 14 - 15 ans

Rang					Age					Temps	Pts	
6.	THIFALT, Charles				14	Elite				5:08.23	442 A	
	50m:	32.66	32.66	150m:	1:51.56	39.58	250m:	3:15.91	45.38	350m:	4:35.81	33.76
	100m:	1:11.98	39.32	200m:	2:30.53	38.97	300m:	4:02.05	46.14	400m:	5:08.23	32.42
7.	GAO, Simon				14	Club de natation Saint-Laurent				5:12.80	423 A	
	50m:	31.49	31.49	150m:	1:49.37	42.15	250m:	3:15.91	44.57	350m:	4:37.70	36.09
	100m:	1:07.22	35.73	200m:	2:31.34	41.97	300m:	4:01.61	45.70	400m:	5:12.80	35.10
8.	ROUMANOS, Roy				14	Sher				5:16.37	408 A	
	50m:	32.05	32.05	150m:	1:51.61	42.52	250m:	3:18.16	44.84	350m:	4:41.18	36.27
	100m:	1:09.09	37.04	200m:	2:33.32	41.71	300m:	4:04.91	46.75	400m:	5:16.37	35.19
9.	BARCOMA, Rafael Jacob				15	Cdndg				5:16.88	406 B	
	50m:	33.42	33.42	150m:	1:54.27	41.76	250m:	3:17.57	42.56	350m:	4:41.03	39.31
	100m:	1:12.51	39.09	200m:	2:35.01	40.74	300m:	4:01.72	44.15	400m:	5:16.88	35.85
10.	AMBROSONE, London				14	Bbf				5:19.47	397 B	
	50m:	32.59	32.59	150m:	1:50.16	40.35	250m:	3:16.86	46.39	350m:	4:41.33	37.88
	100m:	1:09.81	37.22	200m:	2:30.47	40.31	300m:	4:03.45	46.59	400m:	5:19.47	38.14
11.	CONSTANTIN, Kristofer				14	Elite				5:22.71	385 B	
	50m:	34.89	34.89	150m:	1:54.97	40.96	250m:	3:20.85	46.39	350m:	4:46.45	38.25
	100m:	1:14.01	39.12	200m:	2:34.46	39.49	300m:	4:08.20	47.35	400m:	5:22.71	36.26
12.	GAUDREAU, Émile				14	Cac				5:29.87	360 B	
	50m:	34.72	34.72	150m:	2:00.44	44.27	250m:	3:28.74	44.71	350m:	4:53.95	38.48
	100m:	1:16.17	41.45	200m:	2:44.03	43.59	300m:	4:15.47	46.73	400m:	5:29.87	35.92
13.	MANLAPAZ, Aaron Matthew				14	Cdndg				5:39.72	330 B	
	50m:	35.07	35.07	150m:	2:04.65	44.07	250m:	3:35.35	48.75	350m:	5:02.43	40.60
	100m:	1:20.58	45.51	200m:	2:46.60	41.95	300m:	4:21.83	46.48	400m:	5:39.72	37.29
14.	DESROCHERS, Mathieu				14	Bbf				5:39.74	330 B	
	50m:	34.73	34.73	150m:	2:01.31	44.08	250m:	3:34.07	50.53	350m:	5:03.65	37.85
	100m:	1:17.23	42.50	200m:	2:43.54	42.23	300m:	4:25.80	51.73	400m:	5:39.74	36.09
15.	ZWEIG, Harley				14	Ddo				5:40.21	328 B	
	50m:	36.99	36.99	150m:	1:59.14	41.38	250m:	3:33.65	54.38	350m:	5:04.66	37.22
	100m:	1:17.76	40.77	200m:	2:39.27	40.13	300m:	4:27.44	53.79	400m:	5:40.21	35.55
16.	PINEAU, Charles				14	Cac				5:40.97	326 B	
	50m:	35.30	35.30	150m:	2:02.37	44.48	250m:	3:34.94	48.53	350m:	5:02.85	39.43
	100m:	1:17.89	42.59	200m:	2:46.41	44.04	300m:	4:23.42	48.48	400m:	5:40.97	38.12
17.	DRAGOVIC, Marko				14	Natation Gatineau				5:44.65	316 R	
	50m:	37.04	37.04	150m:	2:05.28	46.23	250m:	3:42.92	51.91	350m:	5:10.00	35.08
	100m:	1:19.05	42.01	200m:	2:51.01	45.73	300m:	4:34.92	52.00	400m:	5:44.65	34.65
disq.	POTEL, Logan				14	Ddo				5:35.96		
	50m:	35.42	35.42	150m:	2:00.76	43.96	250m:	3:33.05	48.45	350m:	4:59.99	37.03
	100m:	1:16.80	41.38	200m:	2:44.60	43.84	300m:	4:22.96	49.91	400m:	5:35.96	35.97
disq.	MAHIOU, Ishak				15	Mtl Nord Natation				5:37.12		
	50m:	32.70	32.70	150m:	2:38.29	1:27.22	250m:			350m:		
	100m:	1:11.07	38.37	200m:	3:26.33	48.04	300m:	4:16.58		400m:	5:37.12	

Epreuve 12, Garçons, 400m 4 nages, Eliminatoire

16 - 17 ans

1.	ELAISSI, Zacharya		17	Elite						4:59.53	481	A
	50m:	32.71	32.71	150m:	1:48.29	38.07	250m:	3:09.47	43.36	350m:	4:27.81	32.87
	100m:	1:10.22	37.51	200m:	2:26.11	37.82	300m:	3:54.94	45.47	400m:	4:59.53	31.72
2.	VOGRIG, Emrick		17	Cac						5:07.72	444	A
	50m:	30.87	30.87	150m:	1:47.02	39.60	250m:	3:10.03	43.47	350m:	4:32.09	37.00
	100m:	1:07.42	36.55	200m:	2:26.56	39.54	300m:	3:55.09	45.06	400m:	5:07.72	35.63
3.	PROPHÈTE, Adrien		17	Cdndg						5:27.83	367	A
	50m:	32.56	32.56	150m:	1:52.89	41.24	250m:	3:22.45	48.15	350m:	4:50.69	37.73
	100m:	1:11.65	39.09	200m:	2:34.30	41.41	300m:	4:12.96	50.51	400m:	5:27.83	37.14
4.	EL KASMI, Rhali Mohammed		16	Mtl Nord Natation						5:37.78	335	A
	50m:	32.58	32.58	150m:	2:39.50	1:26.39	250m:	3:28.74		350m:		
	100m:	1:13.11	40.53	200m:			300m:	4:19.71	50.97	400m:	5:37.78	
hc.	COOK, Ronan		14	Ddo						4:56.36	497	
	50m:	31.29	31.29	150m:	1:48.14	40.75	250m:	3:08.75	39.34	350m:	4:24.09	34.05
	100m:	1:07.39	36.10	200m:	2:29.41	41.27	300m:	3:50.04	41.29	400m:	4:56.36	32.27
hc.	GOYETTE, Antoine		16	Natation Gatineau						4:57.33	492	
	50m:	30.06	30.06	150m:			250m:	3:03.53	41.93	350m:	4:22.20	35.31
	100m:	1:05.60	35.54	200m:	2:21.60		300m:	3:46.89	43.36	400m:	4:57.33	35.13