

Coupe du Québec junior 2 - Groupe B  
Gatineau, 28- - 30-3-2025

Epreuve 1  
2025-03-28

Filles, 400m 4 nages

17 ans et moins

Liste résultats Eliminatoires

Quebec Provincial Senior Records	4:25.33	HARVEY, Mary-Sophie	CAMO	Singapore (SGP)	2024-11-01
Quebec Provincial Age Group Records 17	4:26.42	HARVEY, Mary-Sophie	NN	Toronto	2016-12-16
Quebec Provincial Age Group Records 16	4:43.26	HARVEY, Mary-Sophie	NN	Trois-Rivieres	2016-04-30
Quebec Provincial Age Group Records 15	4:45.29	HORNER, Stephanie	BBF	Trois-Rivieres	2005-02-27
Quebec Provincial Age Group Records 14	4:40.94	HARVEY, Mary-Sophie	MEGO	Tualatin Hills (USA)	2013-12-13
Quebec Provincial Age Group Records 13	4:51.49	HARVEY, Mary-Sophie	MEGO	Montreal	2013-02-15
Quebec Provincial Age Group Records - 12	4:57.89	HARVEY, Mary-Sophie	MEGO	Trois-Rivieres	2012-04-21

Points: AQUA 2024

Rang	Age		Temps		Pts
<b>13 ans et moins</b>					
1.	ST-AMOUR, Laurence		13	Elite	<b>5:24.23</b> 509 A
	50m:	100m:	150m:	200m:	250m:
					300m:
					350m:
					400m:
					5:24.23
2.	LEBLANC, Mathilde		12	Elite	<b>5:34.58</b> 463 A
	50m:	33.47	33.47	150m:	1:53.40
	100m:	1:13.34	39.87	200m:	2:34.04
				40.64	250m:
				3:25.03	50.99
				300m:	4:16.70
				51.67	350m:
					4:54.68
					37.98
					400m:
					5:34.58
					39.90
3.	PAQUETTE, Florence		13	Sher	<b>5:46.35</b> 417 A
	50m:	35.48	35.48	150m:	1:59.86
	100m:	1:17.32	41.84	200m:	2:42.98
				42.54	250m:
				3:32.57	49.59
				300m:	4:23.60
				51.03	350m:
					5:05.29
					41.69
					400m:
					5:46.35
					41.06
4.	COTE, Lili		12	Elite	<b>5:46.84</b> 416 A
	50m:	37.32	37.32	150m:	2:04.89
	100m:	1:20.64	43.32	200m:	2:49.36
				44.25	250m:
				3:38.36	49.00
				300m:	4:28.59
				50.23	350m:
					5:08.39
					39.80
					400m:
					5:46.84
					38.45
5.	OUELLET, Laurence		13	Nsh	<b>5:46.90</b> 415 A
	50m:	36.99	36.99	150m:	2:03.08
	100m:	1:18.53	41.54	200m:	2:45.64
				44.55	250m:
				3:37.37	51.73
				300m:	4:29.08
				51.71	350m:
					5:08.72
					39.64
					400m:
					5:46.90
					38.18
6.	LABBÉ, Mathilde		13	Nsh	<b>5:51.14</b> 401 A
	50m:	37.77	37.77	150m:	2:06.15
	100m:	1:23.22	45.45	200m:	2:48.01
				42.93	250m:
				3:40.26	52.25
				300m:	4:30.52
				50.26	350m:
					5:11.72
					41.20
					400m:
					5:51.14
					39.42
7.	LAFERRIERE, Laurence		12	Elite	<b>5:53.44</b> 393 A
	50m:	38.83	38.83	150m:	2:08.58
	100m:	1:26.19	47.36	200m:	2:50.10
				42.39	250m:
				3:41.48	51.38
				300m:	4:34.04
				52.56	350m:
					5:14.22
					40.18
					400m:
					5:53.44
					39.22
8.	JACQUES, Margot		11	Elite	<b>5:55.02</b> 388 A
	50m:	42.20	42.20	150m:	2:15.19
	100m:	1:32.59	50.39	200m:	
				42.60	250m:
				3:47.67	
				300m:	4:37.22
				49.55	350m:
					5:16.37
					39.15
					400m:
					5:55.02
					38.65
9.	BEAUCHAMP, Marie		11	Natation Gatineau	<b>5:59.04</b> 375 B
	50m:	37.92	37.92	150m:	
	100m:	1:22.45	44.53	200m:	2:52.44
					250m:
				3:45.55	53.11
				300m:	4:38.63
				53.08	350m:
					5:19.75
					41.12
					400m:
					5:59.04
					39.29
10.	FORTIER, Lua		13	Bbf	<b>5:59.24</b> 374 B
	50m:	35.57	35.57	150m:	2:05.87
	100m:	1:19.72	44.15	200m:	2:52.76
				46.15	250m:
				3:45.53	52.77
				300m:	4:38.24
				52.71	350m:
					5:19.68
					41.44
					400m:
					5:59.24
					39.56
11.	HUNT, Alexa		13	Dorval Swim Club	<b>6:01.60</b> 367 B
	50m:	39.06	39.06	150m:	2:16.65
	100m:	1:27.08	48.02	200m:	3:05.40
				49.57	250m:
				3:51.88	46.48
				300m:	4:40.83
				48.95	350m:
					5:22.23
					41.40
					400m:
					6:01.60
					39.37

Epreuve 1, Filles, 400m 4 nages, Eliminatoire, 13 ans et moins

Rang					Age					Temps	Pts	
12.	DEMOULIN, Mary				13	Natation Gatineau				<b>6:01.82</b>	366	B
	50m:	37.09	37.09	150m:	2:07.84	46.98	250m:	3:47.79	53.56	350m:	5:23.48	41.03
	100m:	1:20.86	43.77	200m:	2:54.23	46.39	300m:	4:42.45	54.66	400m:	6:01.82	38.34
13.	WATSON, Éléonore				12	Cote Saint-Luc Aquatics				<b>6:01.83</b>	366	B
	50m:	38.39	38.39	150m:	2:08.99	44.12	250m:	3:48.07	55.02	350m:	5:22.45	39.52
	100m:	1:24.87	46.48	200m:	2:53.05	44.06	300m:	4:42.93	54.86	400m:	6:01.83	39.38
14.	TANNY, Leora				13	Cote Saint-Luc Aquatics				<b>6:02.67</b>	363	B
	50m:	38.82	38.82	150m:	2:12.67	44.31	250m:	3:49.84	53.02	350m:	5:21.94	40.69
	100m:	1:28.36	49.54	200m:	2:56.82	44.15	300m:	4:41.25	51.41	400m:	6:02.67	40.73
15.	TOVAR QUINTANA, Andrea				13	Cac				<b>6:03.69</b>	360	B
	50m:	34.61	34.61	150m:	2:01.15	45.57	250m:	3:41.16	53.95	350m:	5:22.16	44.50
	100m:	1:15.58	40.97	200m:	2:47.21	46.06	300m:	4:37.66	56.50	400m:	6:03.69	41.53
16.	VEILLETTE, Olivianne				12	Mégophias				<b>6:03.93</b>	360	B
	50m:	42.74	42.74	150m:	2:16.78		250m:			350m:	5:28.02	
	100m:			200m:	3:01.73	44.95	300m:			400m:	6:03.93	35.91
17.	COROVINA, Elizaveta				13	Cote Saint-Luc Aquatics				<b>6:07.56</b>	349	R
	50m:	39.38	39.38	150m:	2:10.23	44.23	250m:	3:50.16	54.03	350m:	5:27.36	41.40
	100m:	1:26.00	46.62	200m:	2:56.13	45.90	300m:	4:45.96	55.80	400m:	6:07.56	40.20
18.	BOURNE, Cassandra				11	Cdnrdg				<b>6:09.40</b>	344	R
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	6:09.40	
19.	AUBIN, Naomie				11	Sher				<b>6:10.10</b>	342	
	50m:	41.27	41.27	150m:			250m:	3:52.86		350m:	5:29.25	42.88
	100m:	1:28.79	47.52	200m:			300m:	4:46.37	53.51	400m:	6:10.10	40.85
20.	CHUNG, Emma				12	Ddo				<b>6:11.56</b>	338	
	50m:	39.32	39.32	150m:	2:10.97	45.66	250m:	3:50.91	54.16	350m:	5:29.52	42.99
	100m:	1:25.31	45.99	200m:	2:56.75	45.78	300m:	4:46.53	55.62	400m:	6:11.56	42.04
21.	LAISNEY, Azélie				11	Elite				<b>6:12.07</b>	337	
	50m:	38.73	38.73	150m:			250m:	4:48.38		350m:		
	100m:			200m:			300m:			400m:	6:12.07	
22.	CHEN, Skye				11	Natation Gatineau				<b>6:13.87</b>	332	
	50m:	42.70	42.70	150m:	2:20.85	47.46	250m:	3:58.03	49.86	350m:	5:31.04	43.06
	100m:	1:33.39	50.69	200m:	3:08.17	47.32	300m:	4:47.98	49.95	400m:	6:13.87	42.83
23.	SPINA, Isabella				10	Club de natation Saint-Laurent				<b>6:14.22</b>	331	
	50m:	42.10	42.10	150m:	2:18.98	48.86	250m:	3:56.28	49.01	350m:	5:31.62	44.82
	100m:	1:30.12	48.02	200m:	3:07.27	48.29	300m:	4:46.80	50.52	400m:	6:14.22	42.60
24.	SINGH, Amodée				12	Cote Saint-Luc Aquatics				<b>6:15.42</b>	328	
	50m:	39.64	39.64	150m:	2:11.14	45.39	250m:	3:52.48	56.80	350m:	5:32.83	43.00
	100m:	1:25.75	46.11	200m:	2:55.68	44.54	300m:	4:49.83	57.35	400m:	6:15.42	42.59
25.	COLOCCIA, Ella				12	Dorval Swim Club				<b>6:19.54</b>	317	
	50m:	40.57	40.57	150m:	2:19.13	49.40	250m:	4:00.03	53.71	350m:		
	100m:	1:29.73	49.16	200m:	3:06.32	47.19	300m:			400m:	6:19.54	

Epreuve 1, Filles, 400m 4 nages, Eliminatoire, 13 ans et moins

Rang			Age					Temps	Pts		
26.	BOUSQUET, Elizabeth		12	Elite				<b>6:19.83</b>	316		
	50m:	42.88	42.88	150m:		250m:	4:00.63	50.37	350m: 5:36.30	44.78	
	100m:	1:35.48	52.60	200m:	3:10.26	300m:	4:51.52	50.89	400m: 6:19.83	43.53	
27.	HO, Chloe		13	Cdndg				<b>6:22.33</b>	310		
	50m:	40.07	40.07	150m:	2:16.61	47.57	250m:	3:57.79	54.74	350m: 5:39.72	45.78
	100m:	1:29.04	48.97	200m:	3:03.05	46.44	300m:	4:53.94	56.15	400m: 6:22.33	42.61
28.	ESPOSITO, Sophie		12	Bbf				<b>6:22.63</b>	309		
	50m:	40.92	40.92	150m:	2:17.34		250m:	4:03.71		350m: 5:42.22	41.10
	100m:			200m:			300m:	5:01.12	57.41	400m: 6:22.63	40.41
29.	BRANCHAUD, Chloe		11	Club de natation Saint-Laurent				<b>6:26.10</b>	301		
	50m:	46.96	46.96	150m:	2:29.18	47.69	250m:	4:10.66	53.00	350m: 5:45.54	43.17
	100m:	1:41.49	54.53	200m:	3:17.66	48.48	300m:	5:02.37	51.71	400m: 6:26.10	40.56
30.	GHRIB, Kayla Maysun		12	Club de natation Saint-Laurent				<b>6:30.05</b>	292		
	50m:	46.36	46.36	150m:	2:28.73	47.87	250m:	4:12.90		350m: 5:48.87	40.98
	100m:	1:40.86	54.50	200m:			300m:	5:07.89	54.99	400m: 6:30.05	41.18
31.	SAYEGH, Florence		11	Rouge et Or				<b>6:32.92</b>	286		
	50m:	43.31	43.31	150m:	2:21.98		250m:			350m: 5:48.89	
	100m:			200m:	3:10.53	48.55	300m:			400m: 6:32.92	44.03
32.	PHAM, Thuy Mai		13	Cdndg				<b>6:33.68</b>	284		
	50m:	38.28	38.28	150m:	2:15.74	50.16	250m:	4:02.66	54.98	350m: 5:46.18	47.09
	100m:	1:25.58	47.30	200m:	3:07.68	51.94	300m:	4:59.09	56.43	400m: 6:33.68	47.50
33.	DION, Éliane		12	Mégophias				<b>6:34.31</b>	283		
	50m:	42.09	42.09	150m:	2:23.32	51.16	250m:	4:10.92		350m: 5:51.88	43.17
	100m:	1:32.16	50.07	200m:			300m:	5:08.71	57.79	400m: 6:34.31	42.43
34.	PATRUTIU, Anna		9	Natation Gatineau				<b>6:34.65</b>	282		
	50m:	41.88	41.88	150m:	2:24.09	49.46	250m:	4:12.05	56.32	350m: 5:51.43	43.50
	100m:	1:34.63	52.75	200m:	3:15.73	51.64	300m:	5:07.93	55.88	400m: 6:34.65	43.22
35.	DESCHÊNES, Raphaëlle		12	Mégophias				<b>6:34.75</b>	282		
	50m:	41.64	41.64	150m:	2:18.92	50.66	250m:	4:05.45	58.35	350m: 5:48.84	46.48
	100m:	1:28.26	46.62	200m:	3:07.10	48.18	300m:	5:02.36	56.91	400m: 6:34.75	45.91
36.	SILES, Elena		12	Ddo				<b>6:35.42</b>	280		
	50m:	43.50	43.50	150m:	2:27.68	50.91	250m:	4:13.33	55.69	350m: 5:52.81	43.54
	100m:	1:36.77	53.27	200m:	3:17.64	49.96	300m:	5:09.27	55.94	400m: 6:35.42	42.61
37.	CVETKOSKI, Lana		11	Club de natation Saint-Laurent				<b>6:53.19</b>	246		
	50m:	41.98	41.98	150m:	2:33.94	56.10	250m:	4:21.24	53.61	350m: 6:05.54	49.20
	100m:	1:37.84	55.86	200m:	3:27.63	53.69	300m:	5:16.34	55.10	400m: 6:53.19	47.65
disq.	RONG, Qia		13	Club de natation Saint-Laurent				<b>5:56.35</b>			
	50m:			150m:	2:07.46		250m:			350m: 5:16.57	40.05
	100m:			200m:			300m:	4:36.52		400m: 5:56.35	39.78
disq.	DESCENT, Audrey		13	Bbf				<b>6:07.31</b>			
	50m:	39.30	39.30	150m:	2:14.46	46.59	250m:	3:53.44	53.23	350m: 5:27.66	39.71
	100m:	1:27.87	48.57	200m:	3:00.21	45.75	300m:	4:47.95	54.51	400m: 6:07.31	39.65

Epreuve 1, Filles, 400m 4 nages, Eliminatoire

14 - 15 ans

1.	TAO, Irene	15	Club de natation Saint-Laurent	<b>5:23.98</b>	510	A
	50m: 33.17 33.17	150m: 1:52.92 40.40	250m: 3:19.23 45.72	350m: 4:46.36 39.08		
	100m: 1:12.52 39.35	200m: 2:33.51 40.59	300m: 4:07.28 48.05	400m: 5:23.98 37.62		
2.	DION, Chloe	14	Ddo	<b>5:27.44</b>	494	A
	50m: 35.81 35.81	150m: 2:00.11 43.29	250m: 3:28.34 46.05	350m: 4:51.04 36.97		
	100m: 1:16.82 41.01	200m: 2:42.29 42.18	300m: 4:14.07 45.73	400m: 5:27.44 36.40		
3.	WENER, Jadyne	14	Cote Saint-Luc Aquatics	<b>5:27.97</b>	492	A
	50m: 36.98 36.98	150m: 1:58.91 41.79	250m: 3:27.71 48.22	350m: 4:52.38 36.81		
	100m: 1:17.12 40.14	200m: 2:39.49 40.58	300m: 4:15.57 47.86	400m: 5:27.97 35.59		
4.	LICTAOA, Mikha	15	Cdnrg	<b>5:31.20</b>	477	A
	50m: 35.60 35.60	150m: 1:56.27 41.36	250m: 3:25.67 46.66	350m: 4:52.01 38.26		
	100m: 1:14.91 39.31	200m: 2:39.01 42.74	300m: 4:13.75 48.08	400m: 5:31.20 39.19		
5.	BRAUN, Kate	14	Cote Saint-Luc Aquatics	<b>5:32.12</b>	473	A
	50m: 35.90 35.90	150m: 1:58.40 38.39	250m: 3:28.12 51.33	350m: 4:55.67 38.44		
	100m: 1:16.82 41.01	200m: 2:36.79 49.11	300m: 4:17.23 49.11	400m: 5:32.12 36.45		
6.	LOISELLE, Camille	14	club aquatique st-eustache	<b>5:37.47</b>	451	A
	50m: 34.42 34.42	150m: 1:57.65 41.31	250m: 3:30.03 49.42	350m: 4:59.44 39.09		
	100m: 1:16.34 41.92	200m: 2:40.61 42.96	300m: 4:20.35 50.32	400m: 5:37.47 38.03		
7.	LIU, NingXi	15	Dorval Swim Club	<b>5:39.12</b>	445	A
	50m: 34.89 34.89	150m: 1:59.96 43.16	250m: 3:30.54 49.18	350m: 4:59.72 40.00		
	100m: 1:16.80 41.91	200m: 2:40.61 49.18	300m: 4:19.72 49.18	400m: 5:39.12 39.40		
8.	LESSARD, Émilie	15	Natation Gatineau	<b>5:41.41</b>	436	A
	50m: 35.53 35.53	150m: 1:59.93 43.12	250m: 3:32.62 51.26	350m: 5:04.34 39.90		
	100m: 1:16.81 41.28	200m: 2:41.36 41.43	300m: 4:24.44 51.82	400m: 5:41.41 37.07		
9.	ROAN, Chloe	14	Cdnrg	<b>5:43.26</b>	429	B
	50m: 35.98 35.98	150m: 2:00.48 43.23	250m: 3:34.99 50.06	350m: 5:04.55 38.71		
	100m: 1:17.25 41.27	200m: 2:44.93 44.45	300m: 4:20.35 50.32	400m: 5:43.26 38.71		
10.	SAVARD, Leonie	15	club aquatique st-eustache	<b>5:46.49</b>	417	B
	50m: 35.98 35.98	150m: 2:00.48 43.23	250m: 3:34.99 50.06	350m: 5:04.55 38.71		
	100m: 1:17.25 41.27	200m: 2:44.93 44.45	300m: 4:20.35 50.32	400m: 5:43.26 38.71		
11.	HO, Kum Yiu Hebe	14	Cdnrg	<b>5:54.31</b>	390	B
	50m: 36.50 36.50	150m: 2:01.40 43.05	250m: 3:40.06 54.10	350m: 5:14.71 40.53		
	100m: 1:18.35 41.85	200m: 2:45.96 44.56	300m: 4:34.18 54.12	400m: 5:54.31 39.60		
12.	CHEVALIER, Eva	14	Cac	<b>5:56.46</b>	383	B
	50m: 36.69 36.69	150m: 2:06.75 45.75	250m: 3:41.62 49.82	350m: 5:15.80 43.13		
	100m: 1:21.00 44.31	200m: 2:51.80 45.05	300m: 4:32.67 51.05	400m: 5:56.46 40.66		
13.	FERLAND, Aurélie	14	Cac	<b>6:00.53</b>	370	B
	50m: 37.67 37.67	150m: 2:04.68 42.76	250m: 3:42.72 54.03	350m: 5:20.09 40.68		
	100m: 1:21.92 44.25	200m: 2:48.69 44.01	300m: 4:39.41 56.69	400m: 6:00.53 40.44		
14.	LEBLOND, Daphnée	15	Mtl Nord Natation	<b>6:02.62</b>	364	B
	50m: 37.97 37.97	150m: 2:12.11 46.58	250m: 3:50.16 52.84	350m: 5:23.30 40.00		
	100m: 1:25.53 47.56	200m: 2:57.32 45.21	300m: 4:43.30 53.14	400m: 6:02.62 39.32		

Epreuve 1, Filles, 400m 4 nages, Elimatoire, 14 - 15 ans

Rang			Age						Temps	Pts		
15.	PATEL, Anvita		14		Ddo				<b>6:14.86</b>	329 B		
	50m:	37.10	37.10	150m:	2:05.68	45.05	250m:	3:46.62	53.67	350m:	5:27.49	45.37
	100m:	1:20.63	43.53	200m:	2:52.95	47.27	300m:	4:42.12	55.50	400m:	6:14.86	47.37

16 - 17 ans

1.	MACISAAC, Emily		16		Dorval Swim Club				<b>5:37.11</b>	453 Q		
	50m:	35.31	35.31	150m:	1:56.43	41.67	250m:	3:28.94		350m:	4:58.22	38.86
	100m:	1:14.76	39.45	200m:			300m:	4:19.36	50.42	400m:	5:37.11	38.89
2.	ABERGEL, Gabrielle		16		Ddo				<b>5:49.85</b>	405 Q		
	50m:	36.29	36.29	150m:	1:57.00	39.55	250m:	3:33.13	55.01	350m:	5:09.87	
	100m:	1:17.45	41.16	200m:	2:38.12	41.12	300m:			400m:	5:49.85	39.98
3.	IBARRA ROA, Vanessa		16		Cdndg				<b>5:56.95</b>	381 Q		
	50m:	33.90	33.90	150m:	1:58.10	46.30	250m:			350m:	5:16.86	
	100m:	1:11.80	37.90	200m:	2:43.05	44.95	300m:			400m:	5:56.95	40.09
4.	CHANTLER, Chelsea		16		Bbf				<b>5:57.68</b>	379 Q		
	50m:			150m:			250m:			350m:		
	100m:			200m:			300m:			400m:	5:57.68	
hc.	CHEN, Michelle		14		Ddo				<b>5:16.84</b>	545		
	50m:	32.17	32.17	150m:	1:49.69	40.51	250m:	3:15.77	46.11	350m:	4:41.14	36.76
	100m:	1:09.18	37.01	200m:	2:29.66	39.97	300m:	4:04.38	48.61	400m:	5:16.84	35.70