

Festival Regional de Cadetes25
Angra do Heroísmo, 29 - 30/3/2025

Prova 12
29/03/2025 - 17:10

Femin., 400m Livres

Cadetes A, B
Resultados

Pontos: AQUA 2024

Lugar	Ano								Tempo final	Pts
1. LOBAO, Beatriz Borges	14 Bombeiros de Ponta Delgada								6:51.62	177
50m: 47.45 47.45	150m: 2:32.80	53.03	250m: 4:16.52	52.27	350m: 6:02.78	53.02				
100m: 1:39.77 52.32	200m: 3:24.25	51.45	300m: 5:09.76	53.24	400m: 6:51.62	48.84				
2. SANTOS, Valentina Pereira	15 Bombeiros de Ponta Delgada								7:33.94	132
50m: 51.92 51.92	150m: 2:49.31	58.86	250m: 4:45.09	58.65	350m: 6:39.42	56.81				
100m: 1:50.45 58.53	200m: 3:46.44	57.13	300m: 5:42.61	57.52	400m: 7:33.94	54.52				
3. QUEIROS, Maria Teresa	14 Bombeiros de Ponta Delgada								7:59.33	112
50m: 54.55 54.55	150m: 2:56.96	1:00.83	250m: 5:00.91	1:02.29	350m: 7:04.02	1:01.08				
100m: 1:56.13 1:01.58	200m: 3:58.62	1:01.66	300m: 6:02.94	1:02.03	400m: 7:59.33	55.31				
4. ALMEIDA, Ines Gatinho	14 Bombeiros de Ponta Delgada								9:04.83	76
50m: 56.59 56.59	150m: 3:14.19	1:09.27	250m: 5:38.55	1:12.74	350m: 7:58.17	1:08.39				
100m: 2:04.92 1:08.33	200m: 4:25.81	1:11.62	300m: 6:49.78	1:11.23	400m: 9:04.83	1:06.66				