

Festival Regional de Cadetes25  
Angra do Heroísmo, 29 - 30/3/2025

Prova 11  
29/03/2025 - 17:05

Masc., 400m Livres

Cadetes A, B  
Resultados

Pontos: AQUA 2024

Lugar			Ano					Tempo final	Pts		
1. LOPES, Ivo Pacheco			13	Bombeiros de Ponta Delgada				<b>6:18.60</b>	176		
50m:	43.55	43.55	150m:	2:19.89	48.78	250m:	3:56.31	48.51	350m:	5:32.40	47.75
100m:	1:31.11	47.56	200m:	3:07.80	47.91	300m:	4:44.65	48.34	400m:	6:18.60	46.20
2. PACHECO, Tomas Santos			13	Clube Desportivo Escolar de Ag				<b>6:31.99</b>	158		
50m:	44.85	44.85	150m:	2:25.66	50.67	250m:	4:06.69	50.48	350m:	5:46.57	49.49
100m:	1:34.99	50.14	200m:	3:16.21	50.55	300m:	4:57.08	50.39	400m:	6:31.99	45.42
3. MURTA, Rodrigo Rodrigues			14	Bombeiros de Ponta Delgada				<b>6:53.08</b>	135		
50m:	45.89	45.89	150m:	2:29.15	52.38	250m:	4:16.03	54.27	350m:	6:03.79	54.48
100m:	1:36.77	50.88	200m:	3:21.76	52.61	300m:	5:09.31	53.28	400m:	6:53.08	49.29
4. ALMEIDA, Gustavo Filipe			13	Núcleo Sporting				<b>7:34.16</b>	102		
50m:	50.90	50.90	150m:	2:47.31	58.97	250m:	4:44.58	58.71	350m:	6:41.27	58.72
100m:	1:48.34	57.44	200m:	3:45.87	58.56	300m:	5:42.55	57.97	400m:	7:34.16	52.89
5. SAMPAIO, Joao Matias			13	Clube Desportivo Escolar de Ag				<b>7:59.38</b>	86		
50m:	53.96	53.96	150m:	3:00.97	1:03.88	250m:	5:04.55	1:03.75	350m:	7:04.41	1:01.45
100m:	1:57.09	1:03.13	200m:	4:00.80	59.83	300m:	6:02.96	58.41	400m:	7:59.38	54.97