

Epreuve 23 Filles, 400m Libre  
2025-03-30 - 8:30 ÉPREUVE NAGÉE DANS LE BASSIN SECONDAIRE 17 ans et moins  
Liste résultats

Quebec Provincial Senior Records	3:54.88	HARVEY, Mary-Sophie	CAMO	Budapest (HUN)	2024-12-10
Quebec Provincial Age Group Records 17	4:02.23	HARVEY, Mary-Sophie	NN	Toronto	2016-12-17
Quebec Provincial Age Group Records 16	4:10.22	HART, Lydia	PCSC	Toronto	2022-12-17
Quebec Provincial Age Group Records 15	4:15.42	JARDIN, Barbara	PPO	Montreal	2007-02-16
Quebec Provincial Age Group Records 14	4:18.26	HORNER, Stephanie	BBF	Halifax	2004-02-19
Quebec Provincial Age Group Records 13	4:19.44	HARVEY, Mary-Sophie	MEGO	Gatineau	2013-02-23
Quebec Provincial Age Group Records - 124:23.93		SHEWCHUCK, Stephanie	PCSC	???	1987-02-01

Rang			Age					Temps	Pts
<b>13 ans et moins</b>									
1.	HARVEY, Éllie		13	Cnq				<b>4:44.12</b>	60,00
	50m:	32.53	32.53	150m:	1:45.24	36.74	250m:	2:57.86	36.30
	100m:	1:08.50	35.97	200m:	2:21.56	36.32	300m:	3:33.57	35.71
				350m:	4:09.35	35.78	400m:	4:44.12	34.77
2.	MOFFET, Raphaëlle		12	Camo				<b>4:47.60</b>	56,00
	50m:	32.75	32.75	150m:	1:45.40	36.65	250m:	2:58.72	36.83
	100m:	1:08.75	36.00	200m:	2:21.89	36.49	300m:	3:34.75	36.03
				350m:	4:11.54	36.79	400m:	4:47.60	36.06
3.	MUSSELY, Olivia		13	Camo				<b>4:51.42</b>	52,00
	50m:	33.34	33.34	150m:	1:47.05	37.31	250m:	3:01.21	36.94
	100m:	1:09.74	36.40	200m:	2:24.27	37.22	300m:	3:38.09	36.88
				350m:	4:15.59	37.50	400m:	4:51.42	35.83
4.	LONGCHAMPS, Kaïna Wu		13	Mustang Boucherville				<b>4:53.02</b>	50,00
	50m:	34.94	34.94	150m:	1:50.98	37.25	250m:	3:04.58	36.28
	100m:	1:13.73	38.79	200m:	2:28.30	37.32	300m:	3:41.29	36.71
				350m:	4:17.99	36.70	400m:	4:53.02	35.03
5.	ROTH, Heidi		13	Neptune Natation				<b>4:54.32</b>	49,00
	50m:	34.09	34.09	150m:	1:48.88	37.84	250m:	3:03.03	36.61
	100m:	1:11.04	36.95	200m:	2:26.42	37.54	300m:	3:40.37	37.34
				350m:	4:18.05	37.68	400m:	4:54.32	36.27
6.	FANG, Brenda		13	Pointe-Claire Swim Club				<b>4:58.71</b>	48,00
	50m:	32.31	32.31	150m:	1:45.01	37.04	250m:	3:00.82	38.35
	100m:	1:07.97	35.66	200m:	2:22.47	37.46	300m:	3:40.11	39.29
				350m:	4:19.61	39.50	400m:	4:58.71	39.10
7.	BRENNAN, Savannah		13	Pointe-Claire Swim Club				<b>4:58.73</b>	47,00
	50m:	34.71	34.71	150m:	1:50.96	37.87	250m:	3:06.52	37.69
	100m:	1:13.09	38.38	200m:	2:28.83	37.87	300m:	3:44.74	38.22
				350m:	4:22.70	37.96	400m:	4:58.73	36.03
8.	LAPOINTE, Alexandra		12	Pointe-Claire Swim Club				<b>5:00.74</b>	46,00
	50m:	33.82	33.82	150m:	1:50.40	38.78	250m:	3:07.73	38.18
	100m:	1:11.62	37.80	200m:	2:29.55	39.15	300m:	3:46.05	38.32
				350m:	4:23.91	37.86	400m:	5:00.74	36.83
9.	LY, Mia Mei		13	Pointe-Claire Swim Club				<b>5:00.96</b>	45,00
	50m:	33.70	33.70	150m:	1:49.20	38.40	250m:	3:08.68	39.88
	100m:	1:10.80	37.10	200m:	2:28.80	39.60	300m:	3:47.67	38.99
				350m:	4:26.73	39.06	400m:	5:00.96	34.23
10.	PERRY, Ella		11	Pointe-Claire Swim Club				<b>5:01.23</b>	44,00
	50m:	33.91	33.91	150m:	1:50.95	38.63	250m:	3:08.52	38.74
	100m:	1:12.32	38.41	200m:	2:29.78	38.83	300m:	3:47.15	38.63
				350m:	4:25.58	38.43	400m:	5:01.23	35.65
11.	ZENG, Shirley		12	Club de Natation SAMAK				<b>5:01.47</b>	40,00
	50m:	33.61	33.61	150m:	1:48.77	37.96	250m:	3:06.64	39.12
	100m:	1:10.81	37.20	200m:	2:27.52	38.75	300m:	3:45.80	39.16
				350m:	4:24.53	38.73	400m:	5:01.47	36.94
12.	BONNEVILLE, Naomi		10	Camo				<b>5:02.70</b>	36,00
	50m:	34.45	34.45	150m:	1:50.22	38.43	250m:	3:07.37	38.75
	100m:	1:11.79	37.34	200m:	2:28.62	38.40	300m:	3:46.32	38.95
				350m:	4:25.29	38.97	400m:	5:02.70	37.41
13.	TSANG, Chloe Oi Yan		13	Club de Natation SAMAK				<b>5:02.73</b>	32,00
	50m:	34.44	34.44	150m:	1:51.35	38.68	250m:	3:07.92	38.16
	100m:	1:12.67	38.23	200m:	2:29.76	38.41	300m:	3:46.04	38.12
				350m:	4:25.12	39.08	400m:	5:02.73	37.61

Epreuve 23, Filles, 400m Libre, 13 ans et moins

Rang					Age					Temps	Pts	
14.	WANG, Emily Zihan				13	Club de Natation SAMAK				<b>5:04.92</b>	30,00	
	50m:	33.99	33.99	150m:	1:49.63	38.42	250m:	3:07.31	39.12	350m:	4:26.94	40.15
	100m:	1:11.21	37.22	200m:	2:28.19	38.56	300m:	3:46.79	39.48	400m:	5:04.92	37.98
15.	LONGVAL, Yanka				12	Cnq				<b>5:06.46</b>	29,00	
	50m:	35.20	35.20	150m:	1:52.35	38.98	250m:	3:10.30	38.87	350m:	4:28.87	39.17
	100m:	1:13.37	38.17	200m:	2:31.43	39.08	300m:	3:49.70	39.40	400m:	5:06.46	37.59
16.	CORTEZ, Grace				13	Camo				<b>5:06.73</b>	28,00	
	50m:	34.41	34.41	150m:	1:50.90	38.57	250m:	3:08.70	39.11	350m:	4:28.11	39.84
	100m:	1:12.33	37.92	200m:	2:29.59	38.69	300m:	3:48.27	39.57	400m:	5:06.73	38.62
17.	YU, Chloe				13	Club de Natation SAMAK				<b>5:07.67</b>	27,00	
	50m:	34.46	34.46	150m:	1:51.56	38.84	250m:	3:10.66	39.70	350m:	4:30.16	39.63
	100m:	1:12.72	38.26	200m:	2:30.96	39.40	300m:	3:50.53	39.87	400m:	5:07.67	37.51
18.	PERTH, Kiliana				13	Neptune Natation				<b>5:07.73</b>	26,00	
	50m:	33.32	33.32	150m:	1:50.24	39.32	250m:	3:10.36	39.77	350m:	4:30.30	39.53
	100m:	1:10.92	37.60	200m:	2:30.59	40.35	300m:	3:50.77	40.41	400m:	5:07.73	37.43
19.	TESSIER, Ellyanne				12	Cnq				<b>5:07.81</b>	25,00	
	50m:	34.00	34.00	150m:	1:51.27	39.60	250m:	3:10.62	39.68	350m:	4:29.66	39.64
	100m:	1:11.67	37.67	200m:	2:30.94	39.67	300m:	3:50.02	39.40	400m:	5:07.81	38.15
20.	HUANG, Vinciane				13	Club de Natation SAMAK				<b>5:08.58</b>	24,00	
	50m:	34.61	34.61	150m:	1:50.04	38.16	250m:	3:08.80	39.92	350m:	4:29.27	40.24
	100m:	1:11.88	37.27	200m:	2:28.88	38.84	300m:	3:49.03	40.23	400m:	5:08.58	39.31
21.	LORTIE, Charlotte				11	Cnq				<b>5:08.62</b>	-	
	50m:	34.88	34.88	150m:	1:52.94	38.79	250m:	3:12.82	39.38	350m:	4:31.39	39.73
	100m:	1:14.15	39.27	200m:	2:33.44	40.50	300m:	3:51.66	38.84	400m:	5:08.62	37.23
22.	SIMARD, Mariane				13	Cnq				<b>5:08.70</b>	-	
	50m:	36.08	36.08	150m:	1:55.64	39.99	250m:	3:14.18	39.32	350m:	4:32.09	39.30
	100m:	1:15.65	39.57	200m:	2:34.86	39.22	300m:	3:52.79	38.61	400m:	5:08.70	36.61
23.	MCGRAW, Rose				13	Cnq				<b>5:09.15</b>	-	
	50m:	34.94	34.94	150m:	1:53.20	39.62	250m:	3:12.45	39.01	350m:	4:30.69	39.01
	100m:	1:13.58	38.64	200m:	2:33.44	40.24	300m:	3:51.68	39.23	400m:	5:09.15	38.46
24.	DÉSILETS, Léanne				13	Neptune Natation				<b>5:09.75</b>	-	
	50m:	33.92	33.92	150m:	1:51.99	39.77	250m:	3:12.45	39.74	350m:	4:32.23	39.19
	100m:	1:12.22	38.30	200m:	2:32.71	40.72	300m:	3:53.04	40.59	400m:	5:09.75	37.52
25.	BLAIS, Élizabéth				13	Riverains				<b>5:09.77</b>	-	
	50m:	34.48	34.48	150m:	1:52.06	39.59	250m:	3:12.83	40.43	350m:	4:32.69	39.72
	100m:	1:12.47	37.99	200m:	2:32.40	40.34	300m:	3:52.97	40.14	400m:	5:09.77	37.08
26.	BEN AISSIA, Acil				13	Cnq				<b>5:10.01</b>	-	
	50m:	34.31	34.31	150m:	1:51.54	39.44	250m:	3:10.75	39.72	350m:	4:31.38	40.59
	100m:	1:12.10	37.79	200m:	2:31.03	39.49	300m:	3:50.79	40.04	400m:	5:10.01	38.63
27.	LAMONTAGNE, Emma				11	Pointe-Claire Swim Club				<b>5:10.36</b>	-	
	50m:	34.60	34.60	150m:	1:52.04	39.19	250m:	3:11.23	39.90	350m:	4:31.30	40.17
	100m:	1:12.85	38.25	200m:	2:31.33	39.29	300m:	3:51.13	39.90	400m:	5:10.36	39.06
28.	RAMSAY, Hanna				12	Camo				<b>5:10.91</b>	-	
	50m:	35.41	35.41	150m:	1:54.15	39.72	250m:	3:12.75	39.22	350m:	4:32.89	39.97
	100m:	1:14.43	39.02	200m:	2:33.53	39.38	300m:	3:52.92	40.17	400m:	5:10.91	38.02
29.	THÉORËT, Alycia				13	Mustang Boucherville				<b>5:14.26</b>	-	
	50m:	34.96	34.96	150m:	1:53.98	40.07	250m:	3:14.67	39.96	350m:	4:35.24	40.44
	100m:	1:13.91	38.95	200m:	2:34.71	40.73	300m:	3:54.80	40.13	400m:	5:14.26	39.02

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Rang				Age					Temps	Pts		
30.	ROBINSON, Jasmine			13	Pointe-Claire Swim Club				<b>5:15.62</b>	-		
	50m:	34.88	34.88	150m:	1:56.61	41.33	250m:	3:17.93	40.44	350m:	4:37.70	39.72
	100m:	1:15.28	40.40	200m:	2:37.49	40.88	300m:	3:57.98	40.05	400m:	5:15.62	37.92
31.	MARTINEZ, Valentina			13	Pointe-Claire Swim Club				<b>5:18.06</b>	-		
	50m:	34.89	34.89	150m:	1:54.13	40.31	250m:	3:15.28	40.47	350m:	4:36.90	41.44
	100m:	1:13.82	38.93	200m:	2:34.81	40.68	300m:	3:55.46	40.18	400m:	5:18.06	41.16
32.	LAROCHE, Kayla			11	Pointe-Claire Swim Club				<b>5:18.68</b>	-		
	50m:	35.41	35.41	150m:	1:54.43	40.09	250m:	3:16.12	40.83	350m:	4:38.92	41.28
	100m:	1:14.34	38.93	200m:	2:35.29	40.86	300m:	3:57.64	41.52	400m:	5:18.68	39.76
33.	DUPRÉ, Laurie			13	Neptune Natation				<b>5:19.62</b>	-		
	50m:	35.25	35.25	150m:	1:53.33	39.50	250m:	3:15.18	41.32	350m:	4:39.02	42.40
	100m:	1:13.83	38.58	200m:	2:33.86	40.53	300m:	3:56.62	41.44	400m:	5:19.62	40.60
34.	RIOPEL-DOIRON, Olivia			13	Neptune Natation				<b>5:19.91</b>	-		
	50m:	35.86	35.86	150m:	1:57.31	40.03	250m:	3:19.98	41.35	350m:	4:41.23	40.79
	100m:	1:17.28	41.42	200m:	2:38.63	41.32	300m:	4:00.44	40.46	400m:	5:19.91	38.68
35.	CHEN, Helena			12	Pointe-Claire Swim Club				<b>5:22.08</b>	-		
	50m:	34.36	34.36	150m:	1:53.82	40.53	250m:	3:17.70	42.34	350m:	4:41.55	41.84
	100m:	1:13.29	38.93	200m:	2:35.36	41.54	300m:	3:59.71	42.01	400m:	5:22.08	40.53
36.	PRIVÉ, Sophie			12	Riverains				<b>5:22.30</b>	-		
	50m:	35.97	35.97	150m:	1:56.93	40.98	250m:	3:19.54	41.19	350m:	4:43.29	42.14
	100m:	1:15.95	39.98	200m:	2:38.35	41.42	300m:	4:01.15	41.61	400m:	5:22.30	39.01
37.	TRACHY, Sophia			12	Riverains				<b>5:22.64</b>	-		
	50m:	35.37	35.37	150m:	1:56.56	41.55	250m:	3:20.89	42.32	350m:	4:43.73	41.13
	100m:	1:15.01	39.64	200m:	2:38.57	42.01	300m:	4:02.60	41.71	400m:	5:22.64	38.91
38.	LU, Melissa			12	Pointe-Claire Swim Club				<b>5:23.35</b>	-		
	50m:	35.05	35.05	150m:	1:55.30	40.80	250m:	3:19.18	42.02	350m:	4:42.93	41.72
	100m:	1:14.50	39.45	200m:	2:37.16	41.86	300m:	4:01.21	42.03	400m:	5:23.35	40.42
39.	MECTEAU, Abygaëlle			12	Riverains				<b>5:24.99</b>	-		
	50m:	35.05	35.05	150m:	1:54.74	40.43	250m:	3:18.67	42.50	350m:	4:43.95	42.20
	100m:	1:14.31	39.26	200m:	2:36.17	41.43	300m:	4:01.75	43.08	400m:	5:24.99	41.04
40.	NOLET, Charlie			13	Riverains				<b>5:27.46</b>	-		
	50m:	36.22	36.22	150m:	1:59.73	41.88	250m:	3:23.86	42.11	350m:	4:46.67	40.71
	100m:	1:17.85	41.63	200m:	2:41.75	42.02	300m:	4:05.96	42.10	400m:	5:27.46	40.79
41.	LAPERRIÈRE, Alizé			11	Neptune Natation				<b>5:29.98</b>	-		
	50m:	35.41	35.41	150m:	1:57.34	41.57	250m:	3:22.06	42.25	350m:	4:48.20	43.01
	100m:	1:15.77	40.36	200m:	2:39.81	42.47	300m:	4:05.19	43.13	400m:	5:29.98	41.78
42.	HENRIQUES DE SOUZA, Alice Maria			13	Pointe-Claire Swim Club				<b>5:32.75</b>	-		
	50m:	35.49	35.49	150m:	1:57.06	41.43	250m:	3:22.67	43.68	350m:	4:50.31	43.45
	100m:	1:15.63	40.14	200m:	2:38.99	41.93	300m:	4:06.86	44.19	400m:	5:32.75	42.44
43.	CARON, Coralyne			12	Pointe-Claire Swim Club				<b>5:33.61</b>	-		
	50m:	36.14	36.14	150m:	2:00.29	43.58	250m:	3:26.83	42.72	350m:	4:53.89	43.55
	100m:	1:16.71	40.57	200m:	2:44.11	43.82	300m:	4:10.34	43.51	400m:	5:33.61	39.72
44.	MARTIN, Raphaëlle			11	Neptune Natation				<b>5:37.31</b>	-		
	50m:	38.47	38.47	150m:	2:02.08	42.51	250m:	3:30.03	43.72	350m:	4:58.11	44.60
	100m:	1:19.57	41.10	200m:	2:46.31	44.23	300m:	4:13.51	43.48	400m:	5:37.31	39.20
45.	FORREST, Gabby			11	Pointe-Claire Swim Club				<b>5:40.76</b>	-		
	50m:	37.42	37.42	150m:	2:02.74	42.76	250m:	3:31.04	44.45	350m:	4:59.17	44.04
	100m:	1:19.98	42.56	200m:	2:46.59	43.85	300m:	4:15.13	44.09	400m:	5:40.76	41.59

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Rang				Age					Temps	Pts		
46.	HMIDDOUCH, Soraya			11	Pointe-Claire Swim Club				<b>5:52.02</b>	-		
	50m:	40.88	40.88	150m:	2:09.18	44.81	250m:	3:39.83	44.93	350m:	5:09.27	44.59
	100m:	1:24.37	43.49	200m:	2:54.90	45.72	300m:	4:24.68	44.85	400m:	5:52.02	42.75
47.	BELANGER, Evelyne			11	Camo				<b>5:52.04</b>	-		
	50m:	39.11	39.11	150m:	2:09.64	45.24	250m:	3:39.27	44.48	350m:	5:08.38	44.21
	100m:	1:24.40	45.29	200m:	2:54.79	45.15	300m:	4:24.17	44.90	400m:	5:52.04	43.66
48.	GRENIER, Flavie			11	Camo				<b>5:52.85</b>	-		
	50m:	39.76	39.76	150m:	2:09.44	45.00	250m:	3:39.21	44.31	350m:	5:07.80	44.16
	100m:	1:24.44	44.68	200m:	2:54.90	45.46	300m:	4:23.64	44.43	400m:	5:52.85	45.05

14 - 15 ans

1.	D'ORSONNENS, Emma			15	Neptune Natation				<b>4:39.82</b>	60,00		
	50m:	31.83	31.83	150m:	1:43.48	36.07	250m:	2:55.60	35.68	350m:	4:06.79	35.24
	100m:	1:07.41	35.58	200m:	2:19.92	36.44	300m:	3:31.55	35.95	400m:	4:39.82	33.03
2.	BONNEVILLE, Chloe			14	Camo				<b>4:41.17</b>	56,00		
	50m:	31.87	31.87	150m:	1:42.43	35.58	250m:	2:54.24	35.71	350m:	4:06.22	36.19
	100m:	1:06.85	34.98	200m:	2:18.53	36.10	300m:	3:30.03	35.79	400m:	4:41.17	34.95
3.	CORNEAU, Élyza			14	Cnq				<b>4:41.49</b>	52,00		
	50m:	31.83	31.83	150m:	1:42.73	35.84	250m:	2:54.45	35.82	350m:	4:06.45	36.06
	100m:	1:06.89	35.06	200m:	2:18.63	35.90	300m:	3:30.39	35.94	400m:	4:41.49	35.04
4.	DE VOGELAERE, Noémie			15	Club de Natation SAMAK				<b>4:43.80</b>	50,00		
	50m:	32.18	32.18	150m:	1:43.27	35.81	250m:	2:56.24	36.53	350m:	4:08.55	35.92
	100m:	1:07.46	35.28	200m:	2:19.71	36.44	300m:	3:32.63	36.39	400m:	4:43.80	35.25
5.	LINDSAY, Katarina			15	Pointe-Claire Swim Club				<b>4:44.80</b>	49,00		
	50m:	32.22	32.22	150m:	1:43.07	35.64	250m:	2:55.78	36.49	350m:	4:09.52	36.92
	100m:	1:07.43	35.21	200m:	2:19.29	36.22	300m:	3:32.60	36.82	400m:	4:44.80	35.28
6.	VAILLANCOURT, Flavie			15	Camo				<b>4:44.89</b>	48,00		
	50m:	32.36	32.36	150m:	1:44.46	36.23	250m:	2:57.23	36.39	350m:	4:09.82	36.40
	100m:	1:08.23	35.87	200m:	2:20.84	36.38	300m:	3:33.42	36.19	400m:	4:44.89	35.07
7.	TANGUAY, Lily-Rose			14	Riverains				<b>4:44.98</b>	47,00		
	50m:	30.86	30.86	150m:	1:42.27	36.62	250m:	2:55.47	36.27	350m:	4:10.11	37.36
	100m:	1:05.65	34.79	200m:	2:19.20	36.93	300m:	3:32.75	37.28	400m:	4:44.98	34.87
8.	BELISLE, Viviane			15	Cnq				<b>4:48.69</b>	46,00		
	50m:	32.45	32.45	150m:	1:44.80	36.74	250m:	2:58.09	36.29	350m:	4:12.72	37.35
	100m:	1:08.06	35.61	200m:	2:21.80	37.00	300m:	3:35.37	37.28	400m:	4:48.69	35.97
9.	GAGNON, Héroïse			14	Cnq				<b>4:49.59</b>	45,00		
	50m:	32.21	32.21	150m:	1:46.00	37.38	250m:	3:00.59	37.37	350m:	4:14.98	37.08
	100m:	1:08.62	36.41	200m:	2:23.22	37.22	300m:	3:37.90	37.31	400m:	4:49.59	34.61
10.	CHAMBERLAND, Zoé			14	Cnq				<b>4:50.27</b>	44,00		
	50m:	32.89	32.89	150m:	1:45.67	36.67	250m:	3:00.41	37.45	350m:	4:14.83	36.99
	100m:	1:09.00	36.11	200m:	2:22.96	37.29	300m:	3:37.84	37.43	400m:	4:50.27	35.44
11.	LAPOINTE, Catherine			14	Pointe-Claire Swim Club				<b>4:53.06</b>	40,00		
	50m:	33.22	33.22	150m:	1:46.85	37.09	250m:	3:01.91	37.30	350m:	4:16.86	37.47
	100m:	1:09.76	36.54	200m:	2:24.61	37.76	300m:	3:39.39	37.48	400m:	4:53.06	36.20
12.	VISKI, Daria			15	Neptune Natation				<b>4:53.24</b>	36,00		
	50m:	34.91	34.91	150m:	1:49.36	37.37	250m:	3:03.60	37.07	350m:	4:17.62	36.93
	100m:	1:11.99	37.08	200m:	2:26.53	37.17	300m:	3:40.69	37.09	400m:	4:53.24	35.62

Epreuve 23, Filles, 400m Libre, 14 - 15 ans

Rang				Age						Temps	Pts	
13.	LAVIGNE, Noémie			14	Neptune Natation					<b>4:53.51</b>	32,00	
	50m:	34.36	34.36	150m:	1:49.45	37.75	250m:	3:04.51	37.50	350m:	4:18.08	36.01
	100m:	1:11.70	37.34	200m:	2:27.01	37.56	300m:	3:42.07	37.56	400m:	4:53.51	35.43
14.	VAN SICKLE, Theresa			14	Pointe-Claire Swim Club					<b>4:53.96</b>	30,00	
	50m:	32.98	32.98	150m:	1:44.98	36.20	250m:	2:59.50	37.66	350m:	4:15.63	37.79
	100m:	1:08.78	35.80	200m:	2:21.84	36.86	300m:	3:37.84	38.34	400m:	4:53.96	38.33
15.	SAMSON, Amélia			14	Riverains					<b>4:54.88</b>	29,00	
	50m:	33.69	33.69	150m:	1:48.30	37.70	250m:	3:04.07	37.97	350m:	4:19.13	37.26
	100m:	1:10.60	36.91	200m:	2:26.10	37.80	300m:	3:41.87	37.80	400m:	4:54.88	35.75
16.	COMAND, Christina			15	Pointe-Claire Swim Club					<b>4:55.42</b>	28,00	
	50m:	33.54	33.54	150m:	1:47.19	37.31	250m:	3:02.95	37.79	350m:	4:19.05	38.02
	100m:	1:09.88	36.34	200m:	2:25.16	37.97	300m:	3:41.03	38.08	400m:	4:55.42	36.37
17.	DUPUY, Marianne			15	Neptune Natation					<b>4:57.11</b>	27,00	
	50m:	33.92	33.92	150m:	1:48.81	38.25	250m:	3:05.51	38.67	350m:	4:21.57	37.56
	100m:	1:10.56	36.64	200m:	2:26.84	38.03	300m:	3:44.01	38.50	400m:	4:57.11	35.54
18.	ALBERT, Maélie			14	Cnq					<b>4:57.20</b>	26,00	
	50m:	33.70	33.70	150m:	1:48.98	37.83	250m:	3:05.13	37.94	350m:	4:21.34	37.99
	100m:	1:11.15	37.45	200m:	2:27.19	38.21	300m:	3:43.35	38.22	400m:	4:57.20	35.86
19.	DEMERS, Lauralie			14	Riverains					<b>5:00.25</b>	25,00	
	50m:	33.92	33.92	150m:	1:49.18	38.14	250m:	3:07.49	38.87	350m:	4:24.18	38.10
	100m:	1:11.04	37.12	200m:	2:28.62	39.44	300m:	3:46.08	38.59	400m:	5:00.25	36.07
20.	MERAHI, Sara-Laadra			14	Camo					<b>5:00.90</b>	24,00	
	50m:	34.46	34.46	150m:	1:49.91	38.02	250m:	3:07.26	38.50	350m:	4:23.10	37.85
	100m:	1:11.89	37.43	200m:	2:28.76	38.85	300m:	3:45.25	37.99	400m:	5:00.90	37.80
21.	LAMBERT, Sofia			14	Pointe-Claire Swim Club					<b>5:01.88</b>	-	
	50m:	33.68	33.68	150m:	1:49.97	38.64	250m:	3:07.73	39.29	350m:	4:25.37	38.77
	100m:	1:11.33	37.65	200m:	2:28.44	38.47	300m:	3:46.60	38.87	400m:	5:01.88	36.51
22.	RACHEDI, Ranya			15	Riverains					<b>5:02.71</b>	-	
	50m:	33.97	33.97	150m:	1:50.11	38.76	250m:	3:07.86	38.47	350m:	4:24.93	38.39
	100m:	1:11.35	37.38	200m:	2:29.39	39.28	300m:	3:46.54	38.68	400m:	5:02.71	37.78
23.	LACHANCE, Emma			15	Cnq					<b>5:03.49</b>	-	
	50m:	34.40	34.40	150m:	1:50.50	38.40	250m:	3:07.63	38.48	350m:	4:25.15	38.72
	100m:	1:12.10	37.70	200m:	2:29.15	38.65	300m:	3:46.43	38.80	400m:	5:03.49	38.34
24.	LESSARD, Rachel			14	Cnq					<b>5:05.33</b>	-	
	50m:	34.24	34.24	150m:	1:51.75	38.99	250m:	3:08.95	38.25	350m:	4:27.04	39.19
	100m:	1:12.76	38.52	200m:	2:30.70	38.95	300m:	3:47.85	38.90	400m:	5:05.33	38.29
25.	GRÉGOIRE, Juliette			15	Cnq					<b>5:12.13</b>	-	
	50m:	35.61	35.61	150m:	1:55.07	39.80	250m:	3:14.48	39.40	350m:	4:33.79	39.34
	100m:	1:15.27	39.66	200m:	2:35.08	40.01	300m:	3:54.45	39.97	400m:	5:12.13	38.34
26.	CHOUINARD, Maélie			14	Riverains					<b>5:14.32</b>	-	
	50m:	35.02	35.02	150m:	1:55.10	40.96	250m:	3:16.06	40.41	350m:	4:36.96	40.18
	100m:	1:14.14	39.12	200m:	2:35.65	40.55	300m:	3:56.78	40.72	400m:	5:14.32	37.36
27.	LEMIEUX, Élodie			14	Riverains					<b>5:14.70</b>	-	
	50m:	34.25	34.25	150m:	1:53.92	40.72	250m:	3:16.28	41.59	350m:	4:37.16	40.29
	100m:	1:13.20	38.95	200m:	2:34.69	40.77	300m:	3:56.87	40.59	400m:	5:14.70	37.54
28.	TAILLEUR, Jasmine			15	Neptune Natation					<b>5:15.74</b>	-	
	50m:	36.01	36.01	150m:	1:55.43	40.38	250m:	3:16.51	40.65	350m:	4:36.87	39.78
	100m:	1:15.05	39.04	200m:	2:35.86	40.43	300m:	3:57.09	40.58	400m:	5:15.74	38.87

Epreuve 23, Filles, 400m Libre, 14 - 15 ans

Rang			Age					Temps	Pts
29.	COULOMBE, Justine		14	Neptune Natation				<b>5:16.08</b>	-
	50m:	36.13 36.13	150m:	1:55.76	39.86	250m:	3:16.00 39.80	350m:	4:36.61 40.11
	100m:	1:15.90 39.77	200m:	2:36.20	40.44	300m:	3:56.50 40.50	400m:	5:16.08 39.47
30.	STIVALETTA, Valentina		14	Neptune Natation				<b>5:16.30</b>	-
	50m:	35.32 35.32	150m:	1:56.55	40.84	250m:	3:18.16 40.67	350m:	4:38.50 40.10
	100m:	1:15.71 40.39	200m:	2:37.49	40.94	300m:	3:58.40 40.24	400m:	5:16.30 37.80
31.	GAGNÉ, Déa		15	Cnq				<b>5:17.80</b>	-
	50m:	35.14 35.14	150m:	1:53.34	39.88	250m:	3:14.60 40.29	350m:	4:37.05 41.19
	100m:	1:13.46 38.32	200m:	2:34.31	40.97	300m:	3:55.86 41.26	400m:	5:17.80 40.75
32.	RAMDANI, Sara		15	Club de Natation SAMAK				<b>5:20.83</b>	-
	50m:	35.81 35.81	150m:	1:55.60	40.55	250m:	3:17.52 41.04	350m:	4:40.69 41.56
	100m:	1:15.05 39.24	200m:	2:36.48	40.88	300m:	3:59.13 41.61	400m:	5:20.83 40.14
33.	MORIER, Eugénie		15	Camo				<b>5:21.29</b>	-
	50m:	35.51 35.51	150m:	1:54.37	40.00	250m:	3:17.04 41.66	350m:	4:41.22 42.49
	100m:	1:14.37 38.86	200m:	2:35.38	41.01	300m:	3:58.73 41.69	400m:	5:21.29 40.07
34.	JUTRAS, Naomie		14	Riverains				<b>5:25.34</b>	-
	50m:	37.10 37.10	150m:	1:58.40	41.29	250m:	3:22.58 42.51	350m:	4:45.70 41.25
	100m:	1:17.11 40.01	200m:	2:40.07	41.67	300m:	4:04.45 41.87	400m:	5:25.34 39.64
malade	DINU, Maria Ioana		14	Club de Natation SAMAK					-

16 - 17 ans

1.	HARVEY, Clara		17	Cnq				<b>4:38.42</b>	60,00
	50m:	31.10 31.10	150m:	1:41.28	35.57	250m:	2:52.74 35.83	350m:	4:04.71 36.24
	100m:	1:05.71 34.61	200m:	2:16.91	35.63	300m:	3:28.47 35.73	400m:	4:38.42 33.71
2.	LACHAPELLE, Frédérique		16	Mustang Boucherville				<b>4:47.30</b>	56,00
	50m:	32.06 32.06	150m:	1:44.88	36.88	250m:	2:58.53 36.66	350m:	4:12.04 36.58
	100m:	1:08.00 35.94	200m:	2:21.87	36.99	300m:	3:35.46 36.93	400m:	4:47.30 35.26
3.	PERREAULT, Simone		16	Camo				<b>4:48.03</b>	52,00
	50m:	32.75 32.75	150m:	1:45.59	36.84	250m:	2:59.13 36.83	350m:	4:12.69 36.69
	100m:	1:08.75 36.00	200m:	2:22.30	36.71	300m:	3:36.00 36.87	400m:	4:48.03 35.34
4.	ROBITAILLE, Sara		16	Mustang Boucherville				<b>4:50.91</b>	50,00
	50m:	32.74 32.74	150m:	1:45.90	36.72	250m:	2:59.50 36.97	350m:	4:14.43 37.45
	100m:	1:09.18 36.44	200m:	2:22.53	36.63	300m:	3:36.98 37.48	400m:	4:50.91 36.48
5.	WALTER, Maelie		16	Camo				<b>4:54.54</b>	49,00
	50m:	33.50 33.50	150m:	1:46.66	36.90	250m:	3:01.66 37.26	350m:	4:17.30 37.83
	100m:	1:09.76 36.26	200m:	2:24.40	37.74	300m:	3:39.47 37.81	400m:	4:54.54 37.24
6.	TROTTIER, Alycia		16	Cnq				<b>4:56.92</b>	48,00
	50m:	33.74 33.74	150m:	1:46.96	37.29	250m:	3:03.23 38.27	350m:	4:20.53 38.50
	100m:	1:09.67 35.93	200m:	2:24.96	38.00	300m:	3:42.03 38.80	400m:	4:56.92 36.39
7.	BERGERON, Marie-Laurence		17	Mustang Boucherville				<b>4:58.32</b>	47,00
	50m:	33.43 33.43	150m:	1:47.55	37.67	250m:	3:03.66 38.22	350m:	4:20.42 38.42
	100m:	1:09.88 36.45	200m:	2:25.44	37.89	300m:	3:42.00 38.34	400m:	4:58.32 37.90
8.	HADLEY, Chloé		16	Mustang Boucherville				<b>5:03.16</b>	46,00
	50m:	34.17 34.17	150m:	1:50.63	38.71	250m:	3:08.11 38.66	350m:	4:26.11 38.91
	100m:	1:11.92 37.75	200m:	2:29.45	38.82	300m:	3:47.20 39.09	400m:	5:03.16 37.05
9.	COULOMBE, Gabrielle		16	Riverains				<b>5:05.28</b>	45,00
	50m:	34.59 34.59	150m:	1:49.73	38.07	250m:	3:08.30 39.57	350m:	4:27.00 39.55
	100m:	1:11.66 37.07	200m:	2:28.73	39.00	300m:	3:47.45 39.15	400m:	5:05.28 38.28

Epreuve 23, Filles, 400m Libre, 16 - 17 ans

Rang				Age					Temps	Pts		
10.	DESSUREAULT, Laurie			16	Cnq				<b>5:10.34</b>	44,00		
	50m:	34.17	34.17	150m:	1:51.93	39.62	250m:	3:10.71	39.35	350m:	4:30.67	40.02
	100m:	1:12.31	38.14	200m:	2:31.36	39.43	300m:	3:50.65	39.94	400m:	5:10.34	39.67
11.	LÉTOURNEAU, Élise			17	Riverains				<b>5:12.12</b>	40,00		
	50m:	35.02	35.02	150m:	1:53.86	40.01	250m:	3:13.57	39.44	350m:	4:33.54	39.67
	100m:	1:13.85	38.83	200m:	2:34.13	40.27	300m:	3:53.87	40.30	400m:	5:12.12	38.58
12.	HAMEL, Rosalie			16	Riverains				<b>5:12.89</b>	36,00		
	50m:	35.12	35.12	150m:	1:53.80	39.92	250m:	3:13.34	39.69	350m:	4:33.61	39.96
	100m:	1:13.88	38.76	200m:	2:33.65	39.85	300m:	3:53.65	40.31	400m:	5:12.89	39.28
13.	LABRIE, Sara			17	Mustang Boucherville				<b>5:19.38</b>	32,00 *		
	50m:	36.04	36.04	150m:	1:56.53	40.64	250m:	3:17.76	40.58	350m:	4:39.23	40.89
	100m:	1:15.89	39.85	200m:	2:37.18	40.65	300m:	3:58.34	40.58	400m:	5:19.38	40.15
14.	QUINTAL, Flavie			16	Mustang Boucherville				<b>5:25.32</b>	30,00 *		
	50m:	36.73	36.73	150m:	1:59.88	41.97	250m:	3:23.36	41.85	350m:	4:45.36	41.34
	100m:	1:17.91	41.18	200m:	2:41.51	41.63	300m:	4:04.02	40.66	400m:	5:25.32	39.96