

Coupe du Québec Junior #2 - Section C
Blainville, 28 - 30/3/2025

Epreuve 24
3/30/2025 - 9:26

Garçons, 400m Libre

17 ans et moins
Liste résultats

Quebec Provincial Senior Records	3:46.21	SAUVÉ, Antoine	CAMO	Pointe-Claire	12/7/2024
Quebec Provincial Age Group Records 17	3:51.64	PARISE, Zachary	PCSC	Toronto	12/16/2023
Quebec Provincial Age Group Records 16	3:49.39	FONSECA-FLOREZ, Simon	CAMO	Quebec City	12/1/2024
Quebec Provincial Age Group Records 15	3:56.42	FONSECA-FLOREZ, Simon	CAMO	Toronto	12/16/2023
Quebec Provincial Age Group Records 14	4:00.88	CHEUNG, Adrian	PCSC	Pointe-Claire	12/7/2024
Quebec Provincial Age Group Records 13	4:03.83	LUPIEN, Yannick	CAGRA	???	2/1/1994
Quebec Provincial Age Group Records - 124:	13:54	LUPIEN, Yannick	CAGRA	???	2/1/1993

Points: AQUA 2024

Rang			Age					Temps	Pts			
13 ans et moins												
1.	JACOB, Marius		13	C. N. Haut-Richelieu				4:43.30	420			
	50m:	31.38	31.38	150m:	1:43.08	36.55	250m:	2:56.23	36.47	350m:	4:08.73	36.09
	100m:	1:06.53	35.15	200m:	2:19.76	36.68	300m:	3:32.64	36.41	400m:	4:43.30	34.57
2.	SCRIPCARU, David		13	Groupe aquatique Mille-Îles No				4:45.30	411			
	50m:	31.51	31.51	150m:	1:43.46	36.76	250m:	2:57.64	36.87	350m:	4:10.70	36.39
	100m:	1:06.70	35.19	200m:	2:20.77	37.31	300m:	3:34.31	36.67	400m:	4:45.30	34.60
3.	DUBREUIL, Raphaël		13	Club de Natation des Equinoxes				4:54.15	375			
	50m:	31.88	31.88	150m:	1:45.61	37.71	250m:	3:02.07	38.33	350m:	4:18.04	38.17
	100m:	1:07.90	36.02	200m:	2:23.74	38.13	300m:	3:39.87	37.80	400m:	4:54.15	36.11
4.	CARON, Alexis		12	Club de Natation des Equinoxes				4:59.78	354			
	50m:	33.11	33.11	150m:	1:49.34	38.48	250m:	3:07.78	39.35	350m:	4:24.38	37.91
	100m:	1:10.86	37.75	200m:	2:28.43	39.09	300m:	3:46.47	38.69	400m:	4:59.78	35.40
5.	GAUTHIER, Thomas		13	Groupe aquatique Mille-Îles No				5:00.61	351			
	50m:	33.07	33.07	150m:	1:48.64	38.62	250m:	3:06.55	38.92	350m:	4:23.50	38.43
	100m:	1:10.02	36.95	200m:	2:27.63	38.99	300m:	3:45.07	38.52	400m:	5:00.61	37.11
6.	FORTIN, Xavier		13	Cnsf				5:00.84	351			
	50m:	32.46	32.46	150m:	1:48.67	38.69	250m:	3:06.75	38.70	350m:	4:24.79	38.43
	100m:	1:09.98	37.52	200m:	2:28.05	39.38	300m:	3:46.36	39.61	400m:	5:00.84	36.05
7.	ROSENBLATT, Corbin		12	Groupe aquatique Mille-Îles No				5:06.24	332			
	50m:	33.30	33.30	150m:	1:50.43	39.49	250m:	3:10.82	40.03	350m:	4:29.97	39.39
	100m:	1:10.94	37.64	200m:	2:30.79	40.36	300m:	3:50.58	39.76	400m:	5:06.24	36.27
8.	GUERETTE, Takuro		13	Calac 1				5:07.07	330			
	50m:	33.62	33.62	150m:	1:51.79	39.50	250m:	3:10.17	39.17	350m:	4:30.34	39.98
	100m:	1:12.29	38.67	200m:	2:31.00	39.21	300m:	3:50.36	40.19	400m:	5:07.07	36.73
9.	COUTURE, Yoan		13	Club de Natation des Equinoxes				5:08.12	326			
	50m:	34.96	34.96	150m:	1:52.68	39.52	250m:	3:11.58	38.78	350m:	4:29.64	38.79
	100m:	1:13.16	38.20	200m:	2:32.80	40.12	300m:	3:50.85	39.27	400m:	5:08.12	38.48
10.	JACQUES, Julien		13	Club de Natation des Equinoxes				5:14.45	307			
	50m:	34.23	34.23	150m:	1:52.01	39.56	250m:	3:13.49	41.09	350m:	4:35.38	40.98
	100m:	1:12.45	38.22	200m:	2:32.40	40.39	300m:	3:54.40	40.91	400m:	5:14.45	39.07
11.	OUELLET, Simon		12	Club de Natation des Equinoxes				5:14.91	306			
	50m:	35.20	35.20	150m:	1:53.87	39.47	250m:	3:15.14	40.60	350m:	4:36.85	40.02
	100m:	1:14.40	39.20	200m:	2:34.54	40.67	300m:	3:56.83	41.69	400m:	5:14.91	38.06
12.	LUSSIER PINCINCE, Kael		13	Enc				5:16.15	302			
	50m:	34.43	34.43	150m:	1:55.11	41.15	250m:	3:17.51	41.24	350m:	4:38.60	40.21
	100m:	1:13.96	39.53	200m:	2:36.27	41.16	300m:	3:58.39	40.88	400m:	5:16.15	37.55
13.	CINQ-MARS, Alexy		13	Velox Natation				5:19.29	293			
	50m:	34.50	34.50	150m:	1:55.00	40.84	250m:	3:17.01	41.23	350m:	4:39.39	41.15
	100m:	1:14.16	39.66	200m:	2:35.78	40.78	300m:	3:58.24	41.23	400m:	5:19.29	39.90

Coupe du Québec Junior #2 - Section C
Blainville, 28 - 30/3/2025

Epreuve 24, Garçons, 400m Libre, 13 ans et moins

Rang					Age					Temps	Pts	
14.	DESHAIES, Victor				11	Minabichi La Sarre				5:20.18	291	
	50m:	36.05	36.05	150m:	1:57.21	41.03	250m:	3:20.05	41.41	350m:	4:41.62	40.63
	100m:	1:16.18	40.13	200m:	2:38.64	41.43	300m:	4:00.99	40.94	400m:	5:20.18	38.56
15.	ROUCH, Julien				11	Capn				5:20.96	289	
	50m:	33.50	33.50	150m:	1:54.07	40.53	250m:	3:18.44	42.23	350m:	4:42.56	41.75
	100m:	1:13.54	40.04	200m:	2:36.21	42.14	300m:	4:00.81	42.37	400m:	5:20.96	38.40
16.	BOUASSIDA, Elyes				12	Velox Natation				5:21.88	286	
	50m:	34.91	34.91	150m:	1:56.44	41.13	250m:	3:19.63	41.42	350m:	4:42.85	41.69
	100m:	1:15.31	40.40	200m:	2:38.21	41.77	300m:	4:01.16	41.53	400m:	5:21.88	39.03
17.	PAQUETTE, Zack				13	Club de Natation Mont-Tremblant				5:22.12	286	
	50m:	35.69	35.69	150m:	1:56.53	41.11	250m:	3:19.42	41.46	350m:	4:42.64	41.23
	100m:	1:15.42	39.73	200m:	2:37.96	41.43	300m:	4:01.41	41.99	400m:	5:22.12	39.48
18.	BOURI, Abderazak				13	Laval				5:29.18	268	
	50m:	37.76	37.76	150m:	1:59.58	41.31	250m:	3:23.60	41.97	350m:	4:47.79	41.97
	100m:	1:18.27	40.51	200m:	2:41.63	42.05	300m:	4:05.82	42.22	400m:	5:29.18	41.39
19.	JEAN, Philippe				12	Club de natation Jonquière				5:40.62	241	
	50m:	37.80	37.80	150m:	2:04.19	43.86	250m:	3:33.50	44.78	350m:	5:01.36	43.80
	100m:	1:20.33	42.53	200m:	2:48.72	44.53	300m:	4:17.56	44.06	400m:	5:40.62	39.26
20.	DI LALLA, Thomas				11	Groupe aquatique Mille-Îles No				5:44.70	233	
	50m:	41.13	41.13	150m:	2:08.88	44.25	250m:	3:37.33	44.20	350m:	5:04.16	42.96
	100m:	1:24.63	43.50	200m:	2:53.13	44.25	300m:	4:21.20	43.87	400m:	5:44.70	40.54
21.	BILODEAU, Nathan				11	Groupe aquatique Mille-Îles No				5:54.26	215	
	50m:	40.49	40.49	150m:	2:09.70	44.77	250m:	3:40.29	45.18	350m:	5:10.26	45.17
	100m:	1:24.93	44.44	200m:	2:55.11	45.41	300m:	4:25.09	44.80	400m:	5:54.26	44.00
22.	RGUIG, Anas				11	Capn				5:56.57	210	
	50m:	39.23	39.23	150m:	2:07.61	44.34	250m:	3:39.39	45.99	350m:	5:12.45	47.78
	100m:	1:23.27	44.04	200m:	2:53.40	45.79	300m:	4:24.67	45.28	400m:	5:56.57	44.12

14 - 15 ans

1.	GUHA, Manu				14	C. N. de Chicoutimi				4:20.32	542	
	50m:	29.31	29.31	150m:	1:34.35	32.99	250m:	2:41.74	33.52	350m:	3:48.70	33.45
	100m:	1:01.36	32.05	200m:	2:08.22	33.87	300m:	3:15.25	33.51	400m:	4:20.32	31.62
2.	POLIO, César				14	Club de Natation Mont-Tremblant				4:28.04	496	
	50m:	30.58	30.58	150m:	1:37.22	33.74	250m:	2:46.10	34.68	350m:	3:55.01	34.46
	100m:	1:03.48	32.90	200m:	2:11.42	34.20	300m:	3:20.55	34.45	400m:	4:28.04	33.03
3.	LAUNIÈRE, Zachary				14	Cnsf				4:31.88	475	
	50m:	30.55	30.55	150m:	1:38.15	34.28	250m:	2:47.60	34.83	350m:	3:58.81	35.88
	100m:	1:03.87	33.32	200m:	2:12.77	34.62	300m:	3:22.93	35.33	400m:	4:31.88	33.07
4.	BLAIS, Jérôme				15	Cnsh				4:40.39	433	
	50m:	31.03	31.03	150m:	1:40.52	35.42	250m:	2:51.95	35.79	350m:	4:04.61	36.26
	100m:	1:05.10	34.07	200m:	2:16.16	35.64	300m:	3:28.35	36.40	400m:	4:40.39	35.78
5.	FILION, Basile				14	C. N. Haut-Richelieu				4:40.56	432	
	50m:	31.13	31.13	150m:	1:41.82	35.68	250m:	2:53.89	36.31	350m:	4:06.60	36.51
	100m:	1:06.14	35.01	200m:	2:17.58	35.76	300m:	3:30.09	36.20	400m:	4:40.56	33.96
6.	TURGEON, Zackary				14	C,A, Régional De L'. Abit-Tém				4:46.69	405	
	50m:	32.31	32.31	150m:	1:45.02	36.72	250m:	2:58.53	36.21	350m:	4:12.54	36.92
	100m:	1:08.30	35.99	200m:	2:22.32	37.30	300m:	3:35.62	37.09	400m:	4:46.69	34.15

Coupe du Québec Junior #2 - Section C
Blainville, 28 - 30/3/2025

Epreuve 24, Garçons, 400m Libre, 14 - 15 ans

Rang				Age					Temps	Pts		
7.	BARTEKIAN, Liam			14	Laval				4:47.11	404		
	50m:	32.00	32.00	150m:	1:44.22	36.62	250m:	2:58.33	36.86	350m:	4:12.17	36.58
	100m:	1:07.60	35.60	200m:	2:21.47	37.25	300m:	3:35.59	37.26	400m:	4:47.11	34.94
8.	BLAIS, Jacob			14	Cnsh				4:51.14	387		
	50m:	31.98	31.98	150m:	1:45.75	37.35	250m:	3:00.99	37.63	350m:	4:16.21	37.15
	100m:	1:08.40	36.42	200m:	2:23.36	37.61	300m:	3:39.06	38.07	400m:	4:51.14	34.93
9.	FRULLA, Matteo			14	Velox Natation				4:55.71	369		
	50m:	32.53	32.53	150m:	1:48.14	38.77	250m:	3:05.56	38.64	350m:	4:20.70	36.89
	100m:	1:09.37	36.84	200m:	2:26.92	38.78	300m:	3:43.81	38.25	400m:	4:55.71	35.01
10.	THIBEAULT, Antoine			15	C.Natation. Sept-Iles				5:04.03	340		
	50m:	32.13	32.13	150m:	1:45.84	37.90	250m:	3:04.98	40.16	350m:	4:25.49	39.94
	100m:	1:07.94	35.81	200m:	2:24.82	38.98	300m:	3:45.55	40.57	400m:	5:04.03	38.54
11.	GIMAEI, Edouard			15	Club de Natation Juvaqua Alma				5:04.57	338		
	50m:	31.44	31.44	150m:	1:45.79	37.81	250m:	3:05.47	39.89	350m:	4:25.62	40.12
	100m:	1:07.98	36.54	200m:	2:25.58	39.79	300m:	3:45.50	40.03	400m:	5:04.57	38.95
12.	BEAUDET, Alexis			14	Club de Natation Juvaqua Alma				5:04.95	337		
	50m:	32.91	32.91	150m:	1:48.12	38.40	250m:	3:07.56	40.07	350m:	4:27.87	39.68
	100m:	1:09.72	36.81	200m:	2:27.49	39.37	300m:	3:48.19	40.63	400m:	5:04.95	37.08
13.	PERRIER, Rafaël			14	Unik				5:10.39	319		
	50m:	34.42	34.42	150m:	1:54.50	40.75	250m:	3:14.92	40.22	350m:	4:34.08	39.68
	100m:	1:13.75	39.33	200m:	2:34.70	40.20	300m:	3:54.40	39.48	400m:	5:10.39	36.31
14.	BEAUCHEMIN, Félix			15	C.Natation. Sept-Iles				5:13.34	310 *		
	50m:	32.63	32.63	150m:	1:48.31	38.77	250m:	3:05.84	38.45	350m:		
	100m:	1:09.54	36.91	200m:	2:27.39	39.08	300m:	3:43.77	37.93	400m:	5:13.34	
15.	GRENIER, Léo			14	Unik				5:13.41	310		
	50m:	34.52	34.52	150m:	1:54.12	40.09	250m:	3:16.37	41.48	350m:	4:37.11	40.03
	100m:	1:14.03	39.51	200m:	2:34.89	40.77	300m:	3:57.08	40.71	400m:	5:13.41	36.30
16.	LACHAPELLE, Zack			14	C.Natation. Sept-Iles				5:16.14	302 *		
	50m:	34.13	34.13	150m:	1:54.64	41.11	250m:	3:16.98	40.31	350m:	4:38.79	40.41
	100m:	1:13.53	39.40	200m:	2:36.67	42.03	300m:	3:58.38	41.40	400m:	5:16.14	37.35

16 - 17 ans

1.	PARENT, Nicolas			17	Groupe aquatique Mille-Îles No				4:16.31	567		
	50m:	29.06	29.06	150m:	1:32.30	31.87	250m:	2:37.20	32.55	350m:	3:43.77	33.44
	100m:	1:00.43	31.37	200m:	2:04.65	32.35	300m:	3:10.33	33.13	400m:	4:16.31	32.54
2.	ROY, Mikael			16	Joliette Equipe Triathlon 1				4:21.20	536		
	50m:	29.04	29.04	150m:	1:33.40	32.45	250m:	2:40.10	33.78	350m:	3:48.16	33.73
	100m:	1:00.95	31.91	200m:	2:06.32	32.92	300m:	3:14.43	34.33	400m:	4:21.20	33.04
3.	ALIX, Pierre-Olivier			16	C. N. Haut-Richelieu				4:22.19	530		
	50m:	28.97	28.97	150m:	1:33.86	32.70	250m:	2:40.82	33.65	350m:	3:49.24	34.55
	100m:	1:01.16	32.19	200m:	2:07.17	33.31	300m:	3:14.69	33.87	400m:	4:22.19	32.95
4.	GAUTHIER, Olivier			16	Groupe aquatique Mille-Îles No				4:25.50	510		
	50m:	30.21	30.21	150m:	1:35.17	32.74	250m:	2:42.03	33.46	350m:	3:51.04	34.65
	100m:	1:02.43	32.22	200m:	2:08.57	33.40	300m:	3:16.39	34.36	400m:	4:25.50	34.46
5.	BÉGIN, Simon-Olivier			16	Enc				4:41.42	429		
	50m:	31.28	31.28	150m:	1:42.09	36.00	250m:	2:53.42	35.00	350m:	4:06.22	36.63
	100m:	1:06.09	34.81	200m:	2:18.42	36.33	300m:	3:29.59	36.17	400m:	4:41.42	35.20

Coupe du Québec Junior #2 - Section C
Blainville, 28 - 30/3/2025

Epreuve 24, Garçons, 400m Libre, 16 - 17 ans

Rang				Age					Temps	Pts		
6.	ROBITAILLE, Felix			16	Club de Natation Mont-Tremblant				4:42.13	425		
	50m:	31.14	31.14	150m:	1:41.97	35.88	250m:	2:53.90	35.96	350m:	4:06.89	36.42
	100m:	1:06.09	34.95	200m:	2:17.94	35.97	300m:	3:30.47	36.57	400m:	4:42.13	35.24
7.	GILBERT, Xavier			16	Club Natation Bois Francs				4:48.56	397		
	50m:	31.25	31.25	150m:	1:44.37	37.15	250m:	2:58.51	37.21	350m:	4:12.38	36.95
	100m:	1:07.22	35.97	200m:	2:21.30	36.93	300m:	3:35.43	36.92	400m:	4:48.56	36.18
8.	MORIER, Félix			16	Velox Natation				4:56.29	367		
	50m:	32.31	32.31	150m:	1:44.74	36.60	250m:	2:59.57	37.42	350m:	4:17.04	39.17
	100m:	1:08.14	35.83	200m:	2:22.15	37.41	300m:	3:37.87	38.30	400m:	4:56.29	39.25
9.	DEMERS, Etienne			16	Unik				5:08.72	324 *		
	50m:	32.07	32.07	150m:	1:50.25	40.39	250m:	3:11.03	40.59	350m:	4:31.30	39.30
	100m:	1:09.86	37.79	200m:	2:30.44	40.19	300m:	3:52.00	40.97	400m:	5:08.72	37.42
10.	GIRARD, Éliott			16	Club de Natation Juvaqua Alma				5:11.60	316 *		
	50m:	31.46	31.46	150m:	1:45.49	38.29	250m:	3:08.00	41.74	350m:	4:30.89	41.04
	100m:	1:07.20	35.74	200m:	2:26.26	40.77	300m:	3:49.85	41.85	400m:	5:11.60	40.71
disq.	DEVROE, Axel			16	Club Natation Bois Francs							