

Coupe du Québec Junior #2 - Section C  
Blainville, 28 - 30/3/2025

Epreuve 23  
3/30/2025 - 8:30

Filles, 400m Libre

17 ans et moins  
Liste résultats

Quebec Provincial Senior Records	3:54.88	HARVEY, Mary-Sophie	CAMO	Budapest (HUN)	12/10/2024
Quebec Provincial Age Group Records 17	4:02.23	HARVEY, Mary-Sophie	NN	Toronto	12/17/2016
Quebec Provincial Age Group Records 16	4:10.22	HART, Lydia	PCSC	Toronto	12/17/2022
Quebec Provincial Age Group Records 15	4:15.42	JARDIN, Barbara	PPO	Montreal	2/16/2007
Quebec Provincial Age Group Records 14	4:18.26	HORNER, Stephanie	BBF	Halifax	2/19/2004
Quebec Provincial Age Group Records 13	4:19.44	HARVEY, Mary-Sophie	MEGO	Gatineau	2/23/2013
Quebec Provincial Age Group Records - 124:23.93		SHEWCHUCK, Stephanie	PCSC	???	2/1/1987

Points: AQUA 2024

Rang			Age							Temps	Pts	
<b>13 ans et moins</b>												
1.	QUINTIN, Ariane		13	Velox Natation						<b>4:54.16</b>	486	
	50m:	34.22	34.22	150m:	1:49.44	37.82	250m:	3:04.74	37.90	350m:	4:18.64	36.72
	100m:	1:11.62	37.40	200m:	2:26.84	37.40	300m:	3:41.92	37.18	400m:	4:54.16	35.52
2.	MARCHAND, Gabrielle		13	Velox Natation						<b>4:56.88</b>	472	
	50m:	33.75	33.75	150m:	1:49.04	38.08	250m:	3:05.50	38.20	350m:	4:21.27	37.83
	100m:	1:10.96	37.21	200m:	2:27.30	38.26	300m:	3:43.44	37.94	400m:	4:56.88	35.61
3.	MATHIEU, Lyvia		13	Velox Natation						<b>4:58.02</b>	467	
	50m:	33.70	33.70	150m:	1:50.20	38.74	250m:	3:06.72	38.27	350m:	4:21.64	37.26
	100m:	1:11.46	37.76	200m:	2:28.45	38.25	300m:	3:44.38	37.66	400m:	4:58.02	36.38
4.	LEPAGE, Ann-Frédérique		13	Espadons						<b>5:00.84</b>	454	
	50m:	34.55	34.55	150m:	1:50.49	38.54	250m:	3:08.20	38.69	350m:	4:24.71	38.02
	100m:	1:11.95	37.40	200m:	2:29.51	39.02	300m:	3:46.69	38.49	400m:	5:00.84	36.13
5.	TRUDEL, Léanne		13	Unik						<b>5:05.96</b>	432	
	50m:	34.13	34.13	150m:	1:50.56	38.51	250m:	3:08.48	38.92	350m:	4:27.68	39.60
	100m:	1:12.05	37.92	200m:	2:29.56	39.00	300m:	3:48.08	39.60	400m:	5:05.96	38.28
6.	AN, Cathy		13	Calac 1						<b>5:05.97</b>	432	
	50m:	33.27	33.27	150m:	1:49.96	39.03	250m:	3:09.36	39.70	350m:	4:28.03	39.15
	100m:	1:10.93	37.66	200m:	2:29.66	39.70	300m:	3:48.88	39.52	400m:	5:05.97	37.94
7.	CARON, Mia-Jade		12	Nataqui						<b>5:07.41</b>	425	
	50m:	33.61	33.61	150m:	1:50.80	39.13	250m:	3:09.81	39.36	350m:	4:29.37	39.32
	100m:	1:11.67	38.06	200m:	2:30.45	39.65	300m:	3:50.05	40.24	400m:	5:07.41	38.04
8.	MARIN, Elizabeth		12	Groupe aquatique Mille-Îles No						<b>5:09.43</b>	417	
	50m:	34.79	34.79	150m:	1:51.86	38.83	250m:	3:11.12	39.79	350m:	4:30.68	39.77
	100m:	1:13.03	38.24	200m:	2:31.33	39.47	300m:	3:50.91	39.79	400m:	5:09.43	38.75
9.	VACHON, Julianne		11	Club de Natation Régional de la Beauce						<b>5:09.73</b>	416	
	50m:	33.61	33.61	150m:	1:51.83	40.58	250m:	3:11.95	39.89	350m:	4:31.57	39.35
	100m:	1:11.25	37.64	200m:	2:32.06	40.23	300m:	3:52.22	40.27	400m:	5:09.73	38.16
10.	CAREY, Julia		13	Citadins de Vaudreuil						<b>5:09.74</b>	416	
	50m:	33.77	33.77	150m:	1:51.69	39.42	250m:	3:12.52	40.37	350m:	4:32.76	39.82
	100m:	1:12.27	38.50	200m:	2:32.15	40.46	300m:	3:52.94	40.42	400m:	5:09.74	36.98
11.	GINGRAS, Vittoria		13	Velox Natation						<b>5:12.66</b>	404	
	50m:	34.91	34.91	150m:	1:53.10	39.70	250m:	3:14.16	40.68	350m:	4:35.57	40.73
	100m:	1:13.40	38.49	200m:	2:33.48	40.38	300m:	3:54.84	40.68	400m:	5:12.66	37.09
12.	CAMPAGNA, Maude		13	Minabichi La Sarre						<b>5:13.89</b>	400	
	50m:	36.37	36.37	150m:	1:56.71	40.50	250m:	3:16.22	39.39	350m:	4:35.78	40.00
	100m:	1:16.21	39.84	200m:	2:36.83	40.12	300m:	3:55.78	39.56	400m:	5:13.89	38.11
13.	LABERGE, Kiara		12	Enc						<b>5:18.37</b>	383	
	50m:	36.25	36.25	150m:	1:57.11	40.90	250m:	3:18.45	40.36	350m:	4:39.19	40.39
	100m:	1:16.21	39.96	200m:	2:38.09	40.98	300m:	3:58.80	40.35	400m:	5:18.37	39.18

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Epreuve 23, Filles, 400m Libre, 13 ans et moins

Rang					Age					Temps	Pts	
14.	MÉNARD, Charlotte				13	Citadins de Vaudreuil				<b>5:18.82</b>	381	
	50m:	35.51	35.51	150m:	1:55.77	40.75	250m:	3:18.09	41.56	350m:	4:41.01	40.76
	100m:	1:15.02	39.51	200m:	2:36.53	40.76	300m:	4:00.25	42.16	400m:	5:18.82	37.81
15.	NADEAU, Emylia				12	C. N. Haut-Richelieu				<b>5:19.19</b>	380	
	50m:	36.19	36.19	150m:	1:56.51	40.35	250m:	3:17.59	40.54	350m:	4:39.75	40.94
	100m:	1:16.16	39.97	200m:	2:37.05	40.54	300m:	3:58.81	41.22	400m:	5:19.19	39.44
16.	LEBLOND, Chloé				12	Club de Natation des Equinoxes				<b>5:21.70</b>	371	
	50m:	34.74	34.74	150m:	1:56.13	41.22	250m:	3:19.30	40.91	350m:	4:42.69	41.54
	100m:	1:14.91	40.17	200m:	2:38.39	42.26	300m:	4:01.15	41.85	400m:	5:21.70	39.01
17.	PAQUET, Joanie				12	Unik				<b>5:22.22</b>	369	
	50m:	36.60	36.60	150m:	1:58.92	41.88	250m:	3:21.67	41.10	350m:	4:42.64	39.77
	100m:	1:17.04	40.44	200m:	2:40.57	41.65	300m:	4:02.87	41.20	400m:	5:22.22	39.58
18.	BOULANGER-BERTHIAUME, Zoé				13	Calac 1				<b>5:22.27</b>	369	
	50m:	35.68	35.68	150m:	1:57.94	41.92	250m:	3:20.06	40.76	350m:	4:43.33	41.50
	100m:	1:16.02	40.34	200m:	2:39.30	41.36	300m:	4:01.83	41.77	400m:	5:22.27	38.94
19.	LAVOIE, Anabelle				13	Club de Natation Juvaqua Alma				<b>5:25.35</b>	359	
	50m:	33.84	33.84	150m:	1:54.28	41.47	250m:	3:19.28	42.61	350m:	4:44.75	42.60
	100m:	1:12.81	38.97	200m:	2:36.67	42.39	300m:	4:02.15	42.87	400m:	5:25.35	40.60
20.	GROLEAU, Leslie				13	Unik				<b>5:26.04</b>	357	
	50m:	37.23	37.23	150m:	2:00.13	41.71	250m:	3:24.03	42.22	350m:	4:47.12	41.29
	100m:	1:18.42	41.19	200m:	2:41.81	41.68	300m:	4:05.83	41.80	400m:	5:26.04	38.92
21.	HÉROUX, Maelle				13	Citadins de Vaudreuil				<b>5:27.02</b>	353	
	50m:	34.72	34.72	150m:	1:56.44	41.64	250m:	3:20.70	42.22	350m:	4:46.03	42.82
	100m:	1:14.80	40.08	200m:	2:38.48	42.04	300m:	4:03.21	42.51	400m:	5:27.02	40.99
22.	DESSUREAULT, Laurence				12	Club de Natation Mont-Tremblant				<b>5:28.29</b>	349	
	50m:	36.25	36.25	150m:			250m:			350m:		
	100m:			200m:			300m:	4:05.98		400m:	5:28.29	
23.	GEMME, Raphaëlle				13	Velox Natation				<b>5:28.43</b>	349	
	50m:	37.04	37.04	150m:	2:00.78	42.09	250m:	3:25.23	42.11	350m:	4:49.10	41.90
	100m:	1:18.69	41.65	200m:	2:43.12	42.34	300m:	4:07.20	41.97	400m:	5:28.43	39.33
24.	LORD, Roslyn				13	Club Natation Bois Francs				<b>5:29.42</b>	346	
	50m:	36.14	36.14	150m:	1:58.37	41.63	250m:	3:23.78	42.24	350m:	4:49.12	42.66
	100m:	1:16.74	40.60	200m:	2:41.54	43.17	300m:	4:06.46	42.68	400m:	5:29.42	40.30
25.	BOLDUC, Maïla				13	Club de Natation des Equinoxes				<b>5:33.41</b>	333	
	50m:	37.12	37.12	150m:	2:02.30	43.53	250m:	3:28.03	42.61	350m:	4:52.82	41.95
	100m:	1:18.77	41.65	200m:	2:45.42	43.12	300m:	4:10.87	42.84	400m:	5:33.41	40.59
26.	BOUCHER, Marianne				12	C. N. Haut-Richelieu				<b>5:35.00</b>	329	
	50m:	37.88	37.88	150m:	2:03.83	42.94	250m:	3:30.27	43.39	350m:	4:55.37	41.99
	100m:	1:20.89	43.01	200m:	2:46.88	43.05	300m:	4:13.38	43.11	400m:	5:35.00	39.63
27.	DINH, Marie-Anne				11	Citadins de Vaudreuil				<b>5:35.21</b>	328	
	50m:	38.22	38.22	150m:	2:03.94	42.86	250m:	3:29.45	42.38	350m:	4:53.13	40.27
	100m:	1:21.08	42.86	200m:	2:47.07	43.13	300m:	4:12.86	43.41	400m:	5:35.21	42.08
28.	MAIGAR, Annie				13	Enc				<b>5:35.62</b>	327	
	50m:	37.85	37.85	150m:	2:02.85	42.29	250m:	3:28.57	43.18	350m:	4:55.00	43.27
	100m:	1:20.56	42.71	200m:	2:45.39	42.54	300m:	4:11.73	43.16	400m:	5:35.62	40.62
29.	FORGET, Niki				13	Club de Natation Mont-Tremblant				<b>5:37.11</b>	323	
	50m:	37.83	37.83	150m:	2:03.78	43.89	250m:	3:30.44	42.89	350m:	4:57.12	43.15
	100m:	1:19.89	42.06	200m:	2:47.55	43.77	300m:	4:13.97	43.53	400m:	5:37.11	39.99

Coupe du Québec Junior #2 - Section C  
Blainville, 28 - 30/3/2025

Epreuve 23, Filles, 400m Libre, 13 ans et moins

Rang				Age					Temps	Pts		
30.	TREMBLAY, Rosalie			13	Cpc				<b>5:38.68</b>	318		
	50m:	37.15	37.15	150m:	2:03.55	43.35	250m:	3:31.16	43.76	350m:	4:58.84	43.29
	100m:	1:20.20	43.05	200m:	2:47.40	43.85	300m:	4:15.55	44.39	400m:	5:38.68	39.84
31.	FUGÈRE, Anne			13	Club de Natation des Equinoxes				<b>5:40.35</b>	313		
	50m:	36.81	36.81	150m:	2:05.86	45.49	250m:	3:34.23	43.90	350m:	5:00.10	42.56
	100m:	1:20.37	43.56	200m:	2:50.33	44.47	300m:	4:17.54	43.31	400m:	5:40.35	40.25
32.	MATHIEU, Coralie			12	Club Aquatique du Roussillon				<b>5:40.44</b>	313		
	50m:	36.56	36.56	150m:	2:00.88	43.38	250m:	3:29.47	44.99	350m:	4:57.84	43.42
	100m:	1:17.50	40.94	200m:	2:44.48	43.60	300m:	4:14.42	44.95	400m:	5:40.44	42.60
33.	PAQUIN, Elizabeth			11	Enc				<b>5:40.54</b>	313		
	50m:	38.79	38.79	150m:	2:05.96	44.16	250m:	3:34.87	44.01	350m:	5:01.56	42.78
	100m:	1:21.80	43.01	200m:	2:50.86	44.90	300m:	4:18.78	43.91	400m:	5:40.54	38.98
34.	FRANÇOIS, Diuna			10	Unik				<b>5:43.02</b>	306		
	50m:	38.87	38.87	150m:	2:06.94	43.96	250m:	3:36.73	44.42	350m:	5:02.93	42.39
	100m:	1:22.98	44.11	200m:	2:52.31	45.37	300m:	4:20.54	43.81	400m:	5:43.02	40.09
35.	BELEC, Milie			12	Club de Natation Juvaqua Alma				<b>5:43.29</b>	305		
	50m:	37.37	37.37	150m:	2:02.60	43.31	250m:	3:30.93	44.55	350m:	5:00.60	44.99
	100m:	1:19.29	41.92	200m:	2:46.38	43.78	300m:	4:15.61	44.68	400m:	5:43.29	42.69
36.	TRUDEL-LAUZON, Coralie			12	Minabichi La Sarre				<b>5:45.39</b>	300		
	50m:	39.17	39.17	150m:	2:05.64	44.00	250m:	3:34.24	44.04	350m:	5:02.25	44.61
	100m:	1:21.64	42.47	200m:	2:50.20	44.56	300m:	4:17.64	43.40	400m:	5:45.39	43.14
37.	DORVAL, Selma			12	Club de Natation des Equinoxes				<b>5:49.66</b>	289		
	50m:	37.17	37.17	150m:	2:05.31	44.76	250m:	3:35.75	45.00	350m:	5:05.74	44.54
	100m:	1:20.55	43.38	200m:	2:50.75	45.44	300m:	4:21.20	45.45	400m:	5:49.66	43.92
38.	MAWJI, Sofia			12	Velox Natation				<b>5:55.98</b>	274		
	50m:	38.59	38.59	150m:	2:09.66	46.13	250m:	3:40.58	45.21	350m:	5:12.92	45.55
	100m:	1:23.53	44.94	200m:	2:55.37	45.71	300m:	4:27.37	46.79	400m:	5:55.98	43.06
39.	PAQUETTE, Élizabeth			10	Citadins de Vaudreuil				<b>5:59.60</b>	266		
	50m:	40.33	40.33	150m:	2:10.74	46.13	250m:	3:44.82	47.22	350m:	5:16.86	45.48
	100m:	1:24.61	44.28	200m:	2:57.60	46.86	300m:	4:31.38	46.56	400m:	5:59.60	42.74
40.	ARANGO DONNEYS, Manuella			12	Citadins de Vaudreuil				<b>6:09.44</b>	245 *		
	50m:	41.25	41.25	150m:	2:16.54	48.32	250m:	3:52.78	48.49	350m:	5:26.16	46.75
	100m:	1:28.22	46.97	200m:	3:04.29	47.75	300m:	4:39.41	46.63	400m:	6:09.44	43.28

14 - 15 ans

1.	VAILLANCOURT, Anne			15	Citadins de Vaudreuil				<b>4:42.14</b>	550		
	50m:	32.74	32.74	150m:	1:43.25	35.47	250m:	2:55.17	35.67	350m:	4:07.48	36.30
	100m:	1:07.78	35.04	200m:	2:19.50	36.25	300m:	3:31.18	36.01	400m:	4:42.14	34.66
2.	GODBOUT, Nicky			14	Velox Natation				<b>4:51.16</b>	501		
	50m:	32.90	32.90	150m:	1:45.64	36.51	250m:	2:59.73	37.20	350m:	4:15.60	38.20
	100m:	1:09.13	36.23	200m:	2:22.53	36.89	300m:	3:37.40	37.67	400m:	4:51.16	35.56
3.	TETEREA, Sophia Maria			14	Velox Natation				<b>4:54.33</b>	485		
	50m:	32.08	32.08	150m:	1:46.13	37.80	250m:	3:02.16	38.36	350m:	4:18.45	37.91
	100m:	1:08.33	36.25	200m:	2:23.80	37.67	300m:	3:40.54	38.38	400m:	4:54.33	35.88
4.	TANGUAY, Jade			15	Club de Natation Régional de la Beauce				<b>4:54.67</b>	483		
	50m:	33.60	33.60	150m:	1:47.90	37.65	250m:	3:03.62	37.54	350m:	4:19.14	38.04
	100m:	1:10.25	36.65	200m:	2:26.08	38.18	300m:	3:41.10	37.48	400m:	4:54.67	35.53

Coupe du Québec Junior #2 - Section C  
Blainville, 28 - 30/3/2025

Epreuve 23, Filles, 400m Libre, 14 - 15 ans

Rang				Age						Temps	Pts	
5.	TREMBLAY, Léa-Kim			14	Velox Natation					<b>4:54.91</b>	482	
	50m:	32.70	32.70	150m:	1:47.01	37.57	250m:	3:03.30	38.00	350m:	4:18.51	37.50
	100m:	1:09.44	36.74	200m:	2:25.30	38.29	300m:	3:41.01	37.71	400m:	4:54.91	36.40
6.	CARRIER, Zoé			15	Cnsh					<b>4:58.56</b>	464	
	50m:	34.30	34.30	150m:	1:50.01	38.06	250m:	3:05.58	37.18	350m:	4:21.93	38.13
	100m:	1:11.95	37.65	200m:	2:28.40	38.39	300m:	3:43.80	38.22	400m:	4:58.56	36.63
7.	TURBIDE, Florence			15	C.Natation. Sept-Iles					<b>5:00.40</b>	456	
	50m:	32.87	32.87	150m:	1:47.50	37.84	250m:	3:05.14	39.00	350m:	4:22.87	39.02
	100m:	1:09.66	36.79	200m:	2:26.14	38.64	300m:	3:43.85	38.71	400m:	5:00.40	37.53
8.	LAVOIE, Florence			14	C. N. de Chicoutimi					<b>5:02.63</b>	446	
	50m:	34.08	34.08	150m:	1:49.43	38.35	250m:	3:06.52	38.36	350m:	4:25.16	39.26
	100m:	1:11.08	37.00	200m:	2:28.16	38.73	300m:	3:45.90	39.38	400m:	5:02.63	37.47
9.	BLAIS, Marianne			14	Club Natation Bois Francs					<b>5:04.63</b>	437	
	50m:	33.47	33.47	150m:	1:49.66	38.42	250m:	3:07.49	39.14	350m:	4:26.41	39.44
	100m:	1:11.24	37.77	200m:	2:28.35	38.69	300m:	3:46.97	39.48	400m:	5:04.63	38.22
10.	ZORRO, Laura-Marie			14	Minabichi La Sarre					<b>5:06.83</b>	428	
	50m:	34.63	34.63	150m:	1:51.10	38.72	250m:	3:08.67	39.04	350m:	4:26.46	38.74
	100m:	1:12.38	37.75	200m:	2:29.63	38.53	300m:	3:47.72	39.05	400m:	5:06.83	40.37
11.	BROUILLETTE, Emma-Rose			14	ICI					<b>5:07.68</b>	424	
	50m:	34.22	34.22	150m:	1:51.11	38.67	250m:	3:10.89	39.99	350m:	4:29.97	39.13
	100m:	1:12.44	38.22	200m:	2:30.90	39.79	300m:	3:50.84	39.95	400m:	5:07.68	37.71
12.	GERVAIS, Rosalie			14	Unik					<b>5:08.81</b>	420	
	50m:	34.54	34.54	150m:	1:52.60	39.30	250m:	3:12.76	39.91	350m:	4:31.67	39.06
	100m:	1:13.30	38.76	200m:	2:32.85	40.25	300m:	3:52.61	39.85	400m:	5:08.81	37.14
13.	ALLIE, Alexia			15	Club Natation Bois Francs					<b>5:10.64</b>	412	
	50m:	34.22	34.22	150m:	1:51.72	39.28	250m:	3:11.30	40.14	350m:	4:32.50	40.81
	100m:	1:12.44	38.22	200m:	2:31.16	39.44	300m:	3:51.69	40.39	400m:	5:10.64	38.14
14.	DULAC, Julia			15	Club de Natation Régional de la Beauce					<b>5:10.70</b>	412	
	50m:	34.25	34.25	150m:	1:52.56	39.92	250m:	3:13.37	40.01	350m:	4:32.96	39.49
	100m:	1:12.64	38.39	200m:	2:33.36	40.80	300m:	3:53.47	40.10	400m:	5:10.70	37.74
15.	MARCoux, Laurie			15	C.Natation. Sept-Iles					<b>5:11.66</b>	408	
	50m:	34.02	34.02	150m:	1:50.97	39.39	250m:	3:11.35	40.31	350m:	4:32.27	40.39
	100m:	1:11.58	37.56	200m:	2:31.04	40.07	300m:	3:51.88	40.53	400m:	5:11.66	39.39
16.	GRAVEL, Léonie			14	C. N. de Chicoutimi					<b>5:12.46</b>	405	
	50m:	34.97	34.97	150m:	1:54.00	39.85	250m:	3:14.46	40.70	350m:	4:34.63	39.91
	100m:	1:14.15	39.18	200m:	2:33.76	39.76	300m:	3:54.72	40.26	400m:	5:12.46	37.83
17.	BELLEMARE, Alexia			15	Aquanautes					<b>5:15.53</b>	393	
	50m:	34.54	34.54	150m:	1:53.87	40.40	250m:	3:15.04	40.79	350m:	4:37.00	41.07
	100m:	1:13.47	38.93	200m:	2:34.25	40.38	300m:	3:55.93	40.89	400m:	5:15.53	38.53
18.	FORTIN, Olivia			15	Club de Natation des Equinoxes					<b>5:15.72</b>	393	
	50m:	34.55	34.55	150m:	1:53.24	39.92	250m:	3:14.16	40.84	350m:	4:36.29	41.23
	100m:	1:13.32	38.77	200m:	2:33.32	40.08	300m:	3:55.06	40.90	400m:	5:15.72	39.43
19.	LEMAY-PRESCOTT, Jeanne			14	Club de Natation Juvaqua Alma					<b>5:16.22</b>	391	
	50m:	34.17	34.17	150m:	1:52.15	39.81	250m:	3:13.59	41.23	350m:	4:36.17	41.52
	100m:	1:12.34	38.17	200m:	2:32.36	40.21	300m:	3:54.65	41.06	400m:	5:16.22	40.05
20.	GODARD, Jeanne			15	Les Loutres					<b>5:21.92</b>	370	
	50m:	34.99	34.99	150m:	1:56.17	41.23	250m:	3:19.59	41.49	350m:	4:42.40	40.80
	100m:	1:14.94	39.95	200m:	2:38.10	41.93	300m:	4:01.60	42.01	400m:	5:21.92	39.52

Coupe du Québec Junior #2 - Section C  
Blainville, 28 - 30/3/2025

Epreuve 23, Filles, 400m Libre, 14 - 15 ans

Rang					Age					Temps	Pts	
21.	BAZINET, Anais				14	Cnsh				<b>5:21.99</b>	370	
	50m:	36.15	36.15	150m:	1:57.91	41.14	250m:	3:21.01	41.35	350m:	4:42.38	39.78
	100m:	1:16.77	40.62	200m:	2:39.66	41.75	300m:	4:02.60	41.59	400m:	5:21.99	39.61
22.	LAMOTHE, Julia				14	Requins de Drummondville				<b>5:22.24</b>	369	
	50m:	35.65	35.65	150m:	1:57.57	41.36	250m:	3:18.84	40.62	350m:	4:43.26	42.56
	100m:	1:16.21	40.56	200m:	2:38.22	40.65	300m:	4:00.70	41.86	400m:	5:22.24	38.98
23.	ROBERTSON, Elodie				15	Club de Natation Juvaqua Alma				<b>5:22.35</b>	369	
	50m:	36.01	36.01	150m:	1:56.48	40.71	250m:			350m:	4:42.58	40.63
	100m:	1:15.77	39.76	200m:			300m:	4:01.95		400m:	5:22.35	39.77
24.	MCKENZIE, Liliane				14	Velox Natation				<b>5:23.32</b>	366	
	50m:	35.33	35.33	150m:	1:56.64	41.34	250m:	3:21.16	41.76	350m:	4:43.59	41.00
	100m:	1:15.30	39.97	200m:	2:39.40	42.76	300m:	4:02.59	41.43	400m:	5:23.32	39.73
25.	PAGÉ, Aly-Sun				15	Cnsf				<b>5:25.68</b>	358	
	50m:	35.82	35.82	150m:	1:57.03	41.14	250m:	3:21.44	42.23	350m:	4:46.12	41.93
	100m:	1:15.89	40.07	200m:	2:39.21	42.18	300m:	4:04.19	42.75	400m:	5:25.68	39.56
26.	ROGER, Rose				15	ICI				<b>5:26.93</b>	354	
	50m:	35.93	35.93	150m:	1:57.34	41.78	250m:	3:22.37	42.81	350m:	4:46.84	42.06
	100m:	1:15.56	39.63	200m:	2:39.56	42.22	300m:	4:04.78	42.41	400m:	5:26.93	40.09
27.	LÉVESQUE, Juliette				15	C,A, Régional De L'. Abit-Tém				<b>5:30.51</b>	342 *	
	50m:	36.45	36.45	150m:	1:59.88	42.36	250m:	3:25.60	43.13	350m:	4:50.06	41.87
	100m:	1:17.52	41.07	200m:	2:42.47	42.59	300m:	4:08.19	42.59	400m:	5:30.51	40.45
28.	NAULT, Rose				14	Unik				<b>5:34.45</b>	330 *	
	50m:	35.37	35.37	150m:	1:55.94	41.52	250m:	3:22.89	43.62	350m:	4:51.66	44.41
	100m:	1:14.42	39.05	200m:	2:39.27	43.33	300m:	4:07.25	44.36	400m:	5:34.45	42.79
29.	CÔTÉ, Alexandra				14	Cnsh				<b>5:37.90</b>	320 *	
	50m:	37.01	37.01	150m:	2:02.54	43.32	250m:	3:29.81	44.21	350m:	4:56.90	43.47
	100m:	1:19.22	42.21	200m:	2:45.60	43.06	300m:	4:13.43	43.62	400m:	5:37.90	41.00

16 - 17 ans

1.	SINCOVICI, Ana-Maria				16	Groupe aquatique Mille-Îles No				<b>4:42.31</b>	549	
	50m:	32.40	32.40	150m:	1:42.45	35.40	250m:	2:53.69	35.84	350m:	4:06.60	36.36
	100m:	1:07.05	34.65	200m:	2:17.85	35.40	300m:	3:30.24	36.55	400m:	4:42.31	35.71
2.	BRUCHIG, Larissa				17	Club de Natation Mont-Tremblant				<b>4:44.75</b>	535	
	50m:	32.40	32.40	150m:	1:43.77	36.01	250m:	2:56.37	36.46	350m:	4:09.84	36.64
	100m:	1:07.76	35.36	200m:	2:19.91	36.14	300m:	3:33.20	36.83	400m:	4:44.75	34.91
3.	MOROSHCHUK, Anastasiia				16	Velox Natation				<b>4:48.83</b>	513	
	50m:	33.62	33.62	150m:	1:46.08	35.95	250m:	2:59.00	36.63	350m:	4:13.08	37.37
	100m:	1:10.13	36.51	200m:	2:22.37	36.29	300m:	3:35.71	36.71	400m:	4:48.83	35.75
4.	GERMAIN, Leanne				16	Velox Natation				<b>5:02.47</b>	447	
	50m:	34.67	34.67	150m:	1:51.94	38.84	250m:	3:09.01	38.65	350m:	4:25.87	38.10
	100m:	1:13.10	38.43	200m:	2:30.36	38.42	300m:	3:47.77	38.76	400m:	5:02.47	36.60
5.	PERRON, Clara				17	Sorel Tracy Natation				<b>5:02.54</b>	446	
	50m:	34.99	34.99	150m:	1:50.00	38.09	250m:	3:06.48	37.97	350m:	4:24.33	38.89
	100m:	1:11.91	36.92	200m:	2:28.51	38.51	300m:	3:45.44	38.96	400m:	5:02.54	38.21
6.	LAVOIE, Anais				16	C. N. de Chicoutimi				<b>5:04.35</b>	438	
	50m:	34.37	34.37	150m:	1:50.53	38.38	250m:	3:08.71	39.30	350m:	4:26.52	39.02
	100m:	1:12.15	37.78	200m:	2:29.41	38.88	300m:	3:47.50	38.79	400m:	5:04.35	37.83

Coupe du Québec Junior #2 - Section C  
Blainville, 28 - 30/3/2025

Epreuve 23, Filles, 400m Libre, 16 - 17 ans

Rang				Age					Temps	Pts		
7.	LAVOIE, Alyson			17	Club de Natation Juvaqua Alma				<b>5:08.19</b>	422		
	50m:	33.21	33.21	150m:	1:49.05	38.60	250m:	3:08.71	39.88	350m:	4:29.30	40.38
	100m:	1:10.45	37.24	200m:	2:28.83	39.78	300m:	3:48.92	40.21	400m:	5:08.19	38.89
8.	GAGNÉ, Marie			17	Espadons				<b>5:08.68</b>	420		
	50m:	36.24	36.24	150m:	1:55.01	39.67	250m:	3:14.84	39.91	350m:	4:33.02	38.68
	100m:	1:15.34	39.10	200m:	2:34.93	39.92	300m:	3:54.34	39.50	400m:	5:08.68	35.66
9.	ZAMORA, Paola			16	Laval				<b>5:09.02</b>	419		
	50m:	37.02	37.02	150m:	1:55.26	39.00	250m:	3:14.33	39.73	350m:	4:33.06	39.27
	100m:	1:16.26	39.24	200m:	2:34.60	39.34	300m:	3:53.79	39.46	400m:	5:09.02	35.96
10.	ESSIEMBRE, Léanne			16	Cpc				<b>5:09.24</b>	418		
	50m:	35.30	35.30	150m:	1:53.73	39.61	250m:	3:14.05	40.04	350m:	4:33.02	39.00
	100m:	1:14.12	38.82	200m:	2:34.01	40.28	300m:	3:54.02	39.97	400m:	5:09.24	36.22
11.	PENELLE, Mathilde			16	Club de Natation Memphrémagog				<b>5:11.06</b>	411		
	50m:	33.97	33.97	150m:	1:50.87	38.99	250m:	3:10.46	39.97	350m:	4:31.43	40.51
	100m:	1:11.88	37.91	200m:	2:30.49	39.62	300m:	3:50.92	40.46	400m:	5:11.06	39.63
12.	MCKENZIE, Kim-Anh			16	Velox Natation				<b>5:12.12</b>	406		
	50m:	34.86	34.86	150m:	1:54.67	40.44	250m:	3:14.52	39.65	350m:	4:34.40	40.20
	100m:	1:14.23	39.37	200m:	2:34.87	40.20	300m:	3:54.20	39.68	400m:	5:12.12	37.72
13.	THÉRIAULT, Marie-Pier			17	Unik				<b>5:13.76</b>	400		
	50m:	35.14	35.14	150m:	1:53.93	39.85	250m:	3:14.50	40.08	350m:	4:34.71	40.30
	100m:	1:14.08	38.94	200m:	2:34.42	40.49	300m:	3:54.41	39.91	400m:	5:13.76	39.05
14.	GÉNÉREUX, Emma-Rose			16	Cnsh				<b>5:15.46</b>	394		
	50m:	34.13	34.13	150m:	1:53.71	40.44	250m:	3:15.74	40.83	350m:	4:37.14	40.94
	100m:	1:13.27	39.14	200m:	2:34.91	41.20	300m:	3:56.20	40.46	400m:	5:15.46	38.32
disq.	GUHA, Anjali			17	C. N. de Chicoutimi							