



Epreuve 7 Dames, 200m Libre 18 - 24 ans
2025-04-25 - 15:27 Liste résultats

Records canadiens maîtres	2:08.95	HELMSTAEDT, Karin	KBM	???	1991-01-01
Records québécois maîtres	2:13.82	D'AMBOISE, Marie-Eve	CAMO	???	2001-01-01

Rang		Age		Soumis	Temps	Points	50m	100m	150m	200m
1.	SHI, Anna	22	MUMS	2:17.01	2:18.47	11.00	32.47	1:08.01	1:43.16	2:18.47
2.	MAZUR, Anna	21	DDO	2:30.36	2:38.43	9.00	36.16	1:16.35	1:57.52	2:38.43
3.	BELVAL DUMOULIN, M.	19	STL	2:40.00	2:38.98	8.00	36.70	1:17.20	1:58.76	2:38.98
4.	PEARSON, Lorie	23	CNSH	2:30.06	2:48.07	7.00	37.27	1:18.69	2:02.02	2:48.07

Epreuve 7 Messieurs, 200m Libre 18 - 24 ans
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Records canadiens maîtres	1:50.96	BONOMO, Robert	TOMS	???	2014-05-16
Records québécois maîtres	1:57.08	PELLETIER, Sylvain	SLAM	Sainte-Foy	2004-04-04

Rang	Age		Soumis	Temps	Points	50m	100m	150m	200m	
1.	LAMY, Nathan	23	MACC	2:21.44	2:17.76	11.00	30.17	1:04.33	1:40.60	2:17.76

Epreuve 7 Dames, 200m Libre 25 - 29 ans
2025-04-25 - 15:27 Liste résultats

Records canadiens maîtres	2:07.83	MARSHALL, Lynn	CARMA	???	1990-01-01
Records québécois maîtres	2:11.26	MCCLEMONT, Laura	MUMS	Montreal	2011-05-22

Rang		Age		Soumis	Temps	Points	50m	100m	150m	200m
1.	RIALLAND, Marion	28	MACC	2:18.00	2:20.45	11.00	32.46	1:07.76	1:44.40	2:20.45
2.	BOUCHARD, Laurie	26	RL	2:25.00	2:21.43	9.00	32.55	1:07.84	1:44.45	2:21.43
3.	SAVOURÉ, Esther	26	MPC	2:28.38	2:25.70	8.00	34.31	1:10.91	1:48.43	2:25.70
4.	MORASSE, Pauline	27	R2P	2:25.00	2:27.50	7.00	33.44	1:11.13	1:50.26	2:27.50
5.	BAKER, Ana	28	MACC	2:31.89	2:28.40	6.00	33.83	1:11.42	1:50.21	2:28.40
6.	HOULE, Meghan	29	CAMO	2:50.12	2:39.23	5.00	37.48	1:18.58	2:00.13	2:39.23
7.	LIPES, Mikayla	26	DDO	2:40.00	2:42.07	4.00	37.82	1:18.62	2:00.92	2:42.07
8.	BLAIS, Andréa	28	MEGO	2:47.00	2:44.06	3.00	37.40	1:19.29	2:02.00	2:44.06
9.	WALDIE, Nicole	27	MPC	3:00.00	2:45.01	2.00	39.94	1:20.87	2:02.78	2:45.01
10.	ALAIN, Anne-Sophie	27	CALAC	2:49.32	2:47.27	1.00	38.45	1:20.92	2:04.60	2:47.27
11.	PARKER, Megan	28	DDO	3:05.40	3:03.78	-	41.71	1:29.29	2:18.06	3:03.78

Epreuve 7 Messieurs, 200m Libre 25 - 29 ans
2025-04-25 - 15:27 Liste résultats

Records canadiens maîtres	1:53.55	WEST, Bo	EOMAC	???	2004-01-01
Records québécois maîtres	1:54.67	CLÉMENT, Benoit	MUMS	???	1989-01-01

Rang		Age	Soumis	Temps	Points	50m	100m	150m	200m	
1.	HAWEY, Jérémy	29	CAC	2:29.69	2:17.61	11.00	31.51	1:05.95	1:41.53	2:17.61
2.	IONNO, Alexandre	27	CNMN	2:30.43	2:29.55	9.00	33.10	1:11.74	1:51.64	2:29.55
3.	MISANDEAU, Adrien	26	MUMS	NT	2:30.73	8.00	34.13	1:12.97	1:51.99	2:30.73
forf.nd.	CHAPUT, Hugo	28	DDO	forf.nd.	-					



Epreuve 7, 200m Libre

Epreuve 7 Dames, 200m Libre 30 - 34 ans
2025-04-25 - 15:27 Liste résultats

Records canadiens maîtres	2:04.14	RADOUNSKI, Victoria	AURO	Unionville	2025-03-23
Records québécois maîtres	2:10.70	ROY L'ECUYER, Chrystèle	NN	Montreal	2018-11-10

Rang	Age		Soumis	Temps	Points	50m	100m	150m	200m
1.	RICHARD, Catherine	33 R2P	2:44.52	2:44.44	11.00	36.58	1:17.79	2:01.09	2:44.44
2.	DUFRESNE, Sophie-Rose	34 MACC	2:49.81	2:46.01	9.00	37.63	1:20.17	2:03.69	2:46.01
3.	BEAUVILLIER, Catherine	30 MEGO	2:48.71	2:49.60	8.00	38.22	1:21.55	2:05.83	2:49.60
4.	DESROCHERS, Stephanie	34 CNMN	3:20.00	3:19.29	7.00	46.69	1:36.64	2:29.43	3:19.29
5.	PROVENCHER, S14SB143214, ICNSH		3:51.33	3:54.19	6.00	48.35	1:45.33	2:51.30	3:54.19

Epreuve 7 Messieurs, 200m Libre 30 - 34 ans
2025-04-25 - 15:27 Liste résultats

Records canadiens maîtres	1:51.73	ABDEL KHALIK, Aly	EOMAC	Windsor	2024-05-24
Records québécois maîtres	1:57.14	BUSSIÈRES, Frédéric	RL	Drummondville	2025-01-25

Rang		Age		Soumis	Temps	Points	50m	100m	150m	200m
1.	GUERARD, Reef	30	MACC	2:00.05	1:59.87	11.00	27.31	57.54	1:28.73	1:59.87
2.	LAPOINTE, Thomas	30	MACC	2:11.24	2:09.34	9.00	30.19	1:02.49	1:35.74	2:09.34
3.	POISSON, Charles	30	MACC	2:15.00	2:13.73	8.00	31.63	1:04.82	1:38.91	2:13.73
4.	SICARD, Sebastien	34	WYMN	2:22.02	2:15.68	7.00	32.10	1:06.72	1:43.05	2:15.68
5.	BÉLAND, Raphaël	33	SHER	2:22.90	2:18.20	6.00	31.62	1:06.27	1:42.25	2:18.20
6.	RAMIREZ-ROMO, Sergio	33	CNMN	2:21.28	2:22.55	5.00	33.63	1:11.48	1:48.64	2:22.55
7.	ST-ONGE, Philippe	31	CASE	2:23.85	2:24.82	4.00	32.99	1:10.17	1:47.73	2:24.82
8.	RAYMOND, Jérémy	33	CAC	2:35.95	2:36.21	3.00	34.99	1:14.10	1:55.85	2:36.21

Epreuve 7 Dames, 200m Libre 35 - 39 ans
2025-04-25 - 15:27 Liste résultats

Records canadiens maîtres	2:06.30	HEVEY, Sarah-Lee	CSLA	Drummondville	2024-01-27
Records québécois maîtres	2:06.30	HEVEY, Sarah-Lee	CSLA	Drummondville	2024-01-27

Rang	Age		Soumis	Temps	Points	50m	100m	150m	200m	
1.	BERRY, Caitlin	37	MACC	2:18.63	2:18.75	11.00	32.71	1:08.18	1:44.21	2:18.75
2.	TREMBLAY, Jeanne	35	BG	2:32.00	2:30.79	9.00	35.17	1:12.94	1:51.07	2:30.79
3.	CHEN, Yuan	37	WYMN	2:27.01	2:33.25	8.00	35.19	1:13.36	1:53.22	2:33.25
4.	RONDEAU, Maev Roxanne	36	CNDA	NT	4:09.63	7.00	51.00	1:52.32	3:03.55	4:09.63



Epreuve 7, 200m Libre

Epreuve 7 Messieurs, 200m Libre 35 - 39 ans
2025-04-25 - 15:27 Liste résultats

Records canadiens maîtres	1:56.84	STATKEVICIUS, Al	EOMAC	Nepean	2013-05-17
Records québécois maîtres	1:59.46	DUPLESSIS, Gilbert	LAVAL	Montreal	2015-05-16

Rang	Age		Soumis	Temps	Points	50m	100m	150m	200m
1.	35	MACC	2:01.63	1:59.48	11.00	27.98	58.45	1:29.16	1:59.48
2.	37	MACC	2:02.82	2:05.09	9.00	28.40	59.32	1:31.05	2:05.09
3.	35	MACC	2:09.90	2:11.09	8.00	29.87	1:02.35	1:36.03	2:11.09
4.	37	RED	4:15.00	4:07.44	7.00	53.30	1:54.87		4:07.44

Epreuve 7 Dames, 200m Libre 40 - 44 ans
2025-04-25 - 15:27 Liste résultats

Records canadiens maîtres	2:05.90	BERTELINK, Cindy	EOMAC	Toronto	2016-05-21
Records québécois maîtres	2:12.44	D'AMBOISE, Marie-Eve	STL	Quebec	2018-04-20

Rang	Age		Soumis	Temps	Points	50m	100m	150m	200m
1.	41	BBF	2:28.89	2:27.40	11.00	32.95	1:09.93	1:49.04	2:27.40
2.	40	SHER	2:36.86	2:29.97	9.00	34.43	1:11.93	1:50.96	2:29.97
3.	41	BRO	2:33.00	2:30.15	8.00	34.13	1:11.89	1:51.23	2:30.15
4.	40	DDO	2:41.43	2:39.43	7.00	37.12	1:17.55	1:58.82	2:39.43
5.	40	CNMN	2:38.02	2:40.71	6.00	36.93	1:17.59	2:00.25	2:40.71
6.	40	CNBF	2:46.07	2:41.08	5.00	35.22	1:16.96	2:00.26	2:41.08
7.	41	CNHR	2:53.19	2:47.12	4.00	38.07	1:20.75	2:04.05	2:47.12
8.	43	DDO	2:55.00	2:58.99	3.00	39.74	1:25.21	2:12.86	2:58.99
9.	40	DDO	3:15.00	3:10.03	2.00	41.62	1:29.60	2:21.29	3:10.03

Epreuve 7 Messieurs, 200m Libre 40 - 44 ans
2025-04-25 - 15:27 Liste résultats

Records canadiens maîtres	1:56.68	INGO, Steve	KBM	Sainte-Foy	2008-05-16
Records québécois maîtres	1:59.32	DESCHÈNES, Gilles	CMDG	Montreal	2006-04-23

Rang	Age		Soumis	Temps	Points	50m	100m	150m	200m
1.	42	BRO	2:10.00	2:09.38	11.00	28.87	1:00.64	1:34.04	2:09.38
2.	41	NSH	2:14.50	2:14.22	9.00	30.75	1:03.71	1:38.19	2:14.22
3.	41	CAMO	2:20.00	2:17.25	8.00	31.54	1:05.91	1:41.17	2:17.25
4.	40	R2P	2:22.73	2:17.34	7.00	30.89	1:05.55	1:41.70	2:17.34
5.	41	DDO	2:24.73	2:19.15	6.00	31.29	1:05.88	1:42.11	2:19.15
6.	41	DDO	2:20.00	2:19.23	5.00	32.29	1:08.76	1:43.82	2:19.23
7.	42	DDO	2:24.30	2:19.53	4.00	31.71	1:07.81	1:45.15	2:19.53
8.	43	CAMO	2:30.57	2:21.40	3.00	34.53	1:11.72	1:47.72	2:21.40
9.	44	DDO	2:24.35	2:24.58	2.00	32.34	1:08.57	1:46.57	2:24.58
10.	43	BRO	2:28.00	2:29.18	1.00	33.94	1:11.87	1:50.69	2:29.18
11.	41	DDO	2:38.00	2:38.79	-	35.65	1:15.56	1:58.84	2:38.79
12.	40	R2P	2:45.00	2:42.89	-	36.58	1:17.99	2:00.62	2:42.89



Epreuve 7, 200m Libre

Epreuve 7 Dames, 200m Libre 45 - 49 ans
2025-04-25 - 15:27 Liste résultats

Records canadiens maîtres	2:11.00	MARSHALL, Lynn	CARMA	???	2006-04-29
Records québécois maîtres	2:16.46	LOWENSTEYN, Ilka	CSLA	Quebec	2014-04-12

Rang		Age		Soumis	Temps	Points	50m	100m	150m	200m
1.	SCHULZ, Tara	45	CSLA	2:19.04	2:19.02	11.00	32.50	1:07.72	1:43.90	2:19.02
2.	FABES, Mélanie	45	MACC	2:18.90	2:21.72	9.00	33.90	1:10.29	1:46.22	2:21.72
3.	DESCHAMPS, Stéphanie	47	CNMT	2:25.58	2:26.78	8.00	33.54	1:10.51	1:48.53	2:26.78
4.	DESMARAIS, Catherine	45	CNHR	2:42.01	2:42.90	7.00	36.12	1:16.28	1:59.36	2:42.90
5.	LAVOIE, Catherine	45	CAC	2:52.32	2:48.45	6.00	37.86	1:19.79	2:04.38	2:48.45
6.	DUFOUR, Julie	46	BRO	2:56.00	2:54.16	5.00	40.12	1:24.61	2:10.58	2:54.16
7.	MOREAU, Brigitte	48	CNHR	3:06.68	2:57.35	4.00	40.12	1:24.94	2:12.21	2:57.35
8.	NANTEL, Julie	48	CNMN	3:17.46	3:01.17	3.00	42.66	1:28.92	2:15.40	3:01.17

Epreuve 7 Messieurs, 200m Libre 45 - 49 ans
2025-04-25 - 15:27 Liste résultats

Records canadiens maîtres	1:59.03	INGO, Steve	KBM	Victoria	2012-03-30
Records québécois maîtres	2:02.45	DESCHÊNES, Gilles	CMDG	Ottawa	2009-03-20

Rang	Age		Soumis	Temps	Points	50m	100m	150m	200m	
1.	MEYER, Florian	48	MACC	2:22.00	2:25.40	11.00	32.59	1:08.07	1:46.63	2:25.40
2.	GAGNÉ, Gabriel	48	CASE	3:00.00	3:00.99	9.00	40.14	1:25.23	2:12.48	3:00.99

Epreuve 7 Dames, 200m Libre 50 - 54 ans
2025-04-25 - 15:27 Liste résultats

Records canadiens maîtres	2:13.12	BERTELINK, Cindy	EOMAC	Unionville	2025-03-23
Records québécois maîtres	2:17.79	LOWENSTEYN, Ilka	CSLA	Montreal	2017-04-21

Rang	Age		Soumis	Temps	Points	50m	100m	150m	200m	
1.	POULIN, Nathalie	51	UNMNQ	2:43.53	2:39.41	-	36.63	1:16.18	1:57.73	2:39.41
2.	LEVETT, Jennifer	53	WYMN	3:05.00	2:57.05	9.00	41.04	1:25.88	2:11.97	2:57.05
3.	PITRE, Jackie	54	CNHR	3:12.16	3:23.50	8.00	47.06	1:38.36	2:32.18	3:23.50
4.	GAGNON, Sylvie	54	STL	3:19.18	3:23.58	7.00	44.52	1:36.78	2:32.73	3:23.58
5.	DUMONT, Hélène	53	CNHR	3:15.96	3:23.90	6.00	45.92	1:37.19	2:31.05	3:23.90

Epreuve 7 Messieurs, 200m Libre 50 - 54 ans
2025-04-25 - 15:27 Liste résultats

Records canadiens maîtres	2:00.77	STREPPPEL, Greg	SOM	Montreal	2019-05-24
Records québécois maîtres	2:05.95	GIROUX, Martin	LAVAL	Calgary	2018-05-19

Rang		Age	Soumis	Temps	Points	50m	100m	150m	200m	
1.	QUESNEL, Jean-Sébastien	52	CNHR	2:12.00	2:17.59	11.00	31.89	1:06.57	1:41.53	2:17.59
2.	POTVIN, Jean-Francois	52	CNMT	2:19.62	2:22.72	9.00	32.44	1:07.35	1:44.52	2:22.72
3.	GRIMARD, Antoine	51	DDO	2:23.10	2:24.74	8.00	31.01	1:05.91	1:44.21	2:24.74
4.	ST-LAURENT, Louis	52	MNC	2:29.99	2:28.87	7.00	33.96	1:11.51	1:50.57	2:28.87
5.	POIRIER, Martin	54	NG	LT NT	2:32.63	6.00	35.34	1:14.13	1:53.65	2:32.63
6.	MORIN, Charles	54	LAVAL	2:35.00	2:37.65	5.00	35.88	1:15.37	1:56.88	2:37.65
7.	PLANQUE, Frederic	51	CASE	2:50.00	2:55.09	4.00	37.49	1:20.12		2:55.09
8.	COWAN, Steve Charles	53	BRO	3:45.00	3:34.78	3.00	44.04	1:37.61	2:36.30	3:34.78
forf.nd.	MARIN, Étienne	53	CNHR	forf.nd.	-					



Epreuve 7, 200m Libre

Epreuve 7 Dames, 200m Libre 55 - 59 ans
2025-04-25 - 15:27 Liste résultats

Records canadiens maîtres	2:13.58	MARSHALL, Lynn	CARMA	???	2016-02-28
Records québécois maîtres	2:20.26	LOWENSTEYN, Ilka	CSLA	Pointe-Claire	2024-04-20

Rang	Age		Soumis	Temps	Points	50m	100m	150m	200m
1.	57	CNBF	2:46.97	2:39.02	11.00	36.33	1:16.04	1:57.76	2:39.02
2.	59	MEGO	2:49.00	2:47.21	9.00	38.63	1:21.29	2:04.63	2:47.21
3.	57	CNMM	2:58.34	2:54.78	8.00	40.81	1:24.48	2:10.12	2:54.78
4.	56	DDO	3:04.59	2:59.67	7.00	40.24	1:25.31	2:12.60	2:59.67
5.	56	LAVAL	3:44.00	3:22.44	6.00	46.54	1:37.99	2:30.68	3:22.44

Epreuve 7 Messieurs, 200m Libre 55 - 59 ans
2025-04-25 - 15:27 Liste résultats

Records canadiens maîtres	2:05.09	MCKINNON, Peter	EOMAC	Montreal	2019-05-24
Records québécois maîtres	2:06.63	GIROUX, Martin	MPC	Cote St-Luc	2023-04-14

Rang	Age		Soumis	Temps	Points	50m	100m	150m	200m
1.	56	CNMT	2:30.36	2:29.70	11.00	33.79	1:11.66	1:50.35	2:29.70
2.	56	CNBF	2:33.72	2:33.04	9.00	35.11	1:13.75	1:53.57	2:33.04
3.	58	LAVAL	3:07.97	3:06.15	8.00	44.98	1:32.97	2:20.58	3:06.15

Epreuve 7 Dames, 200m Libre 60 - 64 ans
2025-04-25 - 15:27 Liste résultats

Records canadiens maîtres	2:18.45	MARSHALL, Lynn	CARMA	Sherbrooke	2022-04-22
Records québécois maîtres	2:32.26	VENNE, Chantal	MPC	Drummondville	2024-01-27

Rang	Age		Soumis	Temps	Points	50m	100m	150m	200m
1.	63	CNHR	3:03.00	2:52.52	11.00	40.03	1:23.42	2:08.05	2:52.52
2.	61	CNMT	3:14.42	3:09.74	9.00	44.00	1:31.91	2:21.10	3:09.74
3.	64	CNHR	3:20.00	3:10.95	8.00	42.31	1:30.77	2:22.31	3:10.95
4.	63	MPC	3:25.00	3:21.05	7.00	47.39	1:38.83	2:31.90	3:21.05

Epreuve 7 Messieurs, 200m Libre 60 - 64 ans
2025-04-25 - 15:27 Liste résultats

Records canadiens maîtres	2:07.17	MCKINNON, Peter	EOMAC	Etobicoke	2024-04-19
Records québécois maîtres	2:14.17	GRABS, Detlev	MEGO	Sherbrooke	2022-04-22

Rang	Age		Soumis	Temps	Points	50m	100m	150m	200m
1.	61	DDO	2:41.00	2:40.23	11.00	38.34	1:19.97	2:01.51	2:40.23
2.	62	MACC	2:57.11	2:53.66	9.00	41.43	1:25.30	2:10.28	2:53.66
3.	63	CNMN	2:56.25	2:56.08	8.00	40.58	1:26.88	2:14.53	2:56.08
4.	63	RL	2:59.96	2:58.96	7.00	41.13		2:14.80	2:58.96
5.	62	MPC	3:30.00	3:17.28	6.00	46.10	1:37.35	2:27.86	3:17.28



Epreuve 7, 200m Libre

Epreuve 7 Dames, 200m Libre 65 - 69 ans
2025-04-25 - 15:27 Liste résultats

Records canadiens maitres	2:35.78	MERRITT, Cathy	NEP	???	2018-03-01
Records québécois maitres	2:49.40	KOHLER-WINTER, Petra	MPC	Pointe-Claire	2024-04-20

Rang	Age		Soumis	Temps	Points	50m	100m	150m	200m
1.	66	MPC	2:52.00	2:40.30	11.00	36.78	1:17.76	2:00.12	2:40.30
									<i>nouveau record provincial?</i>
2.	68	MPC	3:00.00	2:52.87	9.00	39.24	1:22.69	2:07.30	2:52.87
3.	69	BRO	3:30.00	3:15.87	8.00	44.77	1:33.84	2:24.97	3:15.87

Epreuve 7 Messieurs, 200m Libre 65 - 69 ans
2025-04-25 - 15:27 Liste résultats

Records canadiens maitres	2:15.25	DANIEL, Chris	WILD	Edmonton	2025-03-01
Records québécois maitres	2:31.17	RANSOM, Ken	MACC	Montreal	2011-05-22

Rang	Age		Soumis	Temps	Points	50m	100m	150m	200m
1.	65	MEGO	2:17.01	2:17.16	11.00	31.37	1:05.32	1:41.32	2:17.16
									<i>nouveau record provincial?</i>
2.	65	WYMN	2:20.00	2:43.07	9.00	36.37	1:17.12	1:59.86	2:43.07
3.	68	RL	2:45.93	2:45.27	8.00	37.79	1:19.95	2:02.57	2:45.27
4.	65	MACC	2:50.00	2:52.61	7.00	39.47	1:23.78	2:08.32	2:52.61
5.	67	CNMT	2:49.42	2:54.43	6.00	41.79	1:25.66	2:11.03	2:54.43
6.	69	CAMO	2:57.23	2:57.37	5.00	41.43	1:26.84	2:13.48	2:57.37
7.	66	SHER	3:16.57	3:16.44	4.00	43.98	1:33.40	2:25.54	3:16.44

Epreuve 7 Dames, 200m Libre 70 - 74 ans
2025-04-25 - 15:27 Liste résultats

Records canadiens maitres	2:43.22	MERRITT, Cathy	SOM	Windsor	2024-05-24
Records québécois maitres	3:15.21	BRANCHAUD, Nicole	CAMO	Pointe-Claire	2024-04-20

Rang	Age		Soumis	Temps	Points	50m	100m	150m	200m
1.	71	CAMO	3:19.98	3:15.60	11.00	44.20	1:33.43	2:25.74	3:15.60
2.	70	MPC	3:22.15	3:22.80	9.00	46.28	1:37.88	2:31.33	3:22.80
3.	71	MPC	3:57.00	3:43.28	8.00	49.29	1:46.49	2:46.38	3:43.28
4.	70	BRO	3:55.00	3:44.68	7.00	52.11	1:50.28	2:49.02	3:44.68
5.	73	DDO	3:55.40	5:00.61	6.00	1:11.21	2:29.75	3:47.59	5:00.61



Epreuve 7, 200m Libre

Epreuve 7 Messieurs, 200m Libre 70 - 74 ans
2025-04-25 - 15:27 Liste résultats

Records canadiens maîtres	2:24.85	ARMSTRONG, Ron	EOMAC	Etobicoke	2023-05-06
Records québécois maîtres	2:42.46	RANSOM, Ken	MPC	Dollard-Des-Ormeaux	2016-03-19

Rang		Age	Soumis	Temps	Points	50m	100m	150m	200m	
1.	CLAYTON, Michael	71	MPC	NT	3:14.35	11.00	43.69	1:32.49	2:24.00	3:14.35
2.	TURCOT, René	71	CAMO	3:23.90	3:29.27	9.00	48.01	1:42.22	2:38.20	3:29.27
3.	FRÈVE, Guy	72	MNC	3:41.12	3:39.41	8.00	50.29	1:47.14	2:45.52	3:39.41
4.	SNOWDON, Robert	70	MPC	4:20.00	4:02.11	7.00	49.23	1:43.15	3:37.38	4:02.11
5.	ADAM, Jacques	72	CSLA	3:57.00	4:07.30	6.00	57.71	2:01.19	3:04.06	4:07.30

Epreuve 7 Dames, 200m Libre 75 - 79 ans
2025-04-25 - 15:27 Liste résultats

Records canadiens maîtres	3:04.79	SÉVIGNY, Madeleine	CNMT	Quebec	2018-04-20
Records québécois maîtres	3:04.79	SÉVIGNY, Madeleine	CNMT	Quebec	2018-04-20

Rang		Age	Soumis	Temps	Points	50m	100m	150m	200m	
1.	SOUTHIÈRE, Angèle	75	CNMM	4:16.97	4:19.44	11.00		2:06.16	4:19.44	
2.	LATULIPPE, Hélène	78	MPC	4:49.98	4:43.78	9.00	1:07.22	2:19.00	3:33.56	4:43.78

Epreuve 7 Messieurs, 200m Libre 75 - 79 ans
2025-04-25 - 15:27 Liste résultats

Records canadiens maîtres	2:31.01	ARMSTRONG, Ron	EOMAC	Orlando (USA)	2025-01-31
Records québécois maîtres	2:54.75	CHASE, Leonard	MPC	Cote St-Luc	2023-04-14

Rang		Age		Soumis	Temps	Points	50m	100m	150m	200m
1.	MC NEIL, Claude	77	RIKI	3:45.72	3:44.55	11.00	53.65	1:51.52	2:50.90	3:44.55
2.	BARIBEAU, Jean	78	WYMN	3:29.00	3:48.16	9.00	54.79	1:55.21	2:54.18	3:48.16

Epreuve 7 Dames, 200m Libre 90 - 94 ans
2025-04-25 - 15:27 Liste résultats

Records canadiens maîtres	4:22.10	OLIVER, Judie	MPC	Sherbrooke	2022-04-22
Records québécois maîtres	4:22.10	OLIVER, Judie	MPC	Sherbrooke	2022-04-22

Rang	Age	Soumis	Temps	Points	50m	100m	150m	200m
1. WALDIE, Mae	90 MPC	4:22.10	4:30.79	11.00	1:02.40	2:11.64	3:22.48	4:30.79