



Epreuve 22	Dames, 1500m Libre				18 - 24 ans
2025-04-27 - 13:00	RÉPARTITION DU PLUS VITE AU PLUS LENT				Liste résultats
Records canadiens maitres	17:46.88	SIWICKI, Breanne	???		2019-02-09
Records québécois maitres	19:00.88	CASSIVI, Natasha	UDEM	???	2003-01-01

Rang					Age		Soumis			Temps		Points	
1.	O'BOMSAWIN, Anaïs				21		CAMO		20:28.28		21:09.34		11.00
	50m:	34.59	34.59	450m:	6:08.03	43.13	850m:	11:50.73	42.99	1250m:	17:39.67	43.73	
	100m:	1:13.13	38.54	500m:	6:50.89	42.86	900m:	12:33.93	43.20	1300m:	18:23.18	43.51	
	150m:	1:53.58	40.45	550m:	7:33.41	42.52	950m:	13:17.38	43.45	1350m:	19:06.65	43.47	
	200m:	2:34.67	41.09	600m:	8:15.78	42.37	1000m:	14:00.97	43.59	1400m:	19:49.55	42.90	
	250m:	3:16.53	41.86	650m:	8:58.40	42.62	1050m:	14:44.73	43.76	1450m:	20:31.20	41.65	
	300m:	3:58.81	42.28	700m:	9:41.37	42.97	1100m:	15:28.59	43.86	1500m:	21:09.34	38.14	
	350m:	4:41.92	43.11	750m:	10:24.50	43.13	1150m:	16:12.20	43.61				
	400m:	5:24.90	42.98	800m:	11:07.74	43.24	1200m:	16:55.94	43.74				

Epreuve 22	Dames, 1500m Libre				25 - 29 ans
2025-04-27 - 13:00	RÉPARTITION DU PLUS VITE AU PLUS LENT				Liste résultats
Records canadiens maitres	17:32.82	MCCLEMONT, Laura	MUMS	Montreal	2011-05-23
Records québécois maitres	17:32.82	MCCLEMONT, Laura	MUMS	Montreal	2011-05-23

Rang	Age					Soumis			Temps		Points	
1.	MC INNES, Jade			29	CNMT	21:03.05			21:05.13		11.00	
	50m:	33.73	33.73	450m:	6:05.58	42.68	850m:	11:48.52	42.65	1250m:	17:31.71	42.71
	100m:	1:12.09	38.36	500m:	6:48.54	42.96	900m:	12:31.67	43.15	1300m:	18:14.32	42.61
	150m:	1:52.52	40.43	550m:	7:31.51	42.97	950m:	13:14.49	42.82	1350m:	18:57.23	42.91
	200m:	2:33.49	40.97	600m:	8:14.39	42.88	1000m:	13:57.19	42.70	1400m:	19:40.20	42.97
	250m:	3:15.39	41.90	650m:	8:57.32	42.93	1050m:	14:40.24	43.05	1450m:	20:22.58	42.38
	300m:	3:57.42	42.03	700m:	9:40.14	42.82	1100m:	15:22.82	42.58	1500m:	21:05.13	42.55
	350m:	4:39.97	42.55	750m:	10:23.00	42.86	1150m:	16:06.36	43.54			
	400m:	5:22.90	42.93	800m:	11:05.87	42.87	1200m:	16:49.00	42.64			
2.	BAKER, Ana			28	MACC	21:02.96			21:09.17		9.00	
	50m:	36.62	36.62	450m:	6:15.09	42.80	850m:	11:58.62	42.53	1250m:	17:40.80	42.70
	100m:	1:17.38	40.76	500m:	6:57.91	42.82	900m:	12:41.56	42.94	1300m:	18:23.60	42.80
	150m:	1:59.50	42.12	550m:	7:40.99	43.08	950m:	13:24.23	42.67	1350m:	19:06.41	42.81
	200m:	2:41.63	42.13	600m:	8:23.87	42.88	1000m:	14:06.84	42.61	1400m:	19:49.20	42.79
	250m:	3:24.19	42.56	650m:	9:06.87	43.00	1050m:	14:49.47	42.63	1450m:	20:30.65	41.45
	300m:	4:06.83	42.64	700m:	9:49.90	43.03	1100m:	15:32.49	43.02	1500m:	21:09.17	38.52
	350m:	4:49.39	42.56	750m:	10:33.16	43.26	1150m:	16:15.36	42.87			
	400m:	5:32.29	42.90	800m:	11:16.09	42.93	1200m:	16:58.10	42.74			



Epreuve 22, 1500m Libre

Epreuve 22 Messieurs, 1500m Libre 35 - 39 ans
2025-04-27 - 13:00 RÉPARTITION DU PLUS VITE AU PLUS LENT Liste résultats

Records canadiens maîtres	16:46.72	DUPLESSIS, Gilbert	LAVAL	Quebec	2015-04-17
Records québécois maîtres	16:46.72	DUPLESSIS, Gilbert	LAVAL	Quebec	2015-04-17

Rang					Age					Soumis			Temps	Points
1.	HILLCOAT, Jason				38	DDO		21:22.89				19:46.12	11.00	
	50m:	33.17	33.17	450m:	5:43.21	39.73	850m:	11:02.35	39.89	1250m:	16:25.30	40.72		
	100m:	1:10.75	37.58	500m:	6:23.14	39.93	900m:	11:42.65	40.30	1300m:	17:05.89	40.59		
	150m:	1:48.49	37.74	550m:	7:03.07	39.93	950m:	12:22.78	40.13	1350m:	17:45.95	40.06		
	200m:	2:26.83	38.34	600m:	7:42.84	39.77	1000m:	13:02.53	39.75	1400m:	18:25.92	39.97		
	250m:	3:05.62	38.79	650m:	8:22.88	40.04	1050m:	13:43.04	40.51	1450m:	19:06.38	40.46		
	300m:	3:44.90	39.28	700m:	9:03.00	40.12	1100m:	14:23.82	40.78	1500m:	19:46.12	39.74		
	350m:	4:24.21	39.31	750m:	9:42.82	39.82	1150m:	15:04.35	40.53					
	400m:	5:03.48	39.27	800m:	10:22.46	39.64	1200m:	15:44.58	40.23					
2.	PETRESCU, Matei				37	BRO		21:42.21				21:24.78	9.00	
	50m:	37.20	37.20	450m:	6:14.97	43.33	850m:	12:00.84	43.37	1250m:	17:50.45	43.63		
	100m:	1:17.28	40.08	500m:	6:58.09	43.12	900m:	12:44.40	43.56	1300m:	18:34.04	43.59		
	150m:	1:59.19	41.91	550m:	7:41.64	43.55	950m:	13:28.74	44.34	1350m:	19:17.84	43.80		
	200m:	2:40.99	41.80	600m:	8:24.66	43.02	1000m:	14:12.83	44.09	1400m:	20:00.94	43.10		
	250m:	3:23.26	42.27	650m:	9:08.04	43.38	1050m:	14:55.74	42.91	1450m:	20:45.09	44.15		
	300m:	4:05.77	42.51	700m:	9:51.20	43.16	1100m:	15:39.73	43.99	1500m:	21:24.78	39.69		
	350m:	4:48.92	43.15	750m:	10:34.09	42.89	1150m:	16:23.47	43.74					
	400m:	5:31.64	42.72	800m:	11:17.47	43.38	1200m:	17:06.82	43.35					
3.	GREY, Trevor				39	MACC		25:20.27				23:44.43	8.00	
	50m:	39.21	39.21	450m:	6:57.25	48.62	850m:	13:20.35	46.50	1250m:	19:47.18	48.08		
	100m:	1:21.53	42.32	500m:	7:44.67	47.42	900m:	14:08.34	47.99	1300m:	20:35.40	48.22		
	150m:	2:08.29	46.76	550m:	8:32.96	48.29	950m:	14:56.98	48.64	1350m:	21:24.43	49.03		
	200m:	2:56.24	47.95	600m:	9:20.67	47.71	1000m:	15:45.04	48.06	1400m:	22:13.07	48.64		
	250m:	3:44.24	48.00	650m:	10:09.37	48.70	1050m:	16:33.97	48.93	1450m:	23:01.84	48.77		
	300m:	4:32.50	48.26	700m:	10:57.32	47.95	1100m:	17:22.37	48.40	1500m:	23:44.43	42.59		
	350m:	5:20.60	48.10	750m:	11:44.99	47.67	1150m:	18:10.32	47.95					
	400m:	6:08.63	48.03	800m:	12:33.85	48.86	1200m:	18:59.10	48.78					

Epreuve 22 Dames, 1500m Libre 40 - 44 ans
2025-04-27 - 13:00 RÉPARTITION DU PLUS VITE AU PLUS LENT Liste résultats

Records canadiens maîtres	17:38.37	MARSHALL, Lynn	CARMA	???	2002-01-01
Records québécois maîtres	19:10.58	BÉLAND, Nathalie	CMNQ	Montreal	2013-04-19

Rang					Age					Soumis			Temps	Points
1.	CAYOINETTE-GUILLOTEAU, Valérie				44	RL				26:37.94		26:47.54		11.00
	50m:	48.59	48.59	450m:	7:54.78	53.23	850m:	15:06.75	54.29	1250m:	22:23.09	54.87		
	100m:	1:39.87	51.28	500m:	8:48.30	53.52	900m:	16:00.91	54.16	1300m:	23:17.10	54.01		
	150m:	2:32.03	52.16	550m:	9:42.54	54.24	950m:	16:55.43	54.52	1350m:	24:10.40	53.30		
	200m:	3:25.50	53.47	600m:	10:36.56	54.02	1000m:	17:51.01	55.58	1400m:	25:03.96	53.56		
	250m:	4:19.46	53.96	650m:	11:30.55	53.99	1050m:	18:45.34	54.33	1450m:	25:57.98	54.02		
	300m:	5:13.83	54.37	700m:	12:24.02	53.47	1100m:	19:39.97	54.63	1500m:	26:47.54	49.56		
	350m:	6:08.24	54.41	750m:	13:18.27	54.25	1150m:	20:34.00	54.03					
	400m:	7:01.55	53.31	800m:	14:12.46	54.19	1200m:	21:28.22	54.22					



Epreuve 22, 1500m Libre

Epreuve 22 Dames, 1500m Libre 45 - 49 ans
2025-04-27 - 13:00 RÉPARTITION DU PLUS VITE AU PLUS LENT Liste résultats

Records canadiens maitres	17:46.32	MARSHALL, Lynn	CARMA	Winnipeg	2007-05-18
Records québécois maitres	19:16.07	LOWENSTEYN, Ilka	CSLA	Cote St-Luc	2013-03-02

Rang				Age		Soumis		Temps		Points		
1.	TOURANGEAU, Annick			47	CNMN		29:19.44		28:49.30	11.00		
	50m:	53.21	53.21	450m:	8:40.86	57.62	850m:	16:28.88	57.55	1250m:	24:05.31	58.57
	100m:	1:52.15	58.94	500m:	9:38.89	58.03	900m:	17:25.82	56.94	1300m:	25:03.13	57.82
	150m:	2:50.84	58.69	550m:	10:37.80	58.91	950m:	18:22.74	56.92	1350m:	26:00.73	57.60
	200m:	3:50.02	59.18	600m:	11:36.82	59.02	1000m:	19:20.30	57.56	1400m:	26:57.90	57.17
	250m:	4:50.02	1:00.00	650m:	12:35.74	58.92	1050m:	20:17.04	56.74	1450m:	27:54.85	56.95
	300m:	5:48.43	58.41	700m:	13:34.47	58.73	1100m:	21:13.80	56.76	1500m:	28:49.30	54.45
	350m:	6:46.61	58.18	750m:	14:32.81	58.34	1150m:	22:10.33	56.53			
	400m:	7:43.24	56.63	800m:	15:31.33	58.52	1200m:	23:06.74	56.41			

Epreuve 22 Messieurs, 1500m Libre 45 - 49 ans
2025-04-27 - 13:00 RÉPARTITION DU PLUS VITE AU PLUS LENT Liste résultats

Records canadiens maitres	16:56.54	STREPPPEL, Greg	CMAV	???	2014-05-16
Records québécois maitres	17:18.20	POISSON, Mathieu	GAMIN	Montreal	2015-05-15

Rang	Age				Soumis				Temps		Points
1. POIRIER, Martin			47	RL	25:36.75				25:58.87		11.00
50m:	43.10	43.10	450m:	7:34.06	51.74	850m:	14:33.57	53.14	1250m:	21:35.12	54.23
100m:	1:31.15	48.05	500m:	8:26.08	52.02	900m:	15:25.28	51.71	1300m:	22:28.28	53.16
150m:	2:21.31	50.16	550m:	9:18.34	52.26	950m:	16:18.73	53.45	1350m:	23:20.99	52.71
200m:	3:12.64	51.33	600m:	10:11.02	52.68	1000m:	17:11.21	52.48	1400m:	24:15.60	54.61
250m:	4:04.61	51.97	650m:	11:02.91	51.89	1050m:	18:03.93	52.72	1450m:	25:08.15	52.55
300m:	4:56.89	52.28	700m:	11:55.35	52.44	1100m:	18:56.25	52.32	1500m:	25:58.87	50.72
350m:	5:49.29	52.40	750m:	12:47.80	52.45	1150m:	19:48.86	52.61			
400m:	6:42.32	53.03	800m:	13:40.43	52.63	1200m:	20:40.89	52.03			

Epreuve 22 Messieurs, 1500m Libre 50 - 54 ans
2025-04-27 - 13:00 RÉPARTITION DU PLUS VITE AU PLUS LENT Liste résultats

Records canadiens maitres	17:07.36	STREPPPEL, Greg	SOM	Etobicoke	2019-04-26
Records québécois maitres	17:57.80	QUESNEL, Jean-Sébastien	GAMIN	Cote St-Luc	2023-04-16

Rang					Age	Soumis				Temps	Points	
1.	MARIN, Thierry				50	CNHR	18:30.14				18:25.84	11.00
	50m:	34.31	34.31	450m:	5:30.16	37.66	850m:	10:30.30	37.62	1250m:	15:25.91	36.64
	100m:	1:10.54	36.23	500m:	6:07.76	37.60	900m:	11:07.59	37.29	1300m:	16:03.26	37.35
	150m:	1:47.37	36.83	550m:	6:44.88	37.12	950m:	11:45.06	37.47	1350m:	16:40.07	36.81
	200m:	2:24.10	36.73	600m:	7:22.50	37.62	1000m:	12:22.16	37.10	1400m:	17:16.66	36.59
	250m:	3:00.82	36.72	650m:	8:00.12	37.62	1050m:	12:58.75	36.59	1450m:	17:51.86	35.20
	300m:	3:37.73	36.91	700m:	8:37.27	37.15	1100m:	13:35.54	36.79	1500m:	18:25.84	33.98
	350m:	4:15.14	37.41	750m:	9:14.92	37.65	1150m:	14:12.44	36.90			
	400m:	4:52.50	37.36	800m:	9:52.68	37.76	1200m:	14:49.27	36.83			



Epreuve 22, Messieurs, 1500m Libre, 50 - 54 ans

Rang					Age					Soumis			Temps	Points
2.	QUESNEL, Jean-Sébastien				52	CNHR				17:57.80		19:01.12		9.00
	50m:	35.29	35.29	450m:	5:39.45	37.73	850m:	10:44.95	38.57	1250m:	15:50.64		38.25	
	100m:	1:13.19	37.90	500m:	6:17.16	37.71	900m:	11:23.62	38.67	1300m:	16:29.04		38.40	
	150m:	1:51.07	37.88	550m:	6:55.41	38.25	950m:	12:01.27	37.65	1350m:	17:07.74		38.70	
	200m:	2:29.19	38.12	600m:	7:33.33	37.92	1000m:	12:39.82	38.55	1400m:	17:46.43		38.69	
	250m:	3:07.58	38.39	650m:	8:11.47	38.14	1050m:	13:18.31	38.49	1450m:	18:24.28		37.85	
	300m:	3:45.73	38.15	700m:	8:49.78	38.31	1100m:	13:56.10	37.79	1500m:	19:01.12		36.84	
	350m:	4:24.16	38.43	750m:	9:27.84	38.06	1150m:	14:34.23	38.13					
	400m:	5:01.72	37.56	800m:	10:06.38	38.54	1200m:	15:12.39	38.16					

Epreuve 22 Dames, 1500m Libre 55 - 59 ans
2025-04-27 - 13:00 RÉPARTITION DU PLUS VITE AU PLUS LENT Liste résultats

Records canadiens maîtres	18:01.79	MARSHALL, Lynn	CARMA	???	2017-04-21
Records québécois maîtres	19:10.73	LOWENSTEYN, Ilka	CSLA	Pointe-Claire	2024-04-21

Rang	Age						Soumis		Temps		Points	
1.	LONGTIN, Martine			56	DDO	26:39.69		27:22.24		11.00		
	50m:	51.27	51.27	450m:	8:11.76	54.90	850m:	15:28.65	54.92	1250m:	22:47.98	54.56
	100m:	1:46.49	55.22	500m:	9:06.05	54.29	900m:	16:23.08	54.43	1300m:	23:43.28	55.30
	150m:	2:41.69	55.20	550m:	10:01.28	55.23	950m:	17:18.21	55.13	1350m:	24:38.80	55.52
	200m:	3:36.97	55.28	600m:	10:55.78	54.50	1000m:	18:12.96	54.75	1400m:	25:34.14	55.34
	250m:	4:31.79	54.82	650m:	11:50.56	54.78	1050m:	19:07.81	54.85	1450m:	26:29.25	55.11
	300m:	5:27.14	55.35	700m:	12:45.31	54.75	1100m:	20:02.73	54.92	1500m:	27:22.24	52.99
	350m:	6:22.09	54.95	750m:	13:39.64	54.33	1150m:	20:58.29	55.56			
	400m:	7:16.86	54.77	800m:	14:33.73	54.09	1200m:	21:53.42	55.13			
2.	TURNBULL, Claudine			59	DDO	30:55.55		29:48.62		9.00		
	50m:	53.84	53.84	450m:	8:45.21	59.59	850m:	16:44.16	1:01.26	1250m:	24:49.18	59.64
	100m:	1:52.46	58.62	500m:	9:45.04	59.83	900m:	17:44.85	1:00.69	1300m:	25:49.69	1:00.51
	150m:	2:50.87	58.41	550m:	10:43.67	58.63	950m:	18:45.86	1:01.01	1350m:	26:50.50	1:00.81
	200m:	3:50.39	59.52	600m:	11:43.30	59.63	1000m:	19:46.51	1:00.65	1400m:	27:50.88	1:00.38
	250m:	4:50.05	59.66	650m:	12:43.49	1:00.19	1050m:	20:47.65	1:01.14	1450m:	28:52.63	1:01.75
	300m:	5:49.29	59.24	700m:	13:42.93	59.44	1100m:	21:46.73	59.08	1500m:	29:48.62	55.99
	350m:	6:47.43	58.14	750m:	14:42.24	59.31	1150m:	22:48.24	1:01.51			
	400m:	7:45.62	58.19	800m:	15:42.90	1:00.66	1200m:	23:49.54	1:01.30			

forf.nd. CARAVIAS, Mary 55 STL forf.nd. -

Epreuve 22 Messieurs, 1500m Libre 55 - 59 ans
2025-04-27 - 13:00 RÉPARTITION DU PLUS VITE AU PLUS LENT Liste résultats

Records canadiens maîtres	17:59.02	GIROUX, Martin	MPC	Cote Saint-Luc	2023-01-21
Records québécois maîtres	17:59.02	GIROUX, Martin	MPC	Cote Saint-Luc	2023-01-21

Rang					Age					Soumis			Temps	Points
1.	MARCOTTE, Stephane				56	CNBF				21:21.31		21:45.81		11.00
	50m:	38.64	38.64	450m:	6:24.62	44.06	850m:	12:19.95	44.15	1250m:	18:11.96		43.96	
	100m:	1:20.50	41.86	500m:	7:09.00	44.38	900m:	13:04.12	44.17	1300m:	18:55.87		43.91	
	150m:	2:02.99	42.49	550m:	7:53.77	44.77	950m:	13:48.12	44.00	1350m:	19:39.40		43.53	
	200m:	2:45.84	42.85	600m:	8:37.70	43.93	1000m:	14:32.10	43.98	1400m:	20:23.29		43.89	
	250m:	3:28.99	43.15	650m:	9:22.34	44.64	1050m:	15:15.97	43.87	1450m:	21:06.47		43.18	
	300m:	4:12.45	43.46	700m:	10:06.51	44.17	1100m:	15:59.87	43.90	1500m:	21:45.81		39.34	
	350m:	4:56.58	44.13	750m:	10:51.16	44.65	1150m:	16:44.11	44.24					
	400m:	5:40.56	43.98	800m:	11:35.80	44.64	1200m:	17:28.00	43.89					



Epreuve 22, Messieurs, 1500m Libre, 55 - 59 ans

Rang				Age		Soumis			Temps		Points	
2.	NEVEU, André			58	LAVAL		28:29.04			27:30.87	9.00	
	50m:	49.33	49.33	450m:	7:54.24	52.90	850m:	15:10.36	56.47	1250m:	22:45.83	57.18
	100m:	1:41.54	52.21	500m:	8:46.88	52.64	900m:	16:06.00	55.64	1300m:	23:44.26	58.43
	150m:	2:34.68	53.14	550m:	9:39.29	52.41	950m:	17:02.13	56.13	1350m:	24:43.05	58.79
	200m:	3:29.79	55.11	600m:	10:33.46	54.17	1000m:	17:58.66	56.53	1400m:	25:40.67	57.62
	250m:	4:23.31	53.52	650m:	11:27.78	54.32	1050m:	18:56.32	57.66	1450m:	26:36.89	56.22
	300m:	5:16.43	53.12	700m:	12:22.58	54.80	1100m:	19:54.95	58.63	1500m:	27:30.87	53.98
	350m:	6:09.01	52.58	750m:	13:18.29	55.71	1150m:	20:52.14	57.19			
	400m:	7:01.34	52.33	800m:	14:13.89	55.60	1200m:	21:48.65	56.51			

Epreuve 22

2025-04-27 - 13:00

Messieurs, 1500m Libre

RÉPARTITION DU PLUS VITE AU PLUS LENT

60 - 64 ans

Liste résultats

Records canadiens maîtres	18:35.51	CARLSEN, Glenn	KISU	Quebec	2017-05-12
Records québécois maîtres	19:15.43	JACOBS, Calvin	CASCI	Pointe-Claire	2024-04-21

Rang				Age				Soumis		Temps		Points
1.	LAMBERT, Christopher			61	DDO	22:59.88		23:02.65		11.00		
	50m:	42.09	42.09	450m:	6:55.08	45.95	850m:	13:05.31	45.92	1250m:	19:15.33	47.05
	100m:	1:27.47	45.38	500m:	7:41.69	46.61	900m:	13:51.61	46.30	1300m:	20:02.56	47.23
	150m:	2:14.22	46.75	550m:	8:27.64	45.95	950m:	14:37.88	46.27	1350m:	20:50.11	47.55
	200m:	3:01.62	47.40	600m:	9:13.62	45.98	1000m:	15:23.60	45.72	1400m:	21:36.60	46.49
	250m:	3:49.04	47.42	650m:	10:00.63	47.01	1050m:	16:08.91	45.31	1450m:	22:22.03	45.43
	300m:	4:36.25	47.21	700m:	10:47.52	46.89	1100m:	16:55.29	46.38	1500m:	23:02.65	40.62
	350m:	5:22.80	46.55	750m:	11:32.87	45.35	1150m:	17:41.74	46.45			
	400m:	6:09.13	46.33	800m:	12:19.39	46.52	1200m:	18:28.28	46.54			
2.	LÉVEILLÉ, Stéphan			60	MACC	25:02.37		24:08.65		9.00		
	50m:	39.14	39.14	450m:	6:53.27	47.90	850m:	13:26.31	49.41	1250m:	20:04.08	50.42
	100m:	1:23.04	43.90	500m:	7:42.35	49.08	900m:	14:15.58	49.27	1300m:	20:54.18	50.10
	150m:	2:08.93	45.89	550m:	8:31.32	48.97	950m:	15:04.89	49.31	1350m:	21:44.06	49.88
	200m:	2:54.96	46.03	600m:	9:19.95	48.63	1000m:	15:55.79	50.90	1400m:	22:34.21	50.15
	250m:	3:41.56	46.60	650m:	10:09.21	49.26	1050m:	16:45.62	49.83	1450m:	23:23.63	49.42
	300m:	4:29.01	47.45	700m:	10:58.64	49.43	1100m:	17:34.75	49.13	1500m:	24:08.65	45.02
	350m:	5:17.01	48.00	750m:	11:47.81	49.17	1150m:	18:24.11	49.36			
	400m:	6:05.37	48.36	800m:	12:36.90	49.09	1200m:	19:13.66	49.55			
3.	MOREAU, André			64	CNMN	25:12.55		25:23.08		8.00		
	50m:	45.63	45.63	450m:	7:32.89	51.01	850m:	14:22.52	50.69	1250m:	21:12.94	51.73
	100m:	1:36.33	50.70	500m:	8:23.53	50.64	900m:	15:14.62	52.10	1300m:	22:03.85	50.91
	150m:	2:26.27	49.94	550m:	9:15.05	51.52	950m:	16:07.18	52.56	1350m:	22:55.76	51.91
	200m:	3:17.42	51.15	600m:	10:06.90	51.85	1000m:	16:57.32	50.14	1400m:	23:47.35	51.59
	250m:	4:07.84	50.42	650m:	10:57.64	50.74	1050m:	17:47.26	49.94	1450m:	24:39.45	52.10
	300m:	4:58.85	51.01	700m:	11:49.36	51.72	1100m:	18:38.62	51.36	1500m:	25:23.08	43.63
	350m:	5:50.15	51.30	750m:	12:40.70	51.34	1150m:	19:28.23	49.61			
	400m:	6:41.88	51.73	800m:	13:31.83	51.13	1200m:	20:21.21	52.98			
4.	MANES, Marc			60	DDO	25:29.17		26:02.41		7.00		
	50m:	46.35	46.35	450m:	7:42.07	52.56	850m:	14:41.19	53.16	1250m:	21:42.83	52.90
	100m:	1:36.61	50.26	500m:	8:34.05	51.98	900m:	15:33.16	51.97	1300m:	22:35.83	53.00
	150m:	2:28.81	52.20	550m:	9:26.52	52.47	950m:	16:25.79	52.63	1350m:	23:28.23	52.40
	200m:	3:20.71	51.90	600m:	10:19.02	52.50	1000m:	17:18.23	52.44	1400m:	24:20.73	52.50
	250m:	4:12.73	52.02	650m:	11:11.07	52.05	1050m:	18:10.66	52.43	1450m:	25:14.53	53.80
	300m:	5:05.13	52.40	700m:	12:03.58	52.51	1100m:	19:03.68	53.02	1500m:	26:02.41	47.88
	350m:	5:57.56	52.43	750m:	12:55.79	52.21	1150m:	19:57.04	53.36			
	400m:	6:49.51	51.95	800m:	13:48.03	52.24	1200m:	20:49.93	52.89			



Epreuve 22, Messieurs, 1500m Libre, 60 - 64 ans

Rang				Age		Soumis		Temps		Points	
5.	BEAULIEU, Jean-Yves			63	CNMN	26:09.25		29:29.62		6.00	
	50m:	44.38	44.38	450m:	8:04.85	57.03	850m:	15:56.51	1:01.51	1250m: 24:13.06	1:02.96
	100m:	1:34.78	50.40	500m:	9:02.38	57.53	900m:	16:56.61	1:00.10	1300m: 25:17.70	1:04.64
	150m:	2:28.85	54.07	550m:	9:59.81	57.43	950m:	17:57.61	1:01.00	1350m: 26:23.07	1:05.37
	200m:	3:24.56	55.71	600m:	10:58.47	58.66	1000m:	18:59.12	1:01.51	1400m: 27:27.41	1:04.34
	250m:	4:19.09	54.53	650m:	11:58.90	1:00.43	1050m:	19:59.87	1:00.75	1450m: 28:31.59	1:04.18
	300m:	5:15.11	56.02	700m:	12:58.04	59.14	1100m:	21:02.71	1:02.84	1500m: 29:29.62	58.03
	350m:	6:10.97	55.86	750m:	13:55.59	57.55	1150m:	22:04.83	1:02.12		
	400m:	7:07.82	56.85	800m:	14:55.00	59.41	1200m:	23:10.10	1:05.27		

Epreuve 22
2025-04-27 - 13:00

Messieurs, 1500m Libre
RÉPARTITION DU PLUS VITE AU PLUS LENT

65 - 69 ans
Liste résultats

Records canadiens maîtres	19:02.50	CARLSEN, Glenn	DOGW	Quebec	2022-05-20
Records québécois maîtres	20:34.13	CHARRON, Denis	UNQC	Cote St-Luc	2023-04-16

Rang				Age		Soumis			Temps		Points	
1.	CHARRON, Denis			68	UNMNQ	20:34.13			21:00.73		-	
	50m:	37.55	37.55	450m:	6:10.91	41.98	850m:	11:46.94	42.15	1250m:	17:24.12	42.90
	100m:	1:18.01	40.46	500m:	6:52.97	42.06	900m:	12:28.82	41.88	1300m:	18:06.64	42.52
	150m:	1:59.84	41.83	550m:	7:35.01	42.04	950m:	13:10.81	41.99	1350m:	18:48.74	42.10
	200m:	2:41.74	41.90	600m:	8:17.00	41.99	1000m:	13:52.78	41.97	1400m:	19:28.96	40.22
	250m:	3:23.19	41.45	650m:	8:59.22	42.22	1050m:	14:34.83	42.05	1450m:	20:19.62	50.66
	300m:	4:04.96	41.77	700m:	9:41.33	42.11	1100m:	15:16.93	42.10	1500m:	21:00.73	41.11
	350m:	4:46.74	41.78	750m:	10:23.09	41.76	1150m:	15:59.13	42.20			
	400m:	5:28.93	42.19	800m:	11:04.79	41.70	1200m:	16:41.22	42.09			
2.	CYR, Richard			67	CNMT	22:41.75			23:31.05		9.00	
	50m:	43.64	43.64	450m:	7:04.14	47.22	850m:	13:22.69	47.44	1250m:	19:40.09	46.69
	100m:	1:29.81	46.17	500m:	7:51.48	47.34	900m:	14:10.14	47.45	1300m:	20:26.76	46.67
	150m:	2:17.77	47.96	550m:	8:38.80	47.32	950m:	14:57.09	46.95	1350m:	21:13.74	46.98
	200m:	3:06.11	48.34	600m:	9:26.15	47.35	1000m:	15:44.67	47.58	1400m:	22:00.97	47.23
	250m:	3:54.00	47.89	650m:	10:13.82	47.67	1050m:	16:31.64	46.97	1450m:	22:47.55	46.58
	300m:	4:41.74	47.74	700m:	11:01.16	47.34	1100m:	17:18.88	47.24	1500m:	23:31.05	43.50
	350m:	5:29.32	47.58	750m:	11:48.15	46.99	1150m:	18:06.36	47.48			
	400m:	6:16.92	47.60	800m:	12:35.25	47.10	1200m:	18:53.40	47.04			

Epreuve 22
2025-04-27 - 13:00

Dames, 1500m Libre
RÉPARTITION DU PLUS VITE AU PLUS LENT

70 - 74 ans
Liste résultats

Records canadiens maîtres	25:58.55	FABRE, Anne	VICM	Vancouver	2018-04-27
Records québécois maîtres	28:02.34	DILLINGER, Erda	MPC	Trois-Rivieres	2011-04-15

Rang				Age		Soumis		Temps		Points	
1.	LETHIECQ, Monique			70	BRO		31:30.00		30:36.00	11.00	
	50m:	53.98	53.98	450m:	9:07.69	1:01.44	850m:	17:24.08	1:01.81	1250m: 25:38.24	1:03.00
	100m:	1:55.55	1:01.57	500m:	10:10.08	1:02.39	900m:	18:26.94	1:02.86	1300m: 26:40.51	1:02.27
	150m:	2:57.91	1:02.36	550m:	11:11.68	1:01.60	950m:	19:29.35	1:02.41	1350m: 27:42.21	1:01.70
	200m:	4:00.54	1:02.63	600m:	12:13.65	1:01.97	1000m:	20:29.85	1:00.50	1400m: 28:41.62	59.41
	250m:	5:02.62	1:02.08	650m:	13:15.51	1:01.86	1050m:	21:30.82	1:00.97	1450m: 29:42.31	1:00.69
	300m:	6:04.07	1:01.45	700m:	14:17.56	1:02.05	1100m:	22:34.02	1:03.20	1500m: 30:36.00	53.69
	350m:	7:04.66	1:00.59	750m:	15:19.83	1:02.27	1150m:	23:33.94	59.92		
	400m:	8:06.25	1:01.59	800m:	16:22.27	1:02.44	1200m:	24:35.24	1:01.30		



Epreuve 22, 1500m Libre

Epreuve 22
2025-04-27 - 13:00

Messieurs, 1500m Libre
RÉPARTITION DU PLUS VITE AU PLUS LENT

70 - 74 ans
Liste résultats

Records canadiens maîtres	22:00.23	STAMHUIS, Michael	VERN	Penticton	2023-12-17
Records québécois maîtres	26:04.74	SHIBATA, Mark	MPC	Toronto	2009-05-15

Rang	Age					Soumis		Temps		Points		
1.	LACHANCE, Bruno			73	MNC	29:19.60		27:51.80		11.00		
	50m:	50.82	50.82	450m:	8:14.97	56.18	850m:	15:44.69	56.83	1250m:	23:15.71	56.64
	100m:	1:44.30	53.48	500m:	9:11.10	56.13	900m:	16:40.99	56.30	1300m:	24:12.41	56.70
	150m:	2:39.32	55.02	550m:	10:06.34	55.24	950m:	17:37.70	56.71	1350m:	25:09.55	57.14
	200m:	3:34.23	54.91	600m:	11:03.52	57.18	1000m:	18:34.04	56.34	1400m:	26:05.73	56.18
	250m:	4:31.14	56.91	650m:	11:59.63	56.11	1050m:	19:31.01	56.97	1450m:	27:00.72	54.99
	300m:	5:27.22	56.08	700m:	12:54.83	55.20	1100m:	20:28.19	57.18	1500m:	27:51.80	51.08
	350m:	6:22.73	55.51	750m:	13:51.04	56.21	1150m:	21:22.93	54.74			
	400m:	7:18.79	56.06	800m:	14:47.86	56.82	1200m:	22:19.07	56.14			

Epreuve 22
2025-04-27 - 13:00

Dames, 1500m Libre
RÉPARTITION DU PLUS VITE AU PLUS LENT

75 - 79 ans
Liste résultats

Records canadiens maîtres	26:20.36	MACPHERSON, Linda	SAWM	Nanaimo	2013-04-26
Records québécois maîtres	29:19.71	DILLINGER, Erda	MPC	Montreal	2016-04-15

Rang	Age				Soumis		Temps		Points			
1.	CARDINAL, Liliane			76	MPC	37:37.69		38:05.75	11.00			
	50m:	1:10.29	1:10.29	450m:	11:04.71	1:15.25	850m:	21:12.88	1:16.21	1250m:	31:36.96	1:17.49
	100m:	2:23.73	1:13.44	500m:	12:20.43	1:15.72	900m:	22:31.24	1:18.36	1300m:	32:56.19	1:19.23
	150m:	3:37.09	1:13.36	550m:	13:35.47	1:15.04	950m:	23:47.90	1:16.66	1350m:	34:14.08	1:17.89
	200m:	4:50.32	1:13.23	600m:	14:50.04	1:14.57	1000m:	25:07.50	1:19.60	1400m:	35:33.01	1:18.93
	250m:	6:05.82	1:15.50	650m:	16:05.83	1:15.79	1050m:	26:23.90	1:16.40	1450m:	36:51.33	1:18.32
	300m:	7:19.88	1:14.06	700m:	17:22.72	1:16.89	1100m:	27:42.95	1:19.05	1500m:	38:05.75	1:14.42
	350m:	8:34.96	1:15.08	750m:	18:40.62	1:17.90	1150m:	29:01.63	1:18.68			
	400m:	9:49.46	1:14.50	800m:	19:56.67	1:16.05	1200m:	30:19.47	1:17.84			

Epreuve 22
2025-04-27 - 13:00

Dames, 1500m Libre
RÉPARTITION DU PLUS VITE AU PLUS LENT

90 - 94 ans
Liste résultats

Records canadiens maîtres	45:12.58	RASMUSSEN, Kalis	EOMAC	???	2015-04-02
Records québécois maîtres	50:36.15	WARREN, Lillian	MDDO	Dollard-des-Ormeaux	2010-03-20

Rang	Age					Soumis		Temps		Points		
1.	WALDIE, Mae					90	MPC	38:30.00	37:46.26	11.00		
	nouveau record canadien?											
	50m:	1:04.52	1:04.52	450m:	11:11.61	1:17.12	850m:	21:18.18	1:16.82	1250m:	31:32.12	1:18.82
	100m:	2:22.11	1:17.59	500m:	12:25.42	1:13.81	900m:	22:34.80	1:16.62	1300m:	32:46.00	1:13.88
	150m:	3:37.17	1:15.06	550m:	13:41.61	1:16.19	950m:	23:51.45	1:16.65	1350m:	34:03.39	1:17.39
	200m:	4:53.98	1:16.81	600m:	14:57.24	1:15.63	1000m:	25:07.15	1:15.70	1400m:	35:18.92	1:15.53
	250m:	6:10.55	1:16.57	650m:	16:15.48	1:18.24	1050m:	26:23.42	1:16.27	1450m:	36:33.76	1:14.84
	300m:	7:24.73	1:14.18	700m:	17:31.17	1:15.69	1100m:	27:43.26	1:19.84	1500m:	37:46.26	1:12.50
	350m:	8:41.27	1:16.54	750m:	18:45.84	1:14.67	1150m:	28:58.80	1:15.54			
	400m:	9:54.49	1:13.22	800m:	20:01.36	1:15.52	1200m:	30:13.30	1:14.50			