

Limiet lange baan
Oosterhout, 30-3-2025

Programmanr. 1
30-3-2025 - 14:00

Heren, 400m wisselslag

2012 en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT			
1.	Iven Pas	V.Z.V. Njord	5:49.79	200900387	5:32.27			
	50m: 34.19	34.19	150m: 2:01.47	44.51	250m: 3:31.29	47.72	350m: 4:56.89	38.43
	100m: 1:16.96	42.77	200m: 2:43.57	42.10	300m: 4:18.46	47.17	400m: 5:32.27	35.38
2.	Tim Looijen	Wahoo Swimming	5:54.52	200700325	5:47.41			
	50m: 34.08	34.08	150m: 2:01.05	45.94	250m: 3:35.97	50.31	350m: 5:07.73	40.61
	100m: 1:15.11	41.03	200m: 2:45.66	44.61	300m: 4:27.12	51.15	400m: 5:47.41	39.68
3.	Tomas Brilleman	O.Z. & P.C. De Warande	5:52.86	200801071	5:58.47			
	50m: 38.32	38.32	150m: 2:10.47	46.99	250m: 3:47.00	50.55	350m: 5:18.74	40.62
	100m: 1:23.48	45.16	200m: 2:56.45	45.98	300m: 4:38.12	51.12	400m: 5:58.47	39.73