

Prova 2
03/05/2025 - 11:40

Masc., 400m Estilos

13 - 16 anos
Resultados

Pontos: AQUA 2024

Lugar	Nome	Ano	Classe	Licença	Clube	Tempo Final	AQUA
Juvenis B							
1.	David Filipe, Pacheco	10		205810	BUZIOS - Coruche	4:52.95	514
	50m: 29.85 29.85	150m: 1:42.64 37.97	250m: 3:04.11 44.09	350m: 4:21.14 34.01			
	100m: 1:04.67 34.82	200m: 2:20.02 37.38	300m: 3:47.13 43.02	400m: 4:52.95 31.81			
2.	Daniel Filipe, Jorge	10		210798	Rio Maior	5:07.94	443
	50m: 31.37 31.37	150m: 1:48.28 39.70	250m: 3:13.41 45.12	350m: 4:33.78 34.96			
	100m: 1:08.58 37.21	200m: 2:28.29 40.01	300m: 3:58.82 45.41	400m: 5:07.94 34.16			
3.	Guilherme Martins, Conceicao	10		214982	Viver Santarem	5:25.87	374
	50m: 34.80 34.80	150m: 1:59.38 43.34	250m: 3:25.27 42.93	350m: 4:48.70 37.74			
	100m: 1:16.04 41.24	200m: 2:42.34 42.96	300m: 4:10.96 45.69	400m: 5:25.87 37.17			
4.	Guilherme Gomes, Nunes	10		208610	Salvaterra de Magos	5:33.42	349
	50m: 35.68 35.68	150m: 2:02.41 45.08	250m: 3:32.07 45.34	350m: 4:56.58 37.67			
	100m: 1:17.33 41.65	200m: 2:46.73 44.32	300m: 4:18.91 46.84	400m: 5:33.42 36.84			
5.	Tiago Frazao, Barra	10		214568	Rio Maior	5:33.60	348
	50m: 34.76 34.76	150m: 1:58.51 42.56	250m: 3:28.82 48.46	350m: 4:56.43 38.16			
	100m: 1:15.95 41.19	200m: 2:40.36 41.85	300m: 4:18.27 49.45	400m: 5:33.60 37.17			
6.	Luis Miguel, Reis	10		213109	Rio Maior	5:41.47	325
	50m: 36.54 36.54	150m: 2:01.56 43.12	250m: 3:35.29 51.99	350m: 5:05.25 38.83			
	100m: 1:18.44 41.90	200m: 2:43.30 41.74	300m: 4:26.42 51.13	400m: 5:41.47 36.22			
7.	Jose Miguel, Pais	10		208376	Natacao do Fundao/Yes Energy	5:48.74	305
	50m: 35.75 35.75	150m: 2:02.00 43.25	250m: 3:36.76 52.09	350m: 5:09.74 39.16			
	100m: 1:18.75 43.00	200m: 2:44.67 42.67	300m: 4:30.58 53.82	400m: 5:48.74 39.00			
8.	Joao Martim, Picarra	10		207667	Elvense	6:05.66	264
	50m: 38.29 38.29	150m: 2:10.78 47.36	250m: 3:48.16 52.33	350m: 5:25.62 42.91			
	100m: 1:23.42 45.13	200m: 2:55.83 45.05	300m: 4:42.71 54.55	400m: 6:05.66 40.04			
9.	Duarte Jose, Matos	10		220426	CCDSerta	6:17.70	240
	50m: 38.49 38.49	150m: 2:13.76 48.66	250m: 3:55.52 53.65	350m: 5:34.68 43.39			
	100m: 1:25.10 46.61	200m: 3:01.87 48.11	300m: 4:51.29 55.77	400m: 6:17.70 43.02			
10.	Afonso Ferreira, Filipe	10		214552	CCDSerta	6:23.01	230
	50m: 40.69 40.69	150m: 2:21.97 51.58	250m: 4:04.92 54.47	350m: 5:43.22 44.07			
	100m: 1:30.39 49.70	200m: 3:10.45 48.48	300m: 4:59.15 54.23	400m: 6:23.01 39.79			
11.	Gabriel Lourenco, Costa	10		209624	Natacao do Fundao/Yes Energy	6:30.21	217
	50m: 44.25 44.25	150m: 2:24.59 47.00	250m: 4:05.65 55.50	350m: 5:47.53 45.84			
	100m: 1:37.59 53.34	200m: 3:10.15 45.56	300m: 5:01.69 56.04	400m: 6:30.21 42.68			
12.	Duarte Rafael, Lopes	10		208301	Eléctrico	7:03.69	170
	50m: 48.71 48.71	150m: 2:38.79 52.35	250m: 4:26.55 55.70	350m: 6:14.52 51.12			
	100m: 1:46.44 57.73	200m: 3:30.85 52.06	300m: 5:23.40 56.85	400m: 7:03.69 49.17			

Juvenis A

1.	Pedro Morgado, Costa	09		216915	Rio Maior	5:16.18	409
	50m: 32.46 32.46	150m: 1:51.17 41.09	250m: 3:18.49 48.48	350m: 4:42.39 35.12			
	100m: 1:10.08 37.62	200m: 2:30.01 38.84	300m: 4:07.27 48.78	400m: 5:16.18 33.79			
2.	Gabriel Antunes, Ramos	09		220234	Rio Maior	5:41.16	326
	50m: 36.98 36.98	150m: 2:04.47 43.18	250m: 3:36.83 50.86	350m: 5:06.52 38.16			
	100m: 1:21.29 44.31	200m: 2:45.97 41.50	300m: 4:28.36 51.53	400m: 5:41.16 34.64			

Prova 2, Masc., 400m Estilos, Juvenis A

Lugar	Nome	Ano	Classe	Licença	Clube	Tempo Final	AQUA
3.	Joao Maria, Sanguinho	09		209032	Elvense	5:41.88	323
	50m: 35.28 35.28	150m: 2:01.23 43.63	250m: 3:33.39 49.13	350m: 5:03.75 40.63			
	100m: 1:17.60 42.32	200m: 2:44.26 43.03	300m: 4:23.12 49.73	400m: 5:41.88 38.13			
4.	Luis Suissas, Rato	09		217843	Salvaterra de Magos	5:43.57	319
	50m: 31.16 31.16	150m: 1:53.41 45.51	250m: 3:30.59 52.60	350m: 5:05.68 39.89			
	100m: 1:07.90 36.74	200m: 2:37.99 44.58	300m: 4:25.79 55.20	400m: 5:43.57 37.89			
5.	Manuel Maria, Sanguinho	09		209031	Elvense	5:52.34	295
	50m: 33.87 33.87	150m: 2:01.87 46.52	250m: 3:37.17 51.26	350m: 5:13.10 44.88			
	100m: 1:15.35 41.48	200m: 2:45.91 44.04	300m: 4:28.22 51.05	400m: 5:52.34 39.24			
6.	Tomas Verissimo, Silva	09		220440	Penta da Covilha	5:54.02	291
	50m: 33.31 33.31	150m: 2:01.96 47.66	250m: 3:41.45 53.06	350m: 5:16.18 40.14			
	100m: 1:14.30 40.99	200m: 2:48.39 46.43	300m: 4:36.04 54.59	400m: 5:54.02 37.84			
7.	Bernardo Amaral, Pires	09		211950	CCDSerta	5:59.42	278
	50m: 35.77 35.77	150m: 2:07.99 47.43	250m: 3:45.27 50.22	350m: 5:19.90 41.89			
	100m: 1:20.56 44.79	200m: 2:55.05 47.06	300m: 4:38.01 52.74	400m: 5:59.42 39.52			

Infantis B

1.	Matias Rafael, Pacheco	12		211312	BUZIOS - Coruche	5:57.24	283
	50m: 38.67 38.67	150m: 2:06.37 42.94	250m: 3:43.73 55.61	350m: 5:18.80 40.48			
	100m: 1:23.43 44.76	200m: 2:48.12 41.75	300m: 4:38.32 54.59	400m: 5:57.24 38.44			
2.	Rodrigo Miranda, Rosa	12		212324	Uniao Samorensense	6:11.64	252
	50m: 37.44 37.44	150m: 2:11.77 49.44	250m: 3:52.98 54.26	350m: 5:32.35 43.87			
	100m: 1:22.33 44.89	200m: 2:58.72 46.95	300m: 4:48.48 55.50	400m: 6:11.64 39.29			
3.	Sergio Ricardo, Alves	12		220933	CCDSerta	6:46.56	192
	50m: 43.78 43.78	150m: 2:28.22 50.32	250m: 4:20.14 1:00.48	350m: 6:05.37 45.36			
	100m: 1:37.90 54.12	200m: 3:19.66 51.44	300m: 5:20.01 59.87	400m: 6:46.56 41.19			
4.	Duarte Belchior, Munhao	12		217411	Elvense	7:06.12	167
	50m: 50.73 50.73	150m: 2:46.39 52.58	250m: 4:36.73 59.13	350m: 6:21.68 45.38			
	100m: 1:53.81 1:03.08	200m: 3:37.60 51.21	300m: 5:36.30 59.57	400m: 7:06.12 44.44			
5.	Alexandre Caetano, Costa	12		217528	Natacao Guarda	7:27.29	144
	50m: 49.28 49.28	150m: 2:45.02 54.92	250m: 4:43.78 1:06.03	350m: 6:38.78 50.71			
	100m: 1:50.10 1:00.82	200m: 3:37.75 52.73	300m: 5:48.07 1:04.29	400m: 7:27.29 48.51			
DSQ	Goncalo Maria, Costa	12		207317	Elvense		
	603 - Após viragem saiu em posição ventral aos 100 m - SW 6.2, (Iniciou o percurso de costas na posição ventral)						
DSQ	Duarte Filipe, Monraia	12		217410	Elvense		
	809 - Movimento alternado de pernas durante o percurso - SW 8.3						
DSQ	Antonio Beirao, Valente	12		216127	AN Albicastrense		
	404 - Falsa partida - SW 4.4						

Infantis A

1.	Martim Maria, Salvador	11		211307	Salvaterra de Magos	5:23.67	381
	50m: 31.58 31.58	150m: 1:52.94 43.65	250m: 3:23.11 47.78	350m: 4:48.07 35.97			
	100m: 1:09.29 37.71	200m: 2:35.33 42.39	300m: 4:12.10 48.99	400m: 5:23.67 35.60			
2.	Francisco Maria, Dias	11		214981	Viver Santarem	5:53.07	294
	50m: 35.65 35.65	150m: 2:04.94 43.60	250m: 3:39.68 52.79	350m: 5:14.50 41.16			
	100m: 1:21.34 45.69	200m: 2:46.89 41.95	300m: 4:33.34 53.66	400m: 5:53.07 38.57			

Prova 2, Masc., 400m Estilos, Infantis A

Lugar	Nome	Ano	Classe	Licença	Clube	Tempo Final	AQUA
3.	Martim Miguel, Santos	11		216945	Rio Maior	5:53.50	293
	50m: 37.39 37.39	150m: 2:06.63 44.75	250m: 3:40.16 50.86	350m: 5:12.63 41.12			
	100m: 1:21.88 44.49	200m: 2:49.30 42.67	300m: 4:31.51 51.35	400m: 5:53.50 40.87			
4.	Afonso Jose, Alves	11		214560	CCDSerta	5:57.55	283
	50m: 37.94 37.94	150m: 2:06.94 43.51	250m: 3:45.22 53.81	350m: 5:18.64 39.04			
	100m: 1:23.43 45.49	200m: 2:51.41 44.47	300m: 4:39.60 54.38	400m: 5:57.55 38.91			
5.	Heliodoro Joao, Sombreiro	11		212128	BUZIOS - Coruche	6:07.43	260
	50m: 37.59 37.59	150m: 2:08.30 45.09	250m: 3:50.83 55.54	350m: 5:27.79 40.62			
	100m: 1:23.21 45.62	200m: 2:55.29 46.99	300m: 4:47.17 56.34	400m: 6:07.43 39.64			
6.	Eduardo Domingos, Rosa	11		214848	BUZIOS - Coruche	6:12.42	250
	50m: 40.93 40.93	150m: 2:16.12 46.25	250m: 3:56.82 55.76	350m: 5:33.29 40.18			
	100m: 1:29.87 48.94	200m: 3:01.06 44.94	300m: 4:53.11 56.29	400m: 6:12.42 39.13			
7.	Dinis Lourenco, Pereira	11		215070	AN Albicastrense	6:15.83	243
	50m: 39.39 39.39	150m: 2:17.85 51.00	250m: 3:58.50 51.88	350m: 5:34.87 42.52			
	100m: 1:26.85 47.46	200m: 3:06.62 48.77	300m: 4:52.35 53.85	400m: 6:15.83 40.96			
8.	Eduardo Lourenco, Silva	11		213974	AN Albicastrense	6:44.53	195
	50m: 42.50 42.50	150m: 2:26.57 53.07	250m: 4:13.11 56.13	350m: 5:59.77 48.41			
	100m: 1:33.50 51.00	200m: 3:16.98 50.41	300m: 5:11.36 58.25	400m: 6:44.53 44.76			
9.	Rodrigo Miguel, Alcobia <i>Rec Nacional SM10</i>	11	SM10	223370	Ferreira do Zezere	6:57.50	177
	50m: 44.76 44.76	150m: 2:30.53 48.29	250m: 4:24.24 1:05.74	350m: 6:13.35 43.60			
	100m: 1:42.24 57.48	200m: 3:18.50 47.97	300m: 5:29.75 1:05.51	400m: 6:57.50 44.15			
10.	Duarte Alexandre, Carreiras	11		217600	Elvense	7:10.72	162
	50m: 44.94 44.94	150m: 2:40.25 56.78	250m: 4:34.01 57.61	350m: 6:24.07 50.47			
	100m: 1:43.47 58.53	200m: 3:36.40 56.15	300m: 5:33.60 59.59	400m: 7:10.72 46.65			
11.	Salvador Miguel, Silva	11		220781	Viver Santarem	7:23.88	148
	50m: 43.46 43.46	150m: 2:42.48 59.94	250m: 4:43.98 1:03.45	350m: 6:39.19 51.21			
	100m: 1:42.54 59.08	200m: 3:40.53 58.05	300m: 5:47.98 1:04.00	400m: 7:23.88 44.69			
DSQ	Rui Manuel, Douvens	11		217880	CCDSerta		
	603 - Após viragem saiu em posição ventral aos 100 m - SW 6.2, (Iniciou o percurso de costas na posição ventral)						