

Prova 1
03/05/2025 - 10:00

Femin., 800m Livres

12 - 15 anos
Resultados

Pontos: AQUA 2024

Lugar	Nome	Ano	Classe	Licença	Clube	Tempo Final	AQUA
Juvenis B							
1.	Sofia Barroca, Pereira	11		212103	BUZIOS - Coruche	10:00.47	502
	100m: 1:12.42 1:12.42		300m: 3:44.02 1:16.13		500m: 6:15.89 1:15.67	700m: 8:48.08 1:15.72	
	200m: 2:27.89 1:15.47		400m: 5:00.22 1:16.20		600m: 7:32.36 1:16.47	800m: 10:00.47 1:12.39	
2.	Matilde Nogueira, Lourenco	11		214556	CCDSerta	10:45.43	404
	100m: 1:16.28 1:16.28		300m: 3:58.56 1:22.24		500m: 6:42.81 1:22.03	700m: 9:27.09 1:22.12	
	200m: 2:36.32 1:20.04		400m: 5:20.78 1:22.22		600m: 8:04.97 1:22.16	800m: 10:45.43 1:18.34	
3.	Benedita Maria, Lagarinhos	11		214980	Viver Santarem	11:25.73	337
	100m: 1:20.94 1:20.94		300m: 4:14.89 1:26.85		500m: 7:08.08 1:25.95	700m: 10:01.48 1:25.73	
	200m: 2:48.04 1:27.10		400m: 5:42.13 1:27.24		600m: 8:35.75 1:27.67	800m: 11:25.73 1:24.25	
4.	Joana Nobre, Jesus	11		217536	Natacao Guarda	11:50.91	302
	100m: 1:24.82 1:24.82		300m: 4:24.16 1:30.12		500m: 7:24.74 1:31.20	700m: 10:26.05 1:31.15	
	200m: 2:54.04 1:29.22		400m: 5:53.54 1:29.38		600m: 8:54.90 1:30.16	800m: 11:50.91 1:24.86	
5.	Ines Martins, Farinha	11		214553	CCDSerta	11:54.71	298
	100m: 1:23.71 1:23.71		300m: 4:20.80 1:28.29		500m: 7:21.35 1:30.83	700m: 10:27.67 1:33.57	
	200m: 2:52.51 1:28.80		400m: 5:50.52 1:29.72		600m: 8:54.10 1:32.75	800m: 11:54.71 1:27.04	
6.	Madalena Santos, Rolo	11		214555	CCDSerta	12:43.18	244
	100m: 1:35.00 1:35.00		300m: 4:48.72 1:36.49		500m: 8:01.04 1:35.97	700m: 11:12.15 1:35.01	
	200m: 3:12.23 1:37.23		400m: 6:25.07 1:36.35		600m: 9:37.14 1:36.10	800m: 12:43.18 1:31.03	
7.	Daniela Matias, Ribeiro	11		214559	CCDSerta	12:56.40	232
	100m: 1:31.62 1:31.62		300m: 4:47.05 1:38.62		500m: 8:04.94 1:39.30	700m: 11:23.23 1:38.64	
	200m: 3:08.43 1:36.81		400m: 6:25.64 1:38.59		600m: 9:44.59 1:39.65	800m: 12:56.40 1:33.17	

Juvenis A

1.	Leonor Sombreiro, Martins	10		211313	BUZIOS - Coruche	9:48.30	534
	100m: 1:07.99 1:07.99		300m: 3:36.27 1:14.97		500m: 6:07.03 1:15.48	700m: 8:37.08 1:15.07	
	200m: 2:21.30 1:13.31		400m: 4:51.55 1:15.28		600m: 7:22.01 1:14.98	800m: 9:48.30 1:11.22	
2.	Lara Paixao, Silva	10		210801	Rio Maior	10:41.95	411
	100m: 1:13.95 1:13.95		300m: 3:52.83 1:20.24		500m: 6:35.71 1:21.30	700m: 9:21.06 1:22.85	
	200m: 2:32.59 1:18.64		400m: 5:14.41 1:21.58		600m: 7:58.21 1:22.50	800m: 10:41.95 1:20.89	
3.	Angela Maria, Pereira	10		205844	Salvaterra de Magos	11:14.96	353
	100m: 1:19.67 1:19.67		300m: 4:06.98 1:24.22		500m: 6:57.87 1:25.85	700m: 9:52.08 1:27.67	
	200m: 2:42.76 1:23.09		400m: 5:32.02 1:25.04		600m: 8:24.41 1:26.54	800m: 11:14.96 1:22.88	
4.	Debora Sofia, Santos	10		214605	Rio Maior	11:19.33	347
	100m: 1:19.57 1:19.57		300m: 4:08.66 1:25.01		500m: 7:00.30 1:26.10	700m: 9:54.85 1:26.68	
	200m: 2:43.65 1:24.08		400m: 5:34.20 1:25.54		600m: 8:28.17 1:27.87	800m: 11:19.33 1:24.48	
5.	Carolina Neves, Sousa	10		208299	Elétrico	11:20.85	344
	100m: 1:19.01 1:19.01		300m: 4:07.98 1:24.13		500m: 7:00.67 1:27.22	700m: 9:58.98 1:27.83	
	200m: 2:43.85 1:24.84		400m: 5:33.45 1:25.47		600m: 8:31.15 1:30.48	800m: 11:20.85 1:21.87	
6.	Carolina Pinto, Banhudo	10		211117	AN Albicastrense	11:44.18	311
	100m: 1:20.09 1:20.09		300m: 4:14.55 1:28.14		500m: 7:15.79 1:31.54	700m: 10:16.84 1:30.78	
	200m: 2:46.41 1:26.32		400m: 5:44.25 1:29.70		600m: 8:46.06 1:30.27	800m: 11:44.18 1:27.34	
7.	Filipa Calado, Gervasio	10		205873	Elvense	11:57.20	294
	100m: 1:21.74 1:21.74		300m: 4:20.14 1:29.60		500m: 7:24.75 1:31.89	700m: 10:29.14 1:31.60	
	200m: 2:50.54 1:28.80		400m: 5:52.86 1:32.72		600m: 8:57.54 1:32.79	800m: 11:57.20 1:28.06	

Prova 1, Femin., 800m Livres

Infantis B

1. Maria Amelia, Torres	13	216411	Viver Santarem	11:41.85	314
100m: 1:24.91 1:24.91	300m: 4:23.13 1:29.26	500m: 7:21.13 1:28.69	700m: 10:16.64 1:27.25		
200m: 2:53.87 1:28.96	400m: 5:52.44 1:29.31	600m: 8:49.39 1:28.26	800m: 11:41.85 1:25.21		
2. Rita Vidigal, Caldeira	13	217406	Elvense	12:40.56	247
100m: 1:26.94 1:26.94	300m: 4:36.10 1:35.88	500m: 7:48.74 1:36.29	700m: 11:04.76 1:38.10		
200m: 3:00.22 1:33.28	400m: 6:12.45 1:36.35	600m: 9:26.66 1:37.92	800m: 12:40.56 1:35.80		
3. Joana Ines, Antunes	13	221140	Ferreira do Zezere	12:44.00	244
100m: 1:32.58 1:32.58	300m: 4:41.09 1:34.09	500m: 7:58.24 1:38.17	700m: 11:12.91 1:37.13		
200m: 3:07.00 1:34.42	400m: 6:20.07 1:38.98	600m: 9:35.78 1:37.54	800m: 12:44.00 1:31.09		
4. Carlota Maria, Pereira	13	215071	AN Albicastrense	12:48.38	239
100m: 1:28.49 1:28.49	300m: 4:43.67 1:38.78	500m: 8:03.20 1:40.58	700m: 11:21.84 1:38.28		
200m: 3:04.89 1:36.40	400m: 6:22.62 1:38.95	600m: 9:43.56 1:40.36	800m: 12:48.38 1:26.54		
5. Valentina Rodrigues, Feijao	13	214133	Salvaterra de Magos	12:48.95	239
100m: 1:27.16 1:27.16	300m: 4:39.78 1:37.51	500m: 7:58.67 1:39.48	700m: 11:15.48 1:38.05		
200m: 3:02.27 1:35.11	400m: 6:19.19 1:39.41	600m: 9:37.43 1:38.76	800m: 12:48.95 1:33.47		
6. Andreia Lourenco, Costa	13	218019	Natacao do Fundao/Yes Energy	12:51.06	237
100m: 1:31.09 1:31.09	300m: 4:45.20 1:36.98	500m: 8:04.41 1:40.89	700m: 11:22.25 1:39.11		
200m: 3:08.22 1:37.13	400m: 6:23.52 1:38.32	600m: 9:43.14 1:38.73	800m: 12:51.06 1:28.81		
7. Iara Goncalves, Rodrigues	13	217602	Elvense	13:21.20	211
100m: 1:35.68 1:35.68	300m: 5:01.56 1:43.14	500m: 8:26.99 1:42.84	700m: 11:46.91 1:39.61		
200m: 3:18.42 1:42.74	400m: 6:44.15 1:42.59	600m: 10:07.30 1:40.31	800m: 13:21.20 1:34.29		
8. Daniela Dias, Rodrigues	13	217531	Natacao Guarda	13:56.05	186
100m: 1:34.39 1:34.39	300m: 5:03.56 1:45.92	500m: 8:39.34 1:47.70	700m: 12:15.89 1:47.43		
200m: 3:17.64 1:43.25	400m: 6:51.64 1:48.08	600m: 10:28.46 1:49.12	800m: 13:56.05 1:40.16		
9. Margarida Salavessa, Cacilhas	13	216125	AN Albicastrense	14:34.76	162
100m: 1:40.33 1:40.33	300m: 5:19.83 1:50.71	500m: 9:05.87 1:53.62	700m: 12:47.96 1:49.11		
200m: 3:29.12 1:48.79	400m: 7:12.25 1:52.42	600m: 10:58.85 1:52.98	800m: 14:34.76 1:46.80		
10. Constanca Mendao, Silva	13	220232	Rio Maior	14:45.92	156
100m: 1:43.87 1:43.87	300m: 5:26.92 1:52.41	500m: 9:12.93 1:52.97	700m: 12:57.61 1:53.25		
200m: 3:34.51 1:50.64	400m: 7:19.96 1:53.04	600m: 11:04.36 1:51.43	800m: 14:45.92 1:48.31		

Infantis A

1. Matilde Casimiro, Bibi	12	219457	BUZIOS - Coruche	10:16.16	465
100m: 1:12.52 1:12.52	300m: 3:46.02 1:16.87	500m: 6:22.15 1:18.42	700m: 8:59.23 1:18.28		
200m: 2:29.15 1:16.63	400m: 5:03.73 1:17.71	600m: 7:40.95 1:18.80	800m: 10:16.16 1:16.93		
2. Rita Balsa, Alves	12	213504	BUZIOS - Coruche	10:55.08	387
100m: 1:17.93 1:17.93	300m: 4:02.41 1:23.32	500m: 6:50.48 1:24.14	700m: 9:34.49 1:21.80		
200m: 2:39.09 1:21.16	400m: 5:26.34 1:23.93	600m: 8:12.69 1:22.21	800m: 10:55.08 1:20.59		
3. Marta Costa, Soares	12	212323	Uniao Samorense	11:05.80	368
100m: 1:17.72 1:17.72	300m: 4:04.53 1:24.00	500m: 6:54.83 1:24.99	700m: 9:45.83 1:25.29		
200m: 2:40.53 1:22.81	400m: 5:29.84 1:25.31	600m: 8:20.54 1:25.71	800m: 11:05.80 1:19.97		
4. Margarida Madeira, Pires	12	218976	Rio Maior	11:28.28	333
100m: 1:22.87 1:22.87	300m: 4:15.40 1:25.97	500m: 7:08.15 1:27.22	700m: 10:02.82 1:26.78		
200m: 2:49.43 1:26.56	400m: 5:40.93 1:25.53	600m: 8:36.04 1:27.89	800m: 11:28.28 1:25.46		
5. Alicia Lopes, Deep	12	217548	BUZIOS - Coruche	11:42.57	313
100m: 1:22.81 1:22.81	300m: 4:21.50 1:29.78	500m: 7:22.86 1:31.19	700m: 10:20.22 1:27.83		
200m: 2:51.72 1:28.91	400m: 5:51.67 1:30.17	600m: 8:52.39 1:29.53	800m: 11:42.57 1:22.35		

Prova 1, Femin., 800m Livres, Infantis A

Lugar	Nome	Ano	Classe	Licença	Clube	Tempo Final	AQUA
6.	Maria Beatriz, Mestre	12		210855	Eléctrico	11:49.70	304
	100m: 1:18.50 1:18.50	300m: 4:15.77 1:29.48	500m: 7:18.22 1:31.96	700m: 10:22.37 1:31.86			
	200m: 2:46.29 1:27.79	400m: 5:46.26 1:30.49	600m: 8:50.51 1:32.29	800m: 11:49.70 1:27.33			
7.	Diana Marques, Maquilao	12		214134	Salvaterra de Magos	12:05.07	285
	100m: 1:25.38 1:25.38	300m: 4:27.43 1:31.71	500m: 7:30.83 1:32.62	700m: 10:35.13 1:32.40			
	200m: 2:55.72 1:30.34	400m: 5:58.21 1:30.78	600m: 9:02.73 1:31.90	800m: 12:05.07 1:29.94			
8.	Ana Leonor, Lopes	12		220236	Rio Maior	12:26.84	261
	100m: 1:28.18 1:28.18	300m: 4:35.65 1:33.94	500m: 7:46.52 1:35.38	700m: 10:57.61 1:35.66			
	200m: 3:01.71 1:33.53	400m: 6:11.14 1:35.49	600m: 9:21.95 1:35.43	800m: 12:26.84 1:29.23			
9.	Diana Sofia, Pereira	12		216176	Natacao do Fundao/Yes Energy	12:29.70	258
	100m: 1:26.70 1:26.70	300m: 4:35.36 1:34.75	500m: 7:45.43 1:33.68	700m: 10:58.21 1:36.08			
	200m: 3:00.61 1:33.91	400m: 6:11.75 1:36.39	600m: 9:22.13 1:36.70	800m: 12:29.70 1:31.49			
10.	Margarida Lourenco, Antunes	12		217878	CCDSerta	12:36.48	251
	100m: 1:26.51 1:26.51	300m: 4:36.14 1:35.70	500m: 7:49.57 1:36.47	700m: 11:03.43 1:37.59			
	200m: 3:00.44 1:33.93	400m: 6:13.10 1:36.96	600m: 9:25.84 1:36.27	800m: 12:36.48 1:33.05			
11.	Ines Barata, Henrique	12		216103	AN Albicastrense	12:53.66	234
	100m: 1:34.61 1:34.61	300m: 4:53.46 1:39.38	500m: 8:09.46 1:36.51	700m: 11:21.52 1:35.55			
	200m: 3:14.08 1:39.47	400m: 6:32.95 1:39.49	600m: 9:45.97 1:36.51	800m: 12:53.66 1:32.14			
12.	Leonor Casalta, Ferreira	12		217538	Natacao Guarda	12:53.70	234
	100m: 1:30.43 1:30.43	300m: 4:47.33 1:38.37	500m: 8:04.61 1:38.96	700m: 11:23.16 1:38.69			
	200m: 3:08.96 1:38.53	400m: 6:25.65 1:38.32	600m: 9:44.47 1:39.86	800m: 12:53.70 1:30.54			
13.	Matilde Nunes, Simoes	12		220422	CCDSerta	13:08.05	222
	100m: 1:32.38 1:32.38	300m: 4:53.89 1:41.54	500m: 8:15.68 1:40.94	700m: 11:35.22 1:39.85			
	200m: 3:12.35 1:39.97	400m: 6:34.74 1:40.85	600m: 9:55.37 1:39.69	800m: 13:08.05 1:32.83			
14.	Leonor Cardoso, Tavares	12		220424	CCDSerta	13:15.31	216
	100m: 1:34.04 1:34.04	300m: 4:57.37 1:42.70	500m: 8:19.81 1:41.58	700m: 11:39.95 1:39.47			
	200m: 3:14.67 1:40.63	400m: 6:38.23 1:40.86	600m: 10:00.48 1:40.67	800m: 13:15.31 1:35.36			
15.	Carolina Campos, Silva	12		217529	Natacao Guarda	13:29.55	205
	100m: 1:33.19 1:33.19	300m: 4:57.93 1:44.16	500m: 8:25.57 1:43.75	700m: 11:52.58 1:42.75			
	200m: 3:13.77 1:40.58	400m: 6:41.82 1:43.89	600m: 10:09.83 1:44.26	800m: 13:29.55 1:36.97			
16.	Maria Benedita, Ribeiro	12		217879	CCDSerta	13:29.73	204
	100m: 1:37.36 1:37.36	300m: 5:03.29 1:43.99	500m: 8:29.16 1:43.37	700m: 11:55.06 1:42.64			
	200m: 3:19.30 1:41.94	400m: 6:45.79 1:42.50	600m: 10:12.42 1:43.26	800m: 13:29.73 1:34.67			
17.	Margarida Amaral, Mesquita	12		210852	Eléctrico	13:44.67	194
	100m: 1:31.14 1:31.14	300m: 4:57.04 1:44.36	500m: 8:27.93 1:45.49	700m: 12:02.65 1:47.25			
	200m: 3:12.68 1:41.54	400m: 6:42.44 1:45.40	600m: 10:15.40 1:47.47	800m: 13:44.67 1:42.02			