

Campeonato Regional de Juvenis, Juniores e Absolutos
Braga, 21 - 23/3/2025

Prova 13 Masc., 400m Livres Juvenis B
22/03/2025 - 9:40 Resultados

Rec. Reg. ANMinho Open	3:42.57	Jose Paulo Lopes	SCB	Abu Dhabi (UAE)	16/12/2021
Rec. Reg. ANMinho Juv B	4:05.48	Jose Paulo Lopes	SCB	Braga	14/06/2015

Pontos: FINA 2021

Lugar	Idade		Tempo final				Pts
1. Rodrigo Almeida Marques	15	Braga	4:29.71	1:07.56			487
50m: 30.67 30.67	200m: 2:13.47 1:09.30	400m: 4:29.71 1:07.56					
100m: 1:04.17 33.50	300m: 3:22.15 1:08.68						
2. Rafael Almeida Machado	15	Braga	4:31.78	1:09.03			476
50m: 30.62 30.62	200m: 2:13.81 1:09.52	400m: 4:31.78 1:09.03					
100m: 1:04.29 33.67	300m: 3:22.75 1:08.94						
3. Arseniy Vedkal	15	Braga	4:41.96	1:12.00			426
50m: 31.11 31.11	200m: 2:16.86 1:11.75	400m: 4:41.96 1:12.00					
100m: 1:05.11 34.00	300m: 3:29.96 1:13.10						
4. Tiago Filipe Salgueiro	15	Viana Natacao	4:53.40	1:14.81			378
50m: 33.62 33.62	200m: 2:23.85 1:13.79	400m: 4:53.40 1:14.81					
100m: 1:10.06 36.44	300m: 3:38.59 1:14.74						
5. Duarte Jose Peixoto	15	Escola Desportiva de Viana	5:47.47	1:26.12			227
50m: 38.35 38.35	200m: 2:51.77 1:29.99	400m: 5:47.47 1:26.12					
100m: 1:21.78 43.43	300m: 4:21.35 1:29.58						

Prova 13 Masc., 400m Livres Juvenis A
22/03/2025 - 9:40 Resultados

Rec. Reg. ANMinho Open	3:42.57	Jose Paulo Lopes	SCB	Abu Dhabi (UAE)	16/12/2021
Rec. Reg. ANMinho Juv A	4:02.24	Jose Paulo Lopes	SCB	Ponte da Barca	30/06/2016

Pontos: FINA 2021

Lugar	Idade		Tempo final				Pts
1. Raul Ventura Barros	16	Braga	4:30.06	1:17.52			485
50m: 30.43 30.43	200m: 2:11.26 1:08.31	400m: 4:30.06 1:17.52					
100m: 1:02.95 32.52	300m: 3:12.54 1:01.28						
2. Dinis Lima Moreno	16	Braga	4:30.52	1:08.79			482
50m: 30.07 30.07	200m: 2:12.47 1:08.94	400m: 4:30.52 1:08.79					
100m: 1:03.53 33.46	300m: 3:21.73 1:09.26						
3. Manuel Manso Goncalves	16	Escola Desportiva de Viana	4:45.87	1:11.68			409
50m: 32.68 32.68	200m: 2:20.38 1:12.17	400m: 4:45.87 1:11.68					
100m: 1:08.21 35.53	300m: 3:34.19 1:13.81						

Prova 13 Masc., 400m Livres Juniores
22/03/2025 - 9:40 Resultados

Rec. Reg. ANMinho Open	3:42.57	Jose Paulo Lopes	SCB	Abu Dhabi (UAE)	16/12/2021
Rec. Reg. ANMinho Jun 2	3:52.06	Jose Paulo Lopes	SCB	Porto	09/12/2017
Rec. Reg. ANMinho Jun 1	3:57.56	Filipe Manso Laranjo	EDV	Porto	21/07/2024

Pontos: FINA 2021

Lugar	Idade		Tempo final				Pts
1. Afonso Miguel Nogueira	18	Braga	4:23.20	1:06.19			524
50m: 29.42 29.42	200m: 2:08.98 1:07.02	400m: 4:23.20 1:06.19					
100m: 1:01.96 32.54	300m: 3:17.01 1:08.03						
2. Eduardo Sousa Saragoca	18	Viana Natacao	4:24.12	1:06.73			518
50m: 30.64 30.64	200m: 2:10.34 1:06.60	400m: 4:24.12 1:06.73					
100m: 1:03.74 33.10	300m: 3:17.39 1:07.05						
3. Joao Pedro Tinoco	18	Braga	4:31.73	1:09.10			476
50m: 31.06 31.06	200m: 2:13.85 1:09.67	400m: 4:31.73 1:09.10					
100m: 1:04.18 33.12	300m: 3:22.63 1:08.78						

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Prova 13, Masc., 400m Livres

Prova 13	Masc., 400m Livres				Absolutos
22/03/2025 - 9:40					Resultados
Rec. Reg. ANMinho Open	3:42.57	Jose Paulo Lopes	SCB	Abu Dhabi (UAE)	16/12/2021
Rec. Reg. ANMinho Sen	3:42.57	Jose Paulo Lopes	SCB	Abu Dhabi (UAE)	16/12/2021
Rec. Reg. ANMinho Jun 2	3:52.06	Jose Paulo Lopes	SCB	Porto	09/12/2017
Rec. Reg. ANMinho Jun 1	3:57.56	Filipe Manso Laranjo	EDV	Porto	21/07/2024
Rec. Reg. ANMinho Juv A	4:02.24	Jose Paulo Lopes	SCB	Ponte da Barca	30/06/2016
Rec. Reg. ANMinho Juv B	4:05.48	Jose Paulo Lopes	SCB	Braga	14/06/2015

Pontos: FINA 2021

Lugar	Idade				Tempo final	Pts
1. Daniel Batista Tavares	19	Braga			4:09.43	616
50m: 27.15 27.15	200m: 2:01.10 1:03.38	400m: 4:09.43 1:03.95				
100m: 57.72 30.57	300m: 3:05.48 1:04.38					
2. Joao Maria Sousa	20	Braga			4:10.28	609
50m: 27.76 27.76	200m: 2:01.48 1:03.13	400m: 4:10.28 1:04.32				
100m: 58.35 30.59	300m: 3:05.96 1:04.48					
3. Rodrigo Castro Alves	19	Braga			4:15.50	573
50m: 28.67 28.67	200m: 2:05.94 1:05.40	400m: 4:15.50 1:03.88				
100m: 1:00.54 31.87	300m: 3:11.62 1:05.68					
4. Marcio Fernandes Gomes	21	Braga			4:16.86	564
50m: 30.26 30.26	200m: 2:08.03 1:05.60	400m: 4:16.86 1:03.93				
100m: 1:02.43 32.17	300m: 3:12.93 1:04.90					
5. Afonso Miguel Nogueira	18	Braga			4:23.20	524
50m: 29.42 29.42	200m: 2:08.98 1:07.02	400m: 4:23.20 1:06.19				
100m: 1:01.96 32.54	300m: 3:17.01 1:08.03					
6. Eduardo Sousa Saragoca	18	Viana Natacao			4:24.12	518
50m: 30.64 30.64	200m: 2:10.34 1:06.60	400m: 4:24.12 1:06.73				
100m: 1:03.74 33.10	300m: 3:17.39 1:07.05					
7. Rodrigo Almeida Marques	15	Braga			4:29.71	487
50m: 30.67 30.67	200m: 2:13.47 1:09.30	400m: 4:29.71 1:07.56				
100m: 1:04.17 33.50	300m: 3:22.15 1:08.68					
8. Raul Ventura Barros	16	Braga			4:30.06	485
50m: 30.43 30.43	200m: 2:11.26 1:08.31	400m: 4:30.06 1:17.52				
100m: 1:02.95 32.52	300m: 3:12.54 1:01.28					
9. Dinis Lima Moreno	16	Braga			4:30.52	482
50m: 30.07 30.07	200m: 2:12.47 1:08.94	400m: 4:30.52 1:08.79				
100m: 1:03.53 33.46	300m: 3:21.73 1:09.26					
10. Joao Pedro Tinoco	18	Braga			4:31.73	476
50m: 31.06 31.06	200m: 2:13.85 1:09.67	400m: 4:31.73 1:09.10				
100m: 1:04.18 33.12	300m: 3:22.63 1:08.78					
11. Rafael Almeida Machado	15	Braga			4:31.78	476
50m: 30.62 30.62	200m: 2:13.81 1:09.52	400m: 4:31.78 1:09.03				
100m: 1:04.29 33.67	300m: 3:22.75 1:08.94					
12. Carlos Miguel Sotelo	34	Sporting Club Caminhense			4:34.96	459
50m: 31.09 31.09	200m: 2:14.18 1:09.36	400m: 4:34.96 1:09.97				
100m: 1:04.82 33.73	300m: 3:24.99 1:10.81					
13. Arseniy Vedkal	15	Braga			4:41.96	426
50m: 31.11 31.11	200m: 2:16.86 1:11.75	400m: 4:41.96 1:12.00				
100m: 1:05.11 34.00	300m: 3:29.96 1:13.10					
14. Manuel Manso Goncalves	16	Escola Desportiva de Viana			4:45.87	409
50m: 32.68 32.68	200m: 2:20.38 1:12.17	400m: 4:45.87 1:11.68				
100m: 1:08.21 35.53	300m: 3:34.19 1:13.81					
15. Tiago Filipe Salgueiro	15	Viana Natacao			4:53.40	378
50m: 33.62 33.62	200m: 2:23.85 1:13.79	400m: 4:53.40 1:14.81				
100m: 1:10.06 36.44	300m: 3:38.59 1:14.74					

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Prova 13, Masc., 400m Livres, Absolutos

Lugar								Tempo final	Pts
16.	Goncalo Queiroga Rocha			20	Braga			5:06.53	331
	50m:	27.76	27.76	200m:	2:05.52	1:06.55	400m:	5:06.53	1:26.51
	100m:	58.97	31.21	300m:	3:40.02	1:34.50			
17.	Duarte Jose Peixoto			15	Escola Desportiva de Viana			5:47.47	227
	50m:	38.35	38.35	200m:	2:51.77	1:29.99	400m:	5:47.47	1:26.12
	100m:	1:21.78	43.43	300m:	4:21.35	1:29.58			