

Campeonato Regional de Juvenis, Juniores e Absolutos
Braga, 21 - 23/3/2025

Prova 1 Femin., 1500m Livres Juvenis A
21/03/2025 - 18:00 Resultados

Rec. Reg. ANMinho Open	16:11.67	Tamila Hryhorivna Holub	SCB	Porto	11/12/2015
Rec. Reg. ANMinho Juv A	16:54.39	Tamila Hryhorivna Holub	SCB	Vila Praia de Âncora	16/03/2014

Pontos: FINA 2021

Lugar	Idade		Tempo final						Pts		
1. Ana Jose Marques	15 Braga		19:13.29						504		
50m:	34.31	34.31	400m:	4:58.59	1:16.62	800m:	10:09.14	1:18.17	1200m:	15:21.87	1:18.26
100m:	1:11.27	36.96	500m:	6:15.85	1:17.26	900m:	11:26.84	1:17.70	1300m:	16:39.46	1:17.59
200m:	2:26.17	1:14.90	600m:	7:33.02	1:17.17	1000m:	12:45.12	1:18.28	1400m:	15:57.27	
300m:	3:41.97	1:15.80	700m:	8:50.97	1:17.95	1100m:	14:03.61	1:18.49	1500m:	19:13.29	3:16.02

Prova 1 Femin., 1500m Livres Juniores
21/03/2025 - 18:00 Resultados

Rec. Reg. ANMinho Open	16:11.67	Tamila Hryhorivna Holub	SCB	Porto	11/12/2015
Rec. Reg. ANMinho Jun 3	17:19.50	Vania Soares Neves	VNC	Ponte da Barca	06/07/2008
Rec. Reg. ANMinho Jun 2	16:11.67	Tamila Hryhorivna Holub	SCB	Porto	11/12/2015
Rec. Reg. ANMinho Jun 1	16:44.26	Tamila Hryhorivna Holub	SCB	Porto	19/12/2014

Pontos: FINA 2021

Lugar	Idade		Tempo final						Pts		
1. Maria Carvalho Pinto	16 Viana Natacao		18:01.56						611		
50m:	32.03	32.03	400m:	4:43.47	1:12.80	800m:	9:32.13	1:11.86	1300m:	15:36.18	1:13.37
100m:	1:06.83	34.80	500m:	5:55.43	1:11.96	900m:	10:44.33	1:12.20	1400m:	16:49.43	1:13.25
200m:	2:18.37	1:11.54	600m:	7:08.02	1:12.59	1000m:	11:57.12	1:12.79	1500m:	18:01.56	1:12.13
300m:	3:30.67	1:12.30	700m:	8:20.27	1:12.25	1200m:	14:22.81	2:25.69			
2. Diana Gomes Freitas	17 Amigos da Montanha		18:28.16						568		
50m:	33.09	33.09	400m:	4:45.31	1:12.48	800m:	9:42.60	1:14.74	1200m:	14:44.12	1:15.44
100m:	1:08.37	35.28	500m:	5:58.61	1:13.30	900m:	10:57.90	1:15.30	1300m:	15:58.83	1:14.71
200m:	2:20.40	1:12.03	600m:	7:12.85	1:14.24	1000m:	12:13.11	1:15.21	1400m:	17:14.55	1:15.72
300m:	3:32.83	1:12.43	700m:	8:27.86	1:15.01	1100m:	13:28.68	1:15.57	1500m:	18:28.16	1:13.61

Prova 1 Femin., 1500m Livres Absolutos
21/03/2025 - 18:00 Resultados

Rec. Reg. ANMinho Open	16:11.67	Tamila Hryhorivna Holub	SCB	Porto	11/12/2015
Rec. Reg. ANMinho Sen	16:17.11	Tamila Hryhorivna Holub	SCB	Felgueiras	21/12/2018
Rec. Reg. ANMinho Jun 3	17:19.50	Vania Soares Neves	VNC	Ponte da Barca	06/07/2008
Rec. Reg. ANMinho Jun 2	16:11.67	Tamila Hryhorivna Holub	SCB	Porto	11/12/2015
Rec. Reg. ANMinho Jun 1	16:44.26	Tamila Hryhorivna Holub	SCB	Porto	19/12/2014
Rec. Reg. ANMinho Juv A	16:54.39	Tamila Hryhorivna Holub	SCB	Vila Praia de Âncora	16/03/2014
Rec. Reg. ANMinho Juv B	17:17.43	Tamila Hryhorivna Holub	SCB	Vila Praia de Âncora	30/06/2013

Pontos: FINA 2021

Lugar	Idade		Tempo final						Pts		
1. Maria Carvalho Pinto	16 Viana Natacao		18:01.56						611		
50m:	32.03	32.03	400m:	4:43.47	1:12.80	800m:	9:32.13	1:11.86	1300m:	15:36.18	1:13.37
100m:	1:06.83	34.80	500m:	5:55.43	1:11.96	900m:	10:44.33	1:12.20	1400m:	16:49.43	1:13.25
200m:	2:18.37	1:11.54	600m:	7:08.02	1:12.59	1000m:	11:57.12	1:12.79	1500m:	18:01.56	1:12.13
300m:	3:30.67	1:12.30	700m:	8:20.27	1:12.25	1200m:	14:22.81	2:25.69			
2. Diana Gomes Freitas	17 Amigos da Montanha		18:28.16						568		
50m:	33.09	33.09	400m:	4:45.31	1:12.48	800m:	9:42.60	1:14.74	1200m:	14:44.12	1:15.44
100m:	1:08.37	35.28	500m:	5:58.61	1:13.30	900m:	10:57.90	1:15.30	1300m:	15:58.83	1:14.71
200m:	2:20.40	1:12.03	600m:	7:12.85	1:14.24	1000m:	12:13.11	1:15.21	1400m:	17:14.55	1:15.72
300m:	3:32.83	1:12.43	700m:	8:27.86	1:15.01	1100m:	13:28.68	1:15.57	1500m:	18:28.16	1:13.61
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100m:	1:11.27	36.96	500m:	6:15.85	1:17.26	900m:	11:26.84	1:17.70	1300m:	16:39.46	1:17.59
200m:	2:26.17	1:14.90	600m:	7:33.02	1:17.17	1000m:	12:45.12	1:18.28	1400m:	15:57.27	
300m:	3:41.97	1:15.80	700m:	8:50.97	1:17.95	1100m:	14:03.61	1:18.49	1500m:	19:13.29	3:16.02