

VCDK "Žinčicový míting" XXI.ročník
Dolný Kubín, 26. - 27.4.2025

disciplína 7
26.04.2025 - 11:35

ženy, 400m voľný spôsob

11 roč. a st.
Výsledky

bodovanie: AQUA 2024

por.	Roč.								čas	body		
mladšie žiačky, 11.-12.ročné												
1.	Moravská Miriam		13	Aquasport Levice				5:06.06	431			
	50m:	33.55	33.55	150m:	1:50.00	38.48	250m:	3:08.99	39.76	350m:	4:28.22	38.98
	100m:	1:11.52	37.97	200m:	2:29.23	39.23	300m:	3:49.24	40.25	400m:	5:06.06	37.84
2.	Kozáková Nela		14	Aquasport Levice				5:16.98	388			
	50m:	35.67	35.67	150m:	1:56.30	40.81	250m:	3:16.87	40.31	350m:	4:37.58	40.16
	100m:	1:15.49	39.82	200m:	2:36.56	40.26	300m:	3:57.42	40.55	400m:	5:16.98	39.40
3.	Barátová Helena		14	Aquasport Levice				5:32.85	335			
	50m:	36.97	36.97	150m:	2:02.65	42.73	250m:	3:28.87	42.93	350m:	4:55.02	43.14
	100m:	1:19.92	42.95	200m:	2:45.94	43.29	300m:	4:11.88	43.01	400m:	5:32.85	37.83
4.	Krivdová Michaela		13	MPK Tvrdošín				5:33.11	334			
	50m:	37.48	37.48	150m:	2:03.12	43.14	250m:	3:29.53	42.90	350m:	4:54.17	41.52
	100m:	1:19.98	42.50	200m:	2:46.63	43.51	300m:	4:12.65	43.12	400m:	5:33.11	38.94
5.	Dubovská Nikola		13	MPK Dolný Kubín				5:33.21	334			
	50m:	37.94	37.94	150m:	2:03.66	43.23	250m:	3:28.99	42.42	350m:	4:54.49	42.47
	100m:	1:20.43	42.49	200m:	2:46.57	42.91	300m:	4:12.02	43.03	400m:	5:33.21	38.72
6.	Lešňovská Miriama		13	MPK Dolný Kubín				5:33.81	332			
	50m:	35.98	35.98	150m:	1:57.87	41.56	250m:	3:22.61	42.67	350m:	4:51.39	44.53
	100m:	1:16.31	40.33	200m:	2:39.94	42.07	300m:	4:06.86	44.25	400m:	5:33.81	42.42
7.	Šišková Eliška		14	MPK Dolný Kubín				5:34.61	330			
	50m:	37.54	37.54	150m:	2:03.13	43.47	250m:	3:29.84	43.66	350m:	4:55.78	42.66
	100m:	1:19.66	42.12	200m:	2:46.18	43.05	300m:	4:13.12	43.28	400m:	5:34.61	38.83
8.	Slosarčíková Natália		13	MPK Dolný Kubín				5:56.81	272			
	50m:	40.92	40.92	150m:	2:10.03	46.22	250m:	3:44.01	46.89	350m:	5:15.73	44.80
	100m:	1:23.81	42.89	200m:	2:57.12	47.09	300m:	4:30.93	46.92	400m:	5:56.81	41.08
9.	Troupová Lea		14	MPK Dolný Kubín				6:03.90	256			
	50m:	40.01	40.01	150m:	2:12.04	46.16	250m:	3:45.68	46.94	350m:	5:19.83	46.35
	100m:	1:25.88	45.87	200m:	2:58.74	46.70	300m:	4:33.48	47.80	400m:	6:03.90	44.07
10.	Puchľová Zuzana		14	MPK Tvrdošín				6:21.58	222			
	50m:	40.66	40.66	150m:	2:15.71	48.48	250m:	3:52.95	48.63	350m:	5:31.75	51.38
	100m:	1:27.23	46.57	200m:	3:04.32	48.61	300m:	4:40.37	47.42	400m:	6:21.58	49.83
11.	Kňazúrová Nela		14	MPK Dolný Kubín				6:23.89	218			
	50m:	43.22	43.22	150m:	2:21.32	49.55	250m:	3:59.87	49.40	350m:	5:37.05	48.33
	100m:	1:31.77	48.55	200m:	3:10.47	49.15	300m:	4:48.72	48.85	400m:	6:23.89	46.84

staršie žiačky, 13.-14.ročné

1.	Mikulášová Tamara	12	TT Dolný Kubín						5:04.84	436
	50m: 33.93	33.93	150m: 1:50.75	38.93	250m: 3:08.70	38.89	350m: 4:27.87	39.45		
	100m: 1:11.82	37.89	200m: 2:29.81	39.06	300m: 3:48.42	39.72	400m: 5:04.84	36.97		
2.	Benková Sára	11	Nereus Žilina						5:06.77	428
	50m: 35.11	35.11	150m: 1:52.00	39.37	250m: 3:10.68	38.92	350m: 4:29.42	39.69		
	100m: 1:12.63	37.52	200m: 2:31.76	39.76	300m: 3:49.73	39.05	400m: 5:06.77	37.35		
3.	Fuskova Vanessa	11	PK Frenštát pod Radhoštěm						5:12.08	407
	50m: 36.13	36.13	150m: 1:55.45	39.67	250m: 3:15.51	40.45	350m: 4:35.35	39.66		
	100m: 1:15.78	39.65	200m: 2:35.06	39.61	300m: 3:55.69	40.18	400m: 5:12.08	36.73		
4.	Godálová Laura	12	ŠK Piraňa Topolčany						5:19.79	378
	50m: 36.26	36.26	150m: 1:56.93	40.76	250m: 3:18.83	41.31	350m: 4:40.46	40.88		
	100m: 1:16.17	39.91	200m: 2:37.52	40.59	300m: 3:59.58	40.75	400m: 5:19.79	39.33		
5.	Kvašňovská Karolína	11	MPK Dolný Kubín						5:22.74	368
	50m: 36.31	36.31	150m: 1:56.94	40.46	250m: 3:19.42	41.58	350m: 4:43.20	41.99		
	100m: 1:16.48	40.17	200m: 2:37.84	40.90	300m: 4:01.21	41.79	400m: 5:22.74	39.54		

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disciplína 7, žiačky, 400m voľný spôsob, staršie žiačky, 13.-14.ročné

por.	Roč.				čas				body
6.	12				ŠK Piraňa Topolčany				5:30.13 343
	50m:	36.41	36.41	150m:	1:58.74	42.27	250m:	3:25.24	43.55 350m: 4:49.71 42.25
	100m:	1:16.47	40.06	200m:	2:41.69	42.95	300m:	4:07.46	42.22 400m: 5:30.13 40.42
7.	12				TJ Dunaj Štúrovo				5:37.61 321
	50m:	37.35	37.35	150m:	2:02.23	43.40	250m:	3:30.30	43.75 350m: 4:57.25 43.29
	100m:	1:18.83	41.48	200m:	2:46.55	44.32	300m:	4:13.96	43.66 400m: 5:37.61 40.36
8.	12				ŠK Piraňa Topolčany				5:42.16 308
	50m:	37.72	37.72	150m:	2:03.60	43.72	250m:	3:31.01	43.28 350m: 5:00.40 45.00
	100m:	1:19.88	42.16	200m:	2:47.73	44.13	300m:	4:15.40	44.39 400m: 5:42.16 41.76
9.	12				TJ Dunaj Štúrovo				6:16.48 231
	50m:	39.80	39.80	150m:	2:13.56	47.80	250m:	3:51.32	49.62 350m: 5:31.31 49.93
	100m:	1:25.76	45.96	200m:	3:01.70	48.14	300m:	4:41.38	50.06 400m: 6:16.48 45.17
10.	12				ŠK Iglovia				6:31.55 206
	50m:	43.13	43.13	150m:	2:19.58	49.12	250m:	3:59.67	50.06 350m: 5:42.79 52.20
	100m:	1:30.46	47.33	200m:	3:09.61	50.03	300m:	4:50.59	50.92 400m: 6:31.55 48.76

mladšie juniorky, 15.-16.ročné

1.	10				KP Aquacity Poprad				5:16.80 389
	50m:	34.60	34.60	150m:	1:53.95	40.74	250m:	3:16.04	41.09 350m: 4:38.27 41.54
	100m:	1:13.21	38.61	200m:	2:34.95	41.00	300m:	3:56.73	40.69 400m: 5:16.80 38.53
2.	10				PK Nanti				5:18.52 382
	50m:	36.19	36.19	150m:	1:55.44	40.01	250m:	3:16.84	41.20 350m: 4:39.52 42.04
	100m:	1:15.43	39.24	200m:	2:35.64	40.20	300m:	3:57.48	40.64 400m: 5:18.52 39.00

seniorky, 17.ročné a staršie

1.	08				MPK Dolný Kubín				4:58.04 467
	50m:	32.80	32.80	150m:	1:46.48	37.29	250m:	3:02.80	38.48 350m: 4:20.51 38.90
	100m:	1:09.19	36.39	200m:	2:24.32	37.84	300m:	3:41.61	38.81 400m: 4:58.04 37.53
2.	08				Nereus Žilina				4:58.27 466
	50m:	32.31	32.31	150m:	1:46.53	37.56	250m:	3:02.97	37.65 350m: 4:20.96 38.88
	100m:	1:08.97	36.66	200m:	2:25.32	38.79	300m:	3:42.08	39.11 400m: 4:58.27 37.31
3.	04				MPK Dolný Kubín				5:06.30 430
	50m:	33.57	33.57	150m:	1:47.88	37.74	250m:	3:05.95	39.44 350m: 4:26.56 40.29
	100m:	1:10.14	36.57	200m:	2:26.51	38.63	300m:	3:46.27	40.32 400m: 5:06.30 39.74
4.	08				MPK Dolný Kubín				5:15.48 394
	50m:	34.26	34.26	150m:	1:51.11	39.31	250m:	3:11.91	40.91 350m: 4:36.44 42.74
	100m:	1:11.80	37.54	200m:	2:31.00	39.89	300m:	3:53.70	41.79 400m: 5:15.48 39.04
5.	05				AQUATICS Nitra				5:26.42 355
	50m:	36.27	36.27	150m:	1:56.94	40.86	250m:	3:19.76	41.47 350m: 4:45.02 42.70
	100m:	1:16.08	39.81	200m:	2:38.29	41.35	300m:	4:02.32	42.56 400m: 5:26.42 41.40
6.	07				PK Martin				5:59.26 266
	50m:	38.12	38.12	150m:	2:06.20	45.89	250m:	3:40.36	47.22 350m: 5:14.63 46.88
	100m:	1:20.31	42.19	200m:	2:53.14	46.94	300m:	4:27.75	47.39 400m: 5:59.26 44.63