

SSF SC Championships 03-2025 Abha
Abha, 13- - 15-3-2025

Event 4 Men, 400m Freestyle 11 years and older
2025-03-13 - 23:05 Startlist

	25	4:03.46	,		2008-02-24
17-15	25	4:05.46	,		2008-02-24
14-13	25	4:22.98	,		2023-11-02
12-11	25	4:36.08	,		2023-11-02

Short Pool 11 - 12: 5:38.60; 13 - 14: 5:04.60; 15 - 17: 4:45.60; 18 +: 4:39.60

Age

Heat 1 of 11

1 ADAM HUSSAM, ALAZIN	11	AHLI		5:43.76
2 YOUNIS AHMED, ELSAWY	11	SLM		5:25.53
3 HUSSAIN JAFFAR, ALKHABBAZ	11	SLM		5:20.03
4 ANAS KHALED, ALGHAMDI	12	TSMH		5:22.52
5 ABBAS HASAN, ALBU SAEED	11	KHJ		5:36.59
6 WAEL ABDULLAH, ALGHAMDI	11	HIL		5:43.93

Heat 2 of 11

1 KARIM AHMED, KAMAL	11	WJ		5:16.03
2 NAWAF MAHMOUD, ALTHUNAYYAN	12	HJR		5:07.60
3 ANAS AHMED, ELSAYED	11	ITHD		4:57.76
4 ASSER MOHAMED, SARHAN	12	ITHD		5:01.91
5 NAWAF MOHAMMED, ALSAIF	12	HJR		5:08.63
6 EBRAHIM YASSER, ABDELRAHMAN	12	HUDA		5:18.91

Heat 3 of 11

2 SAAD ABDURHMAN, ALKHAWFI	13	HJR		5:09.95
3 HAMZA HISHAM, HAMDY	13	KHJ		5:07.52
4 ABDELRAZIQ HANY, EISSA	13	TSMH		5:09.51

Heat 4 of 11

1 REDA ESSA, IBN AHMED	13	ADL		5:00.66
2 MOHAMMED YOUSIF, ALABDULAL	13	SLM		4:51.07
3 SARI TURKI, ARBAEIN	13	ITHD		4:47.77
4 OMAR ELMOAATAZBELAH, MOHAMED	13	SLM		4:49.12
5 MARWAN AHMED, FARRAG	13	A-FUT		5:00.04
6 ABDALLAH EASSER, ABDELRAHMAN	13	HUDA		5:03.27

Heat 5 of 11

1 RUWWAD FAISAL, ALDAWSARI	14	SHB		4:45.52
2 YASSIEN ISLAM, ABDELHAFEEZ	14	ADL		4:37.17
3 ZEYAD ELSAYED, FAWZI	14	SHB		4:33.28
4 ABDALLAH MOHAMED, FATHY	14	ITHD		4:36.68
5 ABDELRAHMAN ABDELHAMID, KHATIB	13	FTH		4:43.55
6 ABDULMUHSN HUSAIN, ALBAHRANI	14	FTH		4:46.74

Heat 6 of 11

1 MOHAMMED HUSSAIN, AL BAHRANI	16	FTH		4:49.87
2 SUHAIB YAHYA, HAKAMI	17	ITHD		4:44.34
3 OMAR MOUSTAFA, ABOBAKR	17	DMK		4:41.93
4 MAHDI AKRAM, ALSAFWANI	17	SFA		4:42.75
5 EAAD AHMED, SAME MASTAFA	15	WJ		4:48.12
6 MOHAMED RAYYAN GALOL, CHABLOU	15	AC-WHEL		4:50.21

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Heat 7 of 11

1 MAHER ABDULRAHMAN, ALSHEHRI	17	WJ	4:39.45
2 KHALED YAHYA, ALQARNI	16	ITHD	4:36.88
3 AMAR ISMAIL, ABOUELMAGD	15	SLM	4:31.21
4 MOHAMMED YASIR, ALMUTAWA	15	FTH	4:35.84
5 ALI WAJDI, ALMARHOON	17	SFA	4:38.03
6 ALI FAISAL, ALSAIHATI	16	KHJ	4:39.65

Heat 8 of 11

1 YOUSSEF TAREK, HEMDAN	16	IBT	4:28.07
2 MOSTAFA AHMED, MOTAWAA	16	QDS	4:18.40
3 GHANEM ESSA, ALSULHI	16	HJR	4:14.85
4 EGOR ALEXEY, IUDIN	15	ETIFQ	4:14.87
5 MOHAMMED ABDULRAHMAN, ALGAR	16	ABH	4:23.50
6 HAMZAH MESHARY, ALAYED	15	ETIFQ	4:28.56

Heat 9 of 11

1 ABDULMOHSSEN JASSIM, AL GHAREZ	233,	FTH	4:43.11
2 EYAD AHMED, RASLAN	18	AC-WHELDS	4:33.10
3 HAMZAH YASIR, ALMUTAWA	18	FTH	4:32.37
4 VLADIMIR YUDIN, YUDIN	18	ETIFQ	4:32.38
5 FAHAD ABDULHADI, ALBELWI	20	SHB	4:36.89

Heat 10 of 11

1 YOUSSEF KARIM, ELZAWAWY	19	KHD	4:30.47
2 OMAR SHERIF, ROSHDY	18	ABH	4:23.24
3 AQEEL ALI, ALHASHIM	21	ADL	4:21.55
4 YEHIA KARIM, ELZAWAWY	19	KHD	4:22.36
5 KHALID ABDULRAHMAN, ALGARNI	18	ABH	4:28.93
6 RIDHA MAHDI, ALOSAIF	18	KHJ	4:30.54

Heat 11 of 11

1 AHMED ALI, ALHASHIM	28	ADL	4:15.12
2 AHMED MOHAMMED, ALMOEIBED	18	KHJ	4:13.97
3 MOHAMMED HANI, ALZAKI	19	QDS	4:05.34
4 ZIYAD FATHI, ALMESALIM	18	HJR	4:12.77
5 FISAL NASSAR, ALSHELAYTI	24	SFA	4:15.01
6 AMAR YASSER, AL HUMAID	25	SFA	4:17.53