

SSF SC Championships 03-2025 Abha
Abha, 13- - 15-3-2025

Event 4 Men, 400m Freestyle 11 years and older
2025-03-13 - 23:05 Results

	25	4:03.46	,	2008-02-24
17-15	25	4:05.46	,	2008-02-24
14-13	25	4:22.98	,	2023-11-02
12-11	25	4:36.08	,	2023-11-02

Short Pool 11 - 12: 5:38.60; 13 - 14: 5:04.60; 15 - 17: 4:45.60; 18 +: 4:39.60

Points: FINA 2023

Rank	Age	Time	Pts	
11 - 12 years				
1.	ANAS AHMED, ELSAYED	11	ITHD	5:01.37
	50m:	150m:	250m:	350m:
	100m:	200m:	300m:	400m: 5:01.37
2.	ASSER MOHAMED, SARHAN	12	ITHD	5:08.68
	50m:	150m:	250m:	350m:
	100m:	200m:	300m:	400m: 5:08.68
3.	NAWAF MOHAMMED, ALSAIF	12	HJR	5:17.63
	50m:	150m:	250m:	350m:
	100m:	200m:	300m:	400m: 5:17.63
4.	EBRAHIM YASSER, ABDELRAHMAN	12	HUDA	5:17.69
	50m:	150m:	250m:	350m:
	100m:	200m:	300m:	400m: 5:17.69
5.	KARIM AHMED, KAMAL	11	WJ	5:20.63
	50m:	150m:	250m:	350m:
	100m:	200m:	300m:	400m: 5:20.63
6.	NAWAF MAHMOUD, ALTHUNAYYAN	12	HJR	5:21.48
	50m:	150m:	250m:	350m:
	100m:	200m:	300m:	400m: 5:21.48
7.	HUSSAIN JAFFAR, ALKHABBAZ	11	SLM	5:25.67
	50m:	150m:	250m:	350m:
	100m:	200m:	300m:	400m: 5:25.67
8.	ANAS KHALED, ALGHAMDI	12	TSMH	5:33.41
	50m:	150m:	250m:	350m:
	100m:	200m:	300m:	400m: 5:33.41
9.	YOUNIS AHMED, ELSAWY	11	SLM	5:35.11
	50m:	150m:	250m:	350m:
	100m:	200m:	300m:	400m: 5:35.11
10.	ABBAS HASAN, ALBU SAEED	11	KHJ	5:48.04
	50m:	150m:	250m:	350m:
	100m:	200m:	300m:	400m: 5:48.04
11.	WAEEL ABDULLAH, ALGHAMDI	11	HIL	5:51.80
	50m:	150m:	250m:	350m:
	100m:	200m:	300m:	400m: 5:51.80
12.	ADAM HUSSAM, ALAZIN	11	AHLI	5:52.25
	50m:	150m:	250m:	350m:
	100m:	200m:	300m:	400m: 5:52.25
13 - 14 years				
1.	ZEYAD ELSAYED, FAWZI	14	SHB	4:38.44
	50m:	150m:	250m:	350m:
	100m:	200m:	300m:	400m: 4:38.44
2.	YASSIEN ISLAM, ABDELHAFEEZ	14	ADL	4:39.88
	50m:	150m:	250m:	350m:
	100m:	200m:	300m:	400m: 4:39.88

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Event 4, Boys, 400m Freestyle 14 - 13,

years

Rank	Name		Age	Club	Time	Pts
3.	ABDALLAH MOHAMED, FATHY		14	ITHD	4:43.38	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:43.38
4.	RUWWAD FAISAL, ALDAWSARI		14	SHB	4:43.79	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:43.79
5.	ABDELRAHMAN ABDELHAMID, KHAT13B			FTH	4:44.45	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:44.45
6.	ABDULMUHSN HUSAIN, ALBAHRANI		14	FTH	4:46.32	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:46.32
7.	OMAR ELMOAATAZBELAH, MOHAME		13	SLM	4:53.34	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:53.34
8.	SARI TURKI, ARBAEIN		13	ITHD	4:54.26	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:54.26
9.	MOHAMMED YOUSIF, ALABDULAL		13	SLM	4:56.73	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:56.73
10.	MARWAN AHMED, FARRAG		13	A-FUT	5:04.61	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	5:04.61
11.	REDA ESSA, IBN AHMED		13	ADL	5:05.91	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	5:05.91
12.	HAMZA HISHAM, HAMDY		13	KHJ	5:09.77	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	5:09.77
13.	ABDALLAH EASSER, ABDELRAHMAN		13	HUDA	5:17.20	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	5:17.20
14.	ABDELRAZIQ HANY, EISSA		13	TSMH	5:17.99	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	5:17.99
15.	SAAD ABDURHMAN, ALKHAWFI		13	HJR	5:23.26	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	5:23.26

15 - 17 years

1.	EGOR ALEXEY, IUDIN		15	ETIFQ	4:18.71	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:18.71
2.	GHANEM ESSA, ALSULHI		16	HJR	4:23.95	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:23.95
3.	MOHAMMED ABDULRAHMAN, ALGAR		16	ABH	4:28.35	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:28.35
4.	MOSTAFA AHMED, MOTAWAA		16	QDS	4:29.26	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:29.26

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Event 4, Boys, 400m Freestyle 17 - 15,

years

Rank	Name		Age	Club	Time	Pts
5.	AMAR ISMAIL, ABOUELMAGD		15	SLM	4:39.50	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:39.50
6.	MAHDI AKRAM, ALSAFWANI		17	SFA	4:40.68	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:40.68
7.	HAMZAH MESHARY, ALAYED		15	ETIFQ	4:41.84	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:41.84
8.	MOHAMMED YASIR, ALMUTAWA		15	FTH	4:42.97	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:42.97
9.	KHALED YAHYA, ALQARNI		16	ITHD	4:43.70	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:43.70
10.	OMAR MOUSTAFA, ABOBAKR		17	DMK	4:46.18	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:46.18
11.	ALI FAISAL, ALSAIHATI		16	KHJ	4:47.64	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:47.64
12.	ALI WAJDI, ALMARHOON		17	SFA	4:47.79	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:47.79
13.	YOUSSEF TAREK, HEMDAN		16	IBT	4:51.58	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:51.58
14.	SUHAIB YAHYA, HAKAMI		17	ITHD	4:54.70	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:54.70
15.	MOHAMED RAYYAN GALOL, CHABLC15		15	AC-WHEL5	5:00.53	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	5:00.53
16.	EAAD AHMED, SAME MASTAFA		15	WJ	5:01.21	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	5:01.21
17.	MOHAMMED HUSSAIN, AL BAHRANI		16	FTH	5:01.54	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	5:01.54
	MAHER ABDULRAHMAN, ALSHEHRI		17	WJ		

18 years and older

1.	MOHAMMED HANI, ALZAKI		19	QDS	4:16.97	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:16.97
2.	AHMED MOHAMMED, ALMOEIBED		18	KHJ	4:21.53	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:21.53
3.	FISAL NASSAR, ALSHELAYTI		24	SFA	4:23.02	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:23.02
4.	ZIYAD FATHI, ALMESALIM		18	HJR	4:26.76	
	50m:	150m:		250m:	350m:	
	100m:	200m:		300m:	400m:	4:26.76

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Event 4, Men, 400m Freestyle 18,

years and older

Rank			Age				Time	Pts
5.	AHMED ALI, ALHASHIM		28	ADL			4:27.15	
	50m:	150m:			250m:	350m:		
	100m:	200m:			300m:	400m:	4:27.15	
6.	KHALID ABDULRAHMAN, ALGARNI		18	ABH			4:27.53	
	50m:	150m:			250m:	350m:		
	100m:	200m:			300m:	400m:	4:27.53	
7.	AMAR YASSER, AL HUMAID		25	SFA			4:27.64	
	50m:	150m:			250m:	350m:		
	100m:	200m:			300m:	400m:	4:27.64	
8.	OMAR SHERIF, ROSHDY		18	ABH			4:28.58	
	50m:	150m:			250m:	350m:		
	100m:	200m:			300m:	400m:	4:28.58	
9.	AQEEL ALI, ALHASHIM		21	ADL			4:33.93	
	50m:	150m:			250m:	350m:		
	100m:	200m:			300m:	400m:	4:33.93	
10.	VLADIMIR YUDIN, YUDIN		18	ETIFQ			4:36.31	
	50m:	150m:			250m:	350m:		
	100m:	200m:			300m:	400m:	4:36.31	
11.	FAHAD ABDULHADI, ALBELWI		20	SHB			4:36.40	
	50m:	150m:			250m:	350m:		
	100m:	200m:			300m:	400m:	4:36.40	
12.	EYAD AHMED, RASLAN		18	AC-WHEL			4:36.67	
	50m:	150m:			250m:	350m:		
	100m:	200m:			300m:	400m:	4:36.67	
13.	HAMZAH YASIR, ALMUTAWA		18	FTH			4:39.07	
	50m:	150m:			250m:	350m:		
	100m:	200m:			300m:	400m:	4:39.07	
14.	ABDULMOHSEN JASSIM, AL GHARE23B,			FTH			4:58.70	
	50m:	150m:			250m:	350m:		
	100m:	200m:			300m:	400m:	4:58.70	
15.	RIDHA MAHDI, ALOSAIF		18	KHJ			5:03.56	
	50m:	150m:			250m:	350m:		
	100m:	200m:			300m:	400m:	5:03.56	